

Nutrition and Dietetics, B.S.

Minor (not required)

2024-2025 Catalog Year

If you are interested in becoming an RDN (Registered Dietetician), please make an appointment with your advisor

First Year	Courses	Credits
Fall: 14 Credits	Written Communication (ENG 1010/1020)	3
	MTH 1110: College Algebra for Calculus SEE BELOW *	4
	BIO 1080 (3) General Biology I AND BIO 1090 (1) General Biology Laboratory I	4
	NUT 2040: Introduction to Nutrition	3
	Total	14
Spring: 15 Credits	NUT 1800: Careers in Nutrition and Dietetics	1
	Written Communication (ENG 1020/UD)	3
	Oral Communication	3
	Arts and Humanities ***	3
	CHE 1100 (4) Principles of Chemistry AND CHE 1150 (1) Principles of Chemistry Laboratory	5
	Total	15

Second Year	Courses	Credits
Fall: 17 Credits	RST 1200: Basic Cooking Skills	3
	Social & Behavioral (PSY 1001)	3
	BIO 2310: Human Anatomy and Physiology I	4
	General Elective	1
	MTH 1210: Introduction to Statistics	4
	Total	15
Spring: 15 Credits	NUT 3400: Nutrition and Weight Management OR NUT 3200: Nutrition and Sports Performance	3
	CHE 2100 (4) Intro to Organic and Biological Chemistry AND CHE 2150 (1) Intro to Organic and Biological Chemistry Laboratory	5
	BIO 2320: Human Anatomy and Physiology II	4
	Social and Behavioral Sciences (3) ***	3
	Total	15

Third Year	Courses	Credits
Fall: 15 Credits	HCM 3150: Health Care Organization and Management	3
	Historical ***	3
	NUT 3150: Advanced Nutrition - Macronutrients **	3
	NUT 3160 (3) Advanced Nutrition - Micronutrients **	3
	NUT 3700: Nutrition Education and Counseling	3
	Total	15
Spring: 15 Credits	NUT 3500: Food Safety	3
	NUT 4200: Lifecycle Nutrition for Majors	3
	Arts and Humanities ***	3
	Upper Division General Elective	3
	General Elective	3
	Total	15

Fourth Year	Courses	Credits
Fall: 16 Credits	NUT 3300: Cultural Aspects of Nutrition (*ESSJ*)	3
	NUT 4800: Medical Nutrition Therapy	4
	NUT 4720: Nutrition Capstone	3
	General Elective	3
	General Elective	3
	Total	16
Spring: 15 Credits	NUT 4210: Community Nutrition	3
	NUT 4160: Empowered Leadership in Nutrition	3
	General Elective	3
	General Elective	3
	General Elective	3
	Total	15

*MTH 1110 recommended because it is a pre-req for CHE 1100--please see advisor for other math options or test out options

**Requires DPD application submitted to department

***One of these courses must also be GD in order to double dip with/fulfill the Global Diversity requirement

TOTAL	120
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