

College of Health and Applied Sciences

Integrative Health Care Major, B.S.
Minor required
Fall 2022 catalog year

First Year		
Fall:	Written Communication (3)	
16 Credits	ITP 1500 (3) Dynamics of Health	
	BIO 1080 (3) General Biology I AND*	
	BIO 1090 (1) General Biology Laboratory I*	
	Oral Communication (3)	
	Social and Behavioral Sciences (3) MC recommended	
Spring:	Written Communication (3)	
14 Credits	Historical (3) GD recommended	
	ITP 1700 (2) Medical Terminology	
	Quantitative Literacy (3-4) MTH 1210 recommended**	
	Natural & Physical Sciences (3)	

Third Year		
Fall:	Arts and Humanities (3)	
15 Credits	ITP 3200 (3) Ethics in Health Care	
	ITP 3800 (3) Stress and Sleep: Impact on Health and Disease	
	Approved Major Elective (3)	
	Minor (3)	
Spring: 14 Credits	HCM 3500 (3) Health Care Research Methods	
	One Upper Divison ITP Elective to Replace ITP 4500 (1)	
	ITP 4600 (4) Clinical Pathophysiology	
	Approved Major Elective (3)	
	Minor (3)	

Second Year		
Fall:	ITP 2500 (3) Complementary and Alternative Medical Therapies	
14-15 Credits	ITP 1000 (3) Health Career Foundations***	
	ITP 2700 (3) Holistic Health	
	BIO 2310 (4) Human Anatomy and Physiology I	
	General Elective (1-2)	
Spring:	Arts and Humanities (3)	
16 Credits	Social & Behavioral Sciences (3)	
	BIO 2320 (4) Human Anatomy and Physiology II	
	Approved Major Elective (3)	
	Minor (3)	

Fourth Year		
Fall:	3 Upper Divison ITP Elective Credits to Replace ITP 4991	
15 Credits	Approved Major Elective (3)	
	Minor (3)	
	Minor (3)	
	General Elective (3)	
Spring:	Senior Experience (3-6)****	
15-16 Credits	Approved Major Elective (3)	
	Minor (3)	
	Minor/General Elective (3)	
	Minor/General Elective (3)	

^{*} BIO 1080/1090 is a required prerequisite course as well as counting towards the Natural and Physical Sciences general studies.

^{**}Either MTH 1210 or PSY 2310 is required for this degree. If students have taken PSY 2310 then they are not required to take MTH 1210 and can take any othe Literacy general studies course.

^{***}ITP 2000 (1 credit) has been replaced by ITP 1000-Health Career Foundations (3 credits).

^{****} See advisor for appropriate course.

^{*****}If completing internship as 6 credit hours than only 3 credit hour general elective is needed.

