

April

— 2025

The Advocate



THE GENDER
INSTITUTE
FOR TEACHING
& ADVOCACY
MSU DENVER



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MAJOR SPACE UPDATE



GITA is Moving!

Due to our move to Central (fall 2025), our office will be closed beginning March 17th and will remain closed through summer

During this time GITA Services can be found online or other locations on campus. To learn more about where to access specific services during this time, follow the link or QR code below:

<https://tinyurl.com/GITA-Services>



Upcoming Events



Arcana & Air



Come grab lunch and learn some great coping skills. This workshop blends tarot's intuitive wisdom with somatic breathing for holistic healing and self-discovery. Through guided breathwork and tarot reflection, participants will regulate emotions, deepen self-connection, and embrace transformation in a supportive space.

2:00pm - 04:00pm

Thur

April 3

2025

JSSB 204

JOY
AS RESISTANCE



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Upcoming Events



FLOURISH

A QTPOC Art Experience

Calling All Auraria QTPOC Creatives!

Spend a vibrant afternoon with us exploring a QTPOC gallery walk, live painting & crafts, and sharing at our open mic!

WHEN:
Thursday, April 17th
2:00p - 4:00p

WHERE:
Tivoli 440 -
Adirondacks



For questions, contact Bleu Vargas,
bvargas8@msudenver.edu



Credit Union of Colorado
Foundation

CREDIT UNION OF COLORADO FOUNDATION SCHOLARSHIP

Eligibility

Essay of 1,000 words or less covering the following points:

- Describe your need for the scholarship
- Describe what you hope to achieve with your college education
- Describe your community service involvement and why community service is important
- 3.5 GPA

\$5,000

Opens March 15th closes April 15th

<https://www.cuofcofoundation.org/general-scholarship>



Did you know GITA has scholarship tutors? Contact Soj at ssirivan@msudenver.edu to be paired with one!

**Featured
Team!**



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SCHOLARSHIP

Tutors

**We will help you find external
scholarships, edit scholarship essays, and
assist in applying for FAFSA or CAFSA**



TO BE SET UP WITH A TUTOR

Contact Soj

ssirivan@msudenver.edu

Sexual Assault Awareness Month

We're switching it up a bit this month in acknowledgement of Sexual Assault Awareness, with a very special event that will be happening on campus that everyone should be aware of. GITA will be, one of many, tabling this event, so come say hi!

For more info on all April events, click [HERE](#)

APRIL 23

10AM-2PM

TURNHALLE 250

**FREE
EVENT!**

**CONSENT TURNS
ME ON**



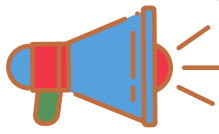
CARNIVAL

**STI TESTING - GAMES - FOOD - MPOX
VACCINE - GIVEAWAYS - RESOURCES -
CONSENT PETTING ZOO -
DENIM DAY PHOTO BOOTH**

**1ST 100 PEOPLE WEARING DENIM WILL RECEIVE A
DOOR PRIZE!**



Vital Soapbox



On Wednesday, April 23, 2025, from 10 AM to 2 PM, the Consent Turns Me On (CTMO) Carnival is back to bring awareness, education, and fun to Sexual Assault Awareness Month.

Join us in Turnhalle 250 for a day filled with carnival treats, interactive consent-themed games, STI testing by BeYou Colorado, a consent petting zoo by PAWsitive Recovery, balloon animals, a Denim Day Photo Booth, and an array of on-campus and community resources dedicated to safety, support, and empowerment.

✨ Special Giveaways:

👤 The first 100 attendees in denim will receive a free denim bucket hat!

🛍️ Complete our passport activity and snag a free consent-themed grocery tote bag!

Sexual Assault Awareness Month is about education, prevention, and solidarity. CTMO is a space to learn about healthy boundaries, enthusiastic consent, and available resources—all while enjoying an unforgettable carnival experience.

Let's show up, stand together, and make consent the standard. We can't wait to see you there!

HELLO

April

GITA's Continued Resources

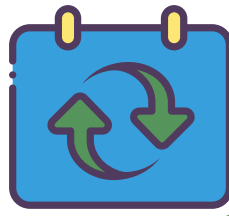


Although our physical space is closed temporarily we still have resources and reoccurring events that will continue to take place. All of our available resources can be found

HERE.



Reoccurring Events



There is nothing more grounding than community and food

you're invited to

GITA's Croc Pot Cookout

NEW LOCATIONS - Every other Thursday
Starting April 10th



April 10th - CHS, The Rectory
April 24th - Writing Center, KC 415
May 8th - Rowdy's Corner Tiv 271



Grab a bowl, learn a new recipe and engage in the food traditions of other GITA community members!

Reminders



If you missed our Croc Pot Party last Thursday we enjoyed Sonny's recipe! Be sure to join us for our next croc pot happening on Thursday April 10th in the CHS, The Rectory! In the meantime, stop by Rowdy's Corner to grab some ingredients and follow the recipe below.

SONNY'S Curry Soya Chunk



Directions

1. Soak soya chunks for 20 minutes and drain water.
2. Chop all vegetables (except 1 tomato and thyme) and sauté with oil in instant pot. (5-8 mins)
3. Add curry powder, salt and black pepper and sauté. (5 mins)
4. Add the drained soya chunks to the vegetable mix.
5. Add coconut milk, thyme, pimento powder, and enough water to cover everything in the pot.
6. Close instant pot and stew. (45 mins)
7. (Stir halfway through and check water level).
Vegetables should be broken down.
8. Add the second chopped tomato and cover and stew. (20 minutes)

Ingredients

- 1 bag of soya chunks (200-220G)
- 1-2 tbsp coconut oil
- 2 carrots
- 2 green onions with tops
- 2 stalk celery with leaves
- 1 medium-large onion
- 6 cloves garlic, pressed
- 1/2 medium red pepper + 1/2 yellow pepper
- 1/4 scotch bonnet pepper (optional)
- 2 medium tomatoes (separated)
- 1/3 cup Curry Powder
- 1 tablespoon salt
- 1 teaspoon Black Pepper
- 1/2 can coconut milk
- 1 sprig of fresh thyme
- 1 tablespoon pimento powder (aka all spice)

Reminders



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JOINING GITA'S

DISCORD



- Resources
- Gaming
- Shit talking
- Watching movies
- Holding space



Join GITA's Discord channel [HERE](#)

Reminders

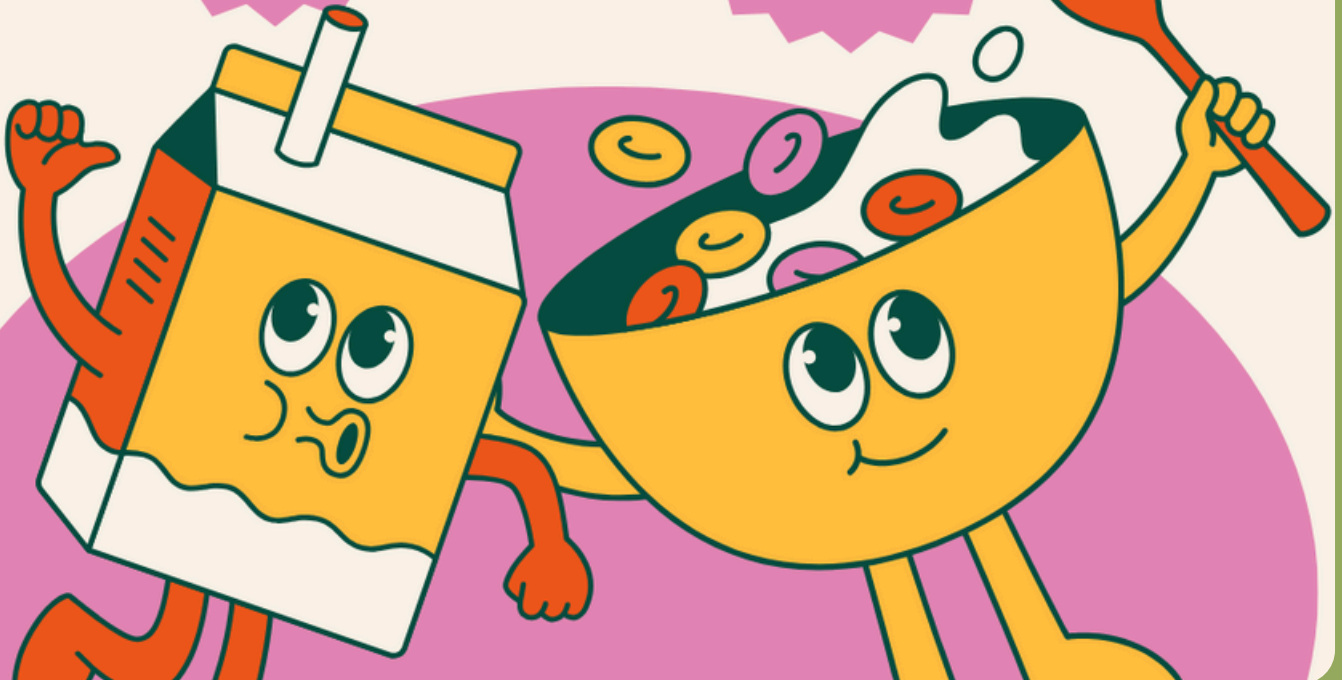


Cereal, Today, Tomorrow, Forever!

GITA's Cereal Bar has moved to
the Snack Stop!

GITA no longer
hosts the Cereal
Bar weekly but
we still want to
see you!

Cereal will be
stocked in the
pantry
regularly, milk
in the fridge!



Reminders



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GITA HOLD OF YOURSELF



Dr. Haruki Eda
(he/they)



Dr. Zaynab Shahar
(they/themme)



Dr. Nishant Upadhyay
(they/them)

QUEER STUDIES FROM THE FRONT RANGE

Watch and listen to this awesome panel discussion on queer studies from the front range on our YouTube!

Resources



Did you know GLTA is home to two student organizations?

Feminist Alliance

&

Triota



-The mission of Feminist Alliance is to articulate discussion surrounding discrimination, sexism, gender, race, class, sexual orientation, and ableism.

-Membership is open to all students and staff of the Auraria campus who are concerned about the issues regarding social justice.



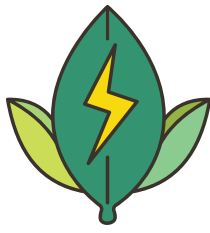
LEARN MORE

-Triota is committed to upholding feminist values that promote diversity, egalitarianism, and a nurturing academic atmosphere for every student. By becoming a member, you'll have the chance to connect with fellow students, collaborate on projects, and cultivate essential skills within a thriving community dedicated to feminist scholarship.



LEARN MORE

Resources

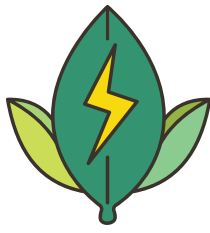


As a team, part of our advocacy work is ensuring food access and education for all 🙌 To honor that, we've created an ever-growing recipe book full of low maintenance crockpot recipes (hint hint: most of these recipes can also work on the stove in a big ol' pot). In this book, you'll find different types of recipes, many of them being 5 ingredients or less! There are also tips, hints, and tricks for making the meals as easy and flavorful as possible.

Finally, there are links to campus resources that you can utilize for support in getting ingredients. Feel free to bookmark, share, and visit [this google drive folder](#) anytime.



Resources



If you are interested in learning more from a GWS lens about Palestine, here are some resources to check out!

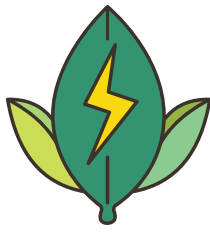


ACADEMIC RESOURCES

Click on the titles to learn more about the articles!

- [Rabab Abdulhadi, "The Palestinian women's autonomous movement"](#)
- [Judith Butler, "Why Is Bannon's Antisemitism Considered Alright?"](#)
- [Angela Davis, Interview "On Black Lives Matter, Palestine, and the Future of Radicalism"](#)
- [Angela Davis, Freedom Is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement](#)
- [Nada Elia, "Justice is indivisible: Palestine as a feminist issue"](#)
- [Loubna Qutami, "Why Feminism? Why Now? Reflections on the 'Palestine is a Feminist Issue'"](#)
- [Therese Saliba, "June Jordan's Songs of Palestine and Lebanon"](#)
- [Simona Sharoni, Rabab Abdulhadi, Nadjé Al-Ali, Felicia Eaves, Ronit Lentin & Dina Siddiqi, "Transnational Feminist Solidarity in Times of Crisis"](#)
- [Ather Zia, "Their wounds are our wounds"](#)

Resources



PFLAG is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them.

<https://pflag.org/>



The Trevor Project is an American nonprofit organization focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer, and questioning youth. They offer a toll-free telephone number where confidential assistance is provided by trained counselors.

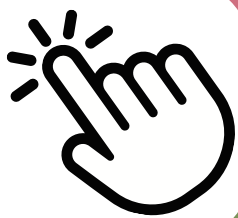
<https://www.thetrevorproject.org/resources/>



GLSEN is an American education organization working to end discrimination, harassment, and bullying based on sexual orientation, gender identity and gender expression and to prompt LGBT cultural inclusion and awareness in K-12 schools.

<https://www.glsen.org/activity/lgbtq-student-rights>

Follow Us



Join our online community to stay up to date with events, scholarships and opportunities!



Questions? Email us at gita@msudenver.edu