



MSUSM
DENVER

COLLEGE OF HEALTH AND HUMAN SCIENCES

Integrative Health Care Major, B.S.

Minor OR Concentration required

Fall 2023 Catalog Year

First Year		
Fall: 16 Credits	Written Communication (3)	
	ITP 1500 (3) Dynamics of Health (Social and Behavioral Science)	
	BIO 1080 (3) General Biology I AND* BIO 1090 (1) General Biology Laboratory I* (Natural and Physical Sciences)	
	Oral Communication (3)	
	ITP 1000 (3) Health Career Foundations	
Spring: 15-16 Credits	Written Communication (3)	
	Historical (3)	
	ITP 3800 (3) Stress & Sleep (3)	
	Quantitative Literacy (3-4) MTH 1210 recommended**	
	Natural & Physical Sciences (3)	

Third Year		
Fall: 15 Credits	Arts and Humanities (3)	
	ITP 3200 (3) Ethics in Health Care	
	ITP pathway elective or minor (3)*	
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	Health Professions elective (3)- ITP, HCM, HCPS, or PUB prefix	
Spring: 15 Credits	HCM 3500 (3) Health Care Research Methods or HCM 3150 (3) Healthcare Management (recommended)	
	ITP 3700 Physiology of Aging (3) or ITP 4000 Pediatric Holistic Health (3) or ITP 4100 Women's Holistic Health (3)	
	ITP 3450 Dynamics of Disease (3) or ITP 4600 Pathophysiology (4)**	
	ITP pathway elective or Minor (3)*	
	ITP pathway elective or Minor (3)*	

Second Year		
Fall: 15 Credits	ITP 2500 (3) Complementary and Alternative Medical Therapies	
	ITP 3850 (3) Lifestyle Medicine (Social and Behavioral Science)	
	ITP 2700 (3) Holistic Dimensions of Wellness	
	ITP 3000 (3) Men's Health	
	ITP Prefix Course Elective (3)	
Spring: 15 Credits	Arts and Humanities (3)	
	General Elective (3)	
	ITP Prefix Course Elective (3)	
	ITP Prefix Course Elective (3)	
	General Elective (3) or Minor (3)	

Fourth Year		
Fall: 15 Credits	Senior experience course (3)*	
	ITP 4800 Lifestyle Med Gender and Lifespan or ITP Course Elective (3)	
	ITP Prefix Course Elective (3) or General Elective (3)*	
	General Elective (3) or Minor (3)	
	General Elective (3)	
Spring: 15 Credits	Health Professions elective (3)- ITP, HCM, HCPS, or PUB prefix	
	Any Upper Division Elective (3)	
	Any Upper Division Elective (3)	
	Any Upper Division Elective (3)	
	Any Upper Division Elective (1-3)	

*See your academic advisor or faculty advisor to discuss specific course, **Requires prerequisites