#### **Outdoor Pursuits Program (OP):**

OP is part of Campus Recreation and offers a variety of trips and instructional experiences including canyoneering, hiking, rock climbing, ice climbing, avalanche forecasting, mountaineering, camping, kayaking and more.

#### Adventures

Adventures are instructional, hard skills focused experiences that include new skills and review in challenging outdoor settings. Examples include rock climbing, ice climbing, trail running and more.



#### Adventure Leadership & Play (ALP)

ALP provides student leadership development and teambuilding for your group, club, class or office. Also, learn to facilitate teambuilding and fun on-campus challenges.



#### CityScape

Explore the urban setting and the beauty and grit of Denver including art, archeological and historical sites surrounding campus. Join students for mellow social walks in the city and on the trail.

#### **Climbing Wall**

Located in the fitness center, the climbing wall is open any time the fitness center is open and is there for all levels of climbers from beginner to expert.



#### **Outdoor Pursuits Center (OPC) "The Shop"**

Located in PE 002, the OPC provides a place to hang out and talk gear and adventure. The OPC is staffed by-students for-students. We rent camping and other outdoor gear plus you can barrow yard games for free to play on campus.



#### OPOnline

Web content, podcasts and mixed media content delivered via the Web including content on the Campus Recreation website at msudenver.edu/recreation/outdoor-pursuits/ and on YouTube at youtube.com/c/msudenverrec





# August 2024

Event	Date	Meet up	Cost	Outing
Campus Wide Welcome Back Events	Various	Various Locations	\$0	
OP and Campus Rec Welcome and Open hours	OP M-F 9:00a-4:00p CR M-F 7:00a to 7:00p	OP Shop PE 002 CR PE 108	\$0	
Open Belay and Belay Certification	Wednesday 8/21 @ 10a-11a	Climbing Wall	\$0	
Open Belay and Belay Certification	Wednesday 8/28 @ 10a-11a	Climbing Wall	\$0	

## September 2024

<b>_</b>			
Date	Meet up	Cost	Outing
Tuesday 9/3 @ 10:00a-11:00a	Climbing Wall	\$0	F5
Tuesday 9/3 @ Noon-3:00p	OPC Shop PE 002	\$0	F6
Wednesday 9/4 @ 10:00a-11:00a	Climbing Wall	\$0	F7
Tuesday 9/10 @ 1:30p-3:00p	Lawrence Quad OP Info Table	\$0	F8
Check in at PE 002 for info	OPC Shop	\$0	F9
Thursday 9/12 @ 1:30p-3:00p	Lawrence Quad OP Info Table	\$0	F10
Saturday 9/14 @ 8:00a-3:00p	OP Office 002	\$15	F11
Tuesday 9/17 @ 2:00p-3:00p	Climbing Wall	\$0	F12
	Tuesday 9/3 @ 10:00a-11:00a   Tuesday 9/3 @ Noon-3:00p   Wednesday 9/4 @ 10:00a-11:00a   Tuesday 9/10 @ 1:30p-3:00p   Check in at PE 002 for info   Thursday 9/12 @ 1:30p-3:00p   Saturday 9/14 @ 8:00a-3:00p	Tuesday 9/3 @ 10:00a-11:00aClimbing WallTuesday 9/3 @ Noon-3:00pOPC Shop PE 002Wednesday 9/4 @ 10:00a-11:00aClimbing WallTuesday 9/10 @ 1:30p-3:00pLawrence Quad OP Info TableCheck in at PE 002 for infoOPC ShopThursday 9/12 @ 1:30p-3:00pLawrence Quad OP Info TableSaturday 9/14 @ 8:00a-3:00pOP Office 002	Tuesday 9/3 @ 10:00a-11:00aClimbing Wall\$0Tuesday 9/3 @ Noon-3:00pOPC Shop PE 002\$0Wednesday 9/4 @ 10:00a-11:00aClimbing Wall\$0Tuesday 9/10 @ 1:30p-3:00pLawrence Quad OP Info Table\$0Check in at PE 002 for info Thursday 9/12 @ 1:30p-3:00pOPC Shop\$0Saturday 9/14 @ 8:00a-3:00pOP Office 002\$15



# September (continued)

	I (	<b>,</b>		
Open Belay and Belay Certification	Wednesday 9/18 @ 11:00a-Noon	Climbing Wall	\$0	F13
Drop in Rental Shop Showcase	Check in at PE 002 for info	OPC Shop	\$0	F14
Meet OP and Yard Games	Thursday 9/19 @ 11:00a-1:00p	Lawrence Quad OP Info Table	\$0	F15
Cityscape Walk	Friday 9/20 @ 12:00p-3:00p	OP Office 002	\$0	F16
Rock Climbing Outside Basics of Anchor Building I	Saturday 9/21 @ 8:00a-3:00p	OP Office 002	\$15	F17
Rock Climbing Outside Basics of Anchor Building II	Sunday 9/22 @ 8:00a-3:00p	OP Office 002	\$15	F18
Meet OP & Yard Games	Check in at PE 002 for info	OPC Shop	\$0	F19
Rock Climbing	Saturday 9/28 @ 8:00a-3:00p	OP Office 002	\$15	F20





Uctober 2024				
Event	Date	Meet up	Cost	Outing
Open Belay and Belay Certification	Tuesday 10/1 @ Noon-1:00p	Climbing Wall	\$0	F21
Meet OP & Yard Games	Tuesday 10/1 @ 1:30p-3:00p	On-Campus OP Info Table	\$0	F22
Open Belay and Belay Certification	Wednesday 10/2 @ 10:00a-11:00a	Climbing Wall	\$0	F23
Cityscape Walk	Thursday 10/3 @ Noon-3:00p	PE 002		F24
Rock Climbing Day Out	Saturday 10/5 @ 8:00a-3:00p	OP Office 002	\$15	F25
Fall Front Range Hike	Sunday 10/6 @ 10:00a-3:00p	OP Office 002	\$15	F26
Open Belay and Belay Certification	Tuesday 10/8 @ 2:00p-3:00p	Climbing Wall	\$0	F27
Coffee at the Outdoor Pursuits Center	Wednesday 10/9 @ Noon-1:00p	OPC	\$0	F28
Climbing Wall Route Setting Day One	Thursday 10/10 @ 11:00a-2:30p	Climbing Wall	\$0	F29
Climbing Wall Route Setting Day Two	Friday 10/11 @ 11:00a-2:30p	Climbing Wall	\$0	F30
Climbing Wall Route Setting Day Three	Saturday 10/12 @ 9:00a-2:30p	Climbing Wall	\$0	F31
Ropes Up! Climbing Competition	Sunday, 10/13 @ 8:30a-1:30p	Climbing Wall	\$0	F32
Red Rocks and Morrison Hike	Saturday, 10/19 @ 9:00a-3:00p	OP Office 002	\$15	F33
Meet OP & Yard Games	Tuesday 10/22 @ 1:00p-3:00p	On-Campus OP Info Table	\$0	F34
Fall Front Range Hike	Saturday 10/26 @ 10:00a-3:00p	OP Office 002	\$15	F35
Meet OP & Yard Games	Tuesday 10/29 @ 1:30p-3:00p	On-Campus OP Info Table	\$0	F36
Open Belay and Belay Certification	Wednesday 10/30 @ Noon-1:00p	Climbing Wall	\$0	F37

## October 2024



Event	Date	Meet up	Cost	Outing
Fall Front Range Hike	Saturday 11/2 @ 10:00a-3:00p	OP Office 002	\$15	F38
Online ALP Seminar	ТВА	Online	\$0	F39
Meet OP & Yard Games	Wednesday 11/6 @ 1:00p-3:00p	On-Campus OP Info Table	\$0	F40
Rope Access Workshop – Anchor Building	Thursday 11/7 @ Noon-2:00p	Climbing Wall	\$0	F41
Fall Front Range Hike	Sunday 11/10 @ 10:00a-3:00p	OP Office 002	\$15	F42
Open Belay and Belay Certification	Tuesday 11/12 @ 10:00a-11:00a	Climbing Wall	\$0	F43
Explore Canyon Country Thanksgiving Break Trip	Saturday 11/23 – Wednesday 11/27	OP Office PE 002	ТВА	F44
Ski Day	Saturday 11/30 @ 9:00 – 4:00p	OP Office 002	\$20	F45

## November 2024



Event	Date	Meet up	Cost	Outing
Winter Foothills Hike	Saturday 12/7 @ 10:00a-2:30p	OP Office 002	\$15	F46
"Ice Climbing" on the Climbing wall	Wednesday 12/11 Noon to 2:00p	Climbing Wall	\$0	F47
Ski Day	Wednesday 12/18 @ 9:00 – 4:00p	OP Office 002	\$20	F48
Ski Day	Friday 12/20 @ 9:00 – 4:00p	OP Office 002	\$20	F49

## December 2024





### January 2025

Event	Date	Meet up	Cost	Outing
Open Belay and Belay Certification	Thursday 1/23 @ Noon-1:00p	Climbing Wall	\$0	S1
Ski Trip	Saturday 1/25 @ 9:00 – 4:00p	OP Shop PE 002	\$20	S2
Open Belay and Belay Certification	Wednesday 1/29 @ Noon-1:00p	Climbing Wall	\$0	S3
Avalanche Classroom online Live and Recorded	Friday 1/31 @ 4:00p-6:00p	OPC Shop PE 002	\$0	S4

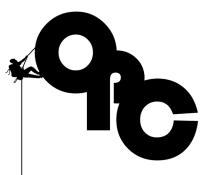
Find us on campus: Outdoor Pursuits Center in PE Building Room 002 Campus Recreation Front Desk in PE 108 The Climbing Wall in PE 007

Find us online: https://msudenver.edu/campusrec/outdoorpursuits/ https://www.facebook.com/MSUDenverOP/

**\$0** = Funded by student fees. There are no additional fees for these experiences!









## February 2025

Event	Date	Meet up	Cost	Outing
	Visit OP in PE 002 for info	Wiece up	COST	outing
Ski Day	TBA- various. Please Email	Climbing Wall	\$0	
Drop-in Belay and Climbing on		Climbing Wall	ŞU	
the Climbing Wall	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up	Climbin a Mall	ćo	
Evening Climbing Corios	TBA- various. Please Email	Climbing Wall	\$0	
Evening Climbing Series	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up TBA- various. Please Email	Climate in a Miall	ćo	
Indoor Clashining		Climbing Wall	\$0	
Indoor Slacklining	bfergus3@msudenver.edu for info			
Angelen als - Carfata Field Dave Ora	and to sign up		ćo	C F
Avalanche Safety Field Day One	Saturday 2/1 @ 7:00a-4:00p	TBA	\$0	S5
Avalanche Safety Field Day Two	Sunday 2/2 @ 7:00a-4:00p	TBA	\$0	S6
Open Belay and Belay	Wednesday 2/5 @ 1:00p-2:00p	Climbing Wall	\$0	S7
Certification Rock Climbing	Saturday 2/8 @ 0.00a 2.00a	Climate in a Miall	61F	60
Basics of Indoor Climbing	Saturday 2/8 @ 9:00a-2:00p	Climbing Wall	\$15	S8
Ice Climbing	Sunday 2/9 @ 7:00a-3:00p	OPC Shop PE 002	\$15	S9
Open Belay and Belay	Thursday 2/13 @ 1:00p-2:00p	Climbing Wall	\$15 \$0	S10
Certification	Thursday 2/15 @ 1.00p-2.00p		Ş0	510
Snowshoe Hike	Saturday 2/15 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S11
Ice Climbing	Sunday 2/16 @ 7:00a-3:00p	OPC Shop PE 002	\$15	S12
Rope Access Workshop –	Thursday 2/20 @ Noon-2:00p	Climbing Wall	\$15 \$0	S12
Rappelling			Ψ	515
Mountaineering Museum and	Friday 2/21 @ 12:30p-4:00p	OPC Shop PE 002	\$0	S14
Coffee in Golden	11100 2/21 @ 12.30p 4.00p	01 0 0100 1 2 002	ΨŪ	514
Avalanche Classroom	Online, on your own			S15
Avalanche Rescue Field Day	Saturday 2/22 @ 7:00a-3:00p	ТВА	\$0	S16
One			ΨŪ	510
Avalanche Forecasting Field	Sunday 2/23 @ 7:00a-3:00p	ТВА	\$0	S17
Day Two			·	



## **March 2025**

Event	Date	Meet up	Cost	Outing
Ski Day	Visit OP in PE 108 for info			
Meet OP & Yard Games	Visit OP in PE 108 for info			
Dron in Polay and Climbing on	TBA- various. Please Email	Climbing Wall	\$0	
Drop-in Belay and Climbing on the Climbing Wall	<u>bfergus3@msudenver.edu</u> for info			
the climbing wan	and to sign up			
	TBA- various. Please Email	Climbing Wall	\$0	
Evening Climbing Series	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up			
	TBA- various. Please Email	OPC Shop PE 002	TBA	
ALP Series Certification	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up			
	TBA- various. Please Email	ТВА	\$0	
Slacklining	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up			
Spring Front Range Snowshoe	Saturday 3/1 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S18
Hike				
Rope Access Workshop -	Tuesday 3/4 @ Noon -2:00p	Climbing Wall	\$0	S19
Anchor Building				
Route Setting on the Climbing	Wednesday 3/5 @ 11:00a-3:00p	Climbing Wall	\$0	S20
Wall			40	60.4
Route Setting on the Climbing Wall	Thursday 3/6 @ 11:00a-3:00p	Climbing Wall	\$0	S21
	Friday 2/7 @ 11:00a 2:00a	Climbing Wall	\$0	622
Route Setting on the Climbing Wall	Friday 3/7 @ 11:00a-3:00p	Climbing Wall	ŞU	S22
Canyoneering Skills	Saturday 3/8 @ 9:00a-3:00p	ТВА	\$0	S23
Spring Bouldering Competition	Sunday 3/9 @ 8:30a-1:30p	Climbing Wall	\$0 \$0	S24
Coffee at Outdoor Pursuits	Wednesday 3/19 @ 9:00a-11:00a	OPC Shop PE 002	\$0 \$0	S25
Spring Break	Saturday 3/22 thru Thursday 3/26	OPC Shop PE 002	\$285	S26
Canyoneering in Moab UT	Updated date range 3-5-2025 B	•	رەخد	520
Sunyoneering in Moub OI		1		



## April 2025

·				
Event	Date	Meet up	Cost	Outing
Ski Day	Visit OP in PE 108 for info			
Meet OP & Yard Games	Visit OP in PE 108 for info			
Drop-in Belay and Climbing on	TBA- various. Please Email	Climbing Wall	\$0	
the Climbing Wall	<u>bfergus3@msudenver.edu</u> for info			
the climbing wan	and to sign up			
	TBA- various. Please Email	Climbing Wall	\$0	
Evening Climbing Series	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up			
	TBA- various. Please Email	TBA	\$0	
Slacklining	<u>bfergus3@msudenver.edu</u> for info			
	and to sign up			
Rock Climbing Basics of	Saturday 4/5 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S27
Climbing Outside				
Front Range Hike	Sunday 4/6 @ 9:00a-2:00p	OPC Shop PE 002	\$15	S28
Bike Tune Series Meeting #1	Visit OP for info	OPC Shop PE 002	\$0	S29
Rock Climbing Outside	Saturday 4/12 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S30
Basics of Anchor Building I			4	
Spring Foothills Hike	Sunday 4/13 @ 10:00a-2:30p	OPC Shop PE 002	\$15	S31
Bike Tune Series Meeting #2	Visit OP for info	OPC Shop PE 002	\$0	S32
Rope Access Workshop – Ascending a Rope	Thursday 4/17 @ Noon-2:00p	Climbing Wall	\$0	S33
Rock Climbing Outside	Saturday 4/19 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S34
Basics of Anchor Building II	Saturday 4/15 @ 8.00a-5.00p	01 C 51100 1 C 002	ζıς	554
Foothills Hike	Sunday 4/20 @ 9:00a-2:30p	OPC Shop PE 002	\$15	S35
Bike Tune Series Meeting #3	Visit OP for info	OPC Shop PE 002	\$0	S36
Rock Climbing	Saturday 4/26 @ 8:00a-3:00p	Climbing Wall	\$15	S37
Basics of Lead Climbing	, , _ 1	5		
- 0				





### May 2025

Event	Date	Meet up	Cost	Outing
Dron in Dolay and Climbing on	TBA- various. Please Email	Climbing Wall	\$0	
Drop-in Belay and Climbing on the Climbing Wall	<u>bfergus3@msudenver.edu</u> for info			
U	and to sign up			
Night Hike – City Lights Golden	Friday 5/2 @ 6:00p-9:00p	OPC Shop PE 002	\$15	S39
Spring Front Range Hike	Saturday 5/3 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S40
CityScape Denver Botanic Gardens	Saturday 5/3 @ 11:00a-3:00p	\$0	S38	
	<b>June 2025</b>			
	TBA- various. Please Email	Climbing Wall	\$0	
Drop-in Belay and Climbing on	bfergus3@msudenver.edu for info	-		
the Climbing Wall	and to sign up			
Rope Access Workshop – Anchor Building	Thursday 6/5 @ Noon-2:00p	Climbing Wall	\$0	1s
Front Range Hike	Saturday 6/7 @ 10:00a-3:00p	OPC Shop PE 002	\$15	2s
CityScape Event TBD	ТВА	TBA	TBA	3s
	July 2025	Climbing Wall	¢0	
Drop-in Belay and Climbing on	TBA- various. Please Email	Climbing Wall	\$0	
the Climbing Wall	<u>bfergus3@msudenver.edu</u> for info			
CityScape Event TBD	and to sign up TBA	ТВА	ТВА	4s
Cityscupe Event IBD		IDA	IDA	43
	August 202	5		
	TBA- various. Please Email	Climbing Wall	\$0	
Drop-in Belay and Climbing on the Climbing Wall	<u>bfergus3@msudenver.edu</u> for info and to sign up	e	÷	
Campus Wide Welcome Back Events	Various	OPC Shop PE 002	\$0	
OP and Campus Rec Welcome	OP 9:00a-4:00p	OPC Shop PE 002	\$0	
and Open hours	CR 7:00a to 7:00p	PE 108		
Open Belay and Belay	TBA- various. Please Email	Climbing Wall	\$0	
Certification	<u>bfergus3@msudenver.edu</u> for info and to sign up			
	TBA- various. Please Email	OPC Shop PE 002	\$0	
Meet OP & Yard Games		OPC Shop PE 002	\$0	

