Integrative Health Care Major, B.S.

(Minor not required but may be encouraged. See advisor to discuss)

2024- 2025 Catalog Year

Fall: Written Communication (3) 16 Credits ITP 1500 (3) Dynamics of Health (Social and Behavioral Science) BIO 1080 (3) General Biology I AND* BIO 1090 (1) General Biology Laboratory I* (Natural and Physical Sciences)
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BIO 1080 (3) General Biology I AND* BIO 1090 (1) General Biology
Lahoratory I* (Natural and Physical Sciences)
Education y 1 (National Information Sciences)
Oral Communication (3)
ITP 1000 (3) Health Career Foundations
Spring: Written Communication (3)
15-16 Credits
Historical (3)
ITP 3800 (3) Stress & Sleep or ITP 1700 (3) Medical terminoloy
Quantitative Literacy (3-4) MTH 1210 recommended**
Natural & Physical Sciences (3)

Third Year		
Fall:	Arts and Humanities (3)	
15 Credits	ITP 3200 (3) Ethics in Health Care	
	ITP pathway elective or minor (3)*	
	ITP pathway elective or minor (3)*	
	Health Professions elective (3)- ITP, HCM, HCPS, or PUB prefix	
Spring: 15 Credits	HCM 3500 (3) Health Care Research Methods or HCM 3150 (3) Healthcare Management (recommended)	
	ITP 3700 Physiology of Aging (3) or ITP 4000 Pediatric Holistic Health (3) or ITP 4100 Women's Holistic Health (3)	
	ITP 3450 Dynamics of Disease (3) or ITP 4600 Pathophysiology (4)**	
	ITP pathway elective or Minor (3)*	
	ITP pathway elective or Minor (3)*	

Second Year			
Fall:	ITP 2500 (3) Complementary Medicines		
15 Credits	ITP 3850 (3) Lifestyle Medicine (Social and Behavioral Science)		
	ITP 2700 (3) Holistic Dimensions of Wellness		
	ITP 3000 (3) Men's Health		
	ITP Prefix Course Elective (3)		
Spring:	Arts and Humanities (3)		
15 Credits	General Elective (3)		
	ITP Prefix Course Elective (3)		
	ITP Prefix Course Elective (3)		
	General Elective (3) or Minor (3)		

Fourth Year		
Fall:	Senior experience course (3)*	
15 Credits	ITP Course Elective (3)	
	ITP Prefix Course Elective (3) or General Elective (3)*	
	General Elective (3) or Minor (3)	
	General Elective (3)	
Spring:	Health Professions elective (3)- ITP, HCM, HCPS, or PUB prefix	
15 Credits	Any Upper Division Elective (3)	
	Any Upper Division Elective (3)	
	Any Upper Division Elective (3)	
	Any Upper Division Elective (1-3)	