

Hello INTL Community,

We hope you all had an amazing summer, and your Fall semester is off to a great start. As everyone gets back into the groove of classes, we wanted to encourage all students to use our campus resources. These resources are here to help you excel academically and provide you with general support. We have found that many students are not aware of these resources or do not use them throughout the semester.

We wanted to highlight some resources that we have found useful in our experience:

- [Writing Center](#)
 - They can help you with writing assignments for your classes, but also with resumes, applications, presentations, and more!
- [Tutoring](#)
 - If you want to improve your class performance, MSU Denver Tutoring can help you to **catch up, keep up, or do better** in your studies.
- [Counseling Center](#)
 - Trying to balance your classwork, being away from home, and other stresses in your life can leave you feeling overwhelmed and exhausted. A counselor can help you manage difficult times and provide you with a comforting space to talk.
- [Rowdy's Corner](#)
 - Rowdy's Corner works on a point-based system. Students may have up to 15 points worth of food per week, with two (2) additional personal care items and five (5) fridge/freezer items.

Please do not hesitate to reach out for help! We know that sometimes, asking for help can be difficult. But MSU Denver's faculty and staff are always happy to help!

We are also here to support you and answer any questions that you may have. Contact us at globalambassadors@msudenver.edu. We look forward to hearing from you soon :)