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# College of Health & Human Sciences Four-Year Plan: Human Services, B.S.

2025-2026 Catalog Year

## First Year Fall Semester (15 credits)

| Course | Credits |
| --- | --- |
| Written Communication General Studies (1 of 2) | 3 |
| Oral Communication General Studies | 3 |
| Arts & Humanities General Studies (1 of 2) – GD\* or ESSJ\*\* recommended | 3 |
| Natural & Physical Science General Studies (1 of 2) – GD\* recommended | 3 |
| HSP 1010 Intro to Human Services (Social & Behavioral Sciences General Studies) | 3 |

## First Year Spring Semester (15 credits)

| Course | Credits |
| --- | --- |
| Written Communication General Studies (2 of 2) | 3 |
| Natural & Physical Science General Studies (2 of 2) – GD\* recommended if not yet completed | 3 |
| Arts & Humanities General Studies (2 of 2) – GD\* or ESSJ\*\* recommended if not yet completed | 3 |
| Quantitative Literacy General Studies | 3 |
| HSP 1020 Intro to Trauma Informed Care (Social & Behavioral Sciences General Studies) | 3 |

## Second Year Fall Semester (17 credits)

| Course | Credits |
| --- | --- |
| HSP 2020 Small Group Dynamics | 4 |
| HSP 2030 Theory and Practice of Counseling | 4 |
| General Elective | 3 |
| General Elective | 3 |
| Historical General Studies – GD\* or ESSJ\*\* recommended if not yet completed | 3 |

## Second Year Spring Semester (13 credits)

| Course | Credits |
| --- | --- |
| HSP 2040 Family Systems | 4 |
| HSP 2010 Intro to High-Impact Nonprofit Organizations | 3 |
| General Elective | 3 |
| General Elective | 3 |

\*GD = course also meets the Global Diversity General Studies Requirement

\*\*ESSJ = course also meets the Ethnic Studies and Social Justice Graduation Requirement

## Third Year Fall Semester (15 credits)

| Course | Credits |
| --- | --- |
| HSP 3220 Conflict Resolution | 3 |
| HSP 3330 Ethical and Legal Issues in Human Services | 3 |
| HSP 3760 Motivational Interviewing for Client Change | 3 |
| HSP Elective Course | 3 |
| General Elective | 3 |

## Third Year Spring Semester (17 credits)

| Course | Credits |
| --- | --- |
| HSP 4040 Cognitive Behavior Therapy | 3 |
| HSP 3490 Multicultural Issues in Human Services | 4 |
| HSP 3710 Research Methods and Program Evaluation | 4 |
| HSP Elective Course | 3 |
| HSP Elective Course | 3 |

## Fourth Year Fall Semester – Option 1, Full-Time Internship (16 credits)

| Course | Credits |
| --- | --- |
| HSP 4840 Professional Internship\*\*\* | 10 |
| General Elective | 3 |
| General Elective | 3 |

## Fourth Year Spring Semester – Option 1, Full-Time Internship (12 credits)

| Course | Credits |
| --- | --- |
| HSP 4320 Psychopathology and the Mental Health Clinician | 4 |
| General Elective | 3 |
| General Elective | 3 |
| General Elective | 2 |

## Fourth Year Fall Semester – Option 2, Part-Time Internship (14 credits)

| Course | Credits |
| --- | --- |
| HSP 4840 Professional Internship\*\*\* | 5 |
| General Elective | 3 |
| General Elective | 3 |
| General Elective | 3 |

## Fourth Year Spring Semester – Option 2, Part-Time Internship (14 credits)

| Course | Credits |
| --- | --- |
| HSP 4840 Professional Internship\*\*\* | 5 |
| HSP 4320 Psychopathology and the Mental Health Clinician | 4 |
| General Elective | 3 |
| General Elective | 3 |

\*\*\*this internship can be taken full-time in one semester (10 credits and 400 hours of internship in one semester) or part-time over two semesters (5 credits and 200 hours of internship per semester)