



METROPOLITAN STATE UNIVERSITY
OF DENVER

College of Professional Studies

Human Services, B.S. - Mental Health Counseling
Minor (not required)
2023-24 catalog year

| First Year | |
|-----------------------|---|
| Fall: 15 Credits | HSP 1010 (3) Intro to Human Services** |
| | Written Communication (3): ENG 1010 or ENG 1009 |
| | Oral Communication (3) |
| | Arts & Humanities (3) |
| | Historical (3) GD recommended |
| Spring: 16 Credits | HSP 2030 (4) Theory and Practice of Counseling |
| | HSP 1020 (3) Intro to Trauma Informed Care** |
| | HSP 2010 (3) Intro to High-Impact Nonprofit Organizations |
| | Written Communication (3): ENG 1020 or ENG 1021 |
| | Quantative Literacy (3) |
| Second Year | |
| Fall: 14 Credits | HSP 2020 (4) Small Group Dynamics |
| | HSP 2040 (4) Family Systems |
| | HSP 2105 (3) Foundations of Trauma Counseling |
| | Natural & Physical Sciences (3) |
| Spring: 15 Credits | HSP 3490 (4) Multicultural Issues in Human Services* |
| | HSP 3330 (3) Ethical & Legal Issues in Human Services |
| | Arts & Humanities (3) |
| | Natural & Physical Sciences (3) |
| | HSP 3560 (2) Motivational Interviewing |

| Third Year | |
|-----------------------|--|
| Fall: 16 Credits | General Elective (3) |
| | HSP 3070 (3) Advanced Behavioral Analysis |
| | HSP 4320 (4) Psychopathology and the Mental Health Clinician |
| | HSP 3220 (3) Conflict Resolution |
| | General Elective (3) |
| Spring: 16 Credits | HSP 2070 (1) Pre-Field Placement Seminar |
| | HSP 3710 (4) Research Methods & Program Evaluation |
| | HSP 4040 (3) Cognitive Behavior Therapy |
| | General Elective (4) |
| | General Elective (4) |
| Fourth Year | |
| Fall: 14 Credits | HSP 4770 (8) Human Services Internship I |
| | General Elective (3) |
| | General Elective (3) |
| Spring: 14 Credits | HSP 4780 (8) Human Services Internship II |
| | General Elective (3) |
| | General Elective (3) |

* fulfills Multicultural graduation requirement

**fulfills Social & Behavioral Sciences (3)