



## 3+2 Nutrition and Dietetics

\*Students enrolling in 3+2 Program must confer with a department advisor as soon as possible. For more information, call the Department of Nutrition at 303-615-0990 or College of Health and Applied Sciences at 303-615-1099.

Fall – Year 1					
Courses			Hours		
August – December	NUT 1800, Careers in Nutrition and Dietetics			1	
	BIO 1080, General Biology I (GS-Natural and Physical Sciences)			3	
	BIO 1090, General Biology Laboratory I (GS-Natural and Physical Sciences)			1	
	MTH 1110, College Algebra for Calculus (GS-Quantitative Literacy)			4	
	Written Communication Requirement (GS-Written Communication)			3	
	Oral Communication Requirement (GS-Oral Communication)			3	
Spring – Year 1					
January – May	NUT 2040, Introduction to Nutrition			3	
	BIO 2310, Human Anatomy and Physiology I			4	
	MTH 1210, Introduction to Statistics (GS-Quantitative Literacy)			4	
	CHE 1100, Principles of Chemistry (GS-Natural and Physical Sciences)			4	
	CHE 1150, Principles of Chemistry Laboratory (GS-Natural and Physical Sciences)			1	
Summer – Year 1					
June – July	Arts and Humanities Requirement (GS-Arts and Humanities)				3
	Electives				4
<b>Total</b>			<b>15</b>	<b>16</b>	<b>7</b>
<b>Year 1 Total</b>			<b>38</b>		

Fall – Year 2					
Courses			Hours		
August – December	NUT 3400, Nutrition and Weight Management or NUT 3200 Nutrition and Sports Performance			3	
	PSY 1001, Introductory Psychology (GS-Social and Behavioral Science)			3	
	BIO 2320, Human Anatomy and Physiology II			4	
	Written Communication Requirement (GS-Written Communication)			3	
	Social and Behavioral Sciences Requirement (GS – Social and Behavioral Sciences)			3	
Spring – Year 2					
January – May	CHE 2100, Introduction to Organic and Biological Chemistry			4	
	CHE 2150, Introduction to Organic and Biological Chemistry Lab			1	
	Arts and Humanities Requirement (GS-Arts and Humanities)			3	
	NUT 3300, Cultural Aspects of Nutrition			3	
	RST 1200, Basic Culinary Skills			3	
Summer – Year 2					
June – July	Historical Requirement (GS-Historical)				3
	Elective				3
<b>Total</b>			<b>16</b>	<b>14</b>	<b>6</b>
<b>Year 2 Total</b>			<b>36</b>		

Fall – Year 3				
Courses			Hours	
August – December	NUT 3150, Advanced Nutrition – Macronutrients		3	
	NUT 3160, Advanced Nutrition – Micronutrients		3	
	NUT 3500, Food Safety		3	
	HCM 3150, Health Care Organization & Management		3	
	NUT 4300, Management in Dietetics		3	
Spring – Year 3				
January – May	NUT 4800, Medical Nutrition Therapy			4
	NUT 4200, Lifecycle Nutrition for Majors			3
	NUT 4720, Nutrition Capstone			3
	NUT 4210, Community Nutrition			3
	NUT 3700, Nutrition Education and Counseling			3
Summer – Year 3				
June – July	Electives			6
			<b>Total</b>	<b>15 16 6</b>
			<b>Year 3 Total</b>	<b>37</b>

Fall – Year 4 – Start of Master’s Program				
Courses			Hours	
August – October	NUT 5000, Introduction to Graduate Studies		1	
	NUT 5010, Macronutrients in Health and Disease		3	
October – December	NUT 5011, Vitamins, Minerals, and Bioactive Compounds in Health and Disease		3	
	NUT 5020 Maternal and Child Nutrition		3	
Spring – Year 4				
January – March	NUT 5030, Advanced Assessment and Intervention in Clinical Nutrition			3
	NUT 4050/5050, Global and Cultural Topics in Nutrition			3
March – May	NUT 5031, Advanced Clinical Practice Topics {prerequisite: NUT 5030}			3
	NUT 4040/5040, Nutrition Research Design and Evaluation			3
Summer – Year 4				
June – July	NUT 4060/5060, Nutrition Communication Strategies {prerequisites: NUT 5040 & 5050}			3
			<b>Total</b>	<b>10 12 3</b>
			<b>Year 4 Total</b>	<b>25</b>

Fall – Year 5				
Courses			Hours	
August – October	NUT 5070, Programmatic and Systematic Prevention Approaches I		3	
October – December	NUT 5071, Programmatic and Systematic Prevention Approaches II {prerequisite: NUT 5070}		3	
	NUT 5090, Nutrition Research Practicum I** {prerequisite: NUT 5040}		2	
Spring – Year 5				
January – March	NUT 5080, Nutrition Seminar (1) *			1
	NUT 5091, Nutrition Research Practicum II** {prerequisite: NUT 5090}			2
March – May	NUT 5080, Nutrition Seminar*			1
	NUT 5092, Nutrition Research Practicum II** {prerequisite: NUT 5091}			2
			<b>Total</b>	<b>8 6</b>
			<b>Year 5 Total</b>	<b>14</b>
<b>TOTAL: 150 CREDITS</b>				

\*course must be taken twice

\*\*courses must be taken in consecutive terms