

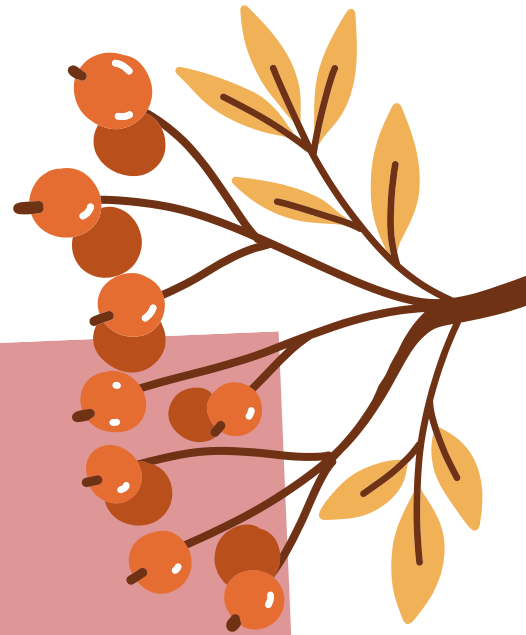
September

— 2024

The Advocate



**THE GENDER
INSTITUTE
FOR TEACHING
& ADVOCACY**
MSU DENVER

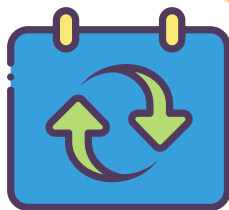


In this issue:

- Reminders
- Upcoming Events
- Soapbox
- Featured Scholarship
- Resources



Reoccurring Events



you're invited to

GITA's Croc Pot Cookout

Join GITA for an afternoon
of community building
through the universal
language of food

Boulder Creek Rm 132
1st & 3rd Wed
Every Month
Starting:
September 4th



Grab a bowl, learn a new recipe and engage in
the food traditions of other GITA community members!

12pm until supplies last!



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Reminders



If you missed our Croc Pot Party last Wednesday we had some delicious Fideo! Be sure to join us for our next croc pot, Wednesday the 18th in Boulder Creek Rm 132! In the meantime, stop by Rowdys Corner to grab some ingredients and follow the recipe below to make Netty's Fideo at home!

SOPA DE FIDEO

PREPPING TIME: 15 MIN
COOKING TIME: 2 HRS

NETTY'S



Ingredients

- 1 tbsp. Oil (optional)
- 7 oz. fideo pasta
- 1 can (14.5oz) diced tomatoes or 2 cups of fresh diced tomatoes
- ½ chopped white onion
- 3 garlic cloves, peeled
- 10 cups vegetable stock
- Garnish: cilantro, lime, queso fresco or sour cream, cholula ect.

Directions

1. set a large pot to medium heat and add oil.
2. add broken up noodles to hot oil and toss to coat. **Cook until noodles are golden brown**, about 3 minutes. Transfer to Instant Pot.
3. **blend** tomatoes, onion, garlic, and 2 cups of vegetable stock until smooth.
4. **strain** mixture directly into the golden noodles. Stir to prevent the noodles from sticking.
5. Add the rest of your stock and set heat to high. **Cook for 5-10 minutes** or until noodles are soft.
6. salt and pepper to taste. **Top** with cilantro, queso fresco, crema, your favorite hot sauce, etc.

VEGAN WITH THE OPTION TO ADD DAIRY



Reminders



"AS A KID MY MAMI'S SOPA DE FIDEO WAS THE ULTIMATE COMFORT FOOD FOR ME. WHEN I WAS A LITTLE OLDER, I LEARNED THAT WE WERE ACTUALLY VERY POOR, AND THIS DISH WAS A QUICK WAY TO NOURISH THE FAMILY ON A BUDGET. MY MOM ALWAYS FOUND WAYS TO MAKE FIDEO FEEL SPECIAL (AND BIG) WITH VARIOUS TOPPINGS, ADDED VEGETABLES, AND VARIOUS KINDS OF NOODLES INCLUDING THE FUNKY ONES. TO THIS DAY, I MAKE FIDEO REGULARLY, AND I THINK OF THE SWEET MEMORIES WATCHING TELENOVELAS WITH MY PARENTS WHILE EATING FIDEO. THIS IS A PERFECT DISH FOR FALL AND WINTER!"-NETTY

recipe notes

- At the end of step 1 you can keep noodles in the same pot if you don't have a instant-pot



Reminders



ART
AT
MSU
DEN
VER

CALL FOR PARTICIPANTS

**ART ACTIVIST LAB:
BLURRED LINES**

Fashion and Wearable Art

Participants receive:

- \$800 stipend for their time
- \$100 stipend for materials
- Access to Art Department tools

OPEN TO ALL MSU STUDENTS

Learn more [HERE](#)

Reminders



WOMEN AND GENDER EQUITY IN LEADERSHIP SUMMIT



WE ARE LOOKING FOR

WORKSHOP FACILITATORS

THIS YEAR'S THEME:

**TOGETHER WE HEAL: COMMUNITY CARE
THROUGH ART, ACTIVISM, AND HISTORY**

DEADLINE

**FRIDAY SEPT.
20TH, 2024**

**SUMMIT DATE: OCTOBER 25TH, 2024
ST. CAJETANS - 9AM TO 4PM**

JOIN US!

HEAD TO OUR
LINKTREE IN OUR
BIO TO APPLY!

Reminders



Checkout GITA's New Discord Channels!

We're excited to announce the launch of GITA's new Discord channels! Dive into our vibrant community spaces where you can connect, share, and engage with fellow members. From academic support and resources to fun and shenanigans, there's something for everyone. Join us and be part of the conversation, collaboration, and celebration. Let's build a stronger community together. 🌟 Link in bio to join! 🗣️



Join GITA's Discord channel [HERE](#)

Reminders

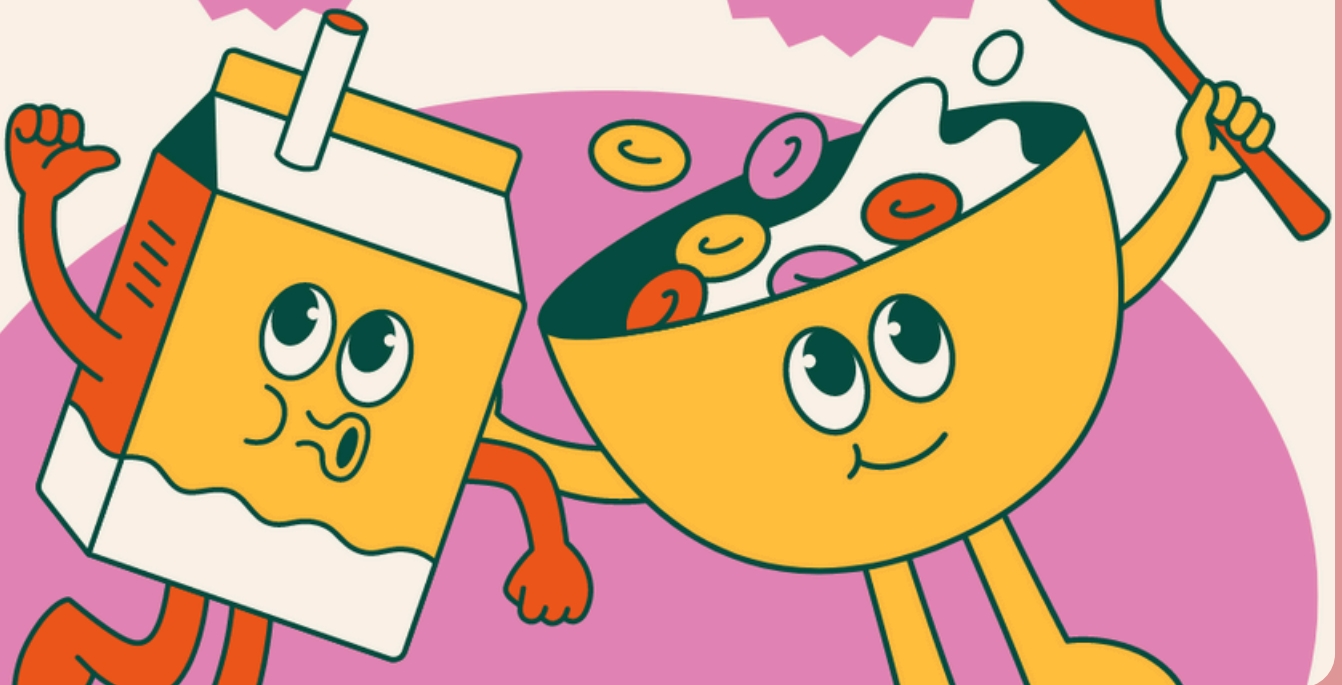


Don't Wait for Tuesday!


GITA's Cereal Bar is moving to the Snack Stop!

GITA will no longer be hosting our Cereal Bar weekly but we still want to see you!

Cereal will be stocked in the pantry regularly, milk in the fridge!



 Cereal lovers, take note! 

Our beloved GITA Cereal Bar is moving to a new home—the Snack Stop! 

Reminders



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GITA HOLD



OF YOURSELF

FEATURING DR. JUDY STRATHEARN

Have you listened to our latest podcast episode?
Check it out [HERE](#)!

Upcoming Events



You're Invited! An afternoon with Mx Yaffa

Wheel Chair
Accessible +
Gender Neutral
Bathrooms



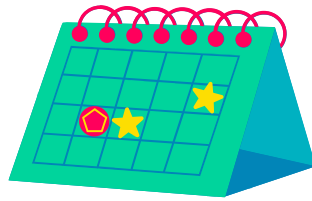
Monday September 16th, 2024 12:30-2pm
Tivoli 640

Mx. Yaffa is an acclaimed disabled, autistic, trans, queer, Muslim, and indigenous Palestinian individual who has received multiple awards for their transformative work around displacement, decolonization, equity, and centering the lived experiences of individuals most impacted by injustice.

Sponsored by The Gender Institute for Teaching and Advocacy
and the Department of Gender Women & Sexuality Studies



Upcoming Events



THE GENDER
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QUEER STUDIES FROM THE FRONT RANGE



Join GITA for a panel where presenters share their research in queer studies, focusing on queer/trans of color projects that challenge boundaries. The panel explores themes like identity, resistance, and liberation through cultural, historical, and theoretical perspectives, with a broader impact beyond Colorado. This event aims to deepen understanding and foster dialogue in queer studies.



September
19, 2024



Boulder Creek
Room 132



11:00 AM -
12:00 PM



Dr. Haruki Eda
(he/they)

Sociology, University of
Colorado - Colorado Springs



Dr. Zaynab Shahar
(they/themme)

Gender, Women and Sexualities
Studies, Metropolitan State
University of Denver



Dr. Nishant Upadhyay
(they/them)

Ethnic Studies, University
of Colorado - Boulder

Upcoming Events



PARTY OF ONE:

THE ECONOMICS OF BEING SINGLE

 **Colorado
Public Radio**



Kimberly Adams
Marketplace

Sr. Washington correspondent and
"Make Me Smart" co-host
and special guests

September 23, 2024 | 6:30 p.m.

Holiday Theater
2644 W 32nd Ave, Denver, CO 80211

In the United States, almost half of adults are single. Many of them aren't looking to couple up, either. Even those who have partners are likely to find themselves alone in their later years, especially women. But this demographic reality collides with American culture, as well as current economic policies and conditions — from homeownership and taxes to investment and retirement planning. Kimberly Adams, Marketplace's senior Washington correspondent and co-host of the "Make Me Smart" podcast, hosts a panel discussion on the economics of being single and how to financially prepare for different stages of life.

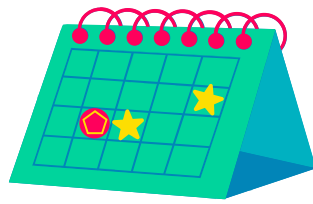
Panelists Include:

- Micah Smith, Denver7 Anchor & Social Equity Reporter
- Dr. Peter McGraw, Behavioral Economist
- Molly G. Berger, Wealth Management Advisor and Founder of Queen City Wealth

Thank you to our sponsor, Koelbel Communities.

**Students Use
Discount Code:
MARKETPLACE
STUDENT**

Upcoming Events



QTPOC: Get Your Flowers Boo!

We invite **Queer and/or Transgender Students of Color** at Auraria to join our collective QTPOC community on campus in crafting boo-quets! Food & drink will be provided!



Wednesday, September 25
1:00PM - 3:00PM

Tivoli Student Union
440 - Adirondacks

Upcoming Events



Women & Gender Equity in Leadership Summit

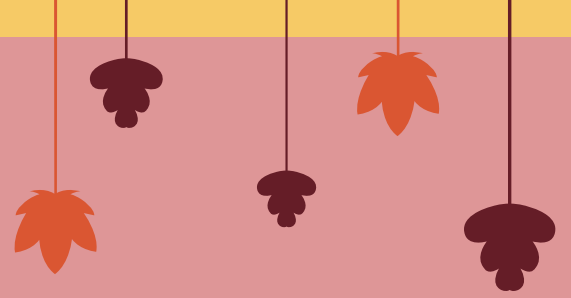
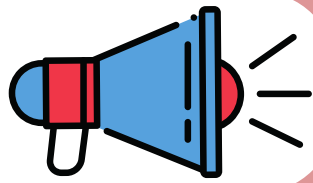
SAVE THE DATE

FRIDAY,

OCTOBER

25TH, 2024





Tradition Is Just Peer Pressure from Dead People: How Comedy Functions as a Form of Protest

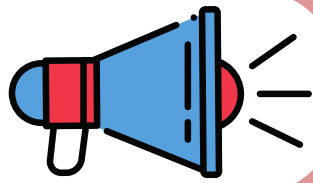
Written by Teddi Woodmansee

One day, you finally knew what you had to do-and began. Even though the voices around you were screaming their bad advice, even though every fiber of your being was being tugged back into the safety of convention, you did not stop. “Stay in line!” they cried. “Keep your head down!” But you kept moving, your feet stepping over fallen branches and stones, the weight of their voices growing smaller as you pushed deeper into the unknown.

Comedy is born in that moment. It is the rebel that refuses to listen to the voices of the status quo, the force that rattles windows of the world and pries at the foundation of comfort with stiff fingers. And just like that in your wild journey, the voices of tradition scream to keep it all in place, to keep things safe. But little by little, as you leave their warnings behind, you recognize the most important voice of all-your own. It is that voice that dares to laugh when laughter is forbidden, to speak when silence is demanded, to strip away the chains of conformity with a punchline sharp enough to cut through steel.

Comedy is protest. It is the defiant act of reclaiming your voice and using it to point out the absurdity of the world, to pry open the box that society tries to shove you in. When it offends, it is because it must-because there is no way to break free from the shackles of expectation without shaking the walls. It is not just about making people laugh; it is about making them uncomfortable enough to question why they were ever told not to laugh in the first place.

Soapbox

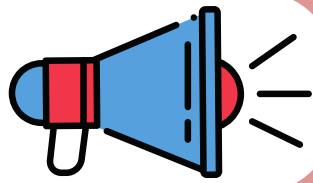


This is where the real magic happens-the place where society's sacred cows get ground into dollar menu combo meals, and taboos get turned into punchlines. The art of comedy is intrinsically linked to its ability to provoke, challenge, and, yes, offend. It is about flipping the script on accepted norms and shining a spotlight on the absurdities of life. Think of the great comedians who've dare tread where others fear to walk. They've turned societal grievances, personal pain, and cultural taboos into comedy gold, showing us that laughter can be a powerful form of catharsis.

In Ancient Greece, we had Aristophanes, the original clown prince, crafting comedies that weren't just scripts; they were protest manifestos. Imagine a playwright so audacious he had women in *Lysistrata* putting a full stop on the war machine by withholding affection. Picture it: a comedic picket sign with a punchline in a toga. Aristophanes was the OG disruptor, wielding humor as his xiphos of choice.

Rolling into the 20th century, the renegade stand-up poet, Lenny Bruce, wasn't just telling jokes; he was tossing Molotov cocktails of free association into the smoldering ruins of societal norms. His comedy is a full-scale assault on racism and censorship. With an incredible arrest record for using his words, he sparked debates that reverberated through the courtroom and the streets. Bruce wasn't just a comic; he was a provocateur of vocal liberation with a following and a microphone. A true 1st Amendment loyalist. I hope you are giving them hell up there, Lenny.

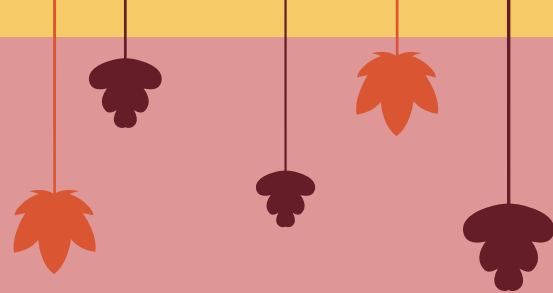
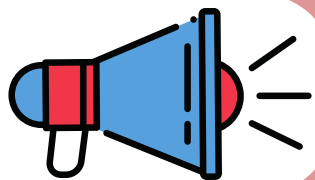
Soapbox



The absolutely legendary revolutionnaire, Richard Pryor, was a cultural architect and a social engineer, constructing bridges between laughter and pain, humor and hard truths. His humor wasn't just a stage act; it was a beacon to the darkest corners of American life. His genius lay in his ability to take deeply personal and often agonizing experiences—poverty, addiction, racial discrimination—and spin them into comedic platinum. Pryor understood the complexities of struggle. Growing up in a brothel, a childhood shaped by violence, drugs, and the brutality of systemic racism, became the bedrock to blending vulnerability with irreverence. Like a razor blade cutting through the fog of racial injustice and holding up a mirror to the faces of America—forcing people to see the raw unfiltered truth. He could talk about police brutality, systemic racism, and even his own self-destructive tendencies with such biting humor that it disarmed his audience. He made people feel, think, and confront the uncomfortable truths of society. An absolute trailblazer, not only for black comedians, but for the entire art of stand-up comedy.



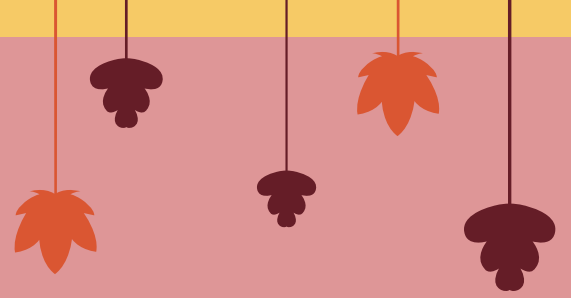
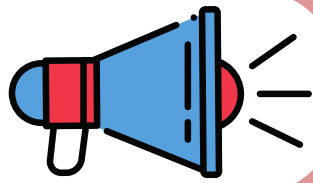
Soapbox



And let's not overlook the memetic revolution of the digital age. Memes and viral videos have become the new digital graffiti of protest, spreading with the intensity of a starship at ludicrous speed (a *Spaceballs* reference). These snippets of humor, often deceptively simple, are like guerilla tactics in the battlefield of social discourse, rallying people to causes with nothing more than a clever image or a snappy line. Instead of spray paint and walls, we have pixels and screens. A single meme or short video can encapsulate a complex issue or critique in a format that's instantly shareable and digestible. Whether it's a satirical take on political scandals or a poignant commentary on social injustices, memes distill ideas into bite-sized, impactful messages that can spark conversations and mobilize action across the globe. Again, across the globe... All while bypassing traditional media channels, which are gatekeepers to certain narratives. This tier of humor is a force to be recon with and has a chokehold on internet policy regulations. The "WWW" in a uniform resource locator (URL) stands for "world wide web," but with all this being said, its better take is the wacky wild west (WWW).



Soapbox



So why should you give a damn about comedy in the grand scheme of social change? Because comedy is like the hidden gear in the machine of revolution. It's about the disarming power of humor to break down complacency and open minds. When people are laughing, they're more likely to listen, question, and engage. Comedy makes the heavy stuff lighter and the daunting stuff approachable.

And if you still don't think humor is a form of protest, just remember: every time someone laughs at a joke that punches up, a dictator somewhere pops a vein. So go ahead—be offensive, be irreverent, and for the love of all that's absurd, don't let the revolution get pre-packaged into a Netflix special... unless it's hosted by a raccoon with a megaphone and a vendetta.



Featured Scholarship



SEPTEMBER FEATURED SCHOLARSHIP

CYBERSECURITY & THE LATINX COMMUNITY SCHOLARSHIP



Learn More 



<https://bold.org/scholarships/cybersecurity-and-the-latinx-community-scholarship/>

Eligibility Requirements:

- Undergraduate Student ☒
- Latinx ☒
- Low Income ☒
- Studying Cybersecurity ☒

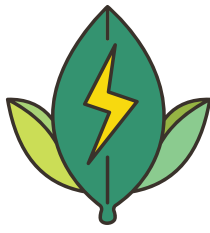
\$1,000 Reward

Application Deadline: Nov 25, 2024

Winners announced: Dec 25, 2024

Did you know GITA has scholarship tutors? Contact Soj at ssirivan@msudenver.edu to be paired with one!

Resources



Did you know GITA is home to two student organizations?

Feminist Alliance & Triota



-The mission of Feminist Alliance is to articulate discussion surrounding discrimination, sexism, gender, race, class, sexual orientation, and ableism.

-Membership is open to all students and staff of the Auraria campus who are concerned about the issues regarding social justice.



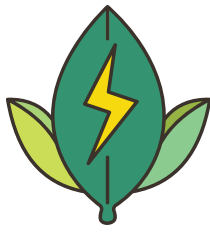
LEARN MORE

-Triota is committed to upholding feminist values that promote diversity, egalitarianism, and a nurturing academic atmosphere for every student. By becoming a member, you'll have the chance to connect with fellow students, collaborate on projects, and cultivate essential skills within a thriving community dedicated to feminist scholarship.



LEARN MORE

Resources



As a team, part of our advocacy work is ensuring food access and education for all 🙌 To honor that, we've created an ever-growing recipe book full of low maintenance crockpot recipes (hint hint: most of these recipes can also work on the stove in a big ol' pot). In this book, you'll find different types of recipes, many of them being 5 ingredients or less! There are also tips, hints, and tricks for making the meals as easy and flavorful as possible. Finally, there are links to campus resources that you can utilize for support in getting ingredients. Feel free to bookmark, share, and visit [this google drive folder](#) anytime.



Resources



If you are interested in learning more from a GWS lens about Palestine, here are some resources to check out!

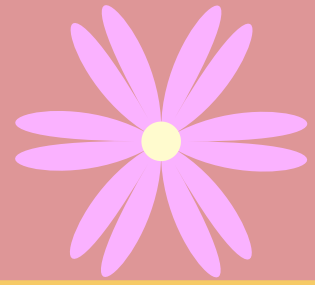
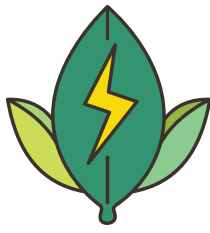


ACADEMIC RESOURCES

Click on the titles to learn more about the articles!

- [Rabab Abdulhadi, "The Palestinian women's autonomous movement"](#)
- [Judith Butler, "Why Is Bannon's Antisemitism Considered Alright?"](#)
- [Angela Davis, Interview "On Black Lives Matter, Palestine, and the Future of Radicalism"](#)
- [Angela Davis, Freedom Is a Constant Struggle: Ferguson, Palestine, and the Foundations of a Movement](#)
- [Nada Elia, "Justice is indivisible: Palestine as a feminist issue"](#)
- [Loubna Qutami, "Why Feminism? Why Now? Reflections on the 'Palestine is a Feminist Issue'"](#)
- [Therese Saliba, "June Jordan's Songs of Palestine and Lebanon"](#)
- [Simona Sharoni, Rabab Abdulhadi, Nadjie Al-Ali, Felicia Eaves, Ronit Lentin & Dina Siddiqi, "Transnational Feminist Solidarity in Times of Crisis"](#)
- [Ather Zia, "Their wounds are our wounds"](#)

Resources



PFLAG is the nation's largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and those who love them.

<https://pflag.org/>



The Trevor Project is an American nonprofit organization focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer, and questioning youth. They offer a toll-free telephone number where confidential assistance is provided by trained counselors.

<https://www.thetrevorproject.org/resources/>



GLSEN is an American education organization working to end discrimination, harassment, and bullying based on sexual orientation, gender identity and gender expression and to prompt LGBT cultural inclusion and awareness in K-12 schools.

<https://www.glsen.org/activity/lgbtq-student-rights>

Follow Us



Join our online community to stay up to date with events, scholarships and opportunities!



Questions? Email us at gita@msudenver.edu