

MSU Denver International Student Newsletter

JANUARY 2025

RELEASE 29



Martin Luther King Jr. Day

Martin Luther King Jr. Day is all about remembering a leader who pushed for equality and justice in a peaceful way, and honestly, his message still hits today. The holiday originated from the Civil Rights Movement and is rooted in his enduring dream of people treating one another with kindness and respect. It's also a day to think about how far we've come and how much work still needs to be done to make things fair for everyone. Many people use the day to volunteer, learn about civil rights, or reflect on how they personally can stand up for others. It's a reminder that each of us has the power to make a positive difference in our communities.



New Year - 2026

Happy New Year! 2026 is finally here!! Take time to make resolutions that you may or may not keep, and think back on everything that happened last year, the good moments and the messy ones. It's a chance to celebrate how far you've come, even if it didn't always feel perfect along the way. Maybe you're setting big goals, or maybe you're just hoping to be a little kinder to yourself this year — both count. Even if nothing magically changes overnight, the new year gives us an excuse to try again, dream bigger, and imagine what the next twelve months could look like.



Last Weeks of Winter Break

Take the last week to continue to take a deep breath and rest until classes come around. Catch up on sleep, and let your brain chill after everything you've pushed through this semester. You don't have to be productive every second — sometimes recharging is actually the most productive thing you can do. Spend time with friends or family, do things you actually enjoy, and try not to stress too much about what's coming next. When classes start back up, you'll be glad you gave yourself a real break instead of running on empty.



Dates & Deadlines

- Spring 2026 Tuition Payment Deadline – 16th
- Martin Luther King Jr. Day – 19th
- Spring Semester begins – 20th

Fun Facts!

- The month of January is named after Janus, the Roman god that has two heads, one to look backward and one to look forward towards the New Year.



MSU Denver International Student Newsletter

DECEMBER 2025 RELEASE 28



January - Another Semester! ❄️

Welcome back! Winter is still around, but the Spring Semester is coming up soon on the 20th. Before classes start, prepare for them by resting for now! The Fall Semester could have been tiring for you, so don't strain yourself now.

This stretch of time before classes begin is the perfect space to slow down and recharge. The days may still feel chilly, but that makes it even easier to curl up with a blanket, a warm drink, or a favorite show and just relax for a while. You don't always have to be in "go mode" — letting yourself rest is part of getting ready for what's next.

Use these days to reset your mind and body. Maybe organize your space a little, look over your upcoming schedule, or think about what you want to do differently this semester. Or maybe you simply sleep in and enjoy the quiet — that counts too. As you head into the new semester, remember how much you've already handled. You made it through Fall, learned a lot (probably more than you think), and kept going even when things felt exhausting. Be proud of that.



Positions Open For you!

Check out the latest openings on the MSU Denver job board and take the first step toward an enriching work experience. Don't miss out—apply today and join the Roadrunner family in a whole new way!

- Flexible Hours: Work around your class schedule.
- Professional Development: Build your resume!

[More Information](#)