

# Outdoor Pursuits Schedule

## Fall 2023, Spring and Summer 2024



### Outdoor Pursuits Program (OP):

OP is part of Campus Recreation and offers a variety of trips and instructional experiences including canyoneering, hiking, rock climbing, ice climbing, avalanche forecasting, mountaineering, camping, kayaking and more.

### Adventures

Adventures are instructional, hard skills focused experiences that include new skills and review in challenging outdoor settings. Examples include rock climbing, ice climbing, trail running and more.



### Adventure Leadership & Play (ALP)

ALP provides student leadership development and teambuilding for your group, club, class or office. Also, learn to facilitate teambuilding and fun on-campus challenges.



### CityScape

Explore the urban setting and the beauty and grit of Denver including art, archeological and historical sites surrounding campus. Join students for mellow social walks in the city and on the trail.

### Climbing Wall

Located in the fitness center, the climbing wall is open any time the fitness center is open and is there for all levels of climbers from beginner to expert.



### Outdoor Pursuits Center (OPC) "The Shop"

Located in PE 002, the OPC provides a place to hang out and talk gear and adventure. The OPC is staffed by-students for-students. We rent camping and other outdoor gear plus you can borrow yard games for free to play on campus.



### OPOnline

Web content, podcasts and mixed media content delivered via the Web including content on the Campus Recreation website at [msudenver.edu/recreation/outdoor-pursuits/](http://msudenver.edu/recreation/outdoor-pursuits/) and on YouTube at [youtube.com/c/MSUDenverRec](https://youtube.com/c/MSUDenverRec)



MSU DENVER Campus Recreation

**CHANGEMAKERS WANTED**

PE 002 | (303)615-1499 | [bfergus3@msudenver.edu](mailto:bfergus3@msudenver.edu)

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## Fall 2023, Spring and Summer 2024

### August 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Campus Wide Welcome Back Events</i>	Various	Various Locations	\$0	
<i>OP and Campus Rec Welcome and Open hours</i>	OP M-F 9:00a-4:00p CR M-F 7:00a to 7:00p	OP Shop PE 002 CR PE 108	\$0	
<i>Meet OP &amp; Yard Games</i>	Monday 8/21 & Tuesday 8/22	Lawrence Quad	\$0	F1
<i>Open Belay and Belay Certification</i>	Wednesday 8/23 @ 10:00a-11:00a	Climbing Wall	\$0	F2
<i>Open Belay and Belay Certification</i>	Wednesday 8/30 @ 10:00a-11:00a	Climbing Wall	\$0	F3

### September 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Open Belay and Belay Certification</i>	Tuesday 9/5 @ 10:00a-11:00a	Climbing Wall	\$0	F4
<i>CityScape and Outdoor Pursuits Open House</i>	Tuesday 9/5 @ Noon-3:00p	OPC Shop PE 002	\$0	F5
<i>Open Belay and Belay Certification</i>	Wednesday 9/6 @ 10:00a-11:00a	Climbing Wall	\$0	F6
<i>Bike Tune-up Tent</i>	Tuesday 9/12 @ 1:30p-3:00p	Lawrence Quad OP Info Table	\$0	F7
<i>Drop in Rental Shop Showcase</i>	Check in at PE 002 for info	OPC Shop	\$0	F8
<i>Bike Tune-up Tent</i>	Thursday 9/14 @ 1:30p-3:00p	Lawrence Quad OP Info Table	\$0	F9
<i>Rock Climbing Basics of Climbing Outside</i>	Saturday 9/16 @ 8:00a-3:00p	OP Office 002	\$15	F10
<i>Open Belay and Belay Certification</i>	Tuesday 9/19 @ 2:00p-3:00p	Climbing Wall	\$0	F11



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### September (continued)

<i>Open Belay and Belay Certification</i>	Wednesday 9/20 @ 11:00a-Noon	Climbing Wall	\$0	F12
<i>Drop in Rental Shop Showcase Bike Tune-up Tent</i>	Check in at PE 002 for info	OPC Shop	\$0	F13
	Thursday 9/21 @ 11:00a-1:00p	Lawrence Quad OP Info Table	\$0	F14
<i>Cityscape Walk</i>	Friday 9/22 @ 12:00p-3:00p	OP Office 002	\$0	F15
<i>Rock Climbing Outside</i>	Saturday 9/23 @ 8:00a-3:00p	OP Office 002	\$15	F16
<i>Basics of Anchor Building I</i>				
<i>Rock Climbing Outside</i>	Sunday 9/24 @ 8:00a-3:00p	OP Office 002	\$15	F17
<i>Basics of Anchor Building II</i>				
<i>Meet OP &amp; Yard Games</i>	Check in at PE 002 for info	OPC Shop	\$0	F18
<i>Rock Climbing</i>	Saturday 9/30 @ 8:00a-3:00p	OP Office 002	\$15	F19



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## Fall 2023, Spring and Summer 2024

### October 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Open Belay and Belay Certification</i>	Tuesday 10/3 @ Noon-1:00p	Climbing Wall	\$0	F20
<i>Meet OP &amp; Yard Games</i>	Tuesday 10/3 @ 1:30p-3:00p	On-Campus OP Info Table	\$0	F21
<i>Open Belay and Belay Certification</i>	Wednesday 10/4 @ 10:00a-11:00a	Climbing Wall	\$0	F22
<i>Cityscape Walk</i>	Thursday 10/5 @ Noon-3:00p	PE 002		F23
<i>Rock Climbing Day Out</i>	Saturday 10/7 @ 8:00a-3:00p	OP Office 002	\$15	F24
<i>Fall Front Range Hike</i>	Sunday 10/8 @ 10:00a-3:00p	OP Office 002	\$15	F25
<i>Open Belay and Belay Certification</i>	Tuesday 10/10 @ 4:00p-5:00p	Climbing Wall	\$0	F26
<i>Coffee at the Outdoor Pursuits Center</i>	Wednesday 10/11 @ Noon-1:00p	OPC	\$0	F27
<i>Climbing Wall Route Setting Day One</i>	Thursday 10/12 @ 11:00a-2:30p	Climbing Wall	\$0	F28
<i>Climbing Wall Route Setting Day Two</i>	Friday 10/13 @ 11:00a-2:30p	Climbing Wall	\$0	F29
<i>Climbing Wall Route Setting Day Three</i>	Saturday 10/14 @ 9:00a-2:30p	Climbing Wall	\$0	F30
<i>Red Rocks and Morrison Hike</i>	Sunday 10/15 @ 9:00a-3:00p	OP Office 002	\$15	F31
<i>Meet OP &amp; Yard Games</i>	Tuesday 10/17 @ 1:00p-3:00p	On-Campus OP Info Table	\$0	F32
<i>Fall Front Range Hike</i>	Saturday 10/21 @ 10:00a-3:00p	OP Office 002	\$15	F33
<i>Meet OP &amp; Yard Games</i>	Tuesday 10/24 @ 1:30p-3:00p	On-Campus OP Info Table	\$0	F34
<i>Open Belay and Belay Certification</i>	Wednesday 10/25 @ Noon-1:00p	Climbing Wall	\$0	F35



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## Fall 2023, Spring and Summer 2024

### November 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Fall Front Range Hike</i>	Saturday 11/4 @ 10:00a-3:00p	OP Office 002	\$15	F36
<i>Online ALP Seminar</i>	TBA	Online	\$0	F37
<i>Meet OP &amp; Yard Games</i>	Wednesday 11/8 @ 1:00p-3:00p	On-Campus OP Info Table	\$0	F38
<i>Rope Access Workshop – Anchor Building</i>	Thursday 11/9 @ Noon-2:00p	Climbing Wall	\$0	F39
<i>Fall Front Range Hike</i>	Sunday 11/12 @ 10:00a-3:00p	OP Office 002	\$15	F40
<i>Open Belay and Belay Certification</i>	Tuesday 11/14 @ 10:00a-11:00a	Climbing Wall	\$0	F41
<i>Thanksgiving Break Canyoneering Skills</i>	During break TBA Local/day trips	TBA	TBA	F42



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### December 2023

<i><b>Event</b></i>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Saturday 12/2 @ 8:00 to 4:00p	OP Office 002	TBD	F43
<i>Winter Foothills Hike</i>	Saturday 12/9 @ 10:00a-2:30p	OP Office 002	\$15	F44
<i>"Ice Climbing" on the Climbing wall</i>	Wednesday 12/13 Noon to 2:00p	Climbing Wall	\$0	F45



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## Fall 2023, Spring and Summer 2024

### January 2024

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Open Belay and Belay Certification</i>	Thursday 1/25 @ Noon-1:00p	Climbing Wall	\$0	S1
<i>Ski Trip</i>	Saturday 1/27 @ 9:00 – 4:00p	OP Shop PE 002	TBA	S2
<i>Open Belay and Belay Certification</i>	Wednesday 1/31 @ Noon-1:00p	Climbing Wall	\$0	S3

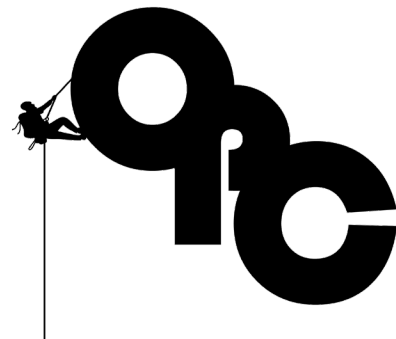
**Find us on campus:**

- [Outdoor Pursuits Center in PE Building Room 002](#)
- [Campus Recreation Front Desk in PE 108](#)
- [The Climbing Wall in PE 007](#)

**Find us online:**

- <https://msudenver.edu/campusrec/outdoorpursuits/>
- <https://www.facebook.com/MSUDenverOP/>

\$0 = Funded by student fees. There are no additional fees for these experiences!



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## Fall 2023, Spring and Summer 2024

### February 2024

Event	Date	Meet up	Cost	Outing
<i>Ski Day</i>	Visit OP in PE 108 for info			
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Evening Climbing Series</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Indoor Slacklining</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Avalanche Classroom online Live and Recorded</i>	Friday 2/2 @ 4:00p-6:00p	OPC Shop PE 002	\$0	S4
<i>Avalanche Safety Field Day One</i>	Saturday 2/3 @ 7:00a-4:00p	TBA	\$0	S5
<i>Avalanche Safety Field Day Two</i>	Sunday 2/4 @ 7:00a-4:00p	TBA	\$0	S6
<i>Open Belay and Belay Certification</i>	Wednesday 2/7 @ 1:00p-2:00p	Climbing Wall	\$0	S7
<i>Rock Climbing</i>	Saturday 2/10 @ 9:00a-2:00p	Climbing Wall	\$15	S8
<i>Basics of Indoor Climbing</i>	Sunday 2/11 @ 7:00a-3:00p	OPC Shop PE 002	\$15	S9
<i>Ice Climbing</i>	Thursday 2/15 @ 1:00p-2:00p	Climbing Wall	\$0	S10
<i>Open Belay and Belay Certification</i>	Saturday 2/17 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S11
<i>Snowshoe Hike</i>	Sunday 2/18 @ 7:00a-3:00p	OPC Shop PE 002	\$15	S12
<i>Ice Climbing</i>	Thursday 2/22 @ Noon-2:00p	Climbing Wall	\$0	S13
<i>Rope Access Workshop – Rappelling</i>	Friday 2/23 @ 12:30p-4:00p	OPC Shop PE 002	\$0	S14
<i>Mountaineering Museum and Coffee in Golden</i>	Online, on your own			S15
<i>Avalanche Classroom</i>	Saturday 2/24 @ 7:00a-3:00p	TBA	\$0	S16
<i>Avalanche Rescue Field Day One</i>	Sunday 2/25 @ 7:00a-3:00p	TBA	\$0	S17
<i>Avalanche Forecasting Field Day Two</i>				



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### March 2024

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Visit OP in PE 108 for info			
<i>Meet OP &amp; Yard Games</i>	Visit OP in PE 108 for info			
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Evening Climbing Series</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>ALP Series Certification</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	OPC Shop PE 002	TBA	
<i>Slacklining</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	TBA	\$0	
<i>Spring Front Range Snowshoe Hike</i>	Saturday 3/2 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S18
<i>Rope Access Workshop – Anchor Building</i>	Tuesday 3/5 @ Noon -2:00p	Climbing Wall	\$0	S19
<i>Route Setting on the Climbing Wall</i>	Wednesday 3/6 @ 11:00a-3:00p	Climbing Wall	\$0	S20
<i>Route Setting on the Climbing Wall</i>	Thursday 3/7 @ 11:00a-3:00p	Climbing Wall	\$0	S21
<i>Route Setting on the Climbing Wall</i>	Friday 3/8 @ 11:00a-3:00p	Climbing Wall	\$0	S22
<i>Canyoneering Skills</i>	Saturday 3/9 @ 9:00a-3:00p	TBA	\$0	S23
<i>Coffee at Outdoor Pursuits</i>	Wednesday 3/13 @ 9:00a-11:00a	OPC Shop PE 002	\$0	S24
<i>Spring Break Canyoneering in Moab UT</i>	Saturday 3/16 thru Thursday 3/21 Times TBA	OPC Shop PE 002	\$285	S25



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### April 2024

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Ski Day</i>	Visit OP in PE 108 for info			
<i>Meet OP &amp; Yard Games</i>	Visit OP in PE 108 for info			
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Evening Climbing Series</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
<i>Slacklining</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	TBA	\$0	
<i>Rock Climbing Basics of Climbing Outside</i>	Saturday 4/6 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S27
<i>Front Range Hike</i>	Sunday 4/7 @ 9:00a-2:00p	OPC Shop PE 002	\$15	S28
<i>Bike Tune Series Meeting #1</i>	Visit OP for info	OPC Shop PE 002	\$0	S29
<i>Rock Climbing Outside Basics of Anchor Building I</i>	Saturday 4/13 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S30
<i>Spring Foothills Hike</i>	Sunday 4/14 @ 10:00a-2:30p	OPC Shop PE 002	\$15	S31
<i>Bike Tune Series Meeting #2</i>	Visit OP for info	OPC Shop PE 002	\$0	S32
<i>Rope Access Workshop – Ascending a Rope</i>	Thursday 4/18 @ Noon-2:00p	Climbing Wall	\$0	S33
<i>Rock Climbing Outside Basics of Anchor Building II</i>	Saturday 4/20 @ 8:00a-3:00p	OPC Shop PE 002	\$15	S34
<i>Foothills Hike</i>	Sunday 4/21 @ 9:00a-2:30p	OPC Shop PE 002	\$15	S35
<i>Bike Tune Series Meeting #3</i>	Visit OP for info	OPC Shop PE 002	\$0	S36
<i>Rock Climbing Basics of Lead Climbing</i>	Saturday 4/27 @ 8:00a-3:00p	Climbing Wall	\$15	S37



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### May 2024

Event	Date	Meet up	Cost	Outing
<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
	<i>Night Hike – City Lights Golden</i>	Friday 5/3 @ 6:00p-9:00p	OPC Shop PE 002	\$15
<i>Spring Front Range Hike CityScape Denver Botanic Gardens</i>	Saturday 5/4 @ 10:00a-3:00p	OPC Shop PE 002	\$15	S40
	Saturday 5/4 @ 11:00a-3:00p	\$0	S38	

### June 2024

<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
	<i>Rope Access Workshop – Anchor Building</i>	Thursday 6/6 @ Noon-2:00p	Climbing Wall	\$0
<i>Front Range Hike CityScape Event TBD</i>	Saturday 6/8 @ 10:00a-3:00p	OPC Shop PE 002	\$15	2s
	TBA	TBA	TBA	3s

### July 2024

<i>Drop-in Belay and Climbing on the Climbing Wall CityScape Event TBD</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
	TBA	TBA	TBA	4s

### August 2024

<i>Drop-in Belay and Climbing on the Climbing Wall</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
	<i>Campus Wide Welcome Back Events</i>	Various	OPC Shop PE 002	\$0
<i>OP and Campus Rec Welcome and Open hours</i>	OP 9:00a-4:00p	OPC Shop PE 002	\$0	
	CR 7:00a to 7:00p	PE 108		
<i>Open Belay and Belay Certification</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	Climbing Wall	\$0	
	<i>Meet OP &amp; Yard Games</i>	TBA- various. Please Email <a href="mailto:bfergus3@msudenver.edu">bfergus3@msudenver.edu</a> for info and to sign up	OPC Shop PE 002	\$0

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