



## Did somebody say summer?

As finals week and graduation nears, we wanted to wish you all the best of luck on your finals and a happy graduation for those leaving us! For those of you travelling abroad during the summer, don't forget to schedule an appointment with your DSO. Ensure that you have an updated I-20 and check that you have a valid passport. For those staying in Colorado, we will inform you of fun, outdoor activities to do during the summer!

## Monthly Motivation

**" You can't juggle it all 100 percent. You don't have to be perfect. You don't have to do everything."**

**-Connie Chung**

## AAPI Heritage Month

Asian American & Pacific Islander Month was established in the year 1992. This month honors Asian Americans, Pacific Islander Americans, and Native Hawaiians contributions and accomplishments. This years theme is "Advancing Leaders Through Opportunity".

Please visit the [APIDA resource page](#) for more info.



## Dates & Reminders

- **Classes end (6th)**
- **Final Exam Week (8th-13th)**
- **Spring 2023 Commencement- (12th)**
- **Maymester Period (May 30th- Jun 11th)**



## Mental Health Awareness

Mental Health Awareness Month was established in 1949. The purpose of this month is to highlight the importance of mental wellness. It also celebrates everyone who has overcome their personal mental health battles, and reminds those who are currently struggling that it gets better. As a reminder, you are loved, you are worthy, you matter, you are good enough.



## Student Highlight- Global

### Ambassadors

**Brizan:** I am currently a Junior here at MSU and my major is Nutrition and Dietetics with a minor in Pre-healthcare. I am from the beautiful country Jamaica. My favorite thing about Colorado is all the unique scenery and the amazing hiking trails!

**Alejandro:** Hi Roadrunners, I am a Finance major here at MSU finishing my sophomore year of college. I am from Madrid, Spain and one of my favorite things about Colorado is its many professional sports teams, including Basketball, Hockey, Football and Soccer among others.



## Positions Available to you

Peer Writing Consultant - Writing Center (\$18.00)

**Qualifications:** Any major or minor An interest in facilitating the growth of other student writers Compassion, empathy, and good communication skills A desire to be part of a community of other people interested in writing and personal growth.

For more information on positions that you can apply for, contact [intlsupport@msudenver.edu](mailto:intlsupport@msudenver.edu)



## Announcement

A few students will be leaving us this Spring, and although we are sad to see them go, we are proud of them for making it this far. Please help us to congratulate our Spring 2023 International Student Graduates! You will always be a part of our community!

Best of luck on your new endeavors!