



Nutrition and Dietetics, B.S.

Minor (not required)

If you are interested in becoming an RDN (Registered Dietetician), please make an appointment with your advisor

Fall 2021 catalog year

First Year		
Fall: 14 Credits	Written Communication (3)	
	MTH 1110 (4) College Algebra for Calculus SEE BELOW *	
	BIO 1080 (3) General Biology I AND BIO 1090 (1) General Biology Laboratory I	
	NUT 2040 (3) Introduction to Nutrition	
Spring: 15 Credits	NUT 1800 (1) Careers in Nutrition and Dietetics	
	Written Communication (3)	
	Oral Communication (3)	
	Arts and Humanities (3) ***	
	CHE 1100 (4) Principles of Chemistry AND CHE 1150 (1) Principles of Chemistry Laboratory	
Second Year		
Fall: 16 Credits	RST 1200 (3) Basic Cooking Skills	
	PSY 1001 (3) Introductory Psychology	
	BIO 2310 (4) Human Anatomy and Physiology I	
	General elective (2)	
	MTH 1210 (4) Introduction to Statistics	
Spring: 15 Credits	NUT 3400 (3) Nutrition and Weight Management OR NUT 3200 (3) Nutrition and Sports Performance	
	CHE 2100 (4) Intro to Organic and Biological Chemistry AND CHE 2150 (1) Intro to Organic and Biological Chemistry Laboratory	
	BIO 2320 (4) Human Anatomy and Physiology II	
	Social and Behavioral Sciences (3) ***	

Third Year		
Fall: 15 Credits	HCM 3150 (3) Health Care Organization and Management	
	Historical (3) ***	
	NUT 3150 (3) Advanced Nutrition - Macronutrients **	
	NUT 3160 (3) Advanced Nutrition - Micronutrients **	
	NUT 3700 (3) Nutrition Education and Counseling	
Spring: 15 Credits	NUT 3500 (3) Food Safety	
	NUT 4200 (3) Lifecycle Nutrition for Majors	
	Arts and Humanities (3) ***	
	Advanced General elective (3)	
	General elective (3)	
Fourth Year		
Fall: 16 Credits	NUT 3300 (3) Cultural Aspects of Nutrition (MC)	
	NUT 4800 (4) Medical Nutrition Therapy	
	NUT 4720 (3) Nutrition Capstone	
	General Elective (3)	
	General Elective (3)	
Spring: 14 Credits	NUT 4210 (3) Community Nutrition	
	NUT 4300 (3) Management in Dietetics	
	General Electives (2)	
	General Elective (3)	
	General Elective (3)	

*MTH 1110 recommended because it is a pre-req for CHE 1100--please see advisor for other math options or test out options

**Requires DPD application submitted to department

***One of these courses must also be GD in order to double dip with/fulfill the Global Diversity requirement