



Integrative Health Care Major, B.S.

(minor required)

Spring 2021 catalog year

First Year		
Fall 16 Credits	Written Communication (3)	
	ITP 1500 (3) Dynamics of Health	
	BIO 1080 (3) General Biology I AND*	
	BIO 1090 (1) General Biology Laboratory I*	
	Oral Communication (3)	
	Social and Behavioral Sciences (3) MC recommended	
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Spring 14-15 Credits	Written Communication (3)	
	Historical (3) GD recommended	
	ITP 1700 (2) Medical Terminology	
	Quantitative Literacy (3-4) MTH 1210 recommended**	
	Natural & Physical Sciences (3)	

Third Year		
Fall 15 Credits	Arts and Humanities (3)	
	ITP 3200 (3) Ethics in Health Care	
	ITP 3800 (3) Stress & Sleep: Impact on Health and Disease	
	Approved Major Elective (3)	
	Minor (3)	
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Spring 14 Credits	HCM 3500 (3) Health Care Research Methods	
	ITP 4500 (1) Professionalism in Integrative Therapies	
	ITP 4600 (4) Clinical Pathophysiology	
	Approved Major Elective (3)	
	Minor (3)	

Second Year		
Fall 14-15 Credits	ITP 2500 (3) Complementary and Alternative Medical Therapies	
	ITP 1000 (3) Health Career Foundations***	
	ITP 2700 (3) Holistic Health	
	BIO 2310 (4) Human Anatomy and Physiology I	
	General Elective (1-2)	
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Spring 16 Credits	Arts and Humanities (3)	
	Social and Behavioral Sciences (3)	
	BIO 2320 (4) Human Anatomy and Physiology II	
	Approved Major Elective (3)	
	Minor (3)	

Fourth Year		
Fall 15 Credits	ITP 4900 (3) Theories & App of Knowledge for Int Health OR ITP 4990 (3-6) Internship in Integrative Therapeutic Practices	
	Approved Major Elective (3)	
	Minor (3)	
	Minor (3)	
	General Elective (3)****	
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Spring 15 Credits	ITP 4991 (3) Integrative Capstone (spring only)	
	Approved Major Elective (3)	
	Minor (3)	
	Minor/General Elective (3)	
	Minor/General Elective (3)	

* BIO 1080/1090 is a required prerequisite course as well as counting towards the Natural and Physical Sciences general studies.

**Either MTH 1210 or PSY 2310 is required for this degree. If students have taken PSY 2310 then they are not required to take MTH 1210 and can take any other approved Quantitative Literacy general studies course.

***ITP 2000 (1 credit) has been replaced by ITP 1000-Health Career Foundations (3 credits).

****If completing internship in Integrative Therapeutic Practices as 6 credit hours then 3 credit hour general elective is not needed.