

Academic Year  
**2023-24**

Program Guide

---

OUTDOOR PURSUITS  
CAMPUS REC @ MSU DENVER



**GET OUT THERE WITH OUTDOOR PURSUITS!**

# The Outdoor Pursuits Program

Outdoor Pursuits (OP) is part of Campus Recreation and offers a variety of trips and instructional experiences including canyoneering, hiking, rock climbing, ice climbing, avalanche forecasting, mountaineering, camping, kayaking and more.

## Adventures

Adventures are instructional, hard skills focused experiences that include new skills and review in challenging outdoor settings. Examples include rock climbing, ice climbing, trail running and more.

## Adventure Leadership Programs (ALP)

ALP provides student leadership development and teambuilding for your group, club, class or office. Also learn to facilitate teambuilding and participate in fun on-campus challenges.

## CityScape

Welcome, urban explorers! Immerse yourself in Denver's vibrant tapestry – from captivating art scenes to hidden historical gems near campus. Embrace leisurely strolls with other MSU students, discovering both city pulse and scenic trails.

## Climbing Wall

Located in the fitness center, the climbing wall is open any time the fitness center is open and is there for all levels of climbers from beginner to expert.

## Outdoor Pursuits Center (OPC) "The Shop"

Located in PE 002, the shop is staffed by-student-for-students. We rent camping and other outdoor gear plus you can borrow yard games for free to play on campus.

## OPOnline

Web content, podcasts and mixed media content delivered via the Web including content on the Campus Recreation website at <https://www.msudenver.edu/recreation/outdoor-pursuits/> and on YouTube at <https://www.youtube.com/c/MSUDenverRec>



# Get In Touch!

## Outdoor Pursuits Contact Info

Visit us in PE 002  
Call - (303)615-1499  
Email - [rentalshop@msudenver.edu](mailto:rentalshop@msudenver.edu)  
[www.msudenver.edu/recreation/outdoor-pursuits/](http://www.msudenver.edu/recreation/outdoor-pursuits/)



## Campus Recreation Contact Info

Visit us at PE 108  
Call - 303-615-1500  
Web - <https://www.msudenver.edu/recreation/>  
Email - [recreation@msudenver.edu](mailto:recreation@msudenver.edu)



## Fitness

Group Fitness, Personal Training,  
CPR & Special Programs



## Sports

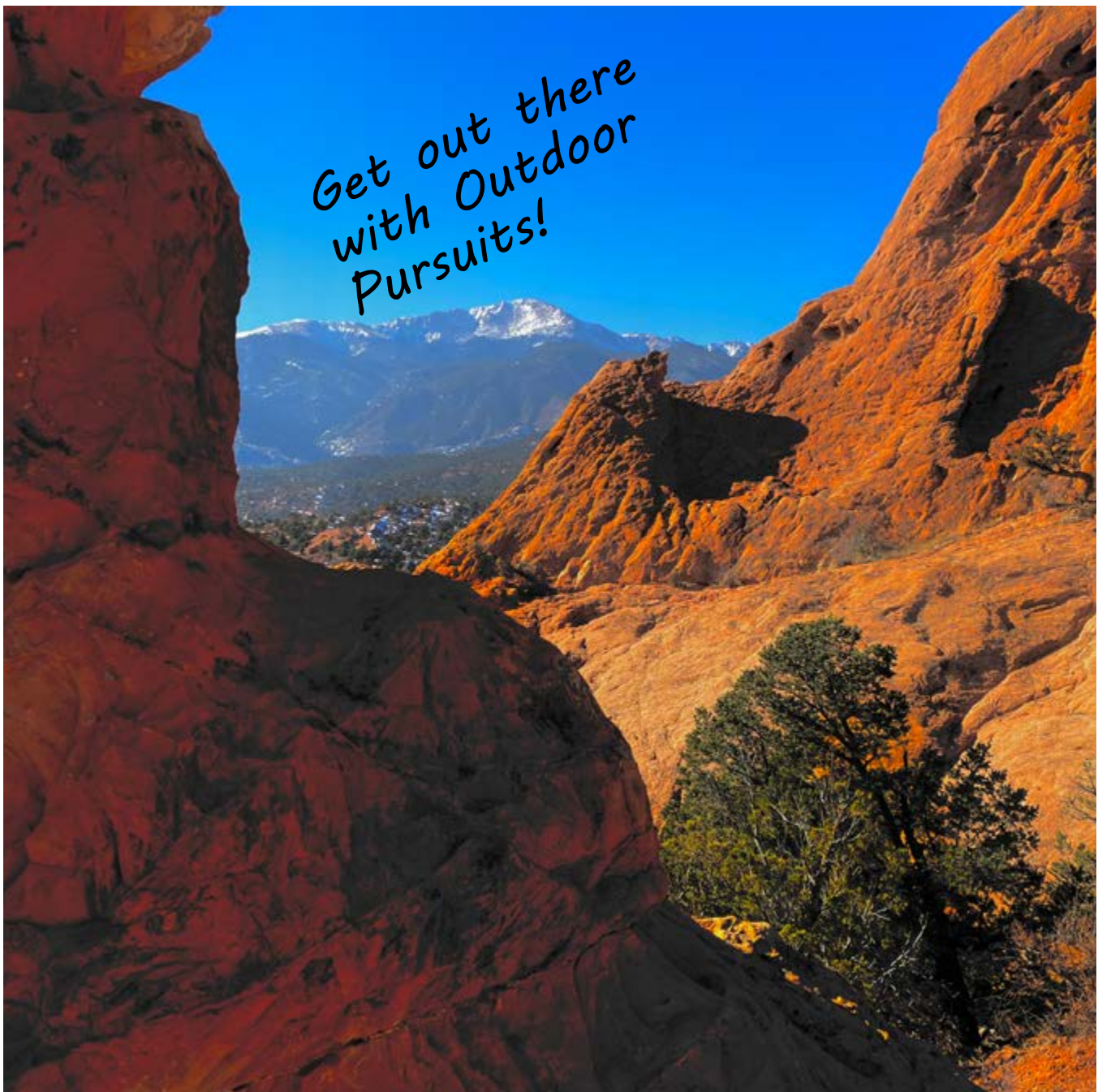
Club Sports, Intramural Leagues/Tournaments  
& Open Recreation



# Fall 2023

Activity information and schedule

---



## Meet OP & Yard Games

*Many dates - please visit the shop (PE 002) for the up to date schedule*

Find us out-and-about on campus, have fun and check out your MSU Denver outdoor program!



## Open Belay and Belay Certification Meet-up

*Many dates - please check the schedule or visit the shop (PE 002) to schedule one that fits your schedule.*

Join us at the MSU climbing wall for an exhilarating meet-up! Scale new heights, make friends, and share the thrill of climbing in a lively and social atmosphere. Adventure awaits!

## CityScope and Outdoor Pursuits Open House

*Tuesday 9/5 @ Noon-3:00p OPC Shop PE-002 Free*

This is a special time for the OP staff to meet and greet other MSU Denver students, faculty and staff and to exchange outdoor experiences and share info about OP.

Our Cityscope that day will be a casual walks where students can together and, interesting features, historical and arts areas and discuss/suggest future outings.

The walk is totally optional so please drop in and say hi.



## Bike Tune-up Tent Events - Fall 2023

*Tuesday 9/12 @ 1:30p-3:00p      Lawrence Quad*

*Thursday 9/14 @ 1:30p-3:00p*

*Thursday 9/21 @ 11:00a-1:00p*

Meet us on campus to get your bike tuned up (lube and adjustments only) while you learn about how to keep your bike working great. Feel free to join all or drop in for any part of the three sessions. Hope to see you there!





## **Rock Climbing**

### **Basics of Climbing Outside** (ChatGPT)

*Saturday 9/16 @ 8:00a-3:00p OP Office 002 \$15*

Join our one-day outing to master essential rock climbing techniques. Learn knot tying, belaying, climbing skills, and outdoor leadership. Safety is paramount throughout. Elevate your climbing with us!

## **Front Range Hike** (ChatGPT)

*Sunday 9/17 @ 8:00a-3:00p OP Office 002 Free*

Embrace autumn with captivating Front Range hikes. Roam rugged trails, encountering majestic mountains and beautiful fall colors. Immerse in nature's beauty, crafting cherished memories amid breathtaking vistas.



## **Cityscape Walks**

*Friday 9/22 @ 12:00p-3:00p*

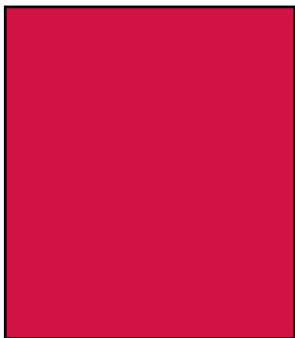
*Thursday 10/5 @ Noon-3:00p*

*Tuesday 1/9 12:00p-4:00p*

*Saturday 5/4 @ 11:00a-3:00p*

Immerse yourself in Denver's vibrant tapestry – from captivating art scenes to hidden historical gems near campus. Embrace leisurely strolls with other MSU students, discovering both city pulse and scenic trails.

Call, email or visit to set up a custom Cityscape for your group!



## **Rock Climbing Outside Basics of Anchor Building I**

*Saturday 9/23 @ 8:00a-3:00p OP Office 002 \$15*

Join us for expert-led sessions on belaying, rappelling, and crafting secure anchors using fixed bolts. These outings provide the perfect opportunity to transition to outdoor climbing.





### **Drop in Rental Shop Showcase**

*Various - Check in at PE 002 for info OPC Shop*

Join us at the Outdoor Pursuits office for adventure info and prizes!  
Explore gear, plan trips, and win big. See you there!

### **Rock Climbing Outside**

Basics of Anchor Building II

*Sunday 9/24 @ 8:00a-3:00p OP Office 002 \$15*

Explore top rope anchor setup, prioritizing three-piece gear anchors. Delve into gear placement, rappelling, belaying, and climbing techniques in this comprehensive session.

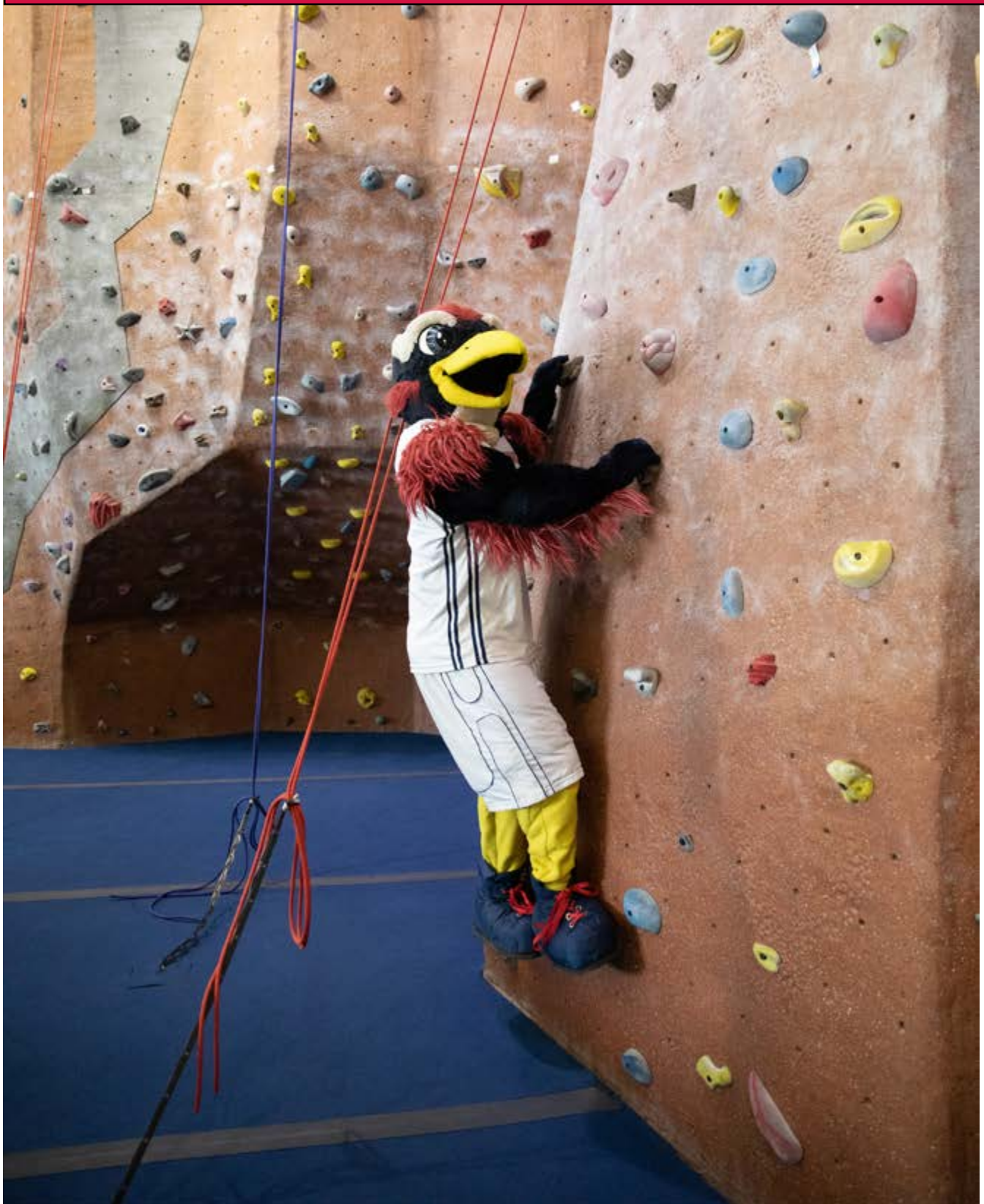
### **Rock Climbing**

*Saturday 9/30 @ 8:00a-3:00p*

This is a chance to get outside, climb a bunch of times on a top rope without so much focus on instruction. We look forward to getting out, having fun and providing a safe place to climb. Questions about “how to,” are welcomed!



**Located in the fitness center, the climbing wall is open any time the fitness center is open with beginner to expert routes.**





## Rock Climbing Day

*Saturday 10/7 @ 8:00a-3:00p*

Participants gain hands-on experience while building confidence and understanding of outdoor climbing principles in a controlled and supportive learner driven environment. Skills include safety, equipment usage, knot tying, belaying, climbing movement, and basic route navigation



## Fall Front Range Hike (ChatGPT)

*Sunday 10/8 @ 10:00a-3:00p*

Hike through the stunning Jefferson and Douglas county foothills. The hike weaves through picturesque landscapes, offering breathtaking vistas and vibrant autumn vistas. Immerse yourself in nature as you traverse rugged trails, creating cherished memories along the way.

## Coffee at the Outdoor Pursuits Center

*Wednesday 10/11 @ Noon-1:00p*

*Wednesday 3/13 @ 9:00a-11:00a*

Indulge in rich coffee and nutritious snacks at the Outdoor Pursuits Center. Join us for a delightful treat and vibrant conversations. All for free. See you there!





## **Route Setting on the Climbing Wall**

*Thursday 10/12 @ 11:00a-2:30p (day one)*

*Friday 10/13 @ 11:00a-2:30p (day two)*

*Saturday 10/14 @ 9:00a-2:30p (day three)*

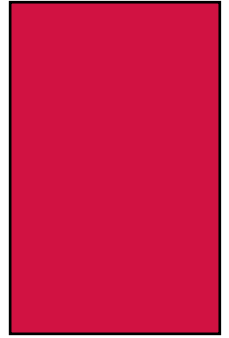
We will be re-setting the routes on the wall. Volunteers are welcome. Come share your skills or learn from scratch about route setting.



## **Red Rocks and Morrison Hike**

*Sunday 10/15 @ 9:00a-3:00p*

Amongst Colorado's mesmerizing Red Rocks, nature's drama unfolds. Carved over eons, these sandstone cathedrals have hosted harmonies of Bob Dylan, The Doors, and Grateful Dead among many, many more - a symphony echoing through time.



## **Fall Front Range Hike**

*Saturday 10/21 @ 10:00a-3:00p*

Join the Outdoor Pursuits students staff for a not-so-rugged hike near Golden Colorado. Visit Buffalo Bill's grave site, do a little souvenir shopping and relax with a snack at the top of Lookout Mountain. Incredible vistas!





## **Online ALP Seminar**

### *November*

The Outdoor Pursuits Adventure Leadership Play (ALP) Seminar and Certification is a text-based small-group teambuilding facilitation certification. Additional content and a variety of options including all online live interaction (Zoom or Teams) and face-to-face small group activities are offered at MSU Denver to complete the experience for students. For those who are new to small group facilitation, the ALP content provides an introduction and overview, while, for experienced facilitators, ALP can provide an opportunity to share and learn new activities and ideas. Designed for and with the MSU Denver community in mind, the skills, knowledge, ideas, practices, and techniques are transferable to other settings.

## **Fall Front Range Hike**

*Saturday 11/4 @ 10:00a-3:00p*

Explore foothills “shoulder” season - the season between hiking/biking and snow sports. Often a fresh chill permeates the air and leafless trees populate the horizon. Snow flurries are possible.

## **Rope Access Workshop – Anchor Building**

*Wednesday 11/8 @ 1:00p-3:00p*

Learn the basics and advanced “finer points” to building rock climbing anchors indoors on the climbing wall. Hinged, load-sharing, two and three point anchors are among the topics discussed. Bring your ideas and questions for a robust discussion of this vital set of climbing skills.

## **Fall Front Range Hike**

*Sunday 11/12 @ 10:00a-3:00p*

Weather permitting, this is our last chance for a fall foothills hike. The tentative plan is to hike to one of our ice climbing locations to check it out, see how the water is flowing and if there is ice starting to form. Other plans are under consideration so check with us for details.



## Thanksgiving Break Canyoneering Skills

*During fall break - details TBD*

Rope access canyoneering (hiking and rappelling) in and around the canyon country of Moab, Utah is a long tradition of the OP program. During our fall break, we stay local to the Denver area and focus on the skills associated with the experiences. The OP staff will be honing their leadership skills. We hope you can join us for all or part of the series. Visit OP for details.



## **Ski Day**

*Saturday 12/2 @ 8:00 to 4:00p*

Join the OP staff for a ride to the ski area - details TBD

## **Winter Foothills Hike**

*Saturday 12/9 @ 10:00a-2:30p*

Check in with OP - we might be snowshoeing or we might be hiking depending on the conditions.

## **“Ice Climbing” on the Climbing Wall**

*Wednesday 12/13 @ Noon to 2:00p*

Meet us at the climbing wall for mock-ice climbing. Get a hint of the ice climbing experience with topics of belaying and dry tooling included.



# Spring 2024

Activity information and schedule





## Open Belay and Belay Certification Meet-up

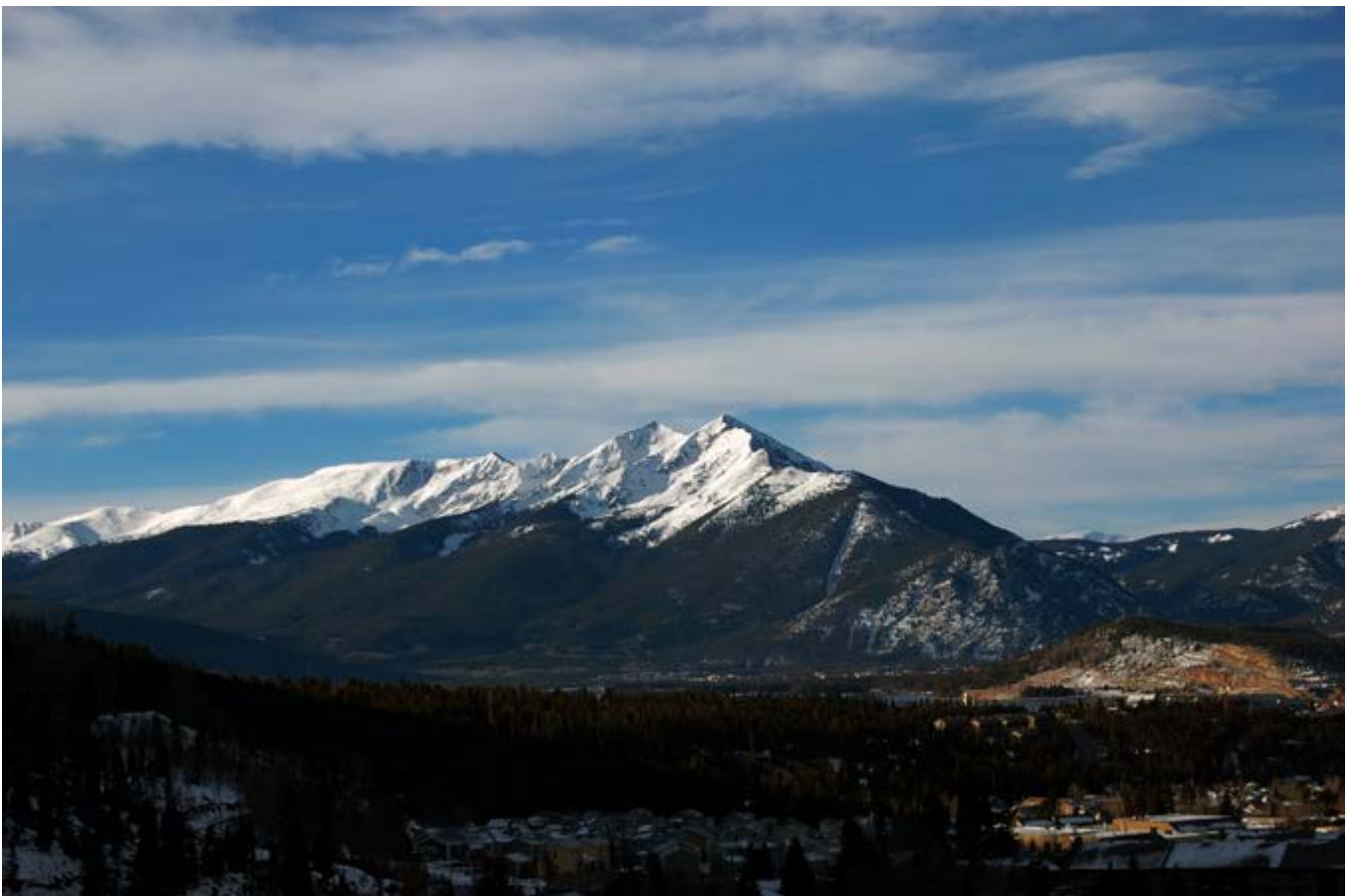
*Many dates - please check the schedule or visit the shop (PE 002) to schedule one that fits your schedule.*

Join us at the MSU climbing wall for an exhilarating meet-up! Scale new heights, make friends, and share the thrill of climbing in a lively and social atmosphere. Adventure awaits!

## Ski Day

*Saturday 1/27 @ 9:00 – 4:00p*

Check in with OP at the shop or email [rentalshop@msudenver.edu](mailto:rentalshop@msudenver.edu) for details about this day of skiing.



## Fill in the Blank

*TBD*

Get in touch to “fill in the blank.” Is there an activity you would like to request? Do you want to get outside with a group of friends or coworkers? Our dates don’t fit your schedule? Get in touch so we can set something up.



## Avalanche Classroom Online

Live and Recorded

*Friday 2/2 @ 4:00p-6:00p*

This is an avalanche awareness clinic. We will introduce you to the four factors, the fourth being the human factor, the only real important factor because otherwise, what is an avalanche? Just snow sliding down a hill. Please join us for a curious exploration of the science of snowpack and the decisions people make in avalanche terrain. We approach the topics in the spirit of inquiry and welcome discussion. Inquire about certification.

## Avalanche Safety Field Day One

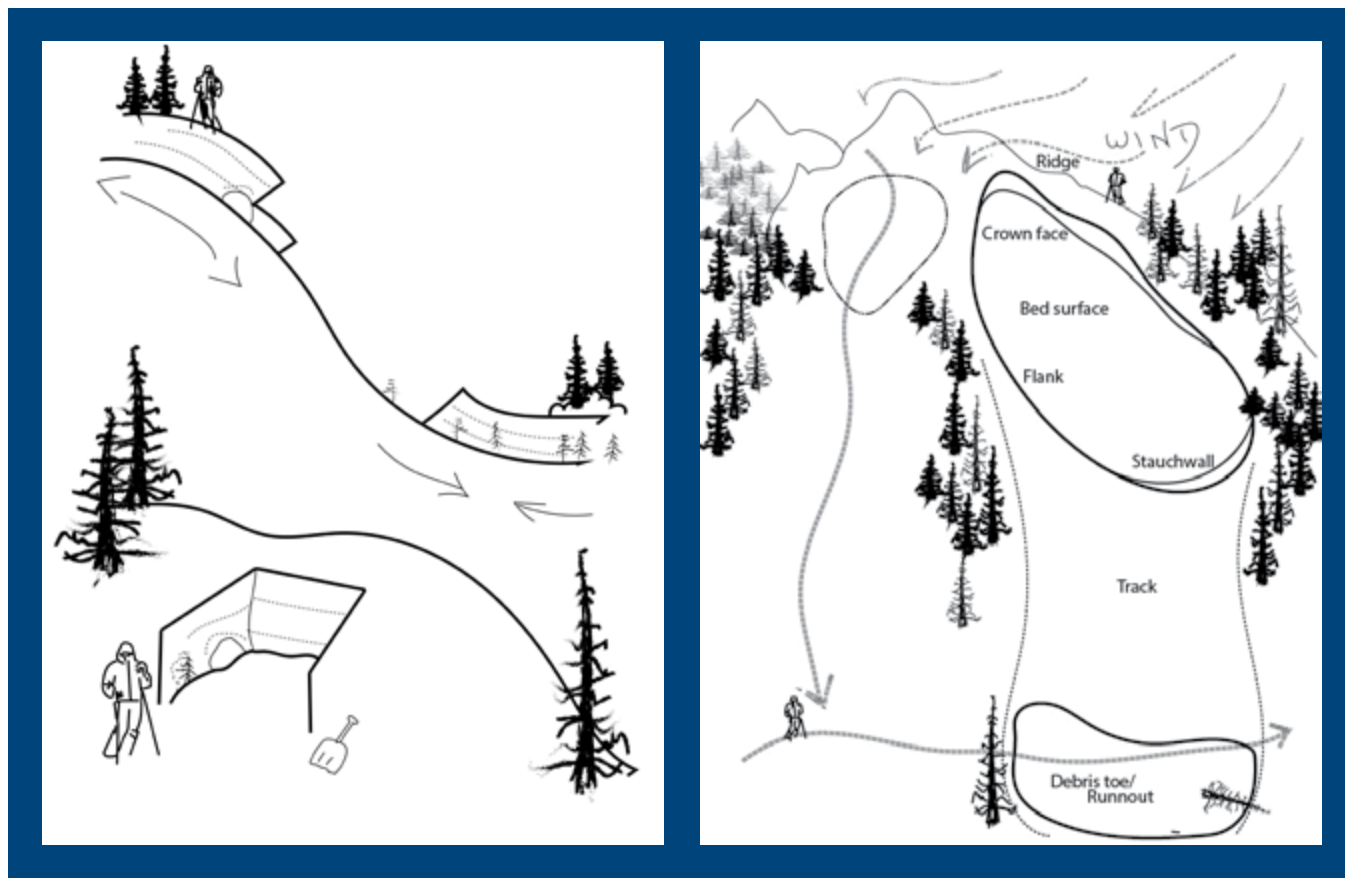
*Saturday 2/3 @ 7:00a-4:00p*

Trailhead talk, Terrain & weather' Beacons & rescue.

## Avalanche Safety Field Day Two

*Sunday 2/4 @ 7:00a-4:00p*

Trailhead talk, Snowpack, Hasty pits, Learning pits, Data pits and more beacon work.

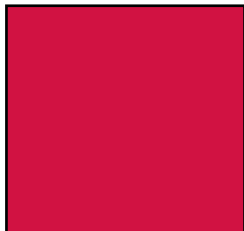


## **Rock Climbing**

### **Basics of Indoor Climbing**

*Saturday 2/10 @ 9:00a-2:00p*

Learn to belay or refine your belay skills and learn insights into efficient movement and how to climb harder. This is a casual, welcoming experience for beginner to intermediate climbers.



### **Ice Climbing**

*Sunday 2/11 @ 7:00a-3:00p*

Beginning ice climbing instruction and belay instruction

We will hike or rappel to the base and start climbing.

The focus is on correct technique, efficient travel over steep terrain and the basics of top rope belaying. The techniques we will learn are the same as those used by the best climbers in the world.

### **Snowshoe Hike**

*Saturday 2/17 @ 10:00a-3:00p*

Join us for a fun day of snowshoeing or hiking in Colorado's beautiful front range mountains!



### **Rope Access Workshop – Rappelling**

*Thursday 2/22 @ Noon-2:00p*

Learn the latest rappel practices that are intended to make this part of climbing less risky - third hand, blocker knots and more. This is on the climbing wall in PE 108.

### **Mountaineering Museum and Coffee in Golden**

*Friday 2/23 @ 12:30p-4:00p*

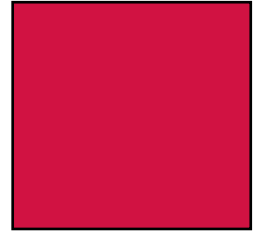
The title says it all - join MSU Denver students for a visit to the premier climbing and mountaineering museum in the US.



## **Avalanche Classroom**

*Online, on your own anytime*

Check out our Four Factors slide show. Spend as much or as little time as you like chasing links to more and more avalanche safety and science information and resources. The info can stand alone or be used as prep for a field course.



## **Avalanche Rescue Field Day One**

*Saturday 2/24 @ 7:00a-3:00p*

Trailhead talk, Terrain & weather' Beacons & rescue.

## **Avalanche Rescue Field Day Two**

*Sunday 2/25 @ 7:00a-3:00p*

Trailhead talk, Snowpack, Hasty pits, Learning pits & Data pits and More beacon work.



## **Spring Front Range Snowshoe Hike**

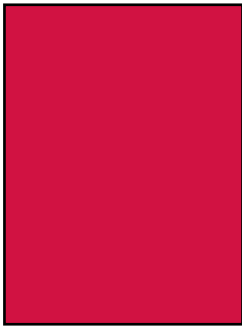
*Saturday 3/2 @ 10:00a-3:00p*

We are hoping for one of those “bluebird” spring days Colorado is so famous for! We will be snowshoeing or hiking in Colorado’s beautiful spring conditions.

## **Rope Access Workshop – Anchor Building**

*Tuesday 3/5 @ Noon -2:00p*

These indoor (climbing wall) workshops are all about getting into the nitty gritty of the topic. Today’s topic of anchor building two and three/four point anchors - how to build them and how they work.



## **Route Setting on the Climbing Wall**

*Wednesday 3/6 @ 11:00a-3:00p*

*Thursday 3/7 @ 11:00a-3:00p*

*Friday 3/8 @ 11:00a-3:00p*

We will be re-setting the routes on the wall. Volunteers are welcome. Come share your skills or learn from scratch about route setting.

## **Canyoneering Skills**

*Saturday 3/9 @ 9:00a-3:00p*

Sign up early to get out with the OP staff for a canyoneering skills prep for our annual trip to Moab. No experience necessary. Skills focus is on safety in canyons and near cliffs and roped descents.

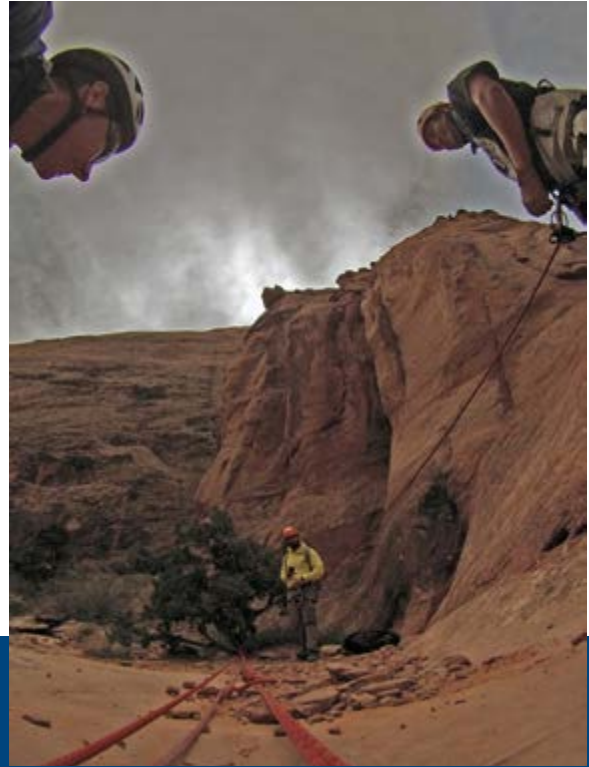


## **Coffee at Outdoor Pursuits**

*Wednesday 3/13 @ 9:00a-11:00a*

Come over to the shop (PE 002) for free coffee and snacks.





# Moab ~ Utah





## Spring Break Canyoneering in Moab UT

*Dates and times - TBA (check in January for updates)*

Experience the time-honored tradition of spring break with MSU Denver students in Moab, Utah. Enjoy camping, hiking, rock climbing, canyoneering (weather permitting), local tours, town exploration, and a visit to Arches National Park. Join the adventure! Gear is included at no additional fee.



## Rock Climbing Basics of Climbing Outside

*Saturday 4/6 @ 8:00a-3:00p*

Join our one-day outing to master essential rock climbing techniques. Learn knot tying, belaying, climbing skills, and outdoor leadership. Safety is paramount throughout. Elevate your climbing with us!

## Front Range Hike

*Sunday 4/7 @ 9:00a-2:00p*

Experience the crisp springtime air and enjoy the early spring shoots and flowers as plants emerge following a long winter.

## Bike Tune Series Meeting #1

## Bike Tune Series Meeting #2

## Bike Tune Series Meeting #3

*Visit OP for info*

It's a joy to ride when your bike is working well. Learn how to keep your bike running smoothly. Bring your bike and tune it up while you learn.

## Rock Climbing Outside

## Basics of Anchor Building I

*Saturday 4/13 @ 8:00a-3:00p*

Join us for expert-led sessions on belaying, rappelling, and crafting secure anchors using fixed bolts. These outings provide the perfect opportunity to transition to outdoor climbing.

## Spring Foothills Hike

*Sunday 4/14 @ 10:00a-2:30p*

Thanks to the Jefferson County Open Space Park system, these wonderful lands are accessible to all to hike and enjoy. Not long ago, these lands were private and access was denied so join us as we celebrate our access and joy moving in the outdoors.





## **Rope Access Workshop – Ascending a Rope**

*Thursday 4/18 @ Noon-2:00p*

Ascending a rope is useful in variety of scenarios, most commonly for route setting. Meet us at the climbing wall to check it out, give it a try and exchange notes about what worked best.

## **Rock Climbing Outside Basics of Anchor Building II**

*Saturday 4/20 @ 8:00a-3:00p*

Explore top rope anchor setup, prioritizing three-piece gear anchors. Delve into gear placement, rappelling, belaying, and climbing techniques in this comprehensive session.

## **Foothills Hike**

*Sunday 4/21 @ 9:00a-2:30p*

As the semester winds down, there's not much time left for spring hikes with OP so, if you are thinking about a hike (or another hike), now's the time. Destinations for hikes are yet to be determined.

## **Rock Climbing Basics of Lead Climbing**

*Saturday 4/27 @ 8:00a-3:00p*

This is a climbing wall event focused on the skills required to lead a sport climb indoors or outside.

## **Night Hike – City Lights Golden**

*Friday 5/3 @ 6:00p-9:00p*

Experience hiking with a headlamp and enjoy spectacular evening views of the city light of Golden and Denver.

## **Activities May through August**

*Various - check the schedule and get in touch for details or to add something for your group*

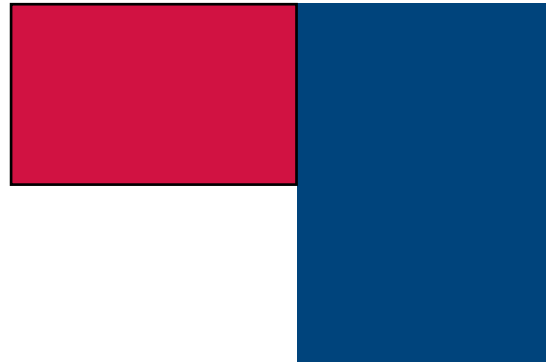
Activities will include:

Drop-in Belay and Climbing on the Climbing Wall

Spring Front Range Hike

CityScape at Denver Botanic Gardens

More hikes, climbs and get-togethers



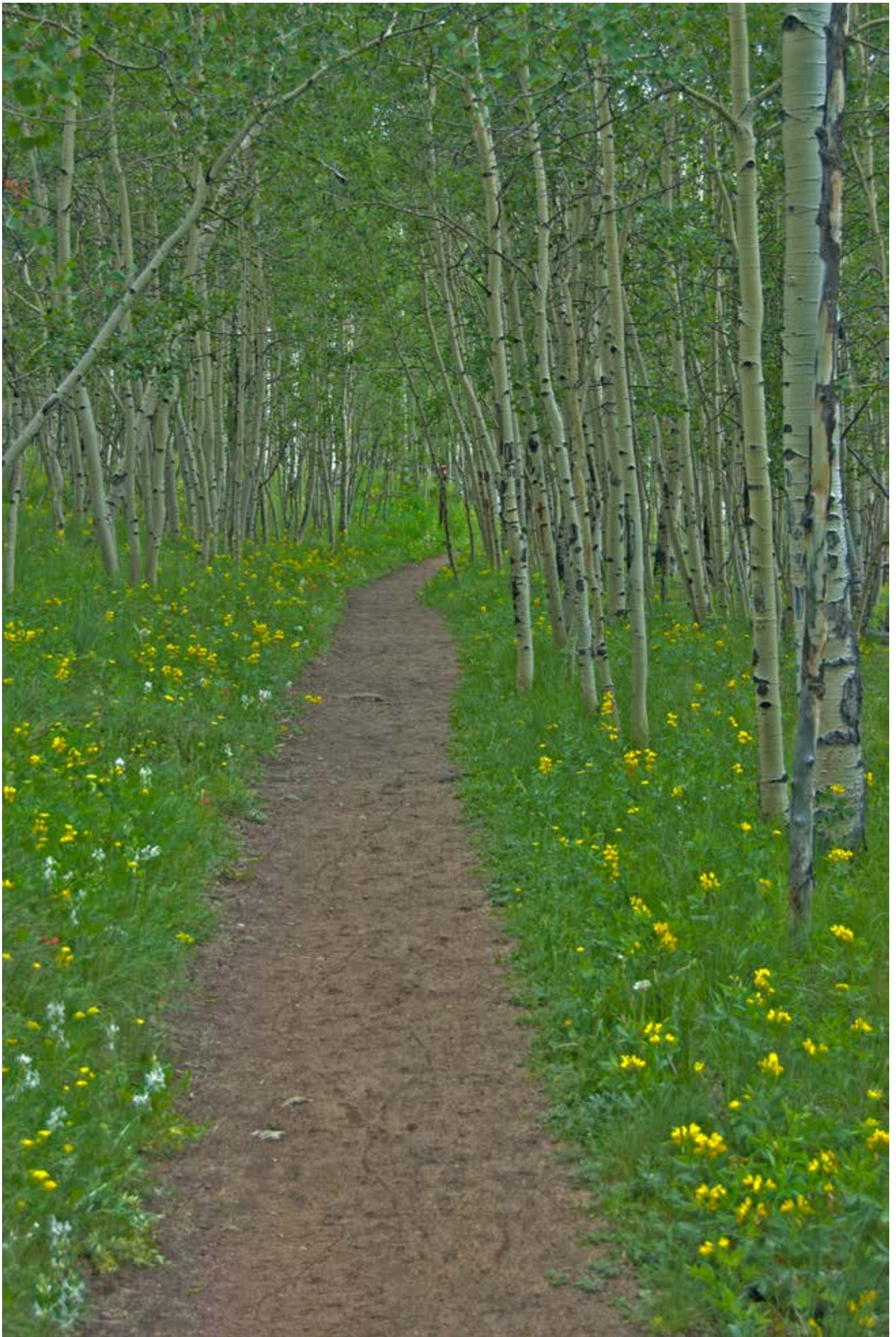
## Outdoor Pursuits Schedule Fall 2023, Spring and Summer 2024

### August

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Campus Wide Welcome Back Events</i>	Various	Various Locations	\$0	
<i>OP and Campus Rec Welcome and Open hours</i>	OP M-F 9:00a-4:00p CR M-F 7:00a to 7:00p	OP Shop PE 002 CR PE 108	\$0	
<i>Meet OP &amp; Yard Games</i>	Monday 8/21 & Tuesday 8/22	Lawrence Quad	\$0	F1
<i>Open Belay and Belay Certification</i>	Wednesday 8/23 @ 10:00a-11:00a	Climbing Wall	\$0	F2
<i>Open Belay and Belay Certification</i>	Wednesday 8/30 @ 10:00a-11:00a	Climbing Wall	\$0	F3

### September

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Open Belay and Belay Certification</i>	Tuesday 9/5 @ 10:00a-11:00a	Climbing Wall	\$0	F4
<i>CityScape and Outdoor Pursuits Open House</i>	Tuesday 9/5 @ Noon-3:00p	OPC Shop PE 002	\$0	F5
<i>Open Belay and Belay Certification</i>	Wednesday 9/6 @ 10:00a-11:00a	Climbing Wall	\$0	F6
<i>Bike Tune-up Tent</i>	Tuesday 9/12 @ 1:30p-3:00p	Lawrence Quad OP Info Table	\$0	F7
<i>Drop in Rental Shop Showcase</i>	Check in at PE 002 for info	OPC Shop	\$0	F8
<i>Bike Tune-up Tent</i>	Thursday 9/14 @ 1:30p-3:00p	Lawrence Quad OP Info Table	\$0	F9
<i>Rock Climbing Basics of Climbing Outside</i>	Saturday 9/16 @ 8:00a-3:00p	OP Office 002	\$15	F10
<i>Open Belay and Belay Certification</i>	Tuesday 9/19 @ 2:00p-3:00p	Climbing Wall	\$0	F11
<i>Open Belay and Belay Certification</i>	Wednesday 9/20 @ 11:00a-Noon	Climbing Wall	\$0	F12
<i>Drop in Rental Shop Showcase</i>	Check in at PE 002 for info	OPC Shop	\$0	F13
<i>Bike Tune-up Tent</i>	Thursday 9/21 @ 11:00a-1:00p	Lawrence Quad OP Info Table	\$0	F14
<i>Cityscape Walk</i>	Friday 9/22 @ 12:00p-3:00p	OP Office 002	\$0	F15
<i>Rock Climbing Outside</i>	Saturday 9/23 @ 8:00a-3:00p	OP Office 002	\$15	F16
<i>Basics of Anchor Building I</i>	Sunday 9/24 @ 8:00a-3:00p	OP Office 002	\$15	F17
<i>Rock Climbing Outside</i>				
<i>Basics of Anchor Building II</i>	Check in at PE 002 for info	OPC Shop	\$0	F18
<i>Meet OP &amp; Yard Games</i>				
<i>Rock Climbing</i>	Saturday 9/30 @ 8:00a-3:00p	OP Office 002	\$15	F19



## October

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Open Belay and Belay Certification</i>	Tuesday 10/3 @ Noon-1:00p	Climbing Wall	\$0	F20
<i>Meet OP &amp; Yard Games</i>	Tuesday 10/3 @ 1:30p-3:00p	On-Campus OP Info Table	\$0	F21
<i>Open Belay and Belay Certification</i>	Wednesday 10/4 @ 10:00a-11:00a	Climbing Wall	\$0	F22
<i>Cityscape Walk</i>	Thursday 10/5 @ Noon-3:00p	PE 002		F23
<i>Rock Climbing Day Out</i>	Saturday 10/7 @ 8:00a-3:00p	OP Office 002	\$15	F24
<i>Fall Front Range Hike</i>	Sunday 10/8 @ 10:00a-3:00p	OP Office 002	\$15	F25
<i>Open Belay and Belay Certification</i>	Tuesday 10/10 @ 4:00p-5:00p	Climbing Wall	\$0	F26
<i>Coffee at the Outdoor Pursuits Center</i>	Wednesday 10/11 @ Noon-1:00p	OPC	\$0	F27
<i>Climbing Wall Route Setting Day One</i>	Thursday 10/12 @ 11:00a-2:30p	Climbing Wall	\$0	F28
<i>Climbing Wall Route Setting Day Two</i>	Friday 10/13 @ 11:00a-2:30p	Climbing Wall	\$0	F29
<i>Climbing Wall Route Setting Day Three</i>	Saturday 10/14 @ 9:00a-2:30p	Climbing Wall	\$0	F30
<i>Red Rocks and Morrison Hike</i>	Sunday 10/15 @ 9:00a-3:00p	OP Office 002	\$15	F31
<i>Meet OP &amp; Yard Games</i>	Tuesday 10/17 @ 1:00p-3:00p	On-Campus OP Info Table	\$0	F32
<i>Fall Front Range Hike</i>	Saturday 10/21 @ 10:00a-3:00p	OP Office 002	\$15	F33
<i>Meet OP &amp; Yard Games</i>	Tuesday 10/24 @ 1:30p-3:00p	On-Campus OP Info Table	\$0	F34
<i>Open Belay and Belay Certification</i>	Wednesday 10/25 @ Noon-1:00p	Climbing Wall	\$0	F35

## November

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Fall Front Range Hike</i>	Saturday 11/4 @ 10:00a-3:00p	OP Office 002	\$15	F36
<i>Online ALP Seminar</i>	TBA	Online	\$0	F37
<i>Meet OP &amp; Yard Games</i>	Wednesday 11/8 @ 1:00p-3:00p	On-Campus OP Info Table	\$0	F38
<i>Rope Access Workshop – Anchor Building</i>	Thursday 11/9 @ Noon-2:00p	Climbing Wall	\$0	F39
<i>Fall Front Range Hike</i>	Sunday 11/12 @ 10:00a-3:00p	OP Office 002	\$15	F40
<i>Open Belay and Belay Certification</i>	Tuesday 11/14 @ 10:00a-11:00a	Climbing Wall	\$0	F41
<i>Thanksgiving Break</i>	During break	TBA	TBA	F42
<i>Canyoneering Skills</i>	TBA Local/day trips			

## December

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Saturday 12/2 @ 8:00 to 4:00p	OP Office 002	TBD	F43
<i>Winter Foothills Hike</i>	Saturday 12/9 @ 10:00a-2:30p	OP Office 002	\$15	F44
<i>“Ice Climbing” on the Climbing wall</i>	Wednesday 12/13 Noon to 2:00p	Climbing Wall	\$0	F45





## January 2024

<i><b>Event</b></i>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Open Belay and Belay Certification</i>	Thursday 1/25 @ Noon-1:00p	Climbing Wall	\$0	S1
<i>Ski Trip</i>	Saturday 1/27 @ 9:00 – 4:00p	OP Shop PE 002	TBA	S2
<i>Open Belay and Belay Certification</i>	Wednesday 1/31 @ Noon-1:00p	Climbing Wall	\$0	S3

## February

<i><b>Event</b></i>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Visit OP in PE 108 for info			
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Evening Climbing Series</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Indoor Slacklining</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Avalanche Classroom online Live and Recorded</i>	Friday 2/2 @ 4:00p-6:00p	OPC Shop PE 002	\$0	S4
<i>Avalanche Safety Field Day One</i>	Saturday 2/3 @ 7:00a-4:00p	TBA	\$0	S5
<i>Avalanche Safety Field Day Two</i>	Sunday 2/4 @ 7:00a-4:00p	TBA	\$0	S6
<i>Open Belay and Belay Certification</i>	Wednesday 2/7 @ 1:00p-2:00p	Climbing Wall	\$0	S7
<i>Rock Climbing Basics of Indoor Climbing</i>	Saturday 2/10 @ 9:00a-2:00p	Climbing Wall	\$15	S8
<i>Ice Climbing</i>	Sunday 2/11 @ 7:00a-3:00p	OPC Shop PE 002	\$15	S9
<i>Open Belay and Belay Certification</i>	Thursday 2/15 @ 1:00p-2:00p	Climbing Wall	\$0	S10
<i>Snowshoe Hike</i>	Saturday 2/17 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S11
<i>Ice Climbing</i>	Sunday 2/18 @ 7:00a-3:00p	OPC Shop PE 002	\$15	S12
<i>Rope Access Workshop – Rappelling</i>	Thursday 2/22 @ Noon-2:00p	Climbing Wall	\$0	S13
<i>Mountaineering Museum and Coffee in Golden</i>	Friday 2/23 @ 12:30p-4:00p	OPC Shop PE 002	\$0	S14
<i>Avalanche Classroom</i>	Online, on your own			S15
<i>Avalanche Rescue Field Day One</i>	Saturday 2/24 @ 7:00a-3:00p	TBA	\$0	S16
<i>Avalanche Forecasting Field Day Two</i>	Sunday 2/25 @ 7:00a-3:00p	TBA	\$0	S17





## March

<i>Event</i>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Visit OP in PE 108 for info			
<i>Meet OP &amp; Yard Games</i>	Visit OP in PE 108 for info			
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Evening Climbing Series</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>ALP Series Certification</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	OPC Shop PE 002	TBA	
<i>Slacklining</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	TBA	\$0	
<i>Spring Front Range Snowshoe Hike</i>	Saturday 3/2 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S18
<i>Rope Access Workshop – Anchor Building</i>	Tuesday 3/5 @ Noon -2:00p	Climbing Wall	\$0	S19
<i>Route Setting on the Climbing Wall</i>	Wednesday 3/6 @ 11:00a-3:00p	Climbing Wall	\$0	S20
<i>Route Setting on the Climbing Wall</i>	Thursday 3/7 @ 11:00a-3:00p	Climbing Wall	\$0	S21
<i>Route Setting on the Climbing Wall</i>	Friday 3/8 @ 11:00a-3:00p	Climbing Wall	\$0	S22
<i>Canyoneering Skills</i>	Saturday 3/9 @ 9:00a-3:00p	TBA	\$0	S23
<i>Coffee at Outdoor Pursuits</i>	Wednesday 3/13 @ 9:00a-11:00a	OPC Shop PE 002	\$0	S24
<i>Spring Break</i>	Saturday 3/16 thru Thursday 3/21	OPC Shop PE 002	\$285	S25
<i>Canyoneering in Moab UT</i>	Times TBA			

## April

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Visit OP in PE 108 for info			
<i>Meet OP &amp; Yard Games</i>	Visit OP in PE 108 for info			
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Evening Climbing Series</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Slacklining</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	TBA	\$0	
<i>Rock Climbing Basics of Climbing Outside</i>	Saturday 4/6 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S27
<i>Front Range Hike</i>	Sunday 4/7 @ 9:00a-2:00p	OPC Shop PE 002	\$15	S28
<i>Bike Tune Series Meeting #1</i>	Visit OP for info	OPC Shop PE 002	\$0	S29
<i>Rock Climbing Outside</i>	Saturday 4/13 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S30
<i>Basics of Anchor Building I</i>	Sunday 4/14 @ 10:00a-2:30p	OPC Shop PE 002	\$15	S31
<i>Spring Foothills Hike</i>	Visit OP for info	OPC Shop PE 002	\$0	S32
<i>Bike Tune Series Meeting #2</i>	Thursday 4/18 @ Noon-2:00p	Climbing Wall	\$0	S33
<i>Rope Access Workshop – Ascending a Rope</i>	Saturday 4/20 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S34
<i>Rock Climbing Outside Basics of Anchor Building II</i>	Sunday 4/21 @ 9:00a-2:30p	OPC Shop PE 002	\$15	S35
<i>Foothills Hike</i>	Visit OP for info	OPC Shop PE 002	\$0	S36
<i>Bike Tune Series Meeting #3</i>	Saturday 4/27 @ 8:00a-3:00p	Climbing Wall	\$15	S37
<i>Rock Climbing Basics of Lead Climbing</i>				





## May

Event	Date	Meet up	Cost	Outing
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Night Hike – City Lights Golden</i>	Friday 5/3 @ 6:00p-9:00p	OPC Shop PE 002	\$15	S39
<i>Spring Front Range Hike</i>	Saturday 5/4 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S40
<i>CityScape</i>	Saturday 5/4 @ 11:00a-3:00p	\$0	S38	
<i>Denver Botanic Gardens</i>				

## June

<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Rope Access Workshop – Anchor Building</i>	Thursday 6/6 @ Noon-2:00p	Climbing Wall	\$0	1s
<i>Front Range Hike</i>	Saturday 6/8 @ 10:00a-3:00p	OPC Shop PE 002	\$15	2s
<i>CityScape Event TBD</i>	TBA	TBA	TBA	3s

## July

<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>CityScape Event TBD</i>	TBA	TBA	TBA	4s

## August

<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Campus Wide Welcome Back Events</i>	Various	OPC Shop PE 002	\$0	
<i>OP and Campus Rec Welcome and Open hours</i>	OP 9:00a-4:00p CR 7:00a to 7:00p	OPC Shop PE 002 PE 108	\$0	
<i>Open Belay and Belay Certification</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Meet OP &amp; Yard Games</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	OPC Shop PE 002	\$0	



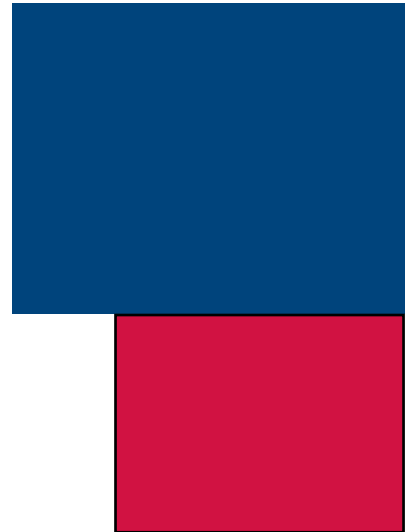


**Get in touch with OP to arrange your group adventure or teambuilding experience.**

**Email - [rentalshop@msudenver.edu](mailto:rentalshop@msudenver.edu)**

**Visit - PE 002**

**Call - (303)615-1499**



### ***Yard Games and Gear Rental***

***Located in PE 002, the Outdoor Pursuits Center (OPC) provides students with discounted and free access to outdoor gear. Check on line for our rental gear selection. At the OPC, we have a large selection of yard games available for on-campus use, free of charge. The OPC is staffed by-students for-students.***



***“Adventure Leadership and Play (ALP) provides student leadership development and teambuilding for your group, club, class or office”***

***“Volunteer and service projects are also part of the Outdoor Pursuits experience”***



### ***Outdoor Pursuits Center (OPC) “The Shop”***

***Located in PE 002, the OPC provides a place to hang out and talk gear and adventure. The OPC is staffed by-students for-students. We rent camping and other outdoor gear plus you can barrow yard games for free to play on campus.***

***CityScape - Explore the urban setting and discover the beauty and grit of Denver including art, archaeological and historical sites surrounding campus.***

***Adventures are instructional, hard skills focused experiences that include new skills and review in challenging outdoor settings.***

***Rental Shop - Located in PE 002, the Outdoor Pursuits Center (OPC) provides a place to hang out and talk gear and adventure.***

***The OPC is staffed by-students, for-students.***