

— 2023

The Advocate



**THE GENDER
INSTITUTE
FOR TEACHING
& ADVOCACY**
MSU DENVER

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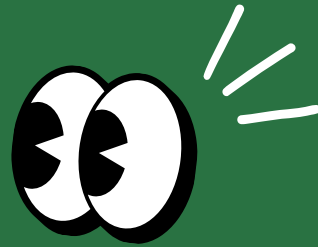


Past Events Recap

The amazing fall semester continues! We love being able to help students connect, get a warm meal, and have fun bonding over similar interests. In October, we had our GWS Majors and Minors event, watched Tokyo Godfathers for our Anime Movie Night, and joined together with QTPOC students for QTPOC: Healing In Color. This October was jam packed! Thank you to everyone who came to our events this past month 💜



Reoccurring Events



Get a free warm meal on us
2nd Wednesday of every
month! Bring your pals.
Build croc-community.

This month's Croc-Pot
Cookout is on Wednesday,
November 8th!



THE GENDER INSTITUTE
FOR TEACHING AND
ADVOCACY'S

CEREAL BAR
IS BACK!



JOIN US IN BOULDER CREEK RM 132
ON EVERY TUESDAY

BEGINNING SEPTEMBER 5TH
FROM 9:30AM-12:00PM

Join us EVERY Tuesday
from 9:30am-12pm for
Cereal Bar ♥ Other
breakfast items available
as well. Located in
Boulder Creek 132



VEGAN AND
GLUTEN FREE
OPTIONS
AVAILABLE!



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Q'S? CONTACT:
GITA@MSUDENVER.EDU

Upcoming Events



November 16th | 2-4pm

Trans Day of Remembrance

Join us in honoring the memory of trans folks who have lost their lives to anti-trans violence on Transgender Day of Remembrance (TDOR) 🌈🌟



When: Thursday, November 16th, 2023



Time: 2:00-4:00pm



Where: Tivoli 440A (for the SOIREE) and Tivoli Multicultural Lounge (for the WORKSHOP)



Food will be provided at both events!

TDOR: A SOIREE

*for folks who identify under the trans/non-binary/gender expansive umbrella

TIVOLI 440

A RESTORATIVE
SELF-CARE EVENT

QUESTIONS? CONTACT:
GITA@MSUDENVER.EDU

TDOR WORKSHOP: FROM REMEMBRANCE TO ACTION

*for folks who do not identify as trans/non-binary/gender expansive

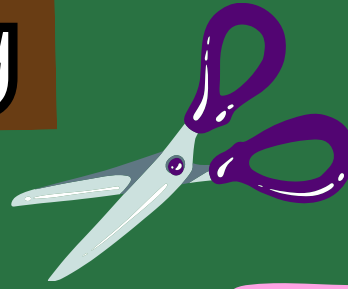
Tivoli Multicultural Lounge

An educational opportunity for advocates to build their capacity as Trans-affirming change agents!

QUESTIONS? CONTACT:
TALLEN60@MSUDENVER.EDU



Upcoming Events





December 13th | 1-3pm



★ Get ready to de-stress during finals week with our Crafternoon event! 🎨✨

 When: Wednesday, December 13th

 Time: 1:00pm-3:00pm

 Where: Boulder Creek Building RM 132 (GITA Conference Room)

Unleash your creativity with air-dry clay, and enjoy a relaxing afternoon of crafting, inspiration, and snacks. It's the perfect way to take a break and recharge during finals. 📚😊

Soapbox

From Wednesday Addams to Decolonizing Thanksgiving: A Personal Journey of Awakening

“The first time I learned a different version of the first thanksgiving was when watching Addams Family Values as a kid (in the 90s). I was already a goth kid who loved Wednesday, but I might have picked up a lesson or two on resistance and defiance from her in these movies. (I am proud of that!) I eventually grew up to learn that the story we were all told in grade school about the first thanksgiving, and the song we were all made to memorize as children about Christopher Columbus, was indeed a false narrative that glorifies genocide, diminishes the true story and promotes native and indigenous erasure. It also perpetuates harmful stereotypes about first nations people. In some indigenous communities, this day is acknowledged as the National Day of Mourning in protest to this celebration. When I learned about my Yaqui ancestors, and when I began to dig a little deeper into the history of this holiday and the history of my people, I made a conscious choice to stop engaging as well.”



Soapbox

In honor of Native and Indigenous Heritage Month, we encourage you to consider decolonizing your Thanksgiving. Below are a few articles with more information on the history behind this holiday and some ideas on how to honor native and indigenous people, history, foods this month.



[The Thanksgiving Tale We Tell Is a Harmful Lie. As a Native American, I've Found a Better Way to Celebrate the Holiday, Sean Sherman](#)



[Decolonizing Thanksgiving and Reviving Indigenous Relationships to Food, M. Karlos Baca](#)



[9 Ways to Decolonize and Honor Native Peoples on Thanksgiving.](#)



[5 Ways You Can Honor Indigenous People on Thanksgiving, Ganesh Space](#)



Resources & Reminders



We are currently accepting donations for our clothing swap coming up beginning of the Spring semester. This is a great opportunity to declutter your closet and give new life to the items you don't use anymore! We are accepting any clothing (adult or children), shoes, and accessories (jewelry, bags, scarfs, gloves, etc.) 💜

We are located in
Boulder Creek 132

Resources & Reminders



Hey you! If you're ever craving a free warm meal, come stop by our space in the Boulder Creek building (RM 132) on the second Wednesday of every month from 12-2pm and join our Croc-pot Cookout! You and your pals are always welcome!

We just had our most recent Croc-pot Cookout this past Wednesday, and our space was filled with the hearty, warm smells of delicious soup. Here's the recipe card for our most recent meal, Vegan Black Bean Soup

VEGAN BLACK BEAN SOUP



For the original recipe, scan the QR code or visit the link:

tinyurl.com/veganblkbean

Prepping Time: 15 min

Cooking Time: 3 hrs

INGREDIENTS

- (6-7 cups) black beans
- (4 cups) vegetable broth
- (1) yellow onion, chopped
- (1) red bell pepper, chopped
- (2) jalapenos, chopped
- (2 tsp) minced garlic
- (1 tbl) chili powder
- (2 tsp) ground cumin
- (1 tsp) ground pepper
- (1/2 tsp) salt
- (1/2 tsp) paprika

DIRECTIONS

1. Add beans, broth, onion, pepper, jalapenos, salsa, garlic, chili powder, cumin, salt, pepper, cayenne, and paprika. Stir to combine.
2. **Cook on high for 3-4 hours.**

RECIPE NOTES

- **Non-vegan:** If you do not want this to be vegan, you can add a ground meat of choice or switch to a meat-based broth.
- **Less spice:** The recipe suggests removing the jalapeno seeds. This reduces the spice level. If you want it to be spicier, keep the seeds!
- **Optional toppings:** sliced avocado, lime juice, cilantro, and/or salsa



Resources & Reminders



As a team, part of our advocacy work is ensuring food access and education for all👊 To honor that, we've created an ever-growing recipe book full of low maintenance crockpot recipes (hint hint: most of these recipes can also work on the stove in a big ol' pot).

In this book, you'll find different types of recipes, many of them being 5 ingredients or less! There are also tips, hints, and tricks for making the meals as easy and flavorful as possible. Finally, there are links to campus resources that you can utilize for support in getting ingredients.

Feel free to bookmark, share, and visit this google drive folder anytime: tinyurl.com/GITA-Croc-Pot



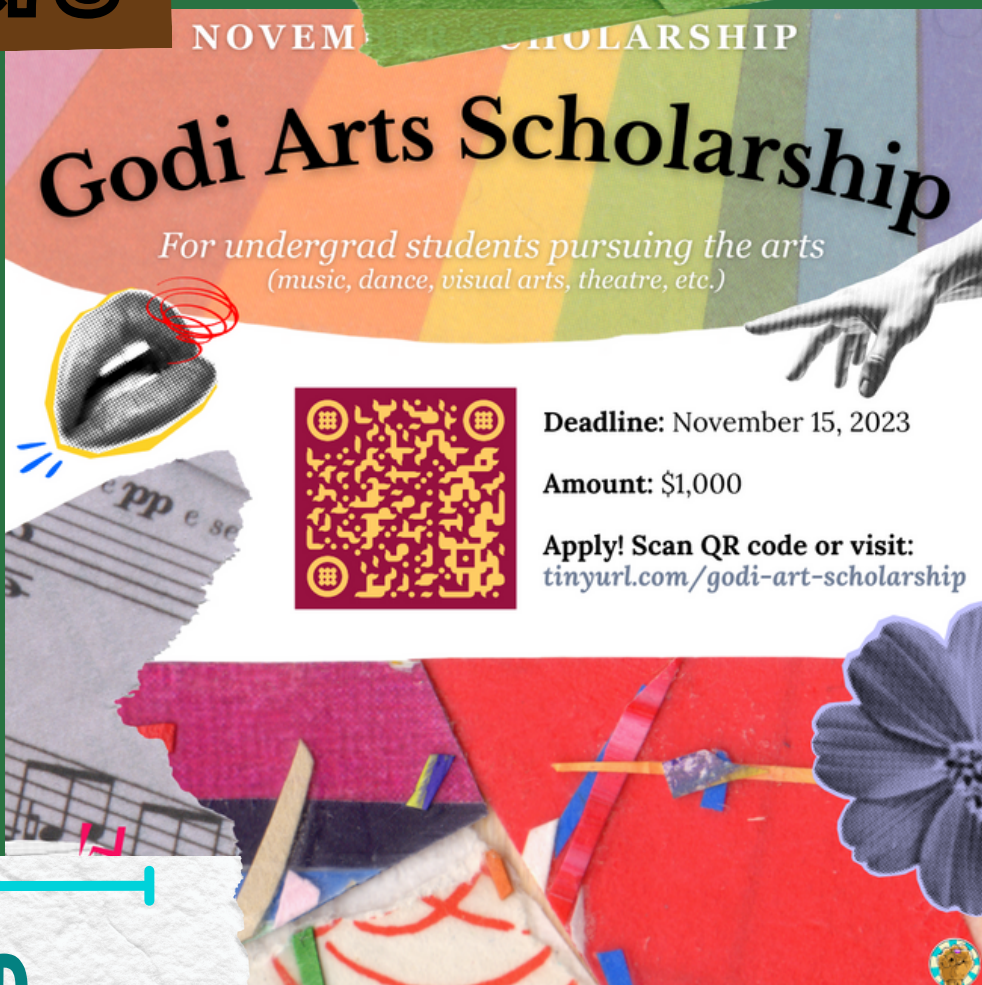
Resources & Reminders



NOVEMBER SCHOLARSHIP

Godi Arts Scholarship

*For undergrad students pursuing the arts
(music, dance, visual arts, theatre, etc.)*



Deadline: November 15, 2023

Amount: \$1,000

Apply! Scan QR code or visit:
tinyurl.com/godi-art-scholarship

DO YOU NEED SCHOLARSHIP HELP?

Reach out to GITA!

GITA Scholarship Tutors can help with:

- Finding Scholarships and grants
- Writing/editing scholarship essays
- Applying for FAFSA/CAFSA

Contact

Soj Sirivanchai
303-615-2037
ssirivan@msudenver.edu

Resources & Reminders

If you are interested in learning more from a GWS lens about Palestine, here are some resources to check out!



ACADEMIC RESOURCES

Click on the titles to learn more about the articles!

- [Rabab Abdulhadi, "The Palestinian women's autonomous movement"](#)
- [Judith Butler, "Why Is Bannon's Antisemitism Considered Alright?"](#)
- [Angela Davis, Interview "On Black Lives Matter, Palestine, and the Future of Radicalism"](#)
- [Angela Davis, Freedom Is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement](#)
- [Nada Elia, "Justice is indivisible: Palestine as a feminist issue"](#)
- [Loubna Qutami, "Why Feminism? Why Now? Reflections on the 'Palestine is a Feminist Issue'"](#)
- [Therese Saliba, "June Jordan's Songs of Palestine and Lebanon"](#)
- [Simona Sharoni, Rabab Abdulhadi, Nadjé Al-Ali, Felicia Eaves, Ronit Lentin & Dina Siddiqi, "Transnational Feminist Solidarity in Times of Crisis"](#)
- [Ather Zia, "Their wounds are our wounds"](#)

Resources & Reminders

If you would like to support
Palestinian businesses,
here are some to check out!



Palestinian Products/Apparel

- [PaliRoots](#)
- [West Bank Apparel](#)
- [Shop Palestine](#)



Palestinian Owned Food

- [Felfel Mediterranean](#)
- [Heart of Jerusalem Cafe](#)
- [Saj Fresh](#)
- [Jerusalem Restaurant](#)
- [Philz Coffee](#)

Other Local Palestinian Owned Businesses

- [Concrete Craft](#)
- [The Phone Plug](#)



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up to date with
events,
scholarships and
opportunities!



Questions? Email us at gita@msudenver.edu