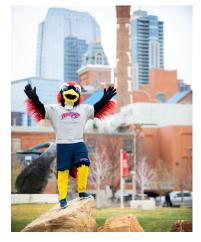
# Newsletter

**NOVEMBER 2023** 

**RELEASE 8** 





#### Are we there yet?

The Fall Semester is nearing its end, and the clock is ticking on finals prep. Don't dilly-dally! It's vital to perform well on final exams, projects, and other academic assessments as they significantly impact your grade. To ensure that you maintain a good academic standing, start studying and preparing as early as possible, so you are fully equipped to handle all that finals have in store for you!

With a little strategic planning, preparation, and a sprinkle of your best, you'll be unstoppable!

#### Día de los Muertos

Get ready to fiesta with Dia de los Muertos "Day of the Dead"! On November 1st and 2nd, Latin American and Hispanic communities honor their loved ones who have crossed over. Picture vibrant altars adorned with marigolds, flickering candles, and sugar skulls, not to mention heaps of mouth-watering eats and drinks. The party carries on with parades, twirling to music, and nibbling on traditional goodies like pan de muerto. It's a time to remember and celebrate the lives of those who have departed.



#### Permanent Daylight Savings?

Debate making daylight over savings permanent in the U.S. continues, with some approving already the change. Supporters cite benefits such as reduced energy consumption and more time for outdoor activities, while opponents point to potential negative consequences such as disrupted sleep patterns and economic impact on businesses. The ongoing debate considers the potential benefits and drawbacks of this change.

## Monthly Motivatión

"It is important for all of us to appreciate where we come from and how that history has really shaped us in ways that we might not understand."

-Sonia Sotomayor

# Dates & Reminders

- Priority Registration -(1st)
- Fall Break: No Classes (November 20 -24)
- Campus Offices Open (November 20-21)
- Campus Closed (November 22-24)
- **Budgeting for college** students workshop-(15th)

## MSU Denver International Student

# Newsletter

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# Student Highlight- Juho Kantola

Meet Juho! A senior Marketing major, from Finland and member of the men's tennis team.

Why MSU Denver?: I chose MSU Denver because of the big city and the opportunities it can offer. I knew Colorado was beautiful and it was a good change of scenery from Michigan, where I transferred from.

First impressions of Denver: Honestly, it was better than I expected. The proximity from the school to downtown is cool. Something that surprised me was the intensity of the sun, we are really close to it and you can really feel high UV index.

Advice to future students coming to MSU Denver: I would say stay connected with everyone, try to get close with people (professors, students, staff etc.) because they will guide you and offer help if you reach out. I would also say use the resources on campus that are free, like the tutoring center and the writing center. You should also explore the city, as well as the mountains, which are very close to downtown. It is a great place to be outdoors.



Difficulties faced upon arrrival: It was a big change going from a small college town to a city like Denver. Before, I was used to getting to class by car, now I must navigate mostly on foot and the RTD (train). That and constantly being surrounded by people were small adjustments I had to make.

Activity recommendations in Denver: I would recommend checking out the cities' parks when the weather is good, as well as the mountains. On the other hand, Denver has a fun nightlife and bar scene worth checking out if you are of age. I also enjoy the live sports the city has to offer; I recently got a chance to see the Avs and Rockies play.

What do you miss most about home?: Food, family and friends. That simple. Finnish food is pretty cut off from this part of the world, so I do miss it a lot, especially my mom's cooking.



### Study & Exam Tips!

- 1. Ask for study guides and other resources.
- 2. Read through the entire exam!
- 3. Kickstart your brain with the easy stuff first, then flex your mental muscles on the toughies.
- 4. Be the attendance champ! Showing up is half the
- 5. Give procrastination the boot! Maximize every single tick of the clock. A study schedule can be a lifesaver!