

## Trauma Responsive Practices in the Classroom

### Welcome

The WEEAC Virtual College is an online learning format designed for educators to participate in workshops that increase awareness in equity related topics. These courses will be self-paced and free of charge to all participants. The content aligns with the mission of the Equity Assistance Center grant funded by the United States Department of Education.

*\*All areas highlighted in Gray are video and document links that can be activated by clicking on the active link. The videos work best in the Google Chrome Browser. If your computer is set to open in a different browser you might have to copy and paste the URL address into Chrome to view open the link.*

### General Course Overview

This course developed by Dr. Da'Mond Holt, and Equity Consultant with the Western Educational Equity Assistance Center. This course will cover the impact trauma has on education. This content includes the impact of trauma on brain development and the long-term effects it has on children behaviorally and academically. The course consists of four learning modules and each has short assessment at the end. We hope the course will enhance the participants understanding of the impact trauma has on the education process. Once you have completed the entire course, you will receive an electronic certificate from the Metropolitan State University of Denver, as part of the Innovative and Lifelong Learning program.

This course will discuss the following topics:

- Module 1: Trauma Informed Care
- Module 2: Brain Development
- Module 3: Impact of Trauma on the Brain
- Module 4: Post Traumatic Stress Disorder

### Western Educational Equity Assistance Center (WEEAC)

This content was prepared by Dr. Da'Mond Holt, Equity Consultant with the Western Educational Equity Assistance Center. Watch the introduction video below to get to know Dr. Holt.

### Introduction Videos

Dr. Da'Mond Holt is an Equity Consultant with the Western Educational Equity Assistance Center. He works out of Tucson Arizona, and he began his work with the WEEAC in the spring of 2018. In addition to his role with the WEEAC Team, Dr. Holt is known as an expert in the Arizona Region in Bullying Investigations, Intervention, Prevention, Conflict Resolution, Culturally Responsive Pedagogy and Restorative Practices. Dr. Holt is a Certified Mental Health and Trauma Crisis Specialist through the American School Counselor's Association. His work and research are focused on how Chronic Stress, Complex Trauma, PTSD, and Long-Term Grief can have neurological affects and can impair brain development on infants, toddlers and teens.

[Dr. Da'Mond Holt – Click for introduction video](#)

### Contact Information

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## Communication Policy

If you have any questions, feel free to reach out via email or phone.

## Module 1: Trauma-Informed Care

### Learning Objectives

By the end of this module, participants will be able to define Trauma-Informed Care and its impact on education.

[Trauma-Informed Care – Click to activate](#)

### Next Steps

When ready, continue to the next section.

## Module 1: Trauma-Informed Care Post-Assessment

Now that you have completed the content for this module, it's time to practice what you have learned! Click on the link below to begin.

[Post Module Assessment - Click to activate](#)

### Next Steps

When ready, continue to module 2.

## Module 2: Brain Development

### Learning Objectives

By the end of this module, participants will develop an understanding of brain development during the different stages of childhood.

[Brain Development – Click to activate](#)

### Next Steps

When ready, continue to the next section.

## Module 2: Brain Development Post-Assessment

Now that you have completed the content for this module, it's time to practice what you have learned! Click on the link below to begin.

[Post Module Assessment - Click to activate](#)

### Next Steps

When ready, continue to module 3.

## Module 3: Trauma and the Brain

### Learning Objectives

By the end of this module, participants will develop an understanding of the impact traumatic experiences have on brain development.

[Trauma and the Brain – Click to activate](#)

### Next Steps

When ready, continue to the next section.

## Module 3: Trauma and the Brain Post-Assessment

Now that you have completed the content for this module, it's time to practice what you have learned! Click on the link below to begin.

[Post Module Assessment - Click to activate](#)

### Next Steps

When ready, continue to module 4.

## Module 4: Post-Traumatic Stress Disorder

### Learning Objectives

By the end of the module, participants will develop an understanding of Post-Traumatic Stress Disorder and its connection to educational challenges.

[Post-Traumatic Stress Disorder – Click to activate](#)

### Next Steps

When ready, continue to the next section.

## Module 4: Post-Traumatic Stress Disorder Post-Assessment

Now that you have completed the content for this module, it's time to practice what you have learned! Click on the link below to begin.

[Post Module Assessment - Click to activate](#)

### Next Steps

When ready, continue to the next item.

## Trauma Informed Resources

Now that you have completed all modules in this course, please take a few minutes to familiarize yourself with the resources below.

## National Child Traumatic Stress Network

- <https://www.nctsn.org/what-is-child-trauma/trauma-types/early-childhood-trauma>

## Psychology Today

- <https://www.psychologytoday.com/us/basics/adverse-childhood-experiences>

## International Society for Traumatic Stress Studies

- <https://istss.org/public-resources/what-is-traumatic-stress.aspx>

## American Psychological Association

- <https://www.apa.org/topics/traumatic-stress>

## Your Experiences Matter

- <https://yourexperiencesmatter.com/learning/trauma-stress/types-of-trauma/>

## PsychGuides.com

- <https://www.psychguides.com/trauma/>

## Mayo Clinic

- <https://www.mayoclinic.org/diseases-conditions/post-traumatic-stress-disorder/symptoms-causes/syc-20355967>

## Center of Disease Control and Prevention

- <https://www.cdc.gov/childrensmentalhealth/ptsd.html>

## Child Trends

- <https://www.childtrends.org/publications/how-to-implement-trauma-informed-care-to-build-resilience-to-childhood-trauma>

## Next Steps

When ready, continue to the next item.

## Course Completion

### Professional Development Units

The suggested amount of Professional Development Units for this course is 2 contact hours. MSU Denver will issue a certificate of completion and it is at the discretion of state licensing agencies, school districts, or local educational agency to recognize completion for professional development credits.

### [Certificate Requirements - Click to activate](#)

Please fill out the following registration form in order to receive a completion certificate

### [Feedback survey - Click to activate](#)

Please fill out the following exit survey to provide feedback on this course.