

Outdoor Pursuits Schedule

Summer 2022

Outdoor Pursuits (OP) – Return to Adventure!

As we continue to return to a full fall semester program, we are focusing mostly on student staff development this summer. This summer will include elements of training and learning for our student staff.



Outdoor Pursuits Program (OP):

OP is part of Campus Recreation and offers a variety of trips and instructional experiences including canyoneering, hiking, rock climbing, ice climbing, avalanche forecasting, mountaineering, camping, canoeing and more.

Adventures

Adventures are instructional, hard skills focused experiences that include new skills and review in challenging outdoor settings. Examples include rock climbing, ice climbing, trail running and more.



Adventure Leadership Programs (ALP)

ALP provides student leadership development and teambuilding for your group, club, class or office. Also, learn to facilitate teambuilding and participate in fun on-campus challenges.



CityScape

Explore the urban setting and the beauty and grit of Denver including art, archeological and historical sites surrounding campus. Join students for mellow social walks in the city and on the trail.

Climbing Wall

Located in the fitness center, the climbing wall is open any time the fitness center is open and is there for all levels of climbers from beginner to expert.



Outdoor Pursuits Center (OPC) “The Shop”

Located in PE 002, the OPC provides a place to hang out and talk gear and adventure. The OPC is staffed by-students for-students. We rent camping and other outdoor gear plus you can barrow yard games for free to play on campus.



OnLine

OPOnline

Web content, podcasts and mixed media content delivered via the Web including content on the Campus Recreation website at <https://www.msudenver.edu/recreation/outdoor-pursuits/> and on YouTube at <https://www.youtube.com/c/MSUDenverRec>



METROPOLITAN
STATE UNIVERSITYSM
OF DENVER
Campus Recreation

*Included with your Campus Recreation membership

**Outdoor Pursuits Center in PE Room 002

***Inquire at OPC

Outdoor Pursuits Schedule

Summer 2022

Event	Date	Meet	Member Cost	Outing
<i>Slacklining, juggling & yard games</i>	Various days & times - TBA	TBA	Included*	
<i>Hike</i>	Friday, 6/10 9a-2p	OPC** or Trailhead***	Included*	
<i>Rock Climbing Basics of Climbing</i>	Saturday, 6/18 8a-2p	OPC** or Trailhead***	Included*	
<i>OP Staff Training field day 1</i>	Tuesday, 6/21 8:30a (dep)	OPC**	Included*	
<i>OP Staff Training field day 2</i>	Wednesday 6/22 3:00p (ret)			
<i>Climbing Wall Route Setting Meetups</i>	Thursdays, 7/7, 7/21, 7/28 11:00a-2:00p	Climbing Wall	Included*	
<i>Rappelling</i>	Saturday, 7/16 8a-2p	OPC** or Trailhead***	Included*	
<i>Hike</i>	Wednesday, 7/20 9a-2p	OPC** or Trailhead***	Included*	
<i>CityScope</i>	7/27 10a-noon	OPC**	Included*	
<i>Climbing Wall Route Setting Meetups</i>	Wednesdays, 8/3, 8/10 11:00a-2:00p	Climbing Wall	Included*	
<i>CityScope</i>	Friday, 8/5 noon-2p	OPC**	Included*	
<i>CityScope</i>	Friday, 8/12 noon-2p	OPC**	Included*	



*Included with your Campus Recreation membership
 **Outdoor Pursuits Center in PE Room 002
 ***Inquire at OPC