

# Outdoor Pursuits Schedule

Summer 2023



## Outdoor Pursuits Program (OP):

OP is part of Campus Recreation and offers a variety of trips and instructional experiences including canyoneering, hiking, rock climbing, ice climbing, avalanche forecasting, mountaineering, camping, canoeing and more.

## Adventures

Adventures are instructional, hard skills focused experiences that include new skills and review in challenging outdoor settings. Examples include rock climbing, ice climbing, trail running and more.



## Adventure Leadership Programs (ALP)

ALP provides student leadership development and teambuilding for your group, club, class or office. Also, learn to facilitate teambuilding and participate in fun on-campus challenges.



## CityScape

Explore the urban setting and the beauty and grit of Denver including art, archeological and historical sites surrounding campus. Join students for mellow social walks in the city and on the trail.

## Climbing Wall

Located in the fitness center, the climbing wall is open any time the fitness center is open and is there for all levels of climbers from beginner to expert.



## Outdoor Pursuits Center (OPC) "The Shop"

Located in PE 002, the shop is staffed by-student-for-students. We rent camping and other outdoor gear plus you can borrow yard games for free to play on campus.



## OPOnline

Web content, podcasts and mixed media content delivered via the Web including content on the Campus Recreation website at <https://www.msudenver.edu/recreation/outdoor-pursuits/> and on YouTube at <https://www.youtube.com/c/MSUDenverRec>



*Reimagine Possible*

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## Summer 2023

### June 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Basics of Anchor Building</i>	Saturday, 6/17 8:00a – 3:00p	OP Shop PE 002	\$15	S1
<i>RMNP Backpacking Trip</i>	6/23-6/25	OP Shop PE 002	\$20	S2

### July 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Rock Series I</i>	Saturday, 7/8 8:00a - 3:00p	OP Shop PE 002	\$15	S3
<i>Front Range Hike</i>	Sunday, 7/9 9:00a – 3:00p	OP Shop PE 002	\$15	S4
<i>Rock Series II</i>	Saturday, 7/15 8:00a - 3:00p	OP Shop PE 002	\$15	S5
<i>Rock Series III</i>	Saturday, 7/22 8:00a - 3:00p	OP Shop PE 002	\$15	S6
<i>Front Range Hike</i>	Sunday, 7/23 9:00a – 3:00p	OP Shop PE 002	\$15	S7

### August 2023

<b>Event</b>	<b>Date</b>	<b>Meet up</b>	<b>Cost</b>	<b>Outing</b>
<i>Foothills Hike</i>	Saturday, 8/5 9:00a – 3:00p	OP Shop PE 002	\$15	S8
<i>Basics of Rappelling</i>	Sunday, 8/6 8:00a-3:00p	OP Shop PE 002	\$15	S9
<i>Front Range Hike</i>	Sunday, 8/13 9:00a-3:00p	OP Shop PE 002	\$15	S10
<i>Back to School Hike</i>	Sunday, 8/20 9:00a-3:00p	OP Shop PE 002	\$15	S11



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