



Dietitian Dream Jobs

75+ EXCITING CAREERS FOR REGISTERED DIETITIANS



Welcome!



My name is Jenny Westerkamp. I started All Access Dietetics in 2008 after matching to the Massachusetts General Hospital Dietetic Internship. Since then, I have been on a mission to help future dietitians begin their careers with confidence. Over 38,000 people have used our resources to date! I'm honored that this e-book sparked your interest and look forward to supporting you on your dietetics journey.

There are countless career opportunities in dietetics. This resource only includes 75 of them! Use these 75 career paths to help you start the brainstorm and imagine your future.

As of November 2021, the Commission on Dietetic Registration reports that there are over 108,000 registered dietitians in the United States. I'm confident that this profession will continue to grow and make a big impact on future generations.

My team and I are here to give you the support you need to land a dietetic internship and pass the RD exam so that you can start your dietitian dream job! Explore our website to see our support options and free resources.

Thanks for being here!
Jenny :)

P.S. A fun fact about me: In addition to running Access Dietetics, I have another dream job as the Team Nutritionist for the Chicago Bulls!

All Access Dietetics is the place for future dietitians! Learn more at allaccessdietetics.com



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About

- Lead and manage associated personnel, programs, services; develop standards and monitor the RDN's performance for safety and efficacy and evidence-based practice; establish a framework to collect and publish clinical nutrition outcomes;

Audience They Serve

- Supervises the dietitians and line staff who coordinate patient trays for meal service. They also handle quality assurance checks for food safety and patient satisfaction

Work Setting

- Hospitals
- Nursing Homes
- Healthcare Facilities

Additional Information

- CHES: Certified Health Education Specialist
- Average Salary: \$73,000



Clinical Dietitian

About

- Provide individualized nutrition therapy to improve or maintain the health of the patients they serve; they also collaborate with the interdisciplinary medical team to provide patient care;

Audience They Serve

- Patients that need medical nutrition therapy to help prevent or manage a disease with nutrition

Work Setting

- Hospitals
- Short-Term Rehabilitation Facilities
- Private Practice
- Long-Term Care Facilities

Additional Information

- Average Salary: \$64,000



Director of Food and Nutrition Services

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About

- Responsible for the daily operation of restaurants or other establishments that prepare and serve food and beverages; they direct staff to ensure that patients are satisfied with their dining experience; they manage a budget for the food service portion of the facility;

Audience They Serve

- Patients
- Employees in the kitchen

Work Setting

- Hospitals
- Short-Term Rehabilitation Facilities
- Healthcare Facilities
- Long-Term Care Facilities

Additional Information

- Average Salary: \$85,000



Patient Services Manager

About

- Work directly with the team of staff and audience served to implement facility policies that provide an excellent experience (Such as safety and satisfaction policies); they monitor to be sure all staff comply with these procedures that might be put in place by the government and facility leadership;

Audience They Serve

- Patients
- Students
- Universities

Work Setting

- | | |
|-----------------------------|--|
| • Hospitals | • Outpatient Centers |
| • Long-Term Care Facilities | • Universities |
| | • Short-Term Rehabilitation Facilities |

Additional Information

- Average Salary: \$48,000



Foodservice Manager

About

- Oversee food production to ensure it is compliant with HACCP principles and guidelines; supervise and coordinate the activities of diverse, multi-shift workgroups in food production; work with a budget to purchase food and supplies for daily operation;

Audience They Serve

- Patients
- Employees in the kitchen

Work Setting

- Hospitals
- Nursing Homes
- Healthcare Facilities

Additional Information

- Average Salary: \$37,000



Nutrition Therapist

About

- Help individuals alleviate health concerns through proper diet; they assess a person's nutrition, lifestyle, and knowledge to help the client make more informed nutrition choices;

Audience They Serve

- 1:1 clients
- Groups of individuals

Work Setting

- An office with a team of nutritional and wellness staff members. Sometimes nutritional therapists may work in counseling offices, doctor's offices, and hospitals

Additional Information

- Average Salary: \$60,000



Medical Nutrition Therapist

About

- Assess the patient's current medical status, suggest tailored nutrition interventions, and provide education; develop medical nutrition therapy treatment plans that may provide nutritional support throughout specific disease processes;

Audience They Serve

- Patients

Work Setting

- Nursing Homes
- Hospitals
- Private Practice

Additional Information

- Average Salary: \$50,000

About

- Take a holistic approach to health by incorporating food, sleep, stress, fitness, and toxic environmental factors in an effort to reduce the risk of chronic disease;

Audience They Serve

- Clients that come to them wanting to get to the root cause of their issues and heal themselves through nutrition and lifestyle changes

Work Setting

- Private Practice
- Hospital
- Professor
- Researcher

Additional Information

- The Institute for Functional Medicine (IFM) is a global leader in Functional Medicine
- Average Salary: \$103,000



Fertility Dietitian

About

- Help individuals optimize their diet for fertility; may focus on weight management, insulin resistance, balancing hormones, supporting egg health, and/or regulating menstrual cycles;

Audience They Serve

- Individuals interested in family planning

Work Setting

- Private practice
- Healthcare companies
- OBGYN offices

Additional Information

- Average Salary: Varies depending upon place of work



Certified Diabetes Care and Education Specialist

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About

- Specializes in educating, supporting, and promoting self-management of diabetes; help people living with diabetes or pre-diabetes create individualized nutrition goals for optimized care and quality of life;

Audience They Serve

- Patients with diabetes, pre-diabetes, or at risk of diabetes

Work Setting

- Hospitals
- Doctor offices
- Clinics
- Home health
- Public health facilities
- Wellness programs

Additional Information

- CDCES certification: A minimum of 1,000 hours spent in diabetes care and passing the CDCES exam
- Average Salary: \$80,000



Nutrition Consultant

About

- Help clients develop eating plans that promote a healthy metabolism, immune response, and overall health; they consider individual differences and tailor the nutrition protocol to the clients' needs;

Audience They Serve

- Clients that come in wanting help with the education of food and how it affects their bodies
- 1:1 Clients

Work Setting

- Private practices
- Gyms
- Universities

Additional Information

- Can become a personal trainer at a gym: NASM certification
- Average Salary: \$51,000



Wellness Coordinator

About

- Plan and facilitate health and fitness activities and programs for employees; implement classes, speakers, seminars, personal training, and fitness assessments that promote healthy lifestyles;

Audience They Serve

- Students
- Athletes
- 1:1 Clients

Work Setting

- Universities
- Gyms
- Wellness Facilities

Additional Information

- Average Salary: \$45,000



Professional Speaker

About

- Deliver informational talks/presentations for an audience based on the audience's desired topic; professional speakers give their best opinion/insight into what they are talking about and get compensated for it;

Audience They Serve

- Audience
- Clients

Work Setting

- Large Companies
- Private Practices
- Wellness Facilities

Additional Information

- No certification required but must be reputable/have experience in your field
- Average Salary: \$42,000



Marketing Director

About

- Oversee companies promotion and advertising efforts to drive sales and build brand awareness; develop an overall marketing plan, approves campaigns, and measure the return on investments of various advertising methods;

Audience They Serve

- Brands to gain clients
- Other Employees

Work Setting

- Office
- Home
- Almost every company needs a marketing employee

Additional Information

- No certification required but must be reputable/have experience in your field
- Average Salary: \$66,000



Website Developer

About

- Design and build websites; they are responsible for the appearance of the site and technical aspects, such as site speed and how much traffic the site can handle; web developers may also create site content that requires technical features;

Audience They Serve

- Any company that needs their website designed

Work Setting

- Private Practice
- Work from home for a website designer company

Additional Information

- Average Salary: \$75,000



Private Practice Dietitian

About

- Conduct individualized nutritional assessments based on laboratory tests, data, and analysis of dietary habits; instruct clients in proper meal preparations and diet therapies; educate clients about the long term health benefits of balanced diets and exercise programs;

Audience They Serve

- Patients

Work Setting

- Office
- Home

Additional Information

- No certification required
- Average Salary: \$106,000



Health Coach

About

- Work with clients to help them achieve health-related goals and make changes in their lives by providing guidance and accountability; work with clients to improve relationships, start new careers, and meet their fitness and wellness goals;

Audience They Serve

- 1:1 clients
- Group Coaching

Work Setting

- Hospitals
- Fitness Centers
- Public Health Organizations
- Nursing Homes
- Nonprofit Organizations
- Private Practice

Additional Information

- Average Salary: \$47,000



Communications Specialist

About

- Handle public relations, information output, press releases and media requests, social media or advertising efforts;

Audience They Serve

- Press/media
- Employees

Work Setting

- Nonprofit, governmental, and for-profit organizations

Additional Information

- Average Salary: \$57,000



Nutrition Writer

About

- Nutrition writers specialize in writing reviews and critical essays on specific foods, restaurants, bars, and other food-related establishments; visit restaurants and bars to try out new dishes or specific foods to write about;

Audience They Serve

- Write for various publications but specialize in writing about food

Work Setting

- Many nutrition writers work for magazines, websites or publications.

Additional Information

- Average Salary: \$41,000



Freelance Writer

About

- Create written content focusing on health and food for magazines, companies, or private practices blog;

Audience They Serve

- Readers
- Companies that ask them to write pieces of an article

Work Setting

- Print or digital magazines, websites or blogs, or they may produce informational pamphlets and documents for health care organizations or schools

Additional Information

- Average Salary: \$63,000



Social Media Influencer

About

- Inform their followers of new products, new developments, and even breaking the news; unlike advertisements that are designed to inform, the information that comes from individual influencers is organic and trusted;

Audience They Serve

- Tiktok, Instagram, YouTube, Facebook user

Work Setting

- At home
- Office

Additional Information

- Average Salary: Salary varies largely on amount of followers and if you have sponsors



Nutrition App Creator

About

- Coding, designing, application management, troubleshooting, monitoring updates, and possible security threats, and providing end-user support; handle project management tasks on the journey to building a new application;

Audience They Serve

- Audience that downloads the app

Work Setting

- Home office
- Office with other employees

Additional Information

- Average Salary: \$101,000



Health Education Specialist

About

- Assess the health needs of people and communities; develop and manage health education programs that help individuals, families, and communities maintain healthy lifestyles; test the effectiveness of programs and educational materials;

Audience They Serve

- Individuals, families, and communities
- Public and private organizations

Work Setting

- Hospitals and clinics, government, insurance companies, community organizations, non-profits, schools, and universities

Additional Information

- CHES: Certified Health Education Specialist
- Average Salary: \$75,000



Personal Chef

About

- Meal plans, shops for ingredients, cooks, and cleans up after the meals; they have to take into consideration their clients' preferences when customizing a meal plan;

Audience They Serve

- Employed on a full-time basis for one client in their private residence - be it a home, hotel, or yacht

Work Setting

- House
- Hotel
- Restaurants

Additional Information

- Culinary School to become a chef
- Average Salary: \$70,000



Recipe Developer

About

- Write the content of the recipes, including details about the cooking processes and ingredients; test recipes before the food goes into production or before the release of a cookbook or recipe article; you may also help other food scientists, chefs, and writers to develop and create new recipes for commercial purposes;

Audience They Serve

- Companies that want a menu change
- Customers trying their recipes

Work Setting

- Commercial Kitchen
- Restaurant
- Nursing Homes
- Hospitals

Additional Information

- Average Salary: \$55,000



Culinary Nutritionist

About

- Create meal plans to help clients meet their nutritional needs or manage health issues; educate clients about the benefits of a healthy diet;

Audience They Serve

- Work with patients at facilities
- Work with the kitchen staff if at a restaurant

Work Setting

- Private practices
- Hospitals
- Schools
- Nursing homes

Additional Information

- Specializations include: becoming a chef
- Average Salary: \$52,000



Food Stylist

About

- Prepares food for photographs or television; they will often work closely with chefs, editors, and photographers; food stylists usually prepare dishes and use styling techniques so food looks great and lasts for the length of the photoshoot;

Audience They Serve

- Chefs, editors, and photographers

Work Setting

- Food companies and manufacturers
- Restaurant chains as well as meat and produce advocacy organizations

Additional Information

- Average Salary: \$52,000



Food Safety Specialist

About

- Also referred to as food inspectors, food science technicians, or food safety managers; who helps protect the public from foodborne illnesses by monitoring food safety and quality;

Audience They Serve

- All customers where food is served

Work Setting

- Airlines
- Hospitals, and other government organizations

Additional Information

- Average Salary: \$59,000



Food Allergy Specialist

About

- Assist patients who have been diagnosed with food allergies by creating strategies for avoidance of food allergens while focusing on the nutritional adequacy of their overall diet;

Audience They Serve

- Patients with allergies or food sensitivities

Work Setting

- Doctor's offices
- Private practice

Additional Information

- Average Salary: \$54,000



Retail Dietitian

About

- Suggest food options and provide dietary information to customers in grocery stores; at organic food stores, you may help customers plan healthy, minimally-processed meals; they also provide advice to people based on their nutritional needs;

Audience They Serve

- Work with grocery store customers
- Work with the other employees

Work Setting

- Grocery Stores
- Foodservice Companies

Additional Information

- Average Salary: \$50,000



Health Magazine Editor

About

- Work for print and online health-related consumer publications and general interest magazines that cover health subjects; develop story calendars; assign articles to writers; edit articles; and perform other standard editorial duties;

Audience They Serve

- Readers of the magazine

Work Setting

- Freelance Writer
- Magazine Companies

Additional Information

- Average Salary: \$52,000



Dietetic Internship Director

About

- Responsible for overseeing the development and implementation of a dietetics supervised practice program; managing and coordinating the program; assigning interns to rotation sites and departments; and managing site preceptors;

Audience They Serve

- Dietetic Interns

Work Setting

- Universities
- Distance-based dietetic internship programs

Additional Information

- Average Salary: \$49,000



Professor

About

- Responsible for preparing course materials and teaching classes to graduate and undergraduate students;

Audience They Serve

- Students
- Universities

Work Setting

- Spends time in classroom settings conducting lectures or in an office setting meeting with students, colleagues and preparing materials

Additional Information

- Master's degree or PHD required
- Average Salary: \$56,000



Community Dietitian

About

- Develop programs and counsel the public on topics related to food, health, and nutrition;

Audience They Serve

- Work with specific groups of people, such as adolescents or the elderly

Work Setting

- Public health clinics, fitness centers, corporate wellness programs, or home health agencies

Additional Information

- Average Salary: \$57,000



WIC Nutritionist

About

- Nutrition Program for Women, Infants, and Children (WIC) is a federally-funded program designed to provide supplemental food assistance and nutrition education to low-income pregnant, postpartum, and breastfeeding women, infants, and children until age five;

Audience They Serve

- WIC clients (Mother's and their babies)

Work Setting

- WIC

Additional Information

- Average Salary: \$53,000



School Dietitian

About

- Plan food budgets and provide nutritional support to students in a primary, secondary, or post-secondary school; develop menus; test recipes; analyze nutrients and educate;

Audience They Serve

- Students
- Kitchen Staff

Work Setting

- Schools

Additional Information

- Average Salary: \$43,000



College Campus Dietitian

About

- Provide overall nutrition care to students; develop and implement nutrition programs, promotions, events, and educational materials for individual and student groups regarding nutrition, meal planning, and wellness;

Audience They Serve

- Students
- Athletes

Work Setting

- Universities

Additional Information

- Average Salary: \$50,000



Sports Dietitian

About

- Maximize performance through nutrition by providing practical strategies, guidelines, and policies; support athletes and staff regarding the strategic timing of food and fluids;

Audience They Serve

- Students
- Athletes

Work Setting

- College Teams
- Professional Teams
- Military
- Private Practice

Additional Information

- Certified Specialist in Sports Dietetics- documentation of 2,000 hours of sports dietetics practice experience within the past five years



Sports Supplement Researcher

About

- Observe and monitor athletes to design performance-improving exercise and training programs; they also develop treatment programs to help injured athletes recover and return to competition;

Audience They Serve

- Supplement company they are working for
- Athletes

Work Setting

- Supplement companies

Additional Information

- Average Salary: \$54,000



Exercise Physiologist

About

- Analyze a patient's medical history to determine the best possible exercise and fitness regimen; develop fitness and exercise programs that help patients recover from chronic diseases and improve cardiovascular function, body composition, and flexibility;

Audience They Serve

- Work closely with primary care physicians who refer them patients, and then they develop individualized treatment plans

Work Setting

- State, local, and private hospitals
- Physical therapy offices
- Fitness centers and clinics

Additional Information

- Average Salary: \$46,000



Eating Disorder Dietitian

About

- Work with patients struggling with eating disorders, as there are often additional co-occurring mental illnesses or substance abuse issues as well;

Audience They Serve

- Patients with eating disorders

Work Setting

- Hospital
- Private Practice
- Outpatient Centers

Additional Information

- Certified Eating Disorders Specialist (CEDS)
- Average Salary: \$86,000



Oncology Dietitian

About

- Work directly with cancer patients, in addition to corroborating with physicians and medical teams; patients who are diagnosed with cancer may actively seek out treatment through their nutritional habits;

Audience They Serve

- Oncology patients

Work Setting

- Hospitals
- Long term care facilities
- Private Practice

Additional Information

- Average Salary: \$111,000



Weight Management Dietitian

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About

- Educate and empower patients/clients to understand and manage their weight and risks associated with being overweight or obese through nutritional, physical, psychological, behavioral, medical, or surgical interventions;

Audience They Serve

- Patients that need help managing their weight

Work Setting

- Hospitals
- Long term care facilities
- Private Practice

Additional Information

- CSOWM: Need 2,000 hours in this field and must pass the board certification exam
- Average Salary: \$59,000



Gerontology Dietitian

About

- Design, implement, and manage safe nutrition strategies to promote the quality of life and health for older adults;

Audience They Serve

- Geriatric population

Work Setting

- Hospitals
- Long term care facilities
- Private Practice

Additional Information

- CSG: Need 2,000 hours in this field and have to pass the board certification exam
- Average Salary: \$60,000



Pediatric Dietitian

About

- Specialize in the dietary needs of growing infants and children; plan nutrition programs and advise patients and their families on how to develop healthy eating habits to prevent and treat potential health concerns such as diabetes or obesity;

Audience They Serve

- Infants, children, and adolescents

Work Setting

- Hospitals
- Long term care facilities
- Private Practice

Additional Information

- CSP: Need 2,000 hours in this field and have to pass the board certification exam
- Average Salary: \$71,000



Renal Dietitian

About

- Perform clinical assessment of patients, designs nutrition protocols and quality improvement initiatives with the medical team; develop meal plans for dialysis patients; develops enteral and parenteral regimens, establishes nutritional guidelines for patients and families;

Audience They Serve

- Renal patients

Work Setting

- Hospitals
- Long term care facilities
- Private Practice

Additional Information

- RPG: Need 2,000 hours in this field and have to pass the board certification exam
- Average Salary: \$67,000



Certified Lactation Consultant

About

- Responsible for providing safe, family-centered patient care by assessing, planning, implementing, and evaluating lactation plans for the breastfeeding/chest-feeding dyad and for the pumping parent; all elements are expected to be fully collaborative with the patient, patient's family, and significant others;

Audience They Serve

- Pregnant or postpartum mothers and their babies

Work Setting

- Hospitals
- Long term care facilities
- Private Practice

Additional Information

- CLC: Complete 90 hours of didactic learning in lactation, complete clinical experience , pass the exam certification
- Average Salary: \$67,000



Cardiac Rehab Dietitian

About

- Use current nutrition guidelines for cardiac rehabilitation to provide rehab nutrition counseling for individual patients as well as group class settings; assist in providing nutritional care in the Clinical Nutrition Services Department;

Audience They Serve

- Patients that are in cardiac rehabilitation centers

Work Setting

- Hospitals
- Outpatient centers
- Long term care facilities

Additional Information

- Average Salary: \$60,000



Transplant Dietitian

About

- Monitor patients for general health issues and comorbidities such as diabetes mellitus and weight loss/gain in order to provide medical nutrition therapy; education for long-term health includes preventing excessive weight gain, hyperlipidemia, hypertension, and blood sugar management as well;

Audience They Serve

- Patients that have had transplants

Work Setting

- Hospitals
- Outpatient centers

Additional Information

- Average Salary: \$48,000



Nutrition Support Clinician

About

- Assess nutritional needs, diet restrictions, and current health plans to develop and implement dietary care plans and provide nutritional counseling; advise patients and their families on nutrition principles, diet planning, diet modifications, and food selection/preparation;

Audience They Serve

- Patients

Work Setting

- Public health, social service, community welfare, and government agencies

Additional Information

- CNSC: need 2,000 hours in this field and have to pass the Board Certification exam
- Average Salary: \$51,000



Restaurant Consultant

About

- Provide advice to restaurants having trouble with aspects of their business; they assess restaurant situations, devise plans, organize trainings, check restaurant records, and help staff to carry out the improvement plan;

Audience They Serve

- Restaurant owners
- Restaurant managers

Work Setting

- Restaurants

Additional Information

- Average Salary: \$78,000



Bariatric Surgery Coordinator

About

- Pre and post-surgery, which might include one-on-one interactions or information sessions for groups of prospective patients; responsibilities may extend to educating other nurses/staff and coordinating with physicians to help patients with treatment plans;

Audience They Serve

- Patients that come into the office
- Employees, nurses, doctors

Work Setting

- Hospital
- Private Practice
- Healthcare facility

Additional Information

- Average Salary: \$55,000



Child Nutrition Manager

About

- Plans and supervises the operation of an assigned school cafeteria for the preparation and service of meals and other foods; follows and ensures adherence to established schools, local, state, and federal regulations and requirements including the sanitation, food production, and nutritional guidelines;

Audience They Serve

- Students
- School cafeteria employees

Work Setting

- Schools

Additional Information

- Average Salary: \$43,000



Corporate Wellness Dietitian

About

- Focus on providing diet and wellness services for employees at a company; advise employees on subjects like nutrition and food during a one-on-one session, small classes, and/or company wide programs;

Audience They Serve

- Employees of companies

Work Setting

- Companies that want your services
- Private Practice

Additional Information

- Average Salary: \$92,000



Pharmaceutical Sales Rep.

About

- Present product samples to physicians, surgeons, medical specialists, and other clinicians in order to persuade them to prescribe the drug to their patients; they travel to healthcare facilities to promote new drugs tested by their company;

Audience They Serve

- Doctors
- Nurses
- Patients

Work Setting

- Healthcare Companies
- Doctor's offices

Additional Information

- Average Salary: \$91,000



Travel Dietitian

About

- Step in for dietitians on leave all over the country; provide alternative dietary suggestions to help manage or treat specific medical conditions; must be willing to work a flexible schedule and conduct presentations, develop menus, train other medical staff members, and work with outside agencies and care facilities;

Audience They Serve

- Patients of the dietitian who they are filling in for (sometimes these positions are filled through dietitian staffing companies)

Work Setting

- Hospital
- Long-term care facility
- Healthcare facility

Additional Information

- Average Salary: \$84,000



Medical Manager for Nonprofit Organizations

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About

- Host a variety of programs related to a specific disease; oversees all medical donations and service hours; hires, trains and oversees medical volunteers; designs educational material for each program; serves on nationwide medical committees and direct research projects;

Audience They Serve

- Patients

Work Setting

- Office

Additional Information

- Average Salary: \$60,000



Dairy Nutritionist

About

- Develops feeding programs; monitors the condition of dairy cattle to ensure that production goals are met; they are directly involved with the dietary management of dairy cattle herds; the ultimate goal of a dairy nutritionist is to maximize production while maintaining overall herd health;

Audience They Serve

- Cows
- Consumers of dairy

Work Setting

- Farm
- Office

Additional Information

- Average Salary: \$67,000



Food Labeling Specialist

About

- Design and inspect all labels on product packages to ensure they comply with industry or government regulations; ensure compliance with all rules regarding warnings, proper directions, proofs of purchase, and other information;

Audience They Serve

- Consumers of food

Work Setting

- Office

Additional Information

- Average Salary: \$57,000



Agriculture & Nutrition Specialist

60

About

- Providing technical and strategic leadership at all levels from policy analysis to program design in developing strategies and approaches to better leverage farming and agriculture systems to improve nutrition outcomes

Audience They Serve

- Consumer's of products from agriculture

Work Setting

- Office

Additional Information

- Master's is required in this field
- Average Salary: Varies greatly depending on years on experience and company



Cookbook Author

About

- Develop recipes; compile these recipes in an easy step-by-step cookbook to share with readers who might need help in the kitchen;

Audience They Serve

- Beginner or advanced cook

Work Setting

- Office
- Work from home

Additional Information

- Average Salary: \$35,000-\$60,000



Health Club Dietitian

About

- Assess nutrition needs of members and create a diet plan; lead nutrition workshops in club; set-up table events to promote club supplements;

Audience They Serve

- Health club members

Work Setting

- Health club
- Gym

Additional Information

- Average Salary: \$53,000
- Some health clubs may require you to be a certified personal trainer as well



Correctional Facility Food Service Dietitian

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About

- Create menus that meet federal standards and dietary guidelines while accommodating religious and clinical dietary needs; approve medical diets and supplements for patients with diabetes, cardiovascular disease, and allergies;

Audience They Serve

- Inmates

Work Setting

- Office
- Kitchen

Additional Information

- Average Salary: \$54,000



Pet Nutrition Dietitian

About

- The dietitian's focus is on pets and other animals in need of nutritional care and diet management for their weight or diagnosis; work closely with veterinary offices for pet referrals;

Audience They Serve

- Pets
- Zoo animals

Work Setting

- Veterinary office
- Home office

Additional Information

- Recommended to have a bachelor's or master's in animal science with a focus on animal nutrition



U.S. Army Dietitian

About

- Improve soldier's readiness through diet assessment and education; dietitians play a role in improving soldiers and their families overall quality of life; develop food guidelines based on mission, environment, and available food;

Audience They Serve

- Soldiers in the U.S. Army

Work Setting

- Hospitals
- Clinics
- Aboard ships

Additional Information

- Average Salary: \$81,000
- Must be between the ages of 21-42



Nutrition Communications

About

- Translate nutrition-related research articles into consumer-ready language for print work or online work;

Audience They Serve

- Lay audience who does not have much knowledge in nutrition and science research

Work Setting

- Office

Additional Information

- Must have great communication and writing skills



Nutraceutical Formulation

About

- Nutraceutical companies partner with dietitians to develop and formulate vitamins, herbal supplements, and meal replacement drinks/powders;

Audience They Serve

- Patients
- Athletes
- Doctors

Work Setting

- Lab
- Office

Additional Information

- Must complete flavorist training program
- Effective analysis skills



Dietetics Program Director

About

- Program directors teach a wide range of undergraduate and graduate courses for a Didactic Program in Dietetics (DPD); advise students each semester to stay on track with DPD requirements; serve on committees; assist with graduate and undergraduate program development;

Audience They Serve

- Undergraduate students
- Graduate students

Work Setting

- Universities

Additional Information

- Master's degree is required
- Preferences given to candidates with PhD



Ghostwriter

About

- Dietitians work with authors to help get their words on the page about nutrition; however, the dietitian does not get credit in the published work; collaborate with many different professionals to help publish new health and nutrition books;

Audience They Serve

- Physicians
- Wellness experts
- Other dietitians

Work Setting

- Office

Additional Information

- Ghostwriters average around \$5,000 per writing project for beginners



Concierge Dietitian

About

- This model is different than the standard one-hour nutrition appointment and one-size-fits-all meal plan; in the initial appointment, clients are assessed for 3-6 hours; allowing for extensive testing and background history;

Audience They Serve

- Clients
- Patients

Work Setting

- Private office

Additional Information

- Dietitians typically partner with physicians for patient referrals



Nutrition Podcaster

About

- Nutrition podcasters help people in need of eating, cooking, and dietary advice; develop nutrition podcasts hosted by credible nutrition experts help to bust myths and give science-based recommendations;

Audience They Serve

- Podcast listeners
- Clients

Work Setting

- Home
- Office

Additional Information

- Podcasts are a great way to attract client leads by promoting your products and services



Meal Prep. Company Owner

About

- Design menu and organize food ingredients lists; prepare and compose all aspects of the meals; create marketing streams to generate new costumers;

Audience They Serve

- Busy adults

Work Setting

- Kitchen

Additional Information

- Requires partnership with several vendors or local farmers/farms for supplies



Foodie Community Manager

About

- Handle all things recruitment and engagement for the foodie community; market to large audiences at nutrition conferences, fitness festivals, and brand partnerships; create weekly content to keep the foodie community engaged;

Audience They Serve

- Food and nutrition professionals
- Fitness and health coaches
- Food influencers

Work Setting

- Work from home

Additional Information

- Being a foodie manager is for you if you are looking for a fast-paced, dynamic, and innovative environment



Restaurant Owner

About

- Supervise and direct employees; oversee all operations of the business; promote nutrient-dense and balanced meals in restaurants;

Audience They Serve

- Restaurant guests

Work Setting

- Kitchen
- Restaurant

Additional Information

- Culinary background suggested but not required



Program Consultant

About

- Monitor and evaluate compliance with federal guidelines and make recommendations;

Audience They Serve

- Government programs such as WIC

Work Setting

- Office

Additional Information

- Master's in public health preferred but not required
- Average Salary: \$52,000



Regulatory Dietitian

About

- Ensure adherence and compliance of products with FDA, USDA, and Canadian regulations; review and verify nutritional ingredients and packaging information on existing products ensuring data is correct and accurate;

Audience They Serve

- Consumers of products and goods

Work Setting

- Food distribution site

Additional Information

- Requires teamwork
- Knowledge of the dietary guidelines and food laws is essential



Acknowledgements

We hope you found these jobs to be inspiring and motivating!



Special thanks to Brooke Tackett and Samantha Maldonado, dietetic interns with All Access Dietetics who researched each unique RD job and created this e-book in Fall 2021!

These careers are just a sample of pathways that the dietetics profession offers! If there's a unique job you would like to see mentioned in this document or a future edition, please email me at jenny@allaccessdietetics.com.



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