

CVA
ART
+
ACTION
INTERNSHIP
2020

The Art + Action Summer Internship at the Center for Visual Art brings together students who are interested in creative careers from all over the Denver metro area. We make art to share with the public, meet with creative professionals from a wide range of industries, and build personal and professional skills and networks. The program is meant to provide an introduction into an art world that can appear mysterious and even impenetrable to those outside it.

I lead the program along with MSU Denver art and education students. This year Emily Hammack and Holly Sherman were my right and left hands. I couldn't have done it without them.

The end of the program usually finds us on Santa Fe Drive, sharing our work with thousands of First Friday revelers. This book is our celebration this year, and it really is an achievement. Our 2020 interns are a fantastic group – thoughtful, wise, and resilient. I commend their generosity of spirit and credit them for giving me hope during these (dare I say it) “unprecedented times”.

Our guest artist and my co-conspirator in redesigning the program for online learning, Rick Griffith chose autoethnography as our theme and it was the perfect choice. Students were encouraged to turn inward to think more deeply about who they are and evaluate what they want for the future. We began each day with six-word biographies that described this time remarkably well. We ended each day by teaching each other a coping mechanism, which ranged from screaming into a pillow to watching very satisfying ASMR cooking videos. In between, we made art, connected to local creative professionals and came together in a community of future arts leaders. I applaud our interns for bringing so much kindness and grace to the process, and look forward to all they create in the future.

Katie Taft
Education Manager
Center for Visual Art

Aaliyah

Aaliyah Parra
@wowliaa_

1. Release the need to be right

2. Didn't feel yesterday but today hurt

3 Feeling love you head in the clouds

4. Feeling down but I love it

5. In a different dimension with you

6. Siento que ando en el cielo

7. Got me thinking like ye...fuck!

8. Think so hard I'm stressed out...

9. So much you in my head

10. My evil villain laugh is sweet

11. Want a slice or the recipe?

12. Full of pain what to do

13. Like I'm out of body...woah

14. Let go of the pain lia



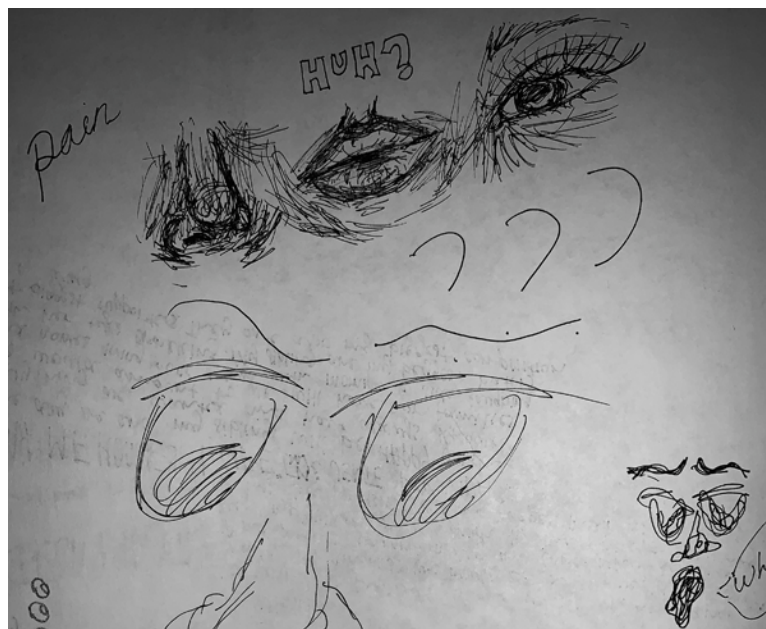
other

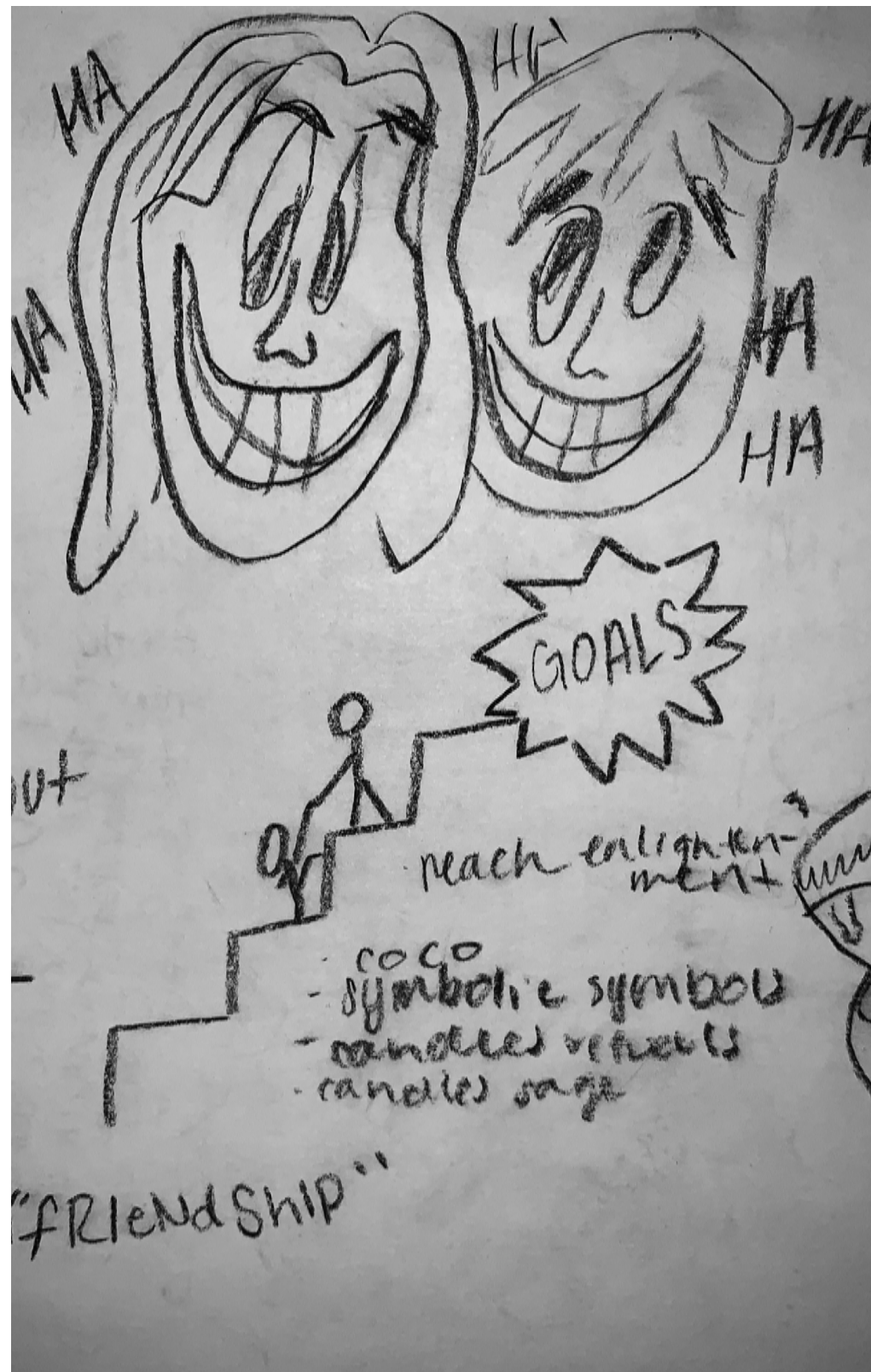
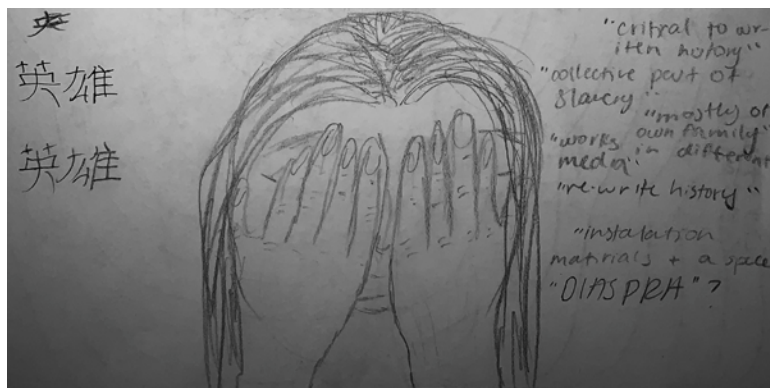
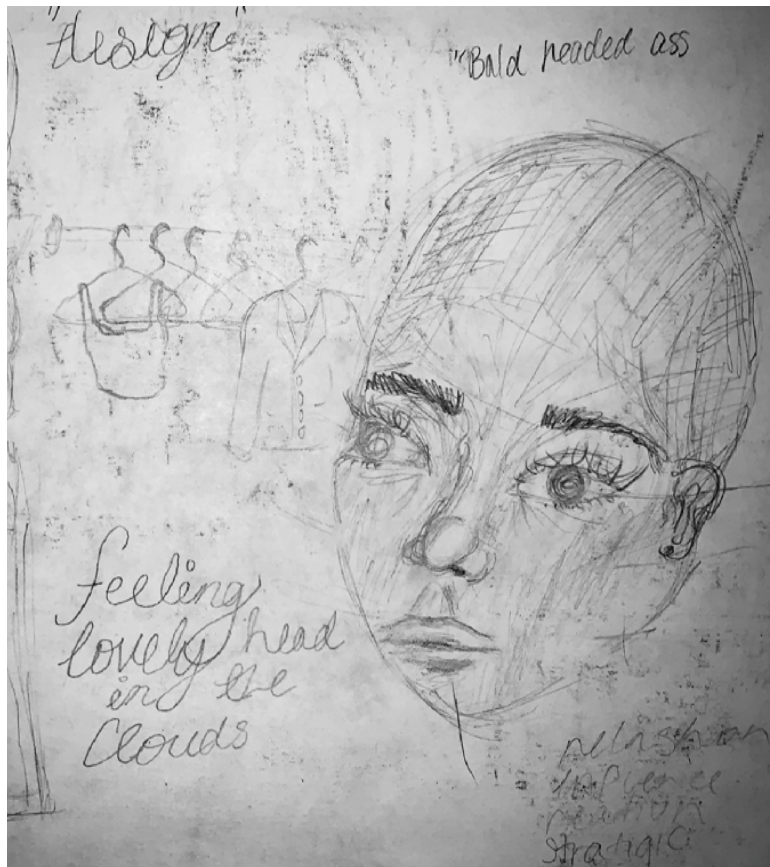
JAKKO
PAULATSVUO

dylan
lones

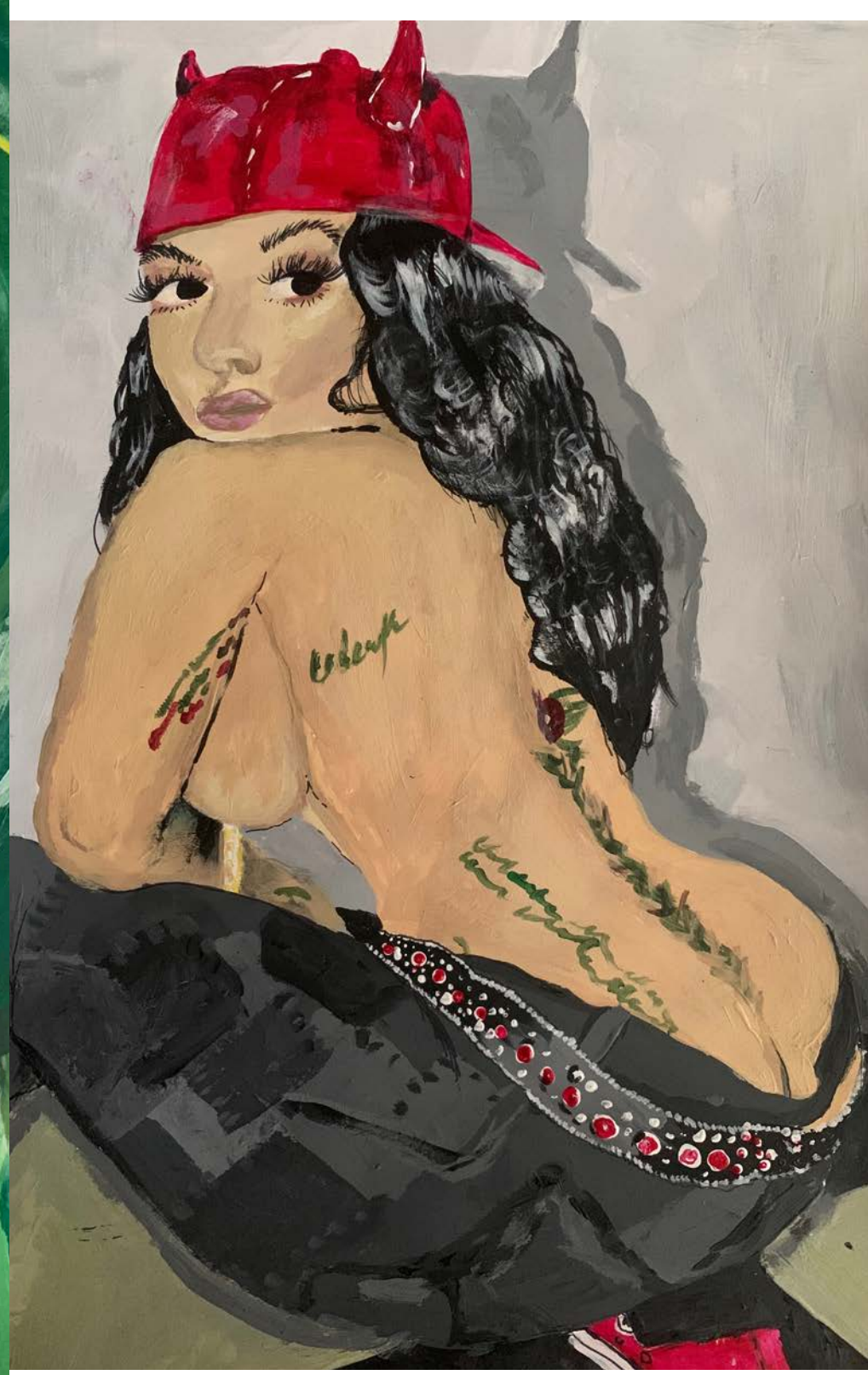
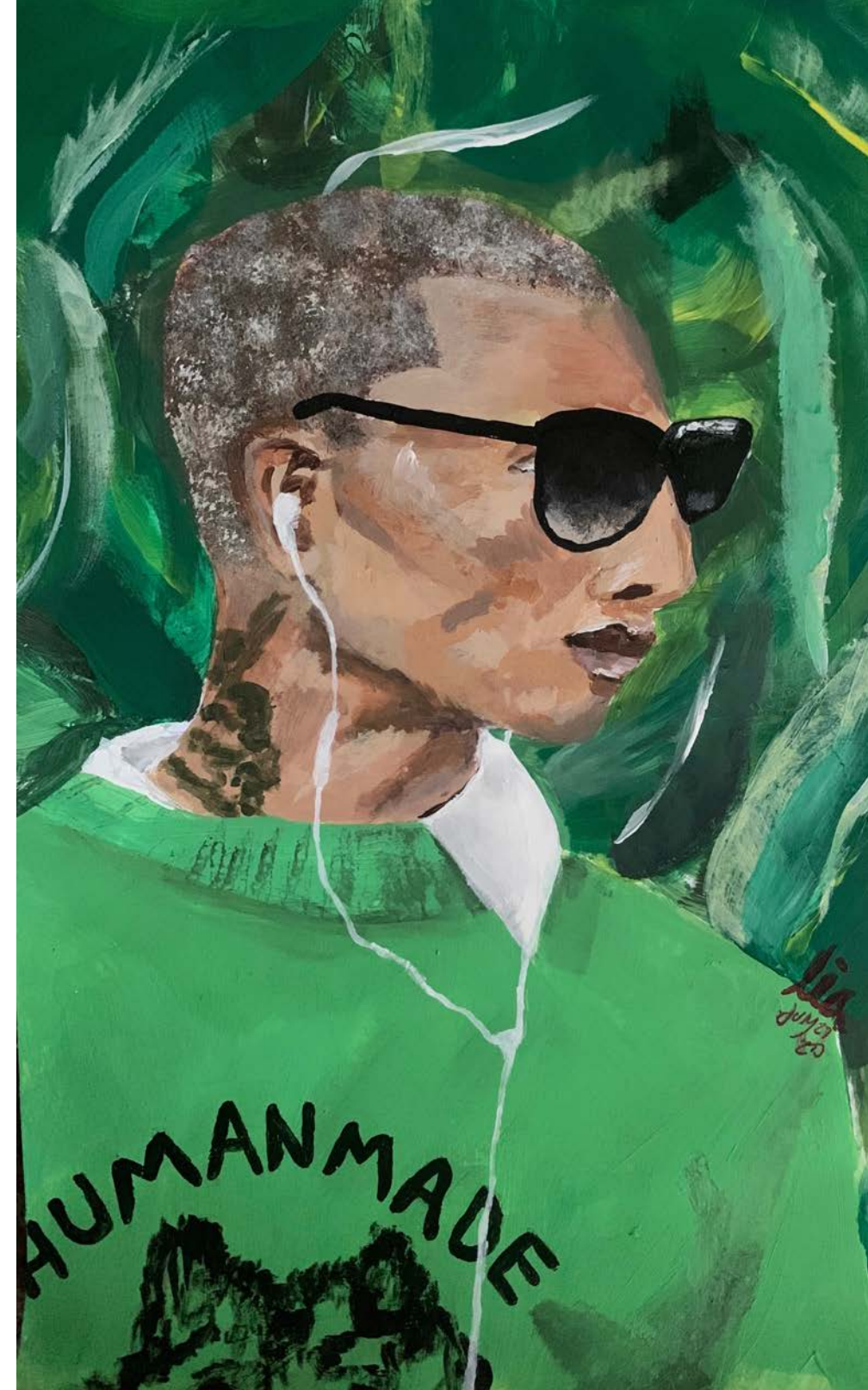
words:
didn't feel yesterday
but today hurt
↓
nao i fell off a bike
w/ my sister

NOT
comp
mang
from
what
holle
pain
x na
x acc











ABU AH

Abijah Baker
@yeetusdefetuss

1. Empty hunger, filled with lonesome happiness

2. Life is confusing not gonna lie.

3. Lonely sad thoughts of something odd.

4. This morning I clutched the gulag.

5. Am I truly hungry or bored?

6. Without art earth is just eh.

7. Artist blocks are mad garbage bruh.

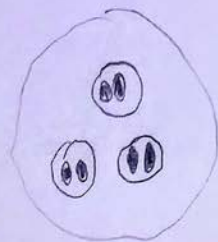
8. Secret bosses require lots of work.

9. Annoying family, not having any kids.

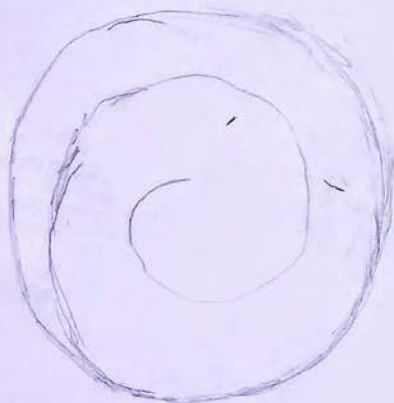
10. Portrait drawing is not for me.

11. Today's morning vibes equals great times.

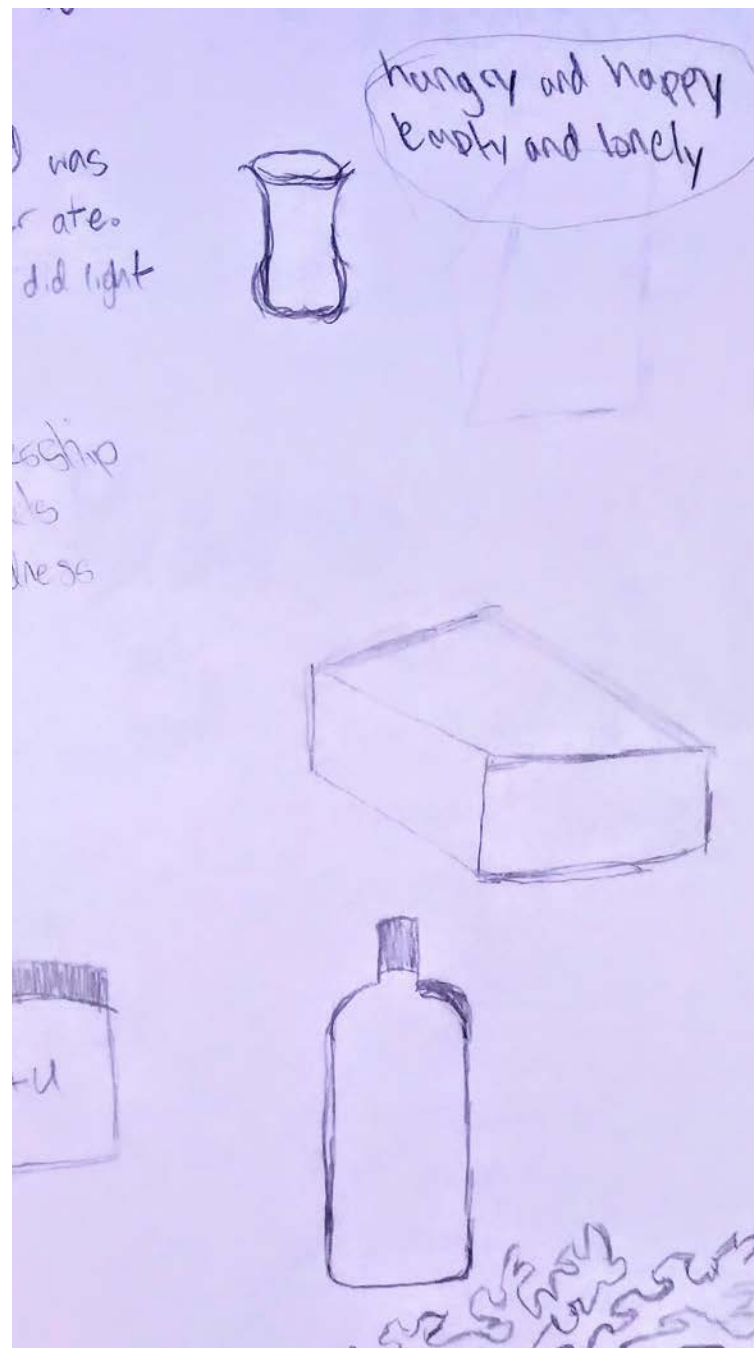
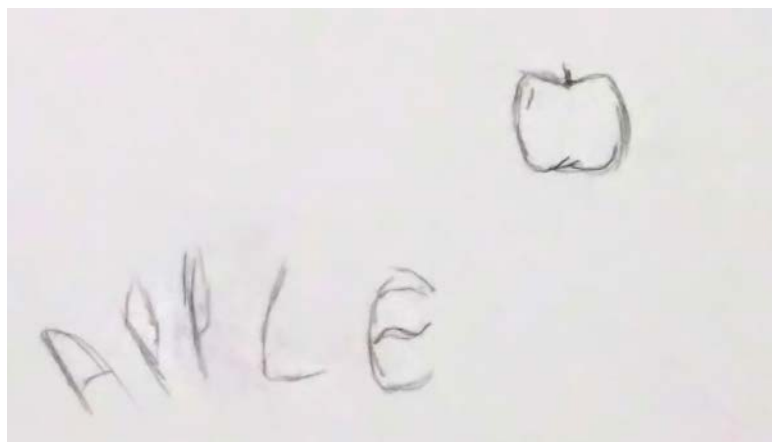
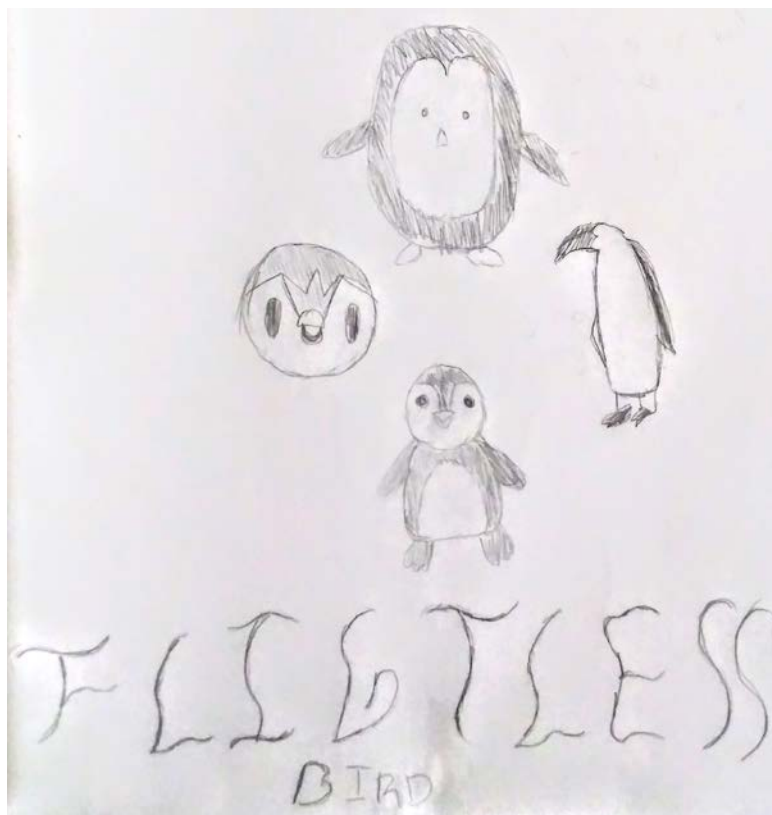


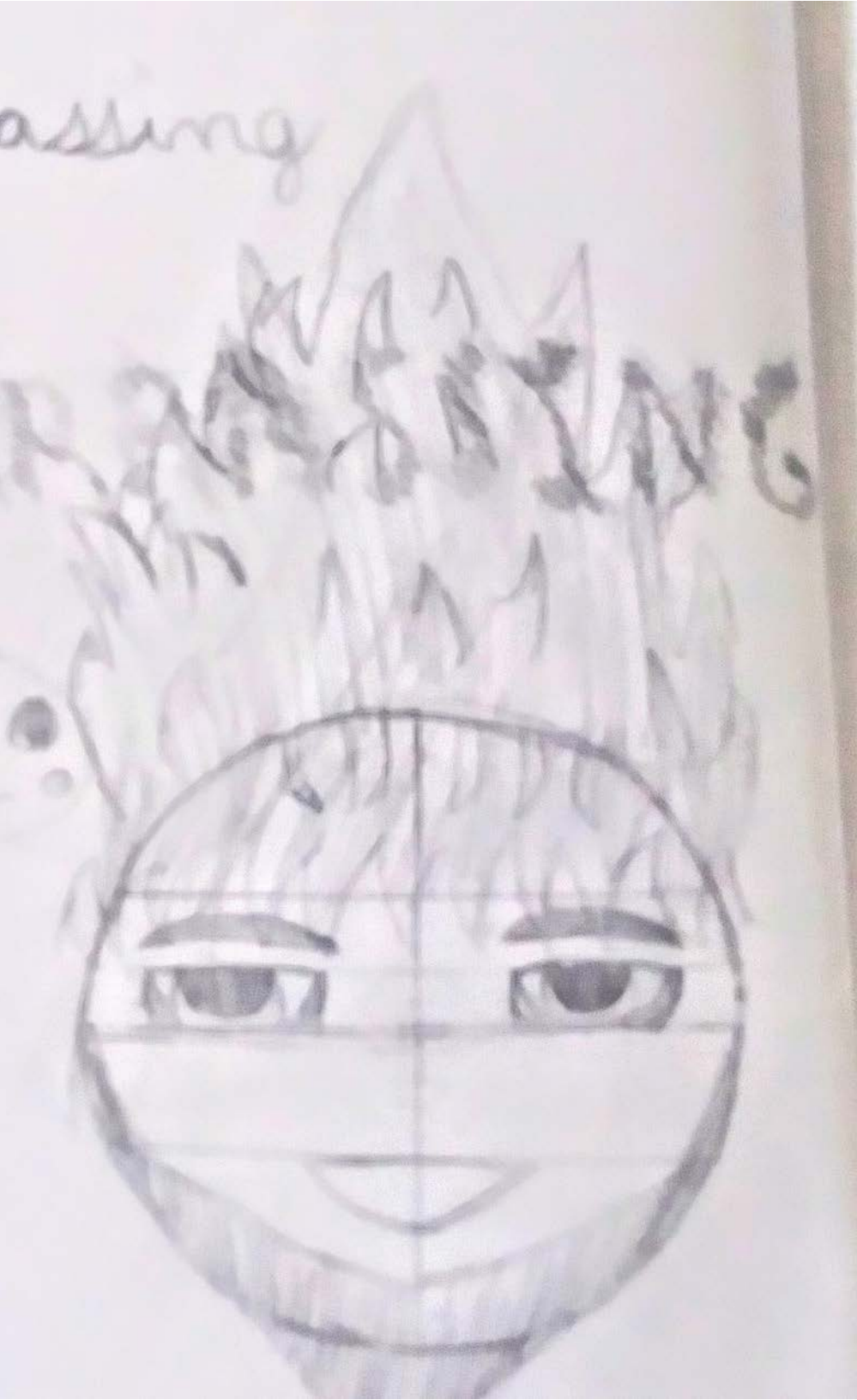


This morning
I clutched
the gulag

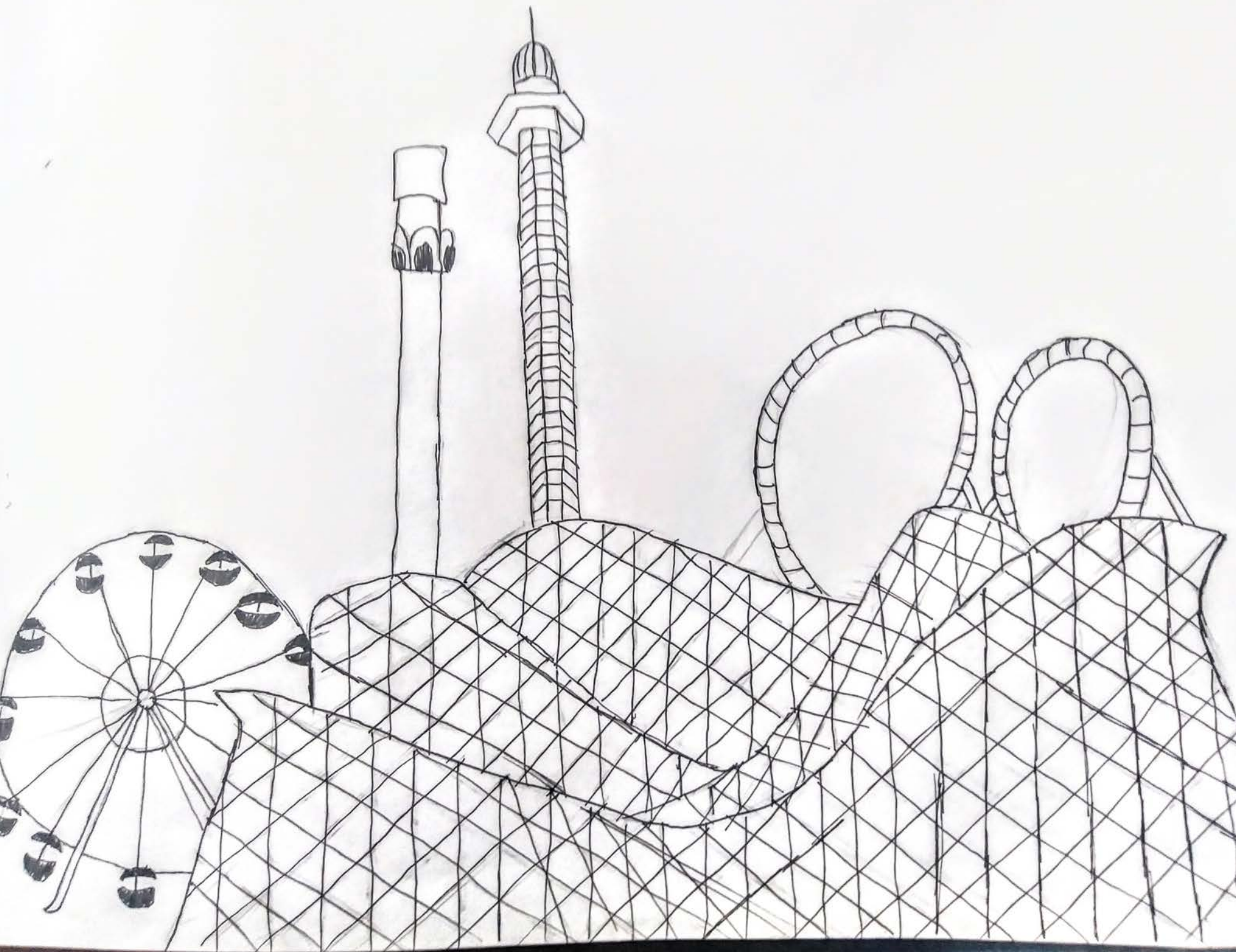


Am I too
hungry c



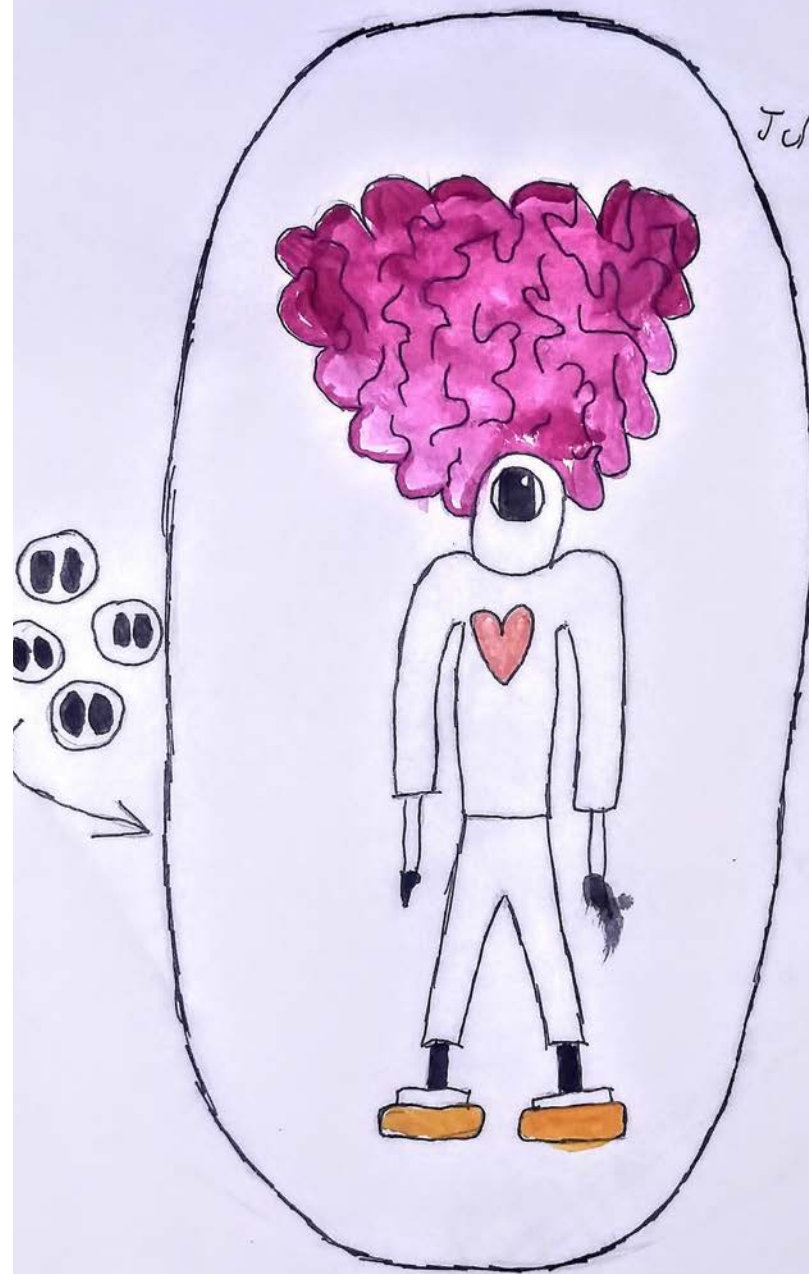












J.J. 14

tie tad

A.K.B

ALEXIS

Alexis Reyes
@alexiscreations

1. Took a nap, I'm still tired.

2. Sadness doesn't control my life.

3. Washed out emotions, sunk in water.

4. Sleep, it is essential to life.

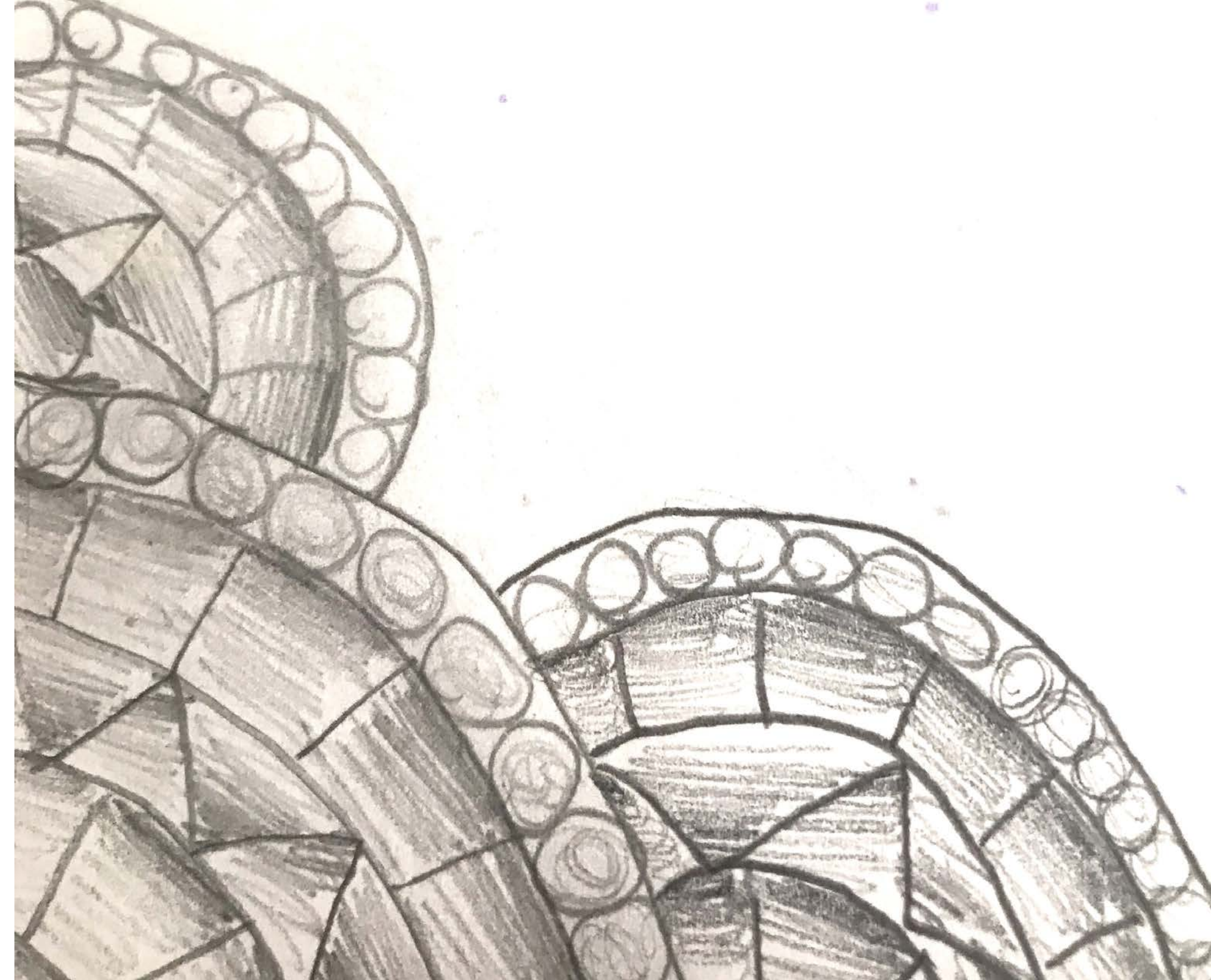
5. You are not alone, understand that.

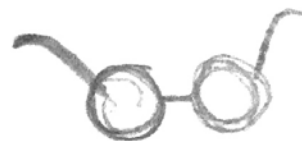
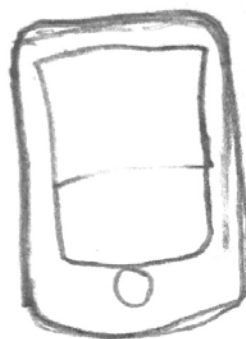
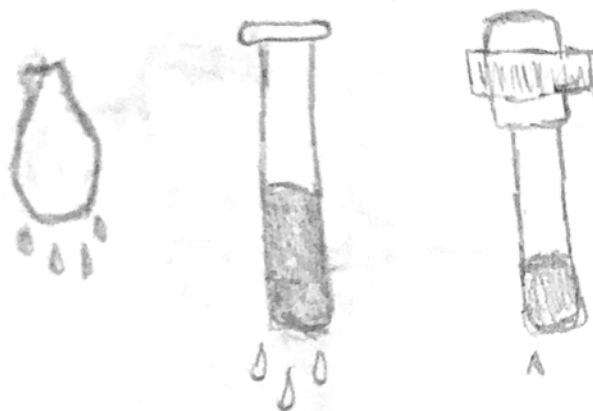
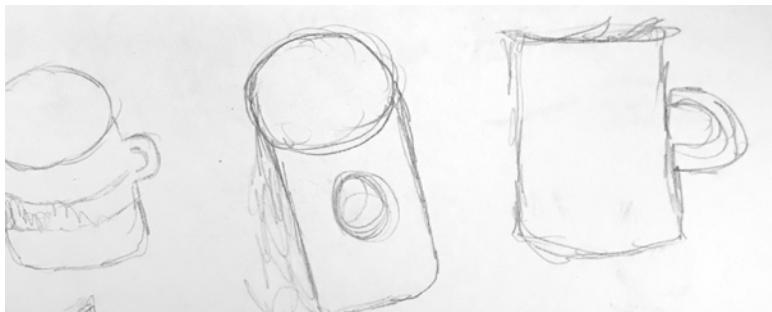
6. Enchanted soul, cured by soft music.

7. Hopeless lies never change a thing.

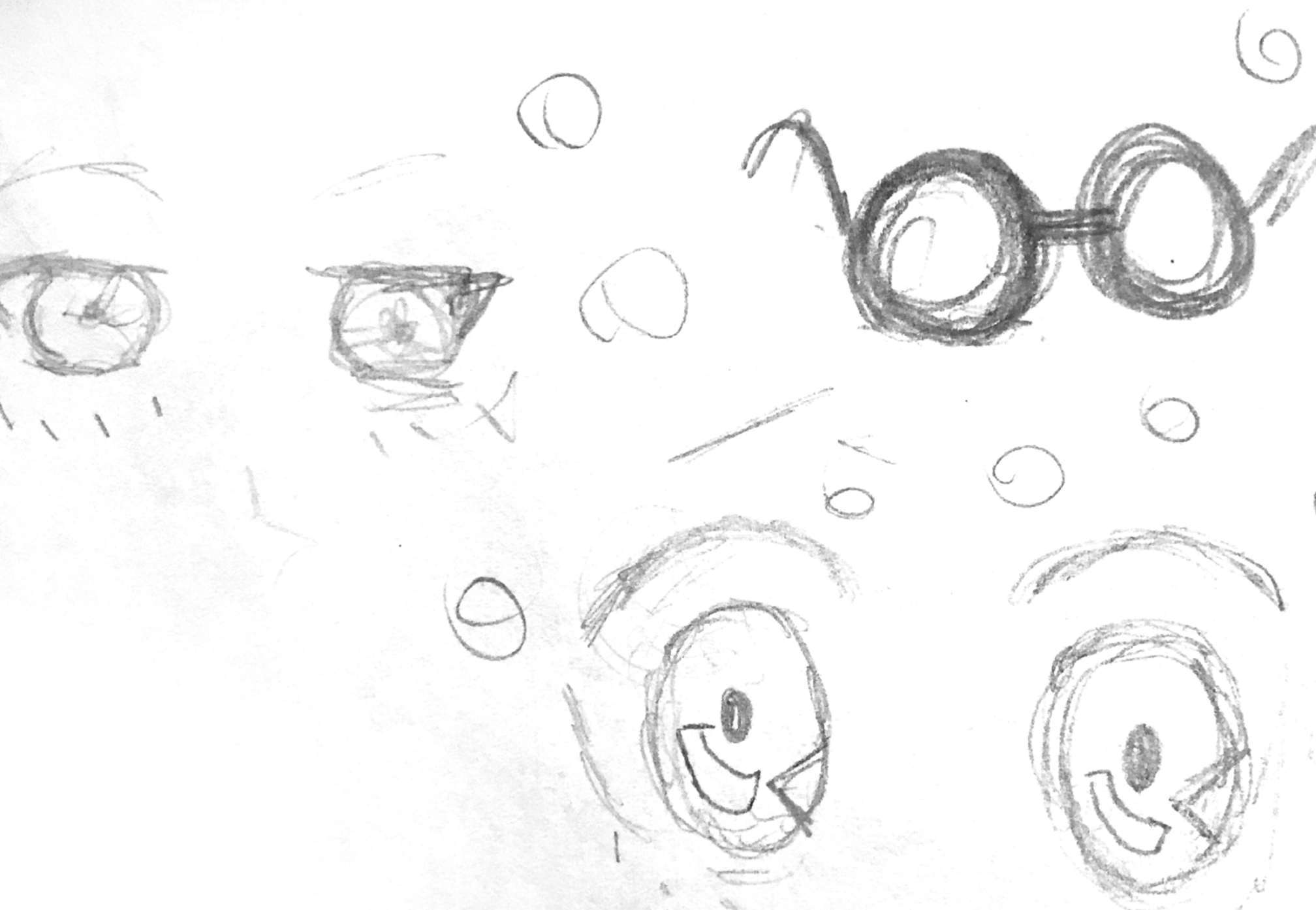
8. The throbbing will never stop.

9. I'm drowned in my own river.



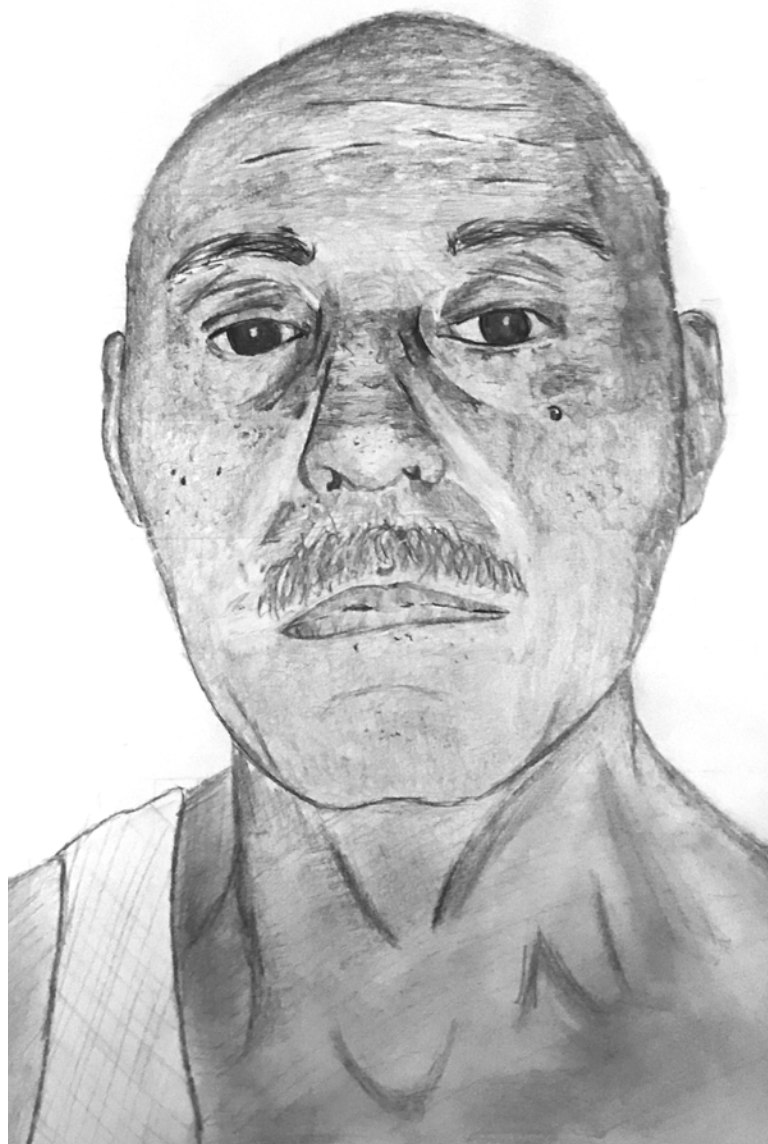
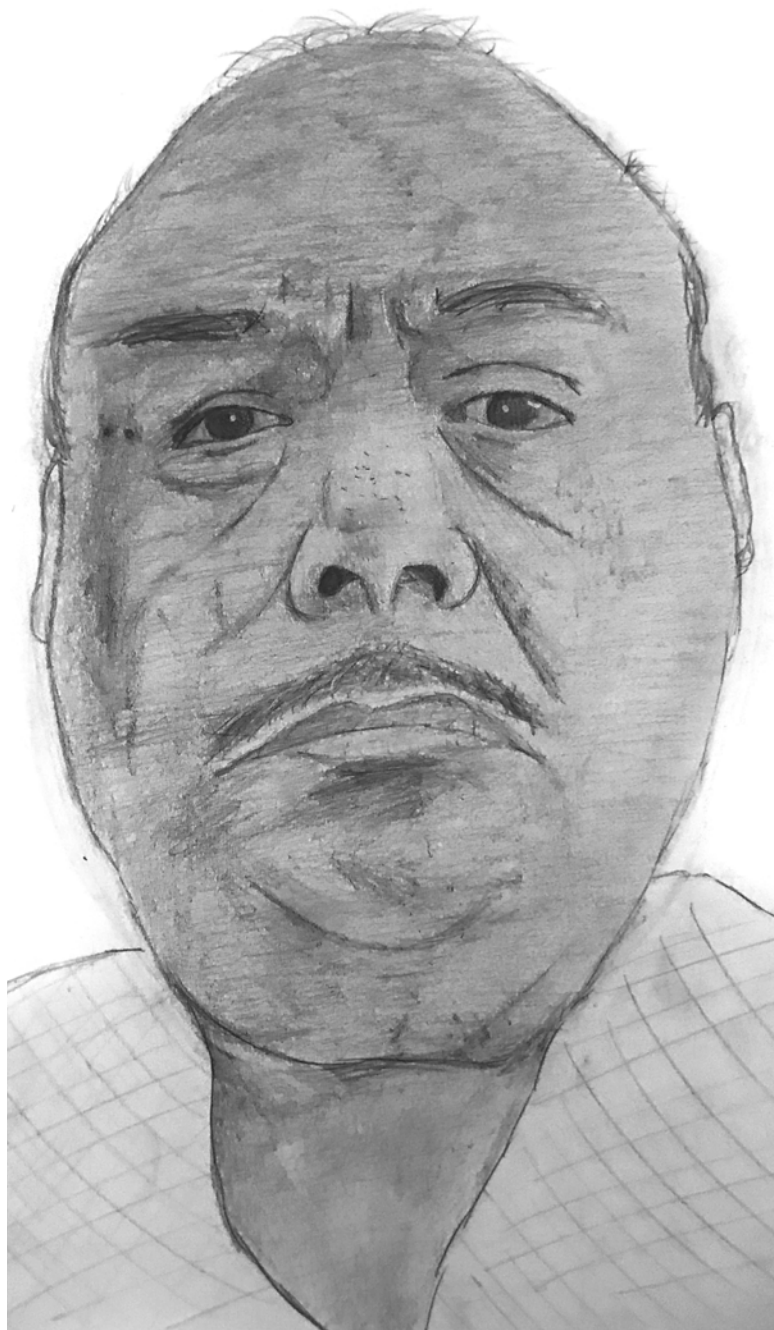


Embarrassed



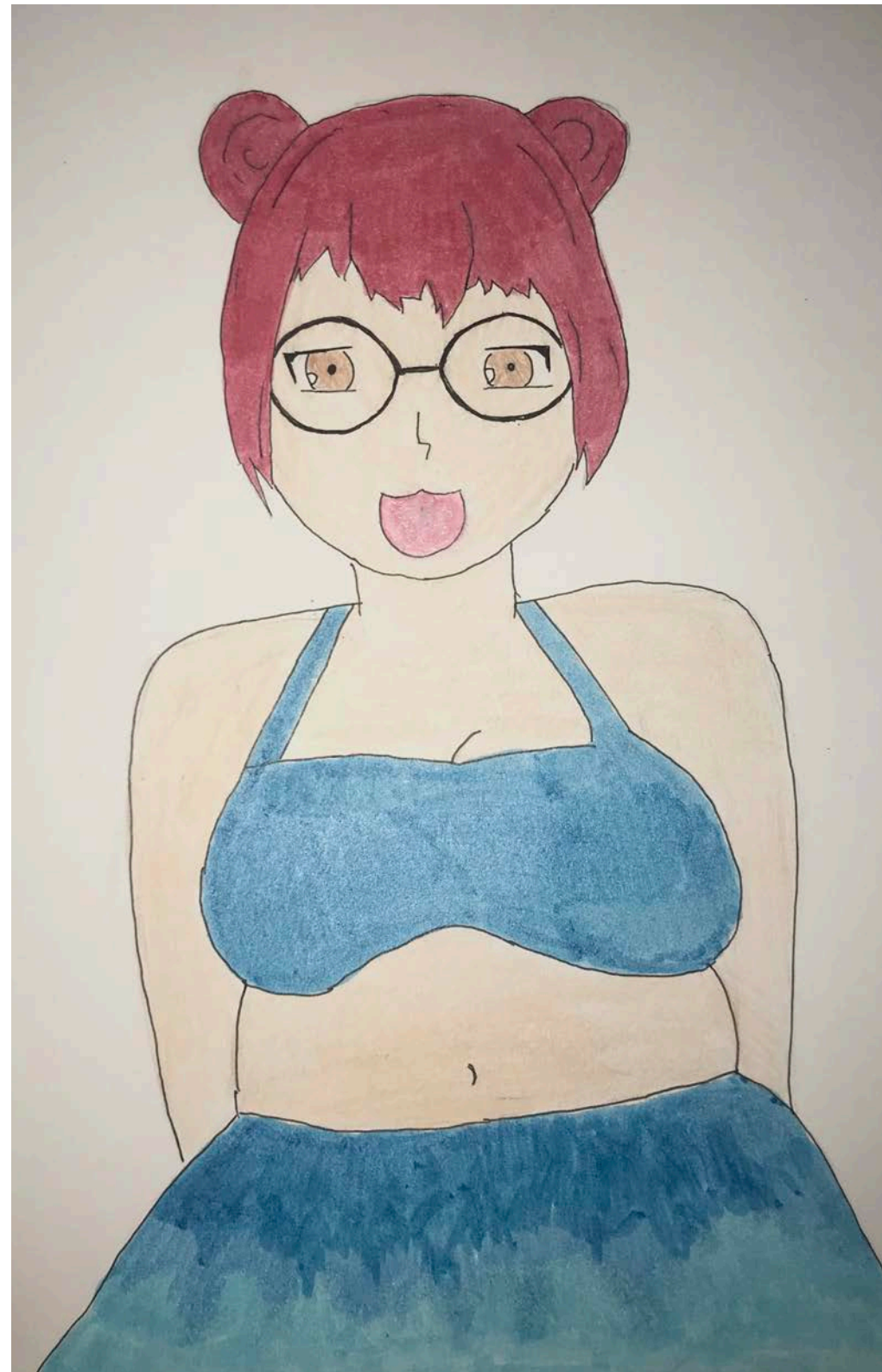


vase









Anna

Anna Beltran

1. Stressed, feels like head gonna explode.

2. Stomach cramps can perish or die.

3. I wish I was with you.

4. My reflection, I hate it...why?

5. Brain not focusing right now, oops.

6. Everyday tastes differently now, I like it.

7. I don't know what I feel.

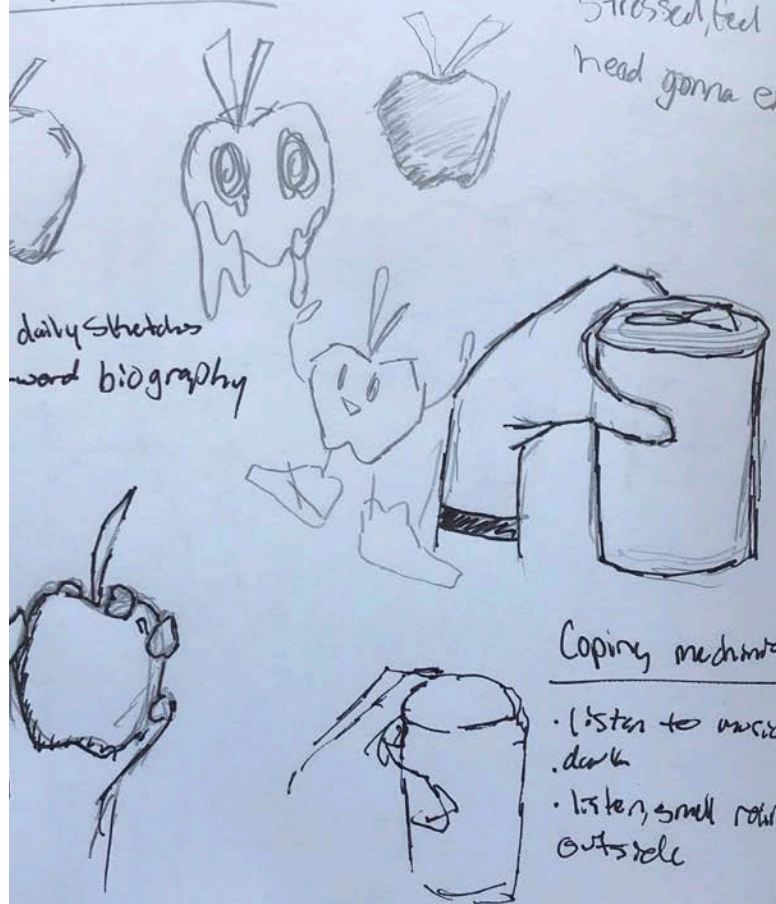
8. I want to lay back down.

9. Everything hurts, I need my bed.

I don't like how the mirror
looks back at me
Who is she?
I don't like her
Why does she look like
that?
What's wrong with her
face
nose
eyes
mouth
body
Wait... is she... me?
I don't like her
I don't like it
I don't like
me

Kristine Belton

Apples x 4



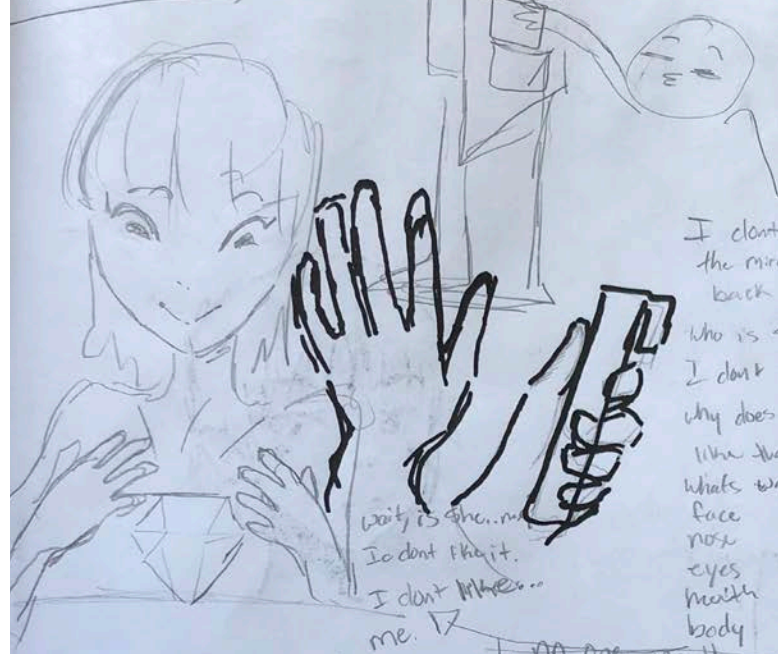
stressed, feel
head gonna e

daily sketches
word biography

Coping mechanisms

- listen to music
- draw
- listen, smell rain outside

Take x5



I don't
the mini
back
who is
I don't
why does
like the
what's the
face
nose
eyes
mouth
body

wait, is she... me
I don't like it.
I don't like...
me. TX

4 reflection, I hate it, why?

all struggle with self image, trying
love myself

I need less pressure from
parents



1. no one really

2. grand parents + fri

3. not spending enough &
drunk

4. Couple weeks ago/
when I was at my
birthday party and
on my way home
felt the humid air
like rain.

5. when my uncle die
myself a lot for not
enough - overcome it
myself & was ok

Nature lover 315



Q4

Nature lover 315: Took me an hour to explain her what a selfie is
likes











AZARIAH

Azariah Hines
@azariah_hines

1. hurt
Broken
Down
But
Never
Destroyed

4. unable
To
Contain
My
Emotions

7. filled
With
Crazy
Dangerous
Uncontrolled
Love

10. lazy
River
Full
Bullies
Big
Smiles

2. interesting
Thoughts
And
Feelings
Tangled
Together

5. you
Are
my
Everything
In
All

8. sea
Food
Boil
Crap
Legs
Lobster

11. soaking
Drifting
In
A
Peaceful
State

3. searching
Daily
For
Creativity
Found
Uniqueness

6. excited
Happy
Overjoyed
Cold
toes
Today

9. exhausted
By
The
Heat
Ready
To
Drop

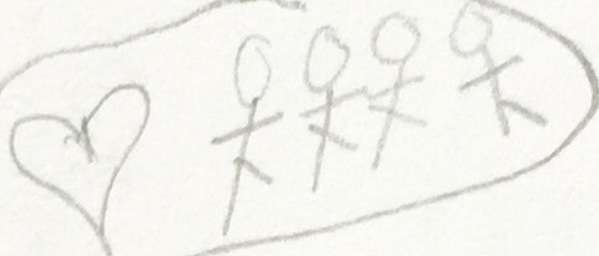
12. drifting
Gliding
Through
Most
Treasured
Memories

13. begotten
Beloved
Bold
Brave
Tough
Times

Sober

clear
mind

clear
vision



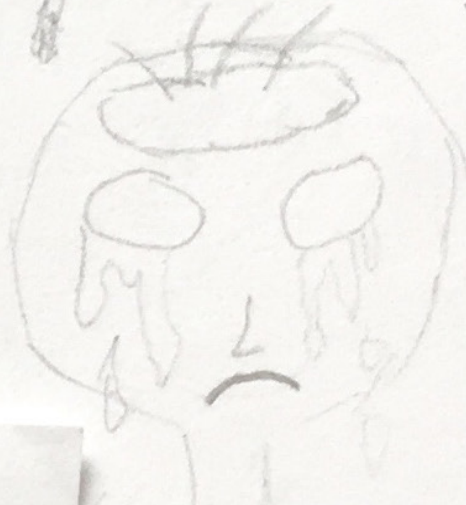
Smiling
more



Beauty in the
world

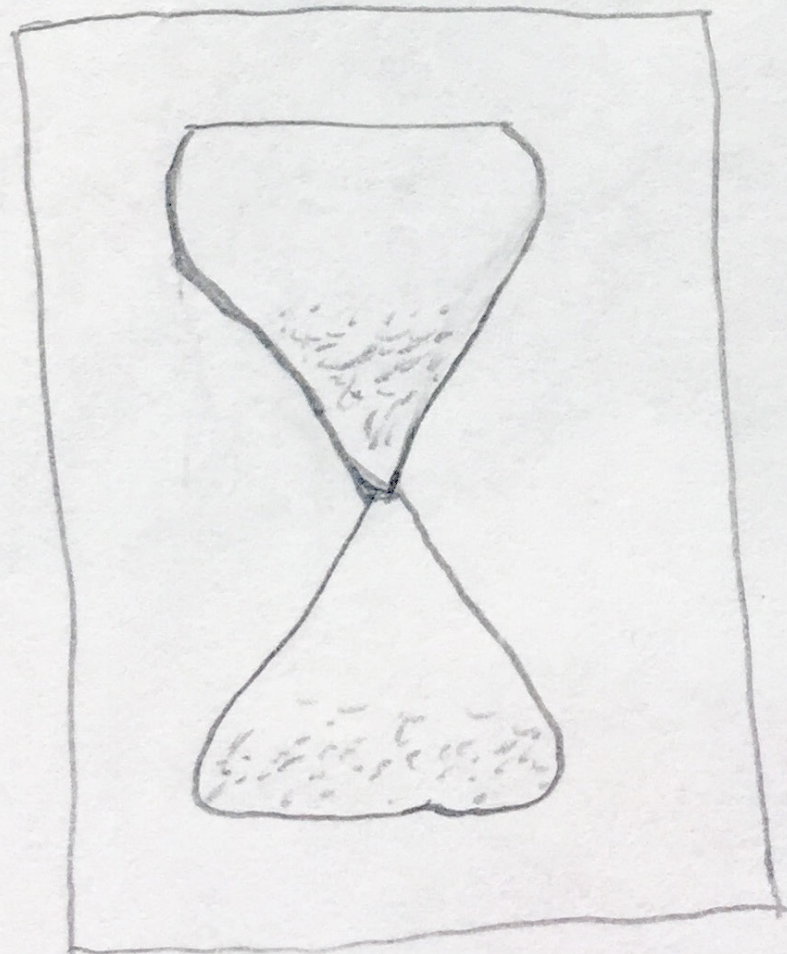


1 ♡ ♡ ♡ = feelings
are
wrost

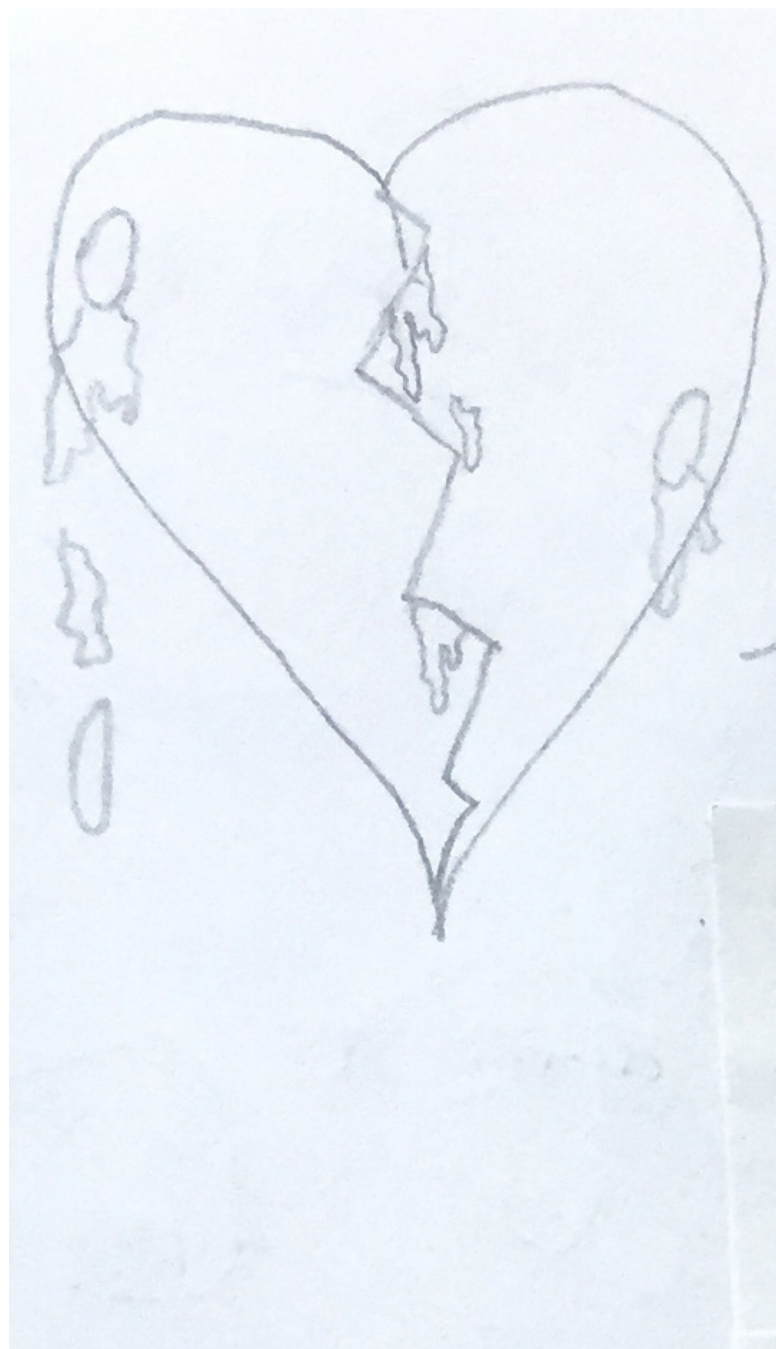


7/13 ASH

container

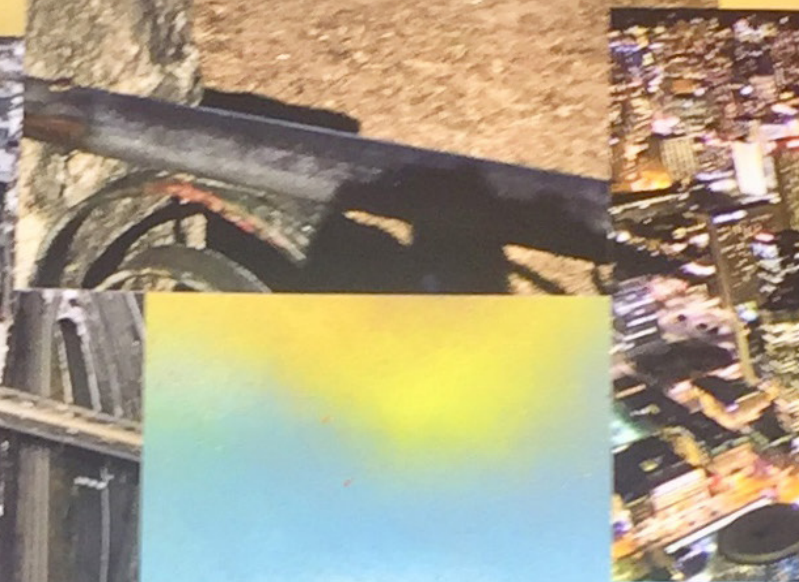


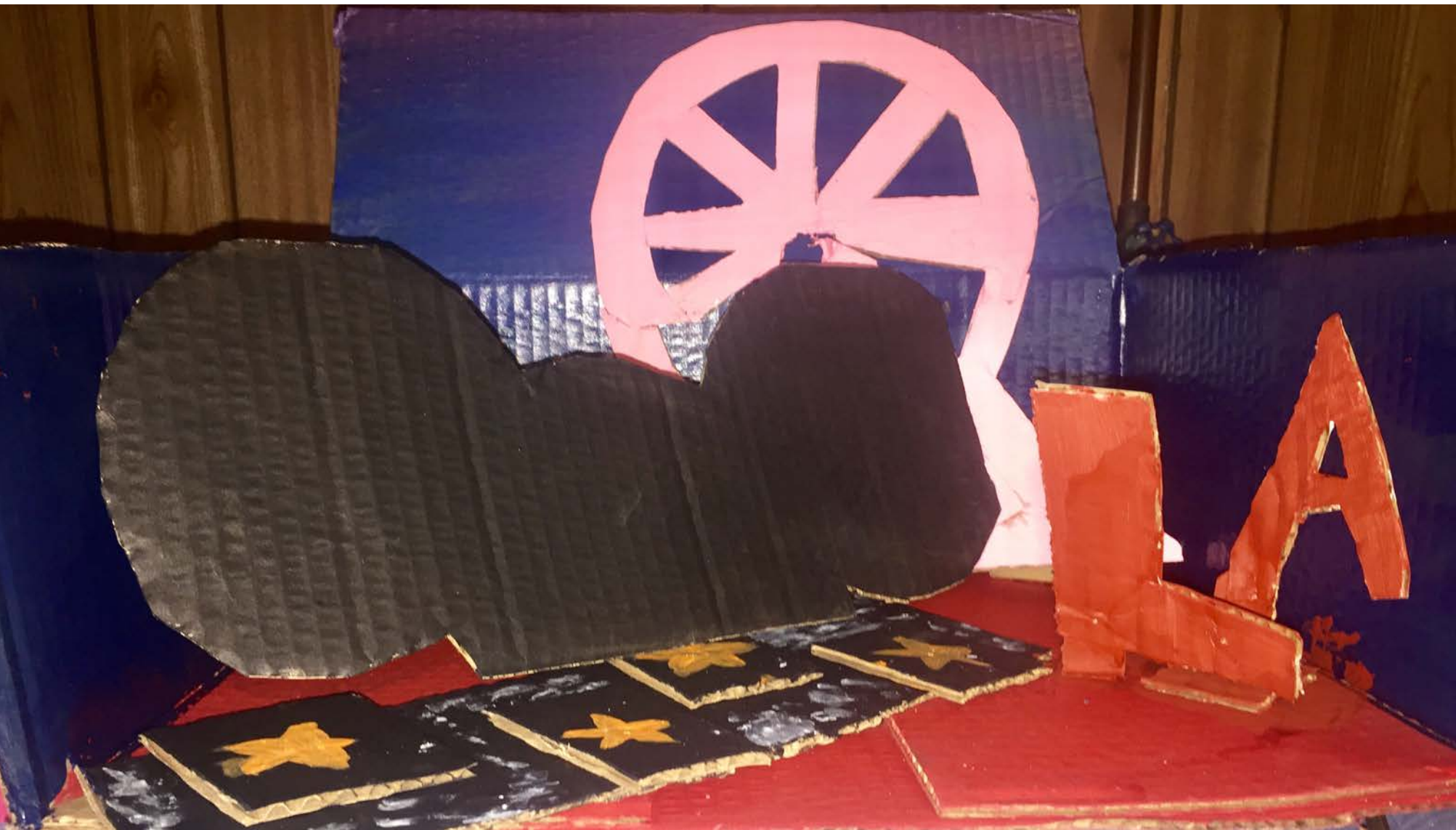
Time 2:00 PM





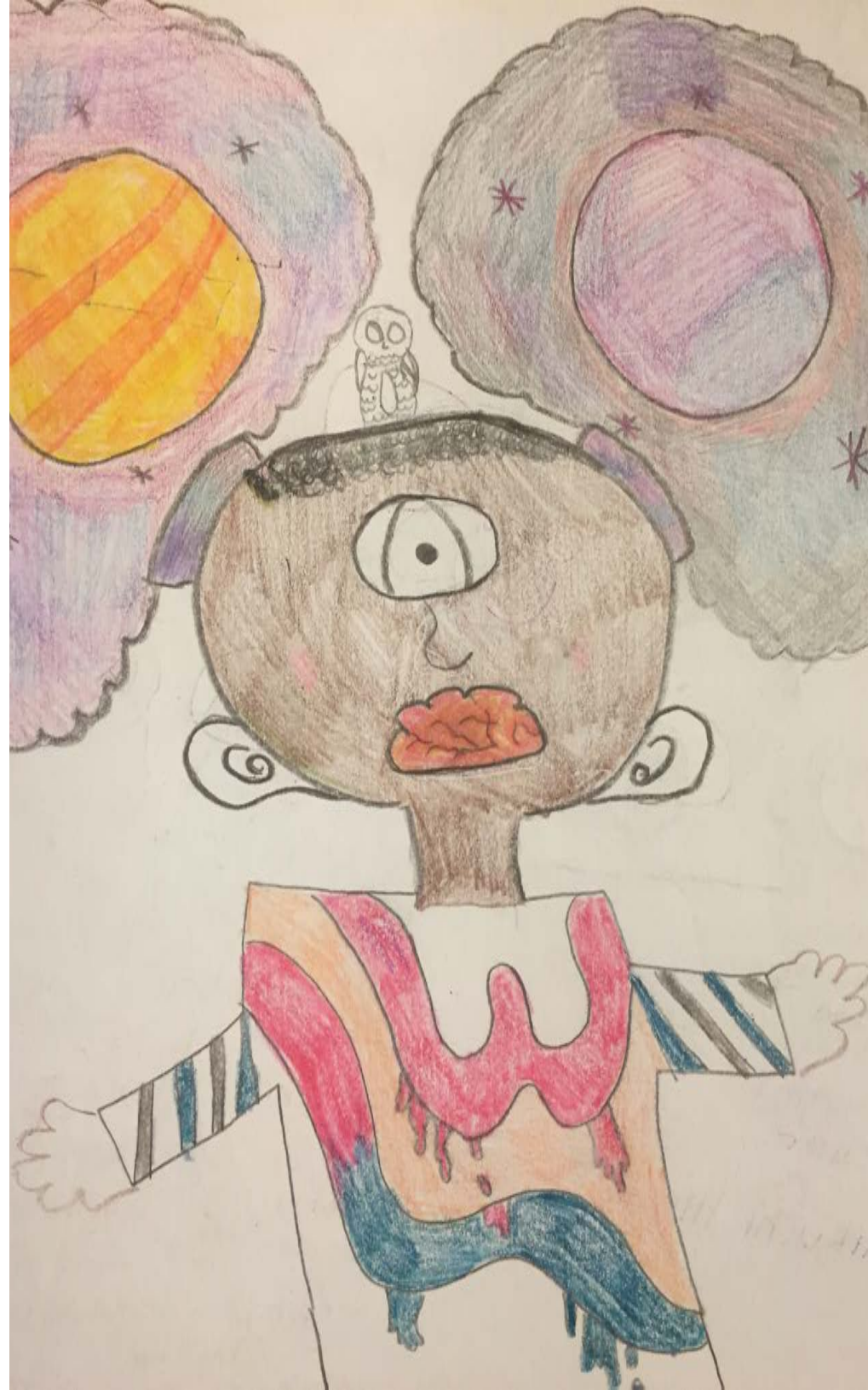












Cameron

Cameron Widdel
@TotalStranger

1. Its okay to be unorganized, breathe.

2. Focus on success, Learn from mistakes.

3. You will bloom, it takes time.

4. Life is decay, Love is eternal

5. Things are crumbling, everything is fine.

6. For each down, there's an up.

7. Never give up on your dreams.

8. Just waiting on the silver lining.

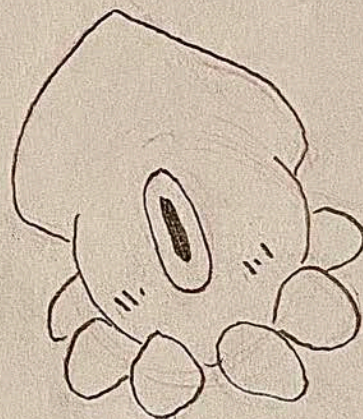
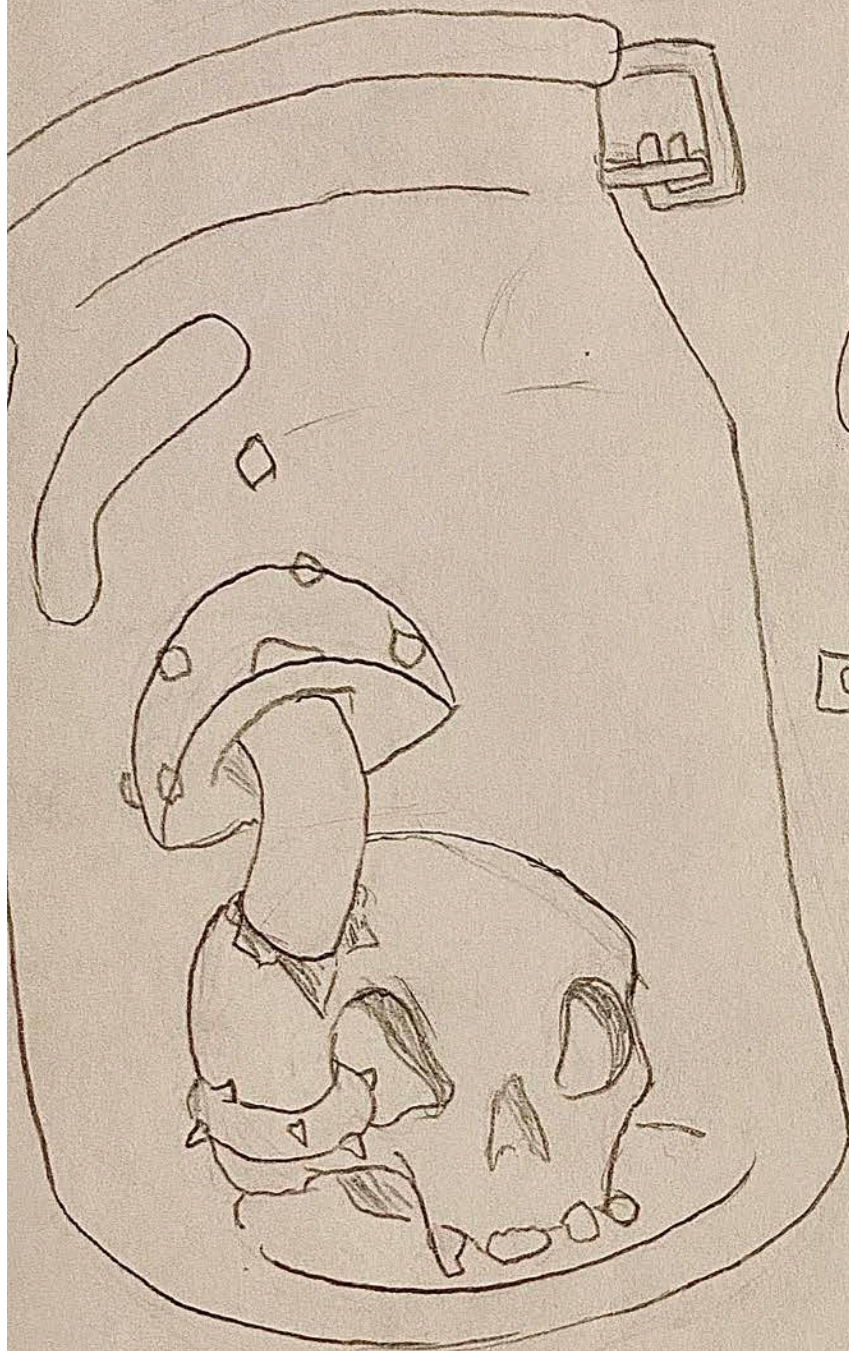
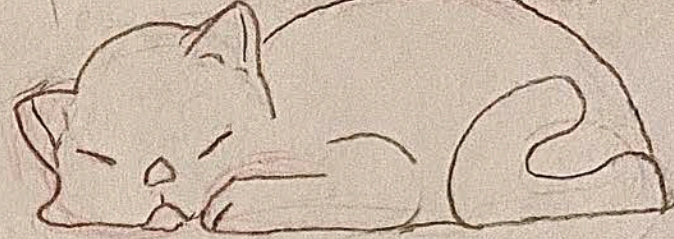
9. I really need some more sleep.

10. Waking up every hour is tiring.

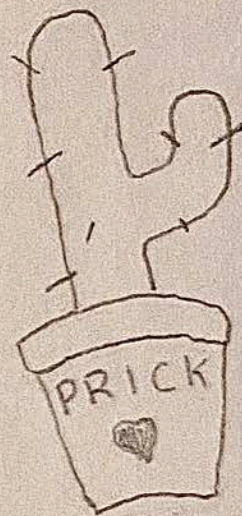
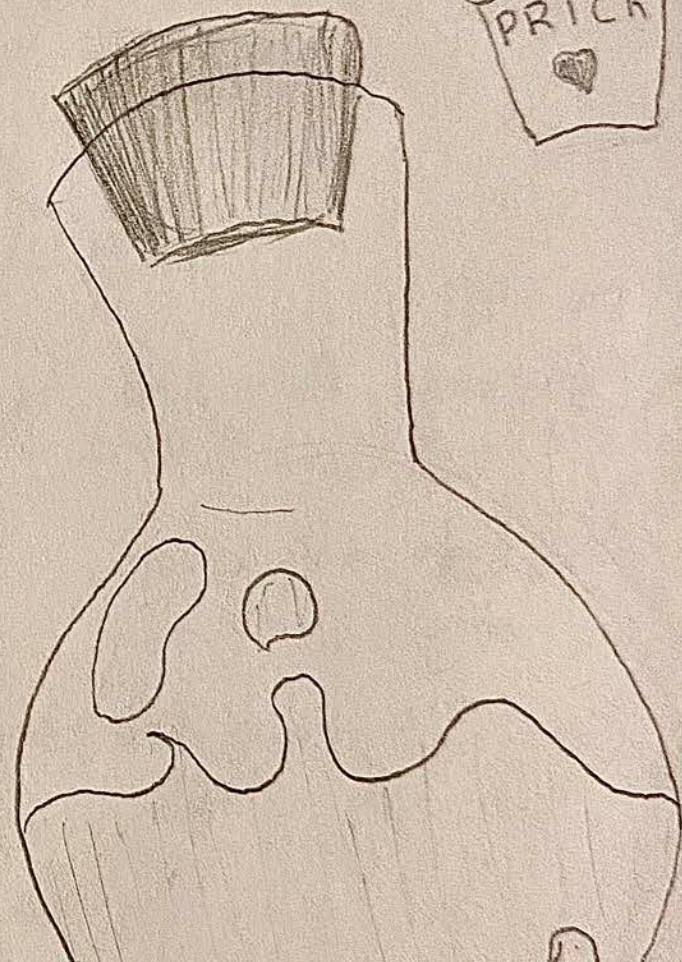
11. Every day gives you another chance.

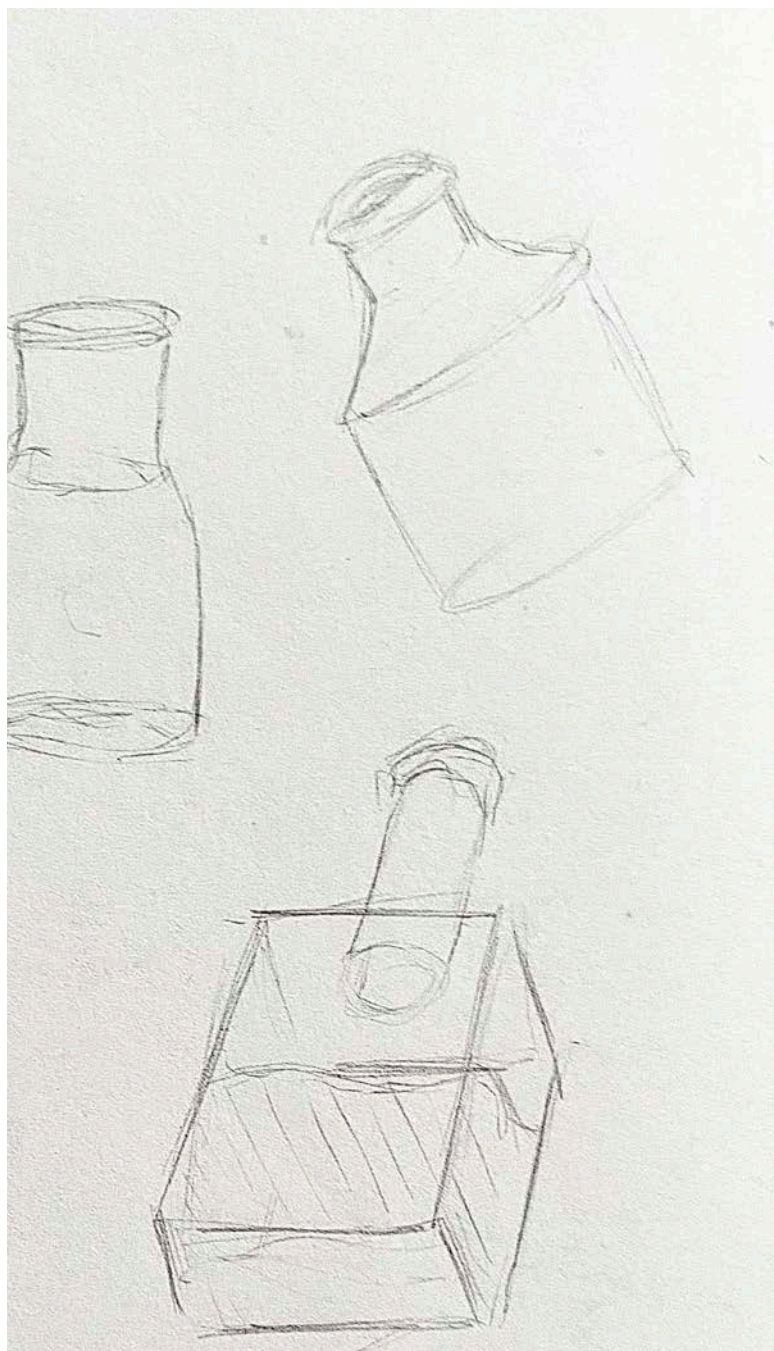
12. Practice is my only way foreword

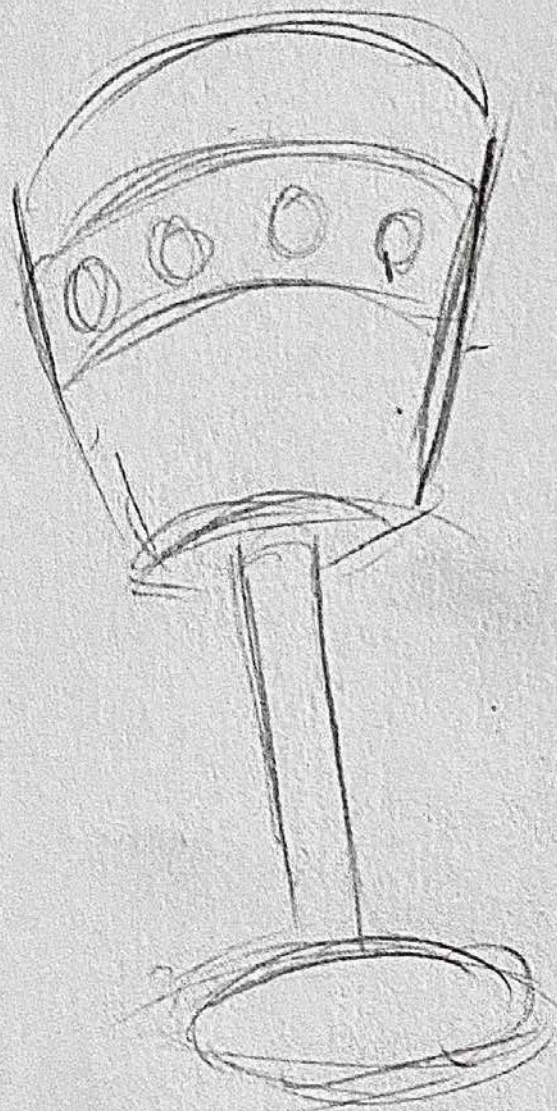
13. Friendship is what keeps me going.



Container

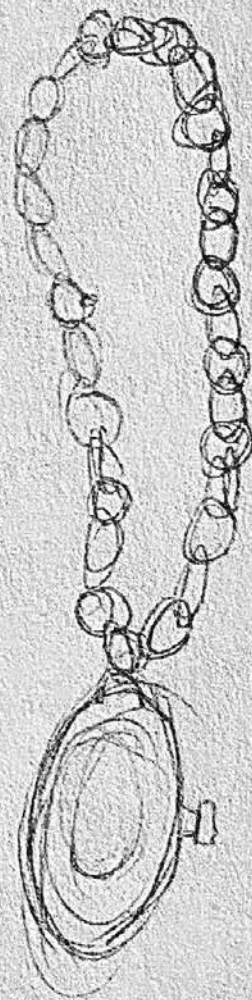






SILVER

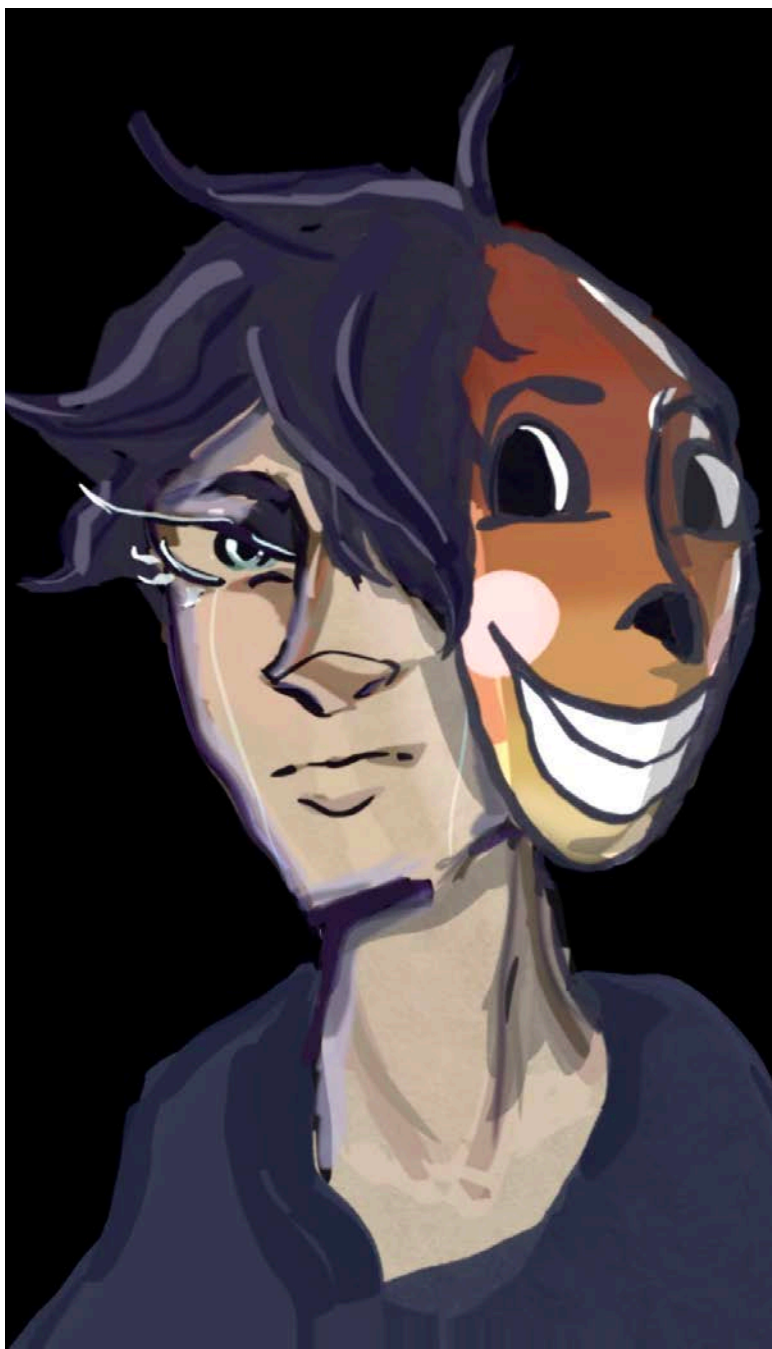
50¢



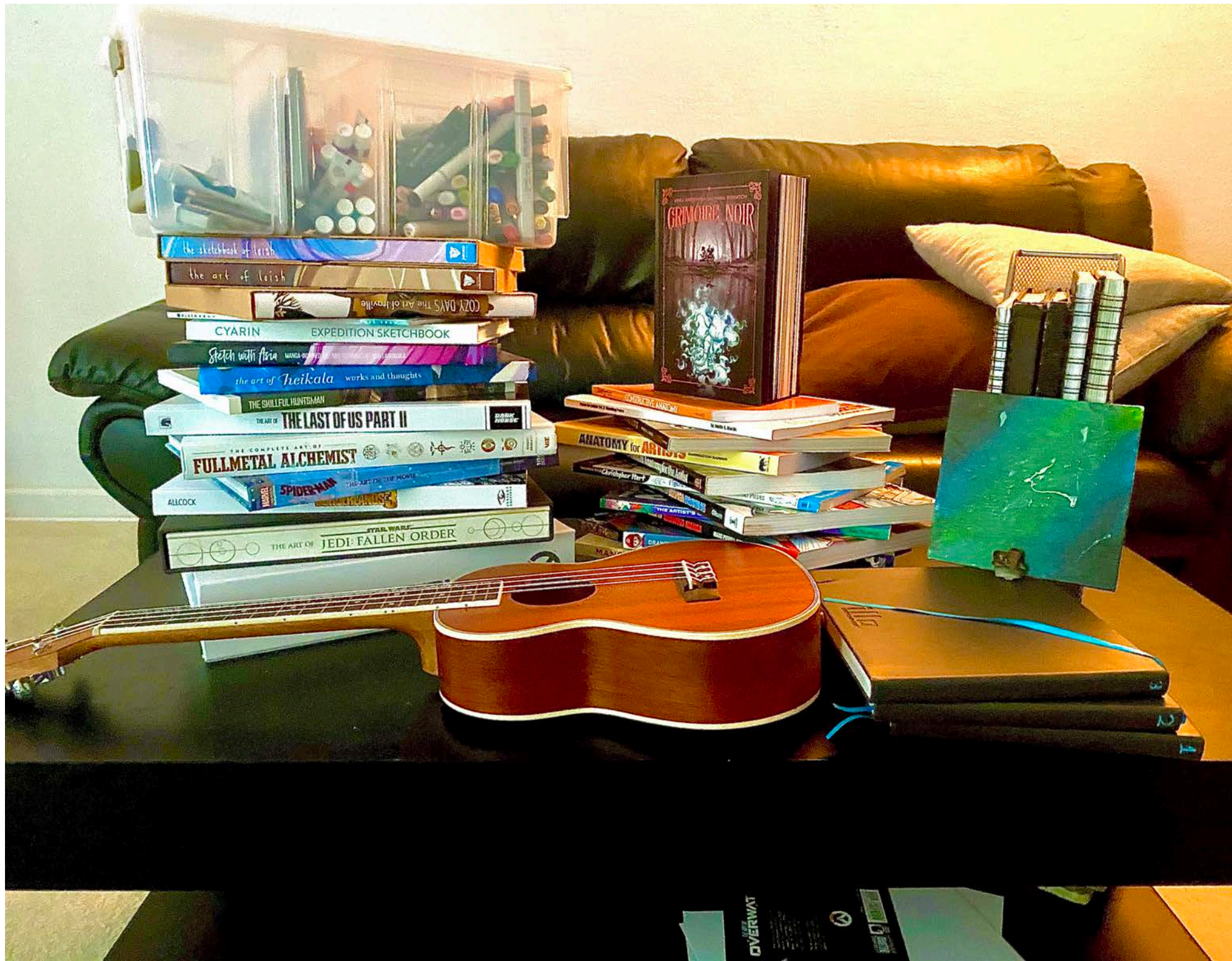












CEBASTIAN

Cebastian Gomez
@cll_lbk1d

1. Its okay to be unorganized, breathe.

2. Focus on success, Learn from mistakes.

3. You will bloom, it takes time.

4. Life is decay, Love is eternal

5. Things are crumbling, everything is fine.

6. For each down, there's an up.

7. Never give up on your dreams.

8. Just waiting on the silver lining.

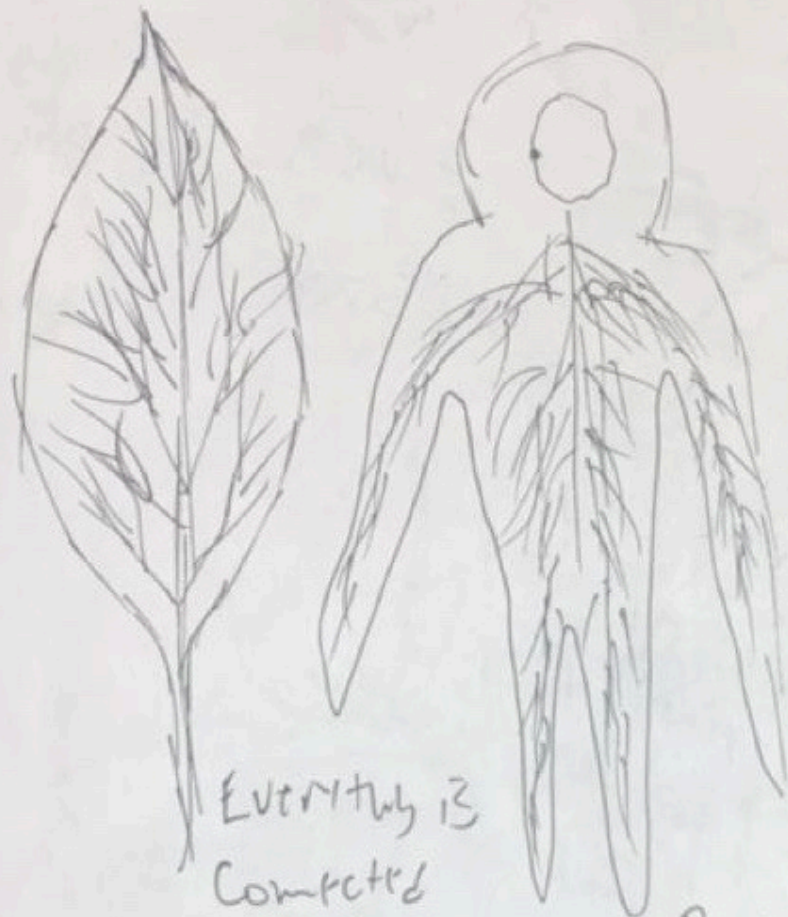
9. I really need some more sleep.

10. Waking up every hour is tiring.

11. Every day gives you another chance.

12. Practice is my only way foreword

13. Friendship is what keeps me going.



Everything is
Connected
through links or
Name, Patterns exist
in our world, as a
result of our mental
behavior

Be impeccable
Your word

Plutarch

is connected by heart, dirt

Day 5: You

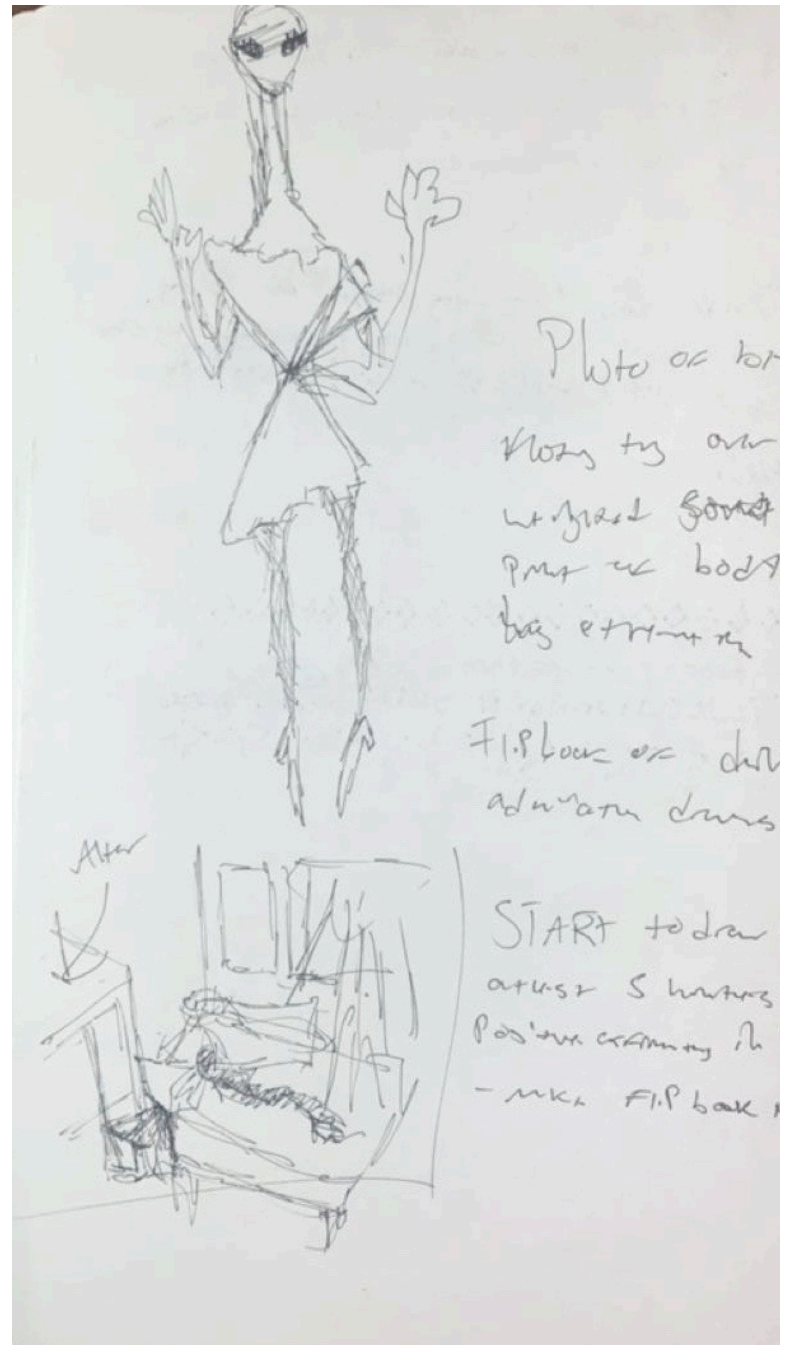


Photo of for
Kozs to our
with good some
put in body
has extreme

F.I.P. back on the
admission down

After

START to draw
artist's sketches
positioning in
- make F.I.P. back

Y 7. Lowbrow



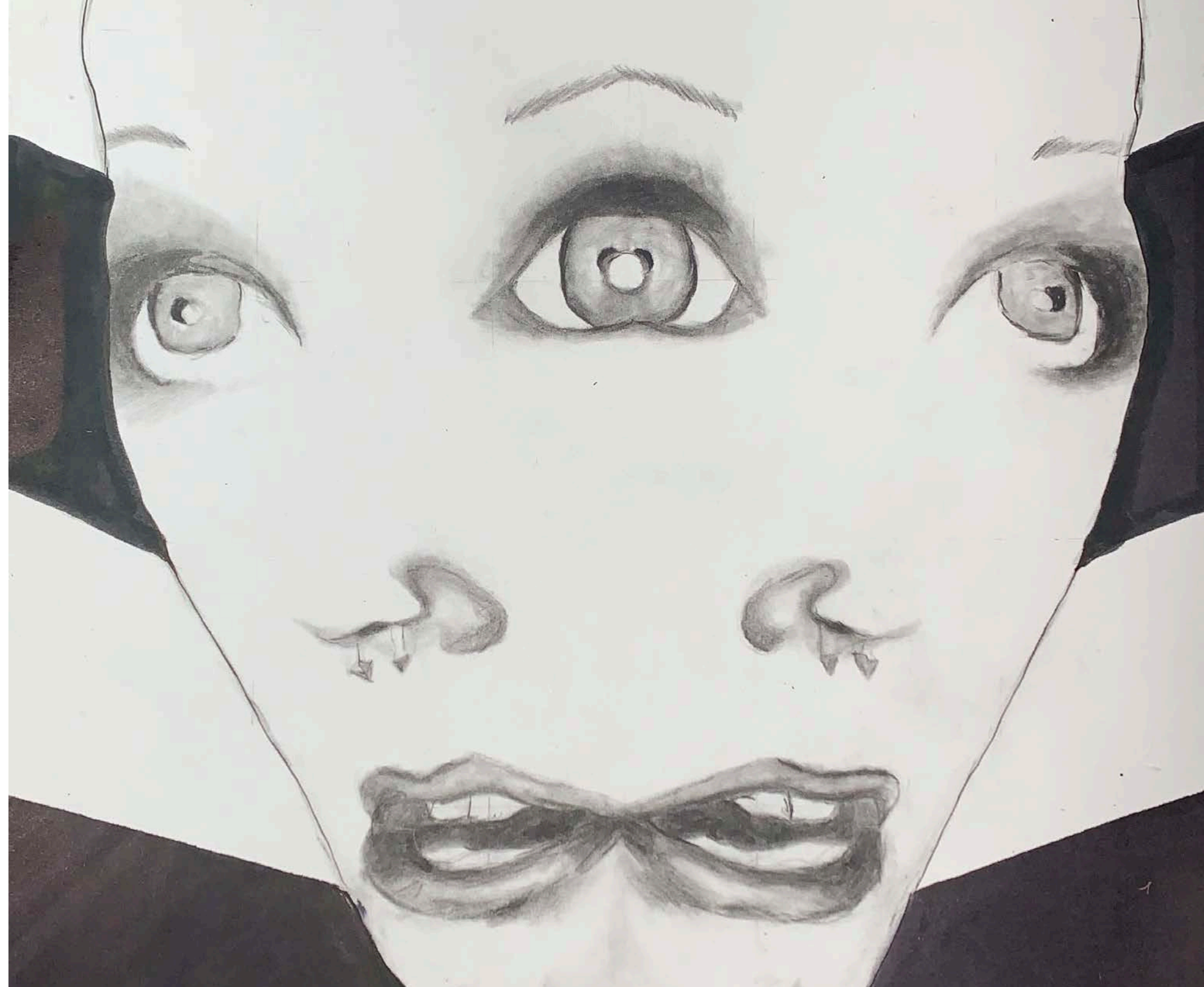
Man is just a Daken



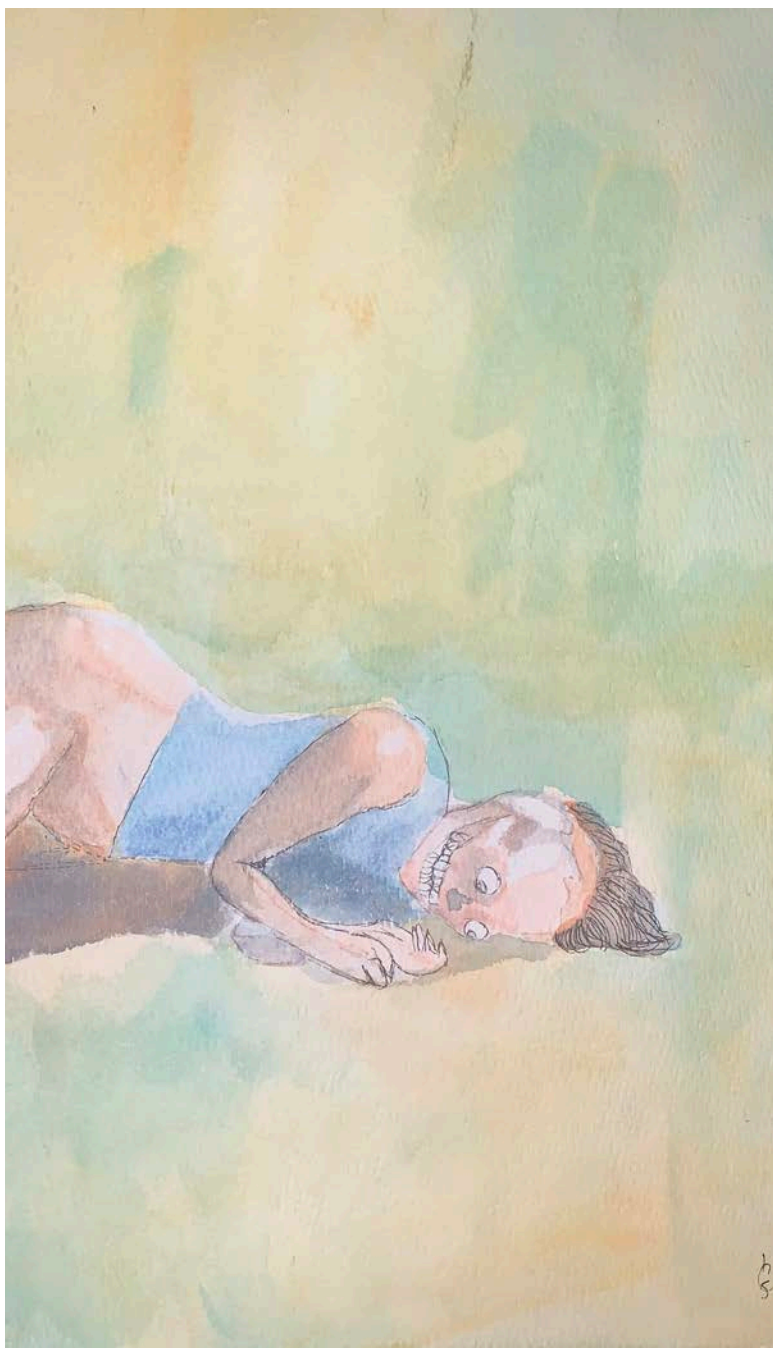
new

the not like





[illegible]







Chrys

Chrys
@xhalgr

1. anxious chaotic creature vessel allergic.

2. brain empty congratulations no more thoughts.

3. treat yourself because you deserve it.

4. not walking but feeling the aches.

5. sometimes bad bitches are too tired.

6. binder on because gender isn't real.

7. physically here but spiritually in bed.

8. pain from yesterday healed by today.

9. clean your room and your soul.

10. anxiety overflowing but I'm still here.

11. why do I have to write.

12. I'm so tired oh my god.

13. every day I stop recognizing myself.

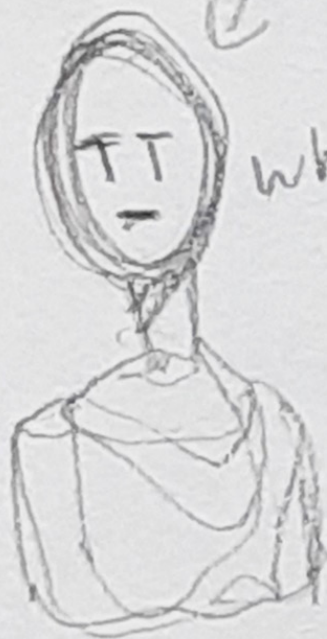
14. they'll never see what I see.





7/20/2020

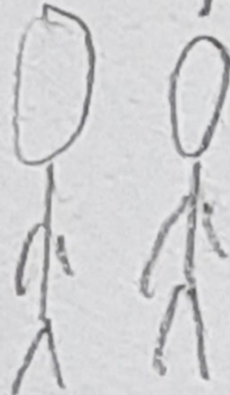
me being
color blind



why do I



bro's



hurani



my melody



7/20/20

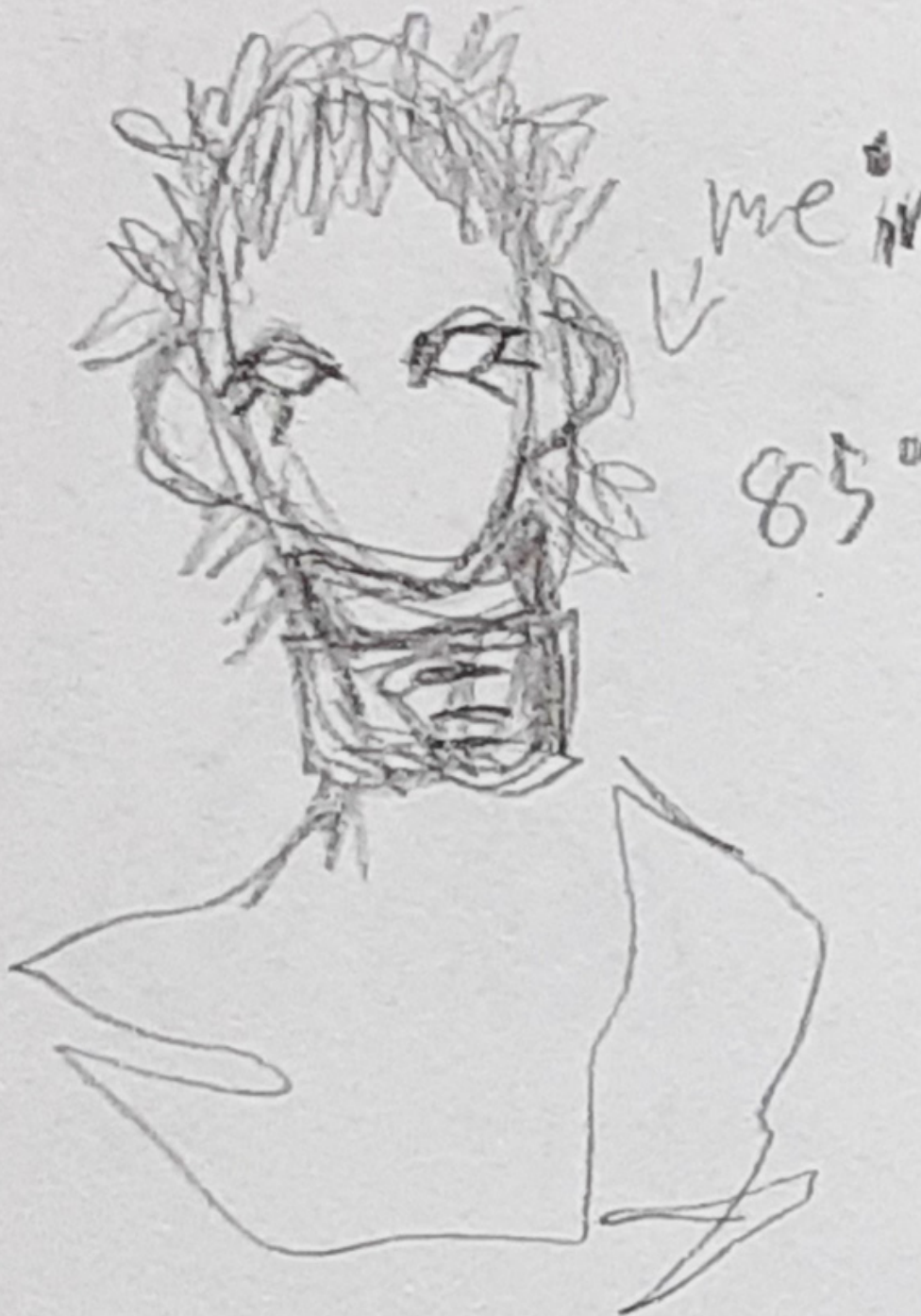
blendshw



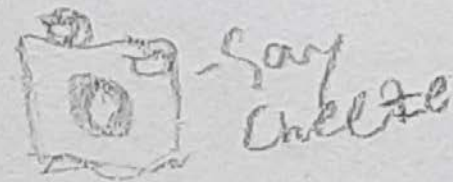
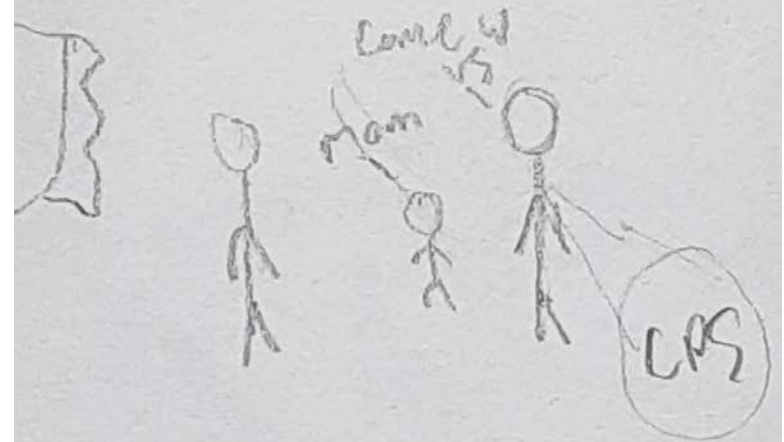
+

ov





7/72/20



MS' lady here
+ Spirituality in
bed



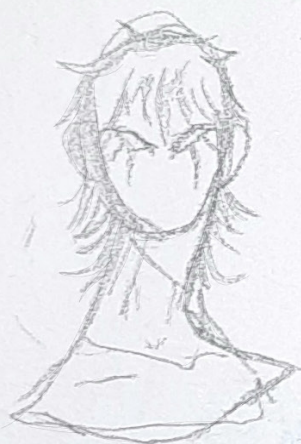




Don't listen
to me



I can't work when in pain.



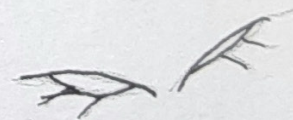
upset.



Sorry.

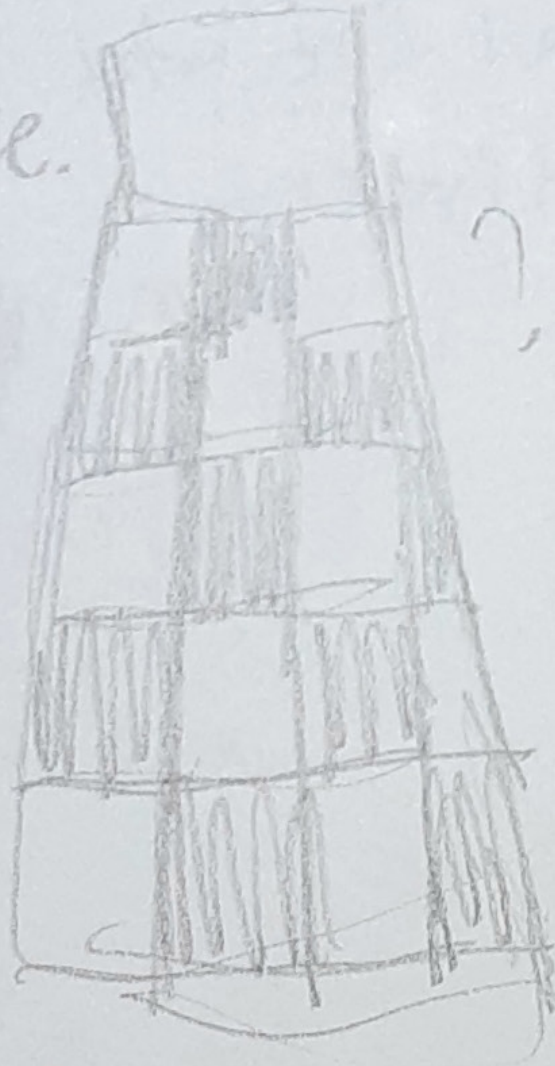
I am upset.

Whenever
at my



was undecided
on pattern

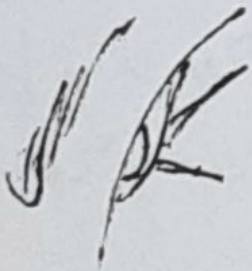
cut spots w
holes, replace.



?



final
shape



seams

open





mini

Noemi Alegria
@sugargay666

1. New flow, new color, new power.

2. Red is generous, maybe I'll learn.

3. Lipgloss please shine inside and out.

4. I belong to the ocean's foam.

5. Eat the rich, lose weight fast.

6. Someday I'll live as a fairy.

7. Be kind to the spirits please!

8. Bubbly water and soda, natural enemies.

9. Don't you just love pressed flowers?

10. Giving the goddess a good show

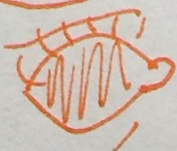
11. Imagine being ice in hot soup.

12. Snails and moss the cutest couple

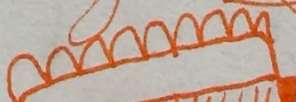
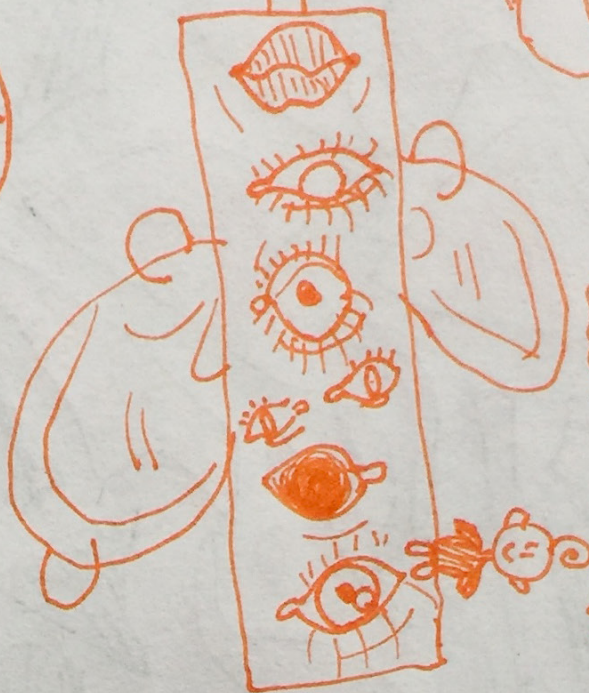
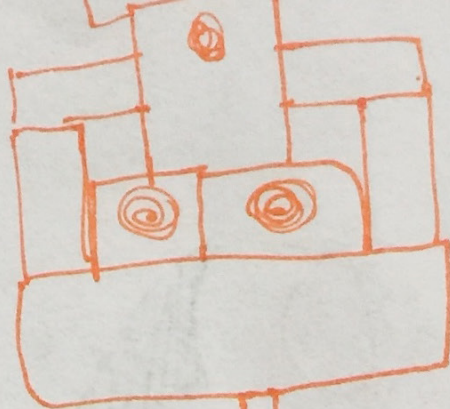
13. Tea time originated in the woods



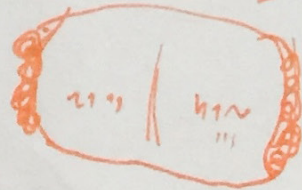
I got
bought to card
my forehead.



LIKE



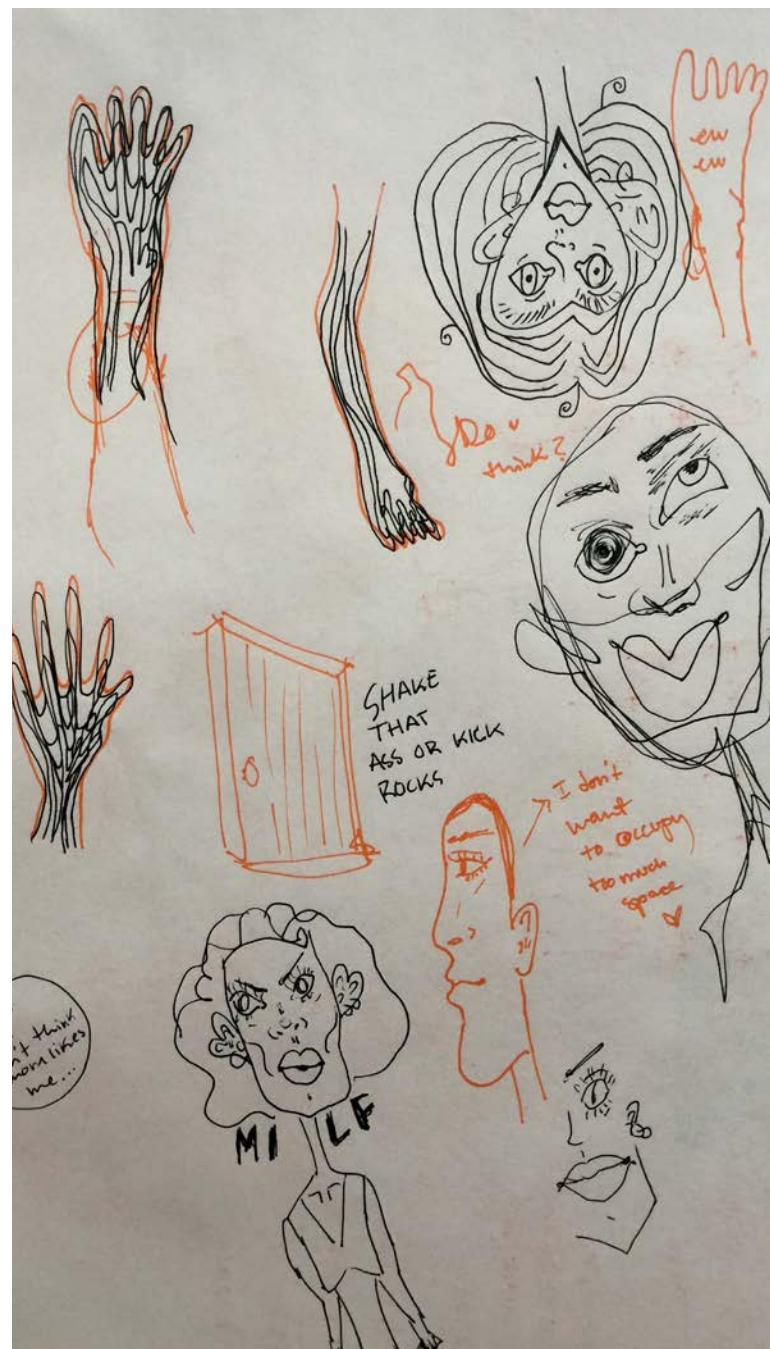
Tongue
Sushi: 2



YUCK

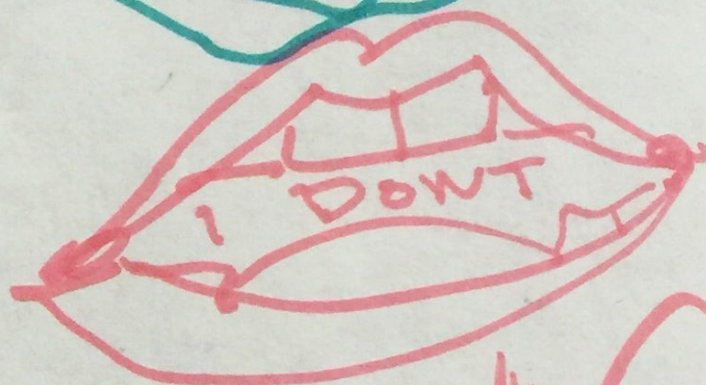
PLEASE
KISS
ME!







DISTINCTION
DISTINCTION
DISTINCTION
DISTINCTION



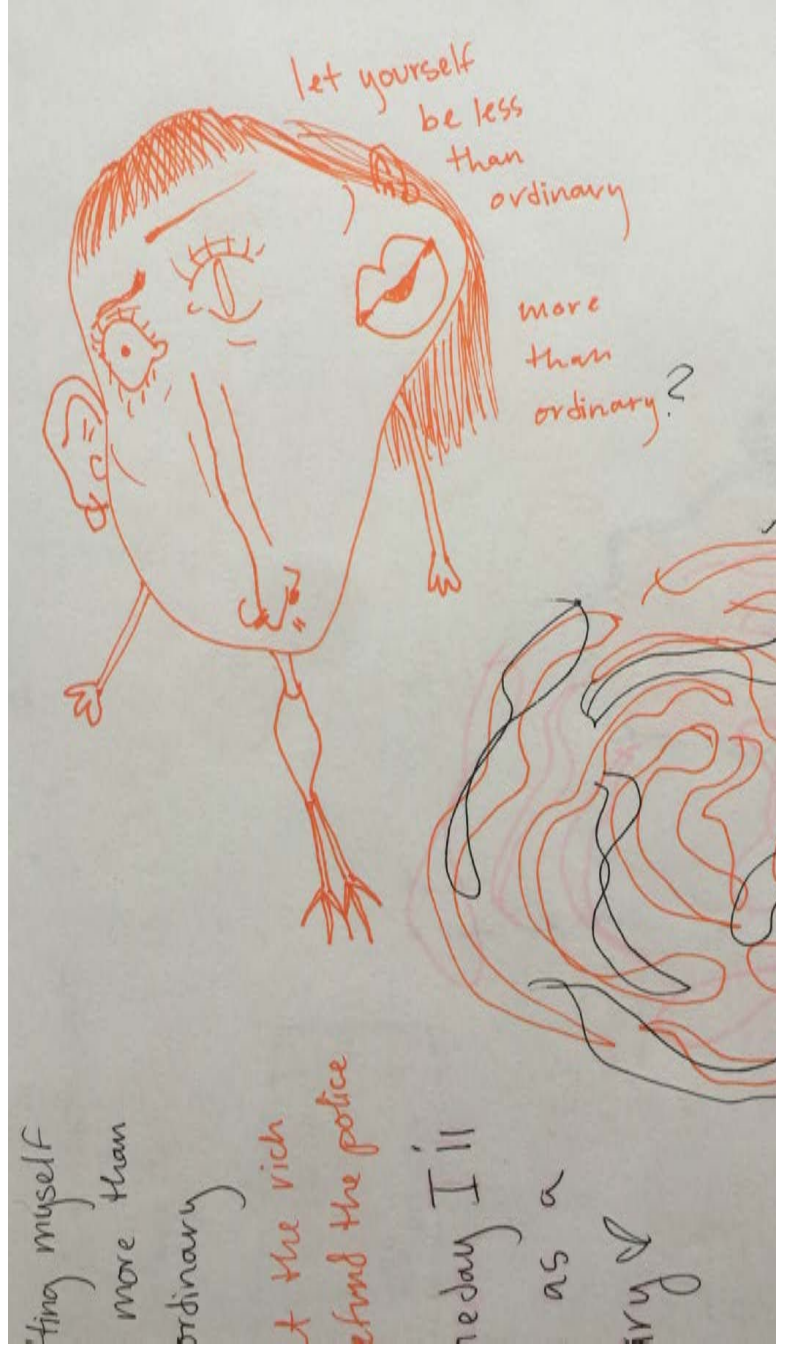
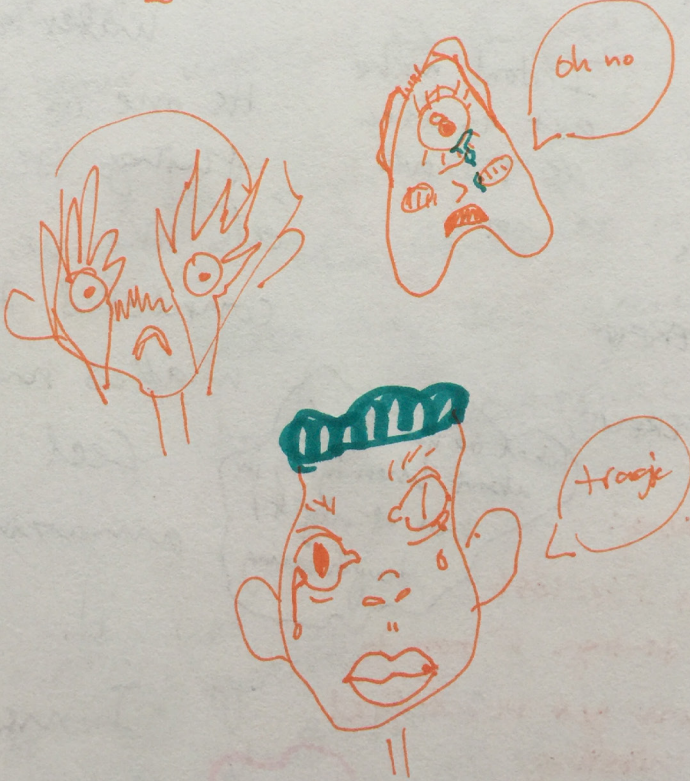
DO U
SEEK
JUSTICE?

no...

BEAUTY

I
CAN'T

EMBARRASSED

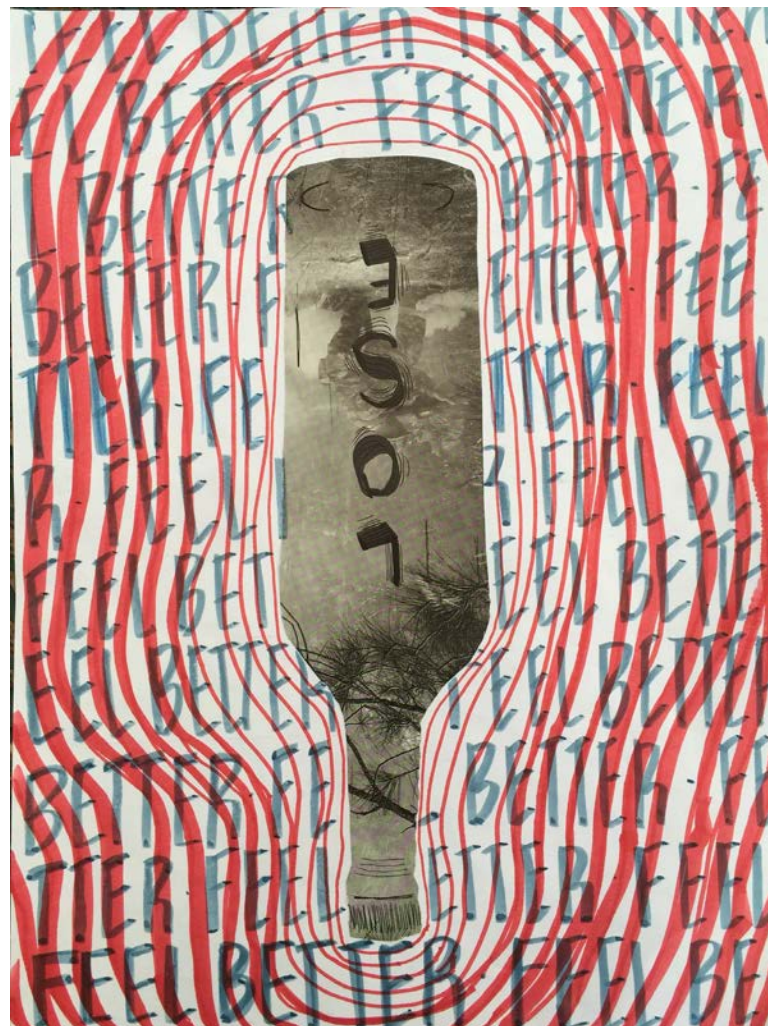
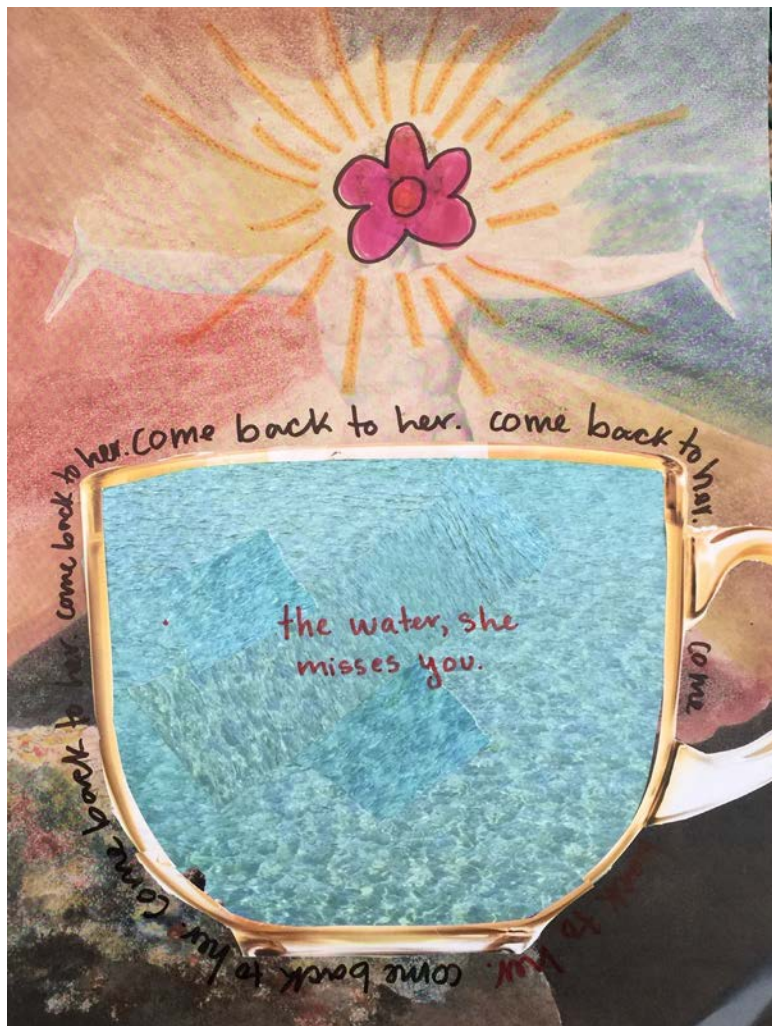




Oh
bondage,
up yours!

male
punk
n/k







Morgan

Morgan Patterson
@m_ep_16

1. Fatigue speaks louder than my alarm.

2. Coffee fuels, don't play by the rules.

3. Empaths choose the right path anyways.

4. Long drives pass the time endlessly.

5. Everyone may be strange, I'm stranger.

6. Feelings become meaningful when time forgives.

7. Candle wax may evaporate, I don't.

8. Lukewarm lakes with humid ass headaches.

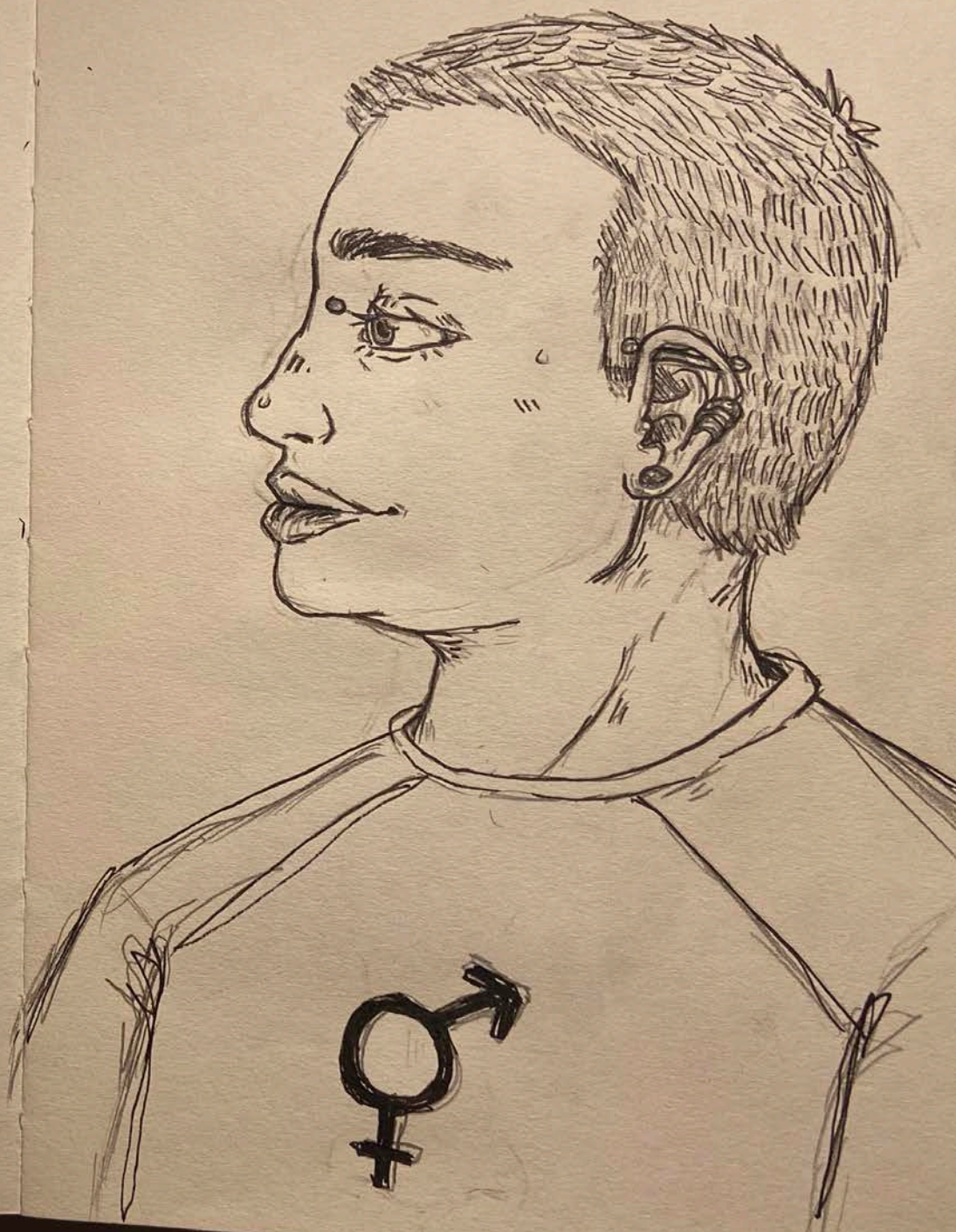
9. Stressed as fuck so fuck it.

10. Remember when we drove together endlessly.

11. Your body ages creating mind cages.



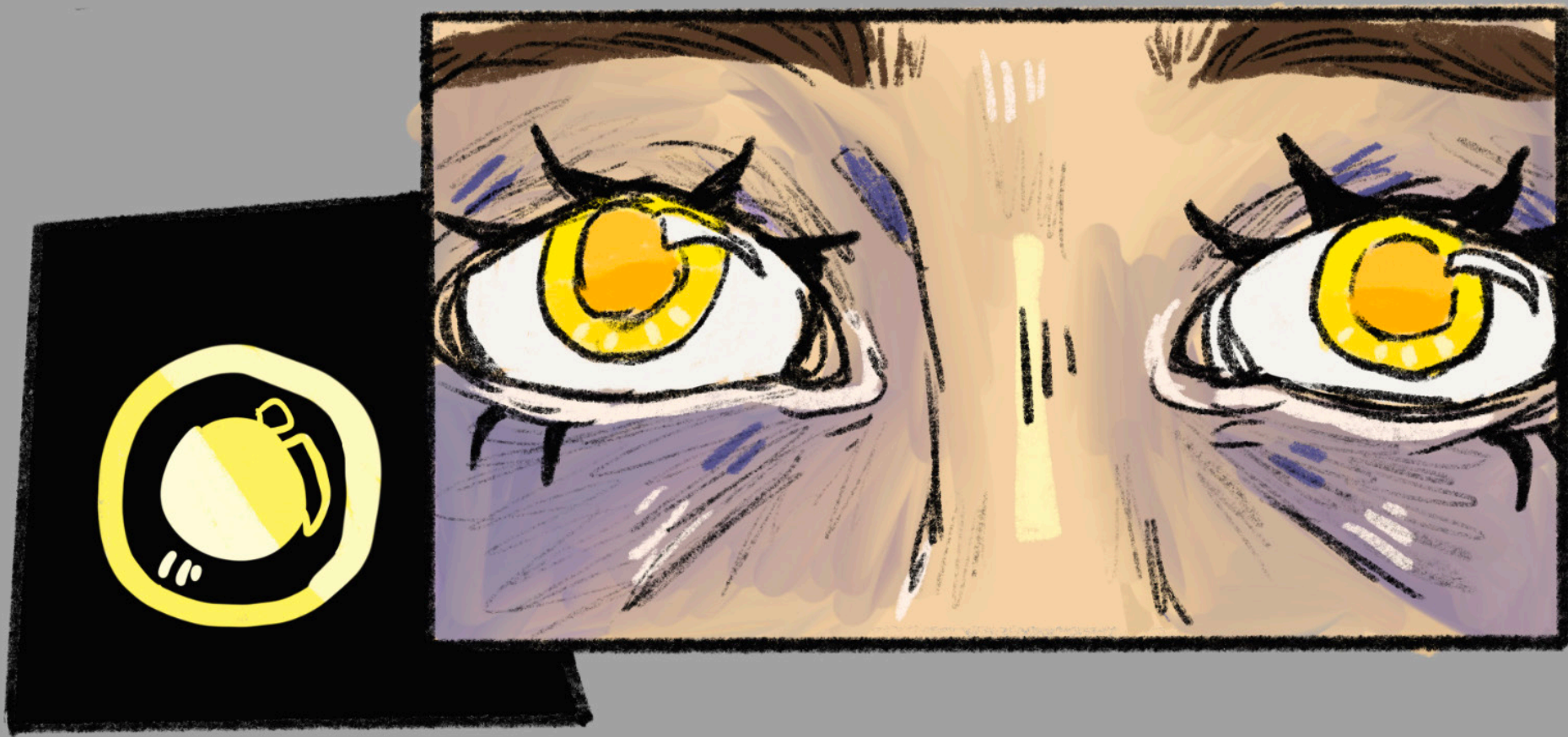
unacceptable

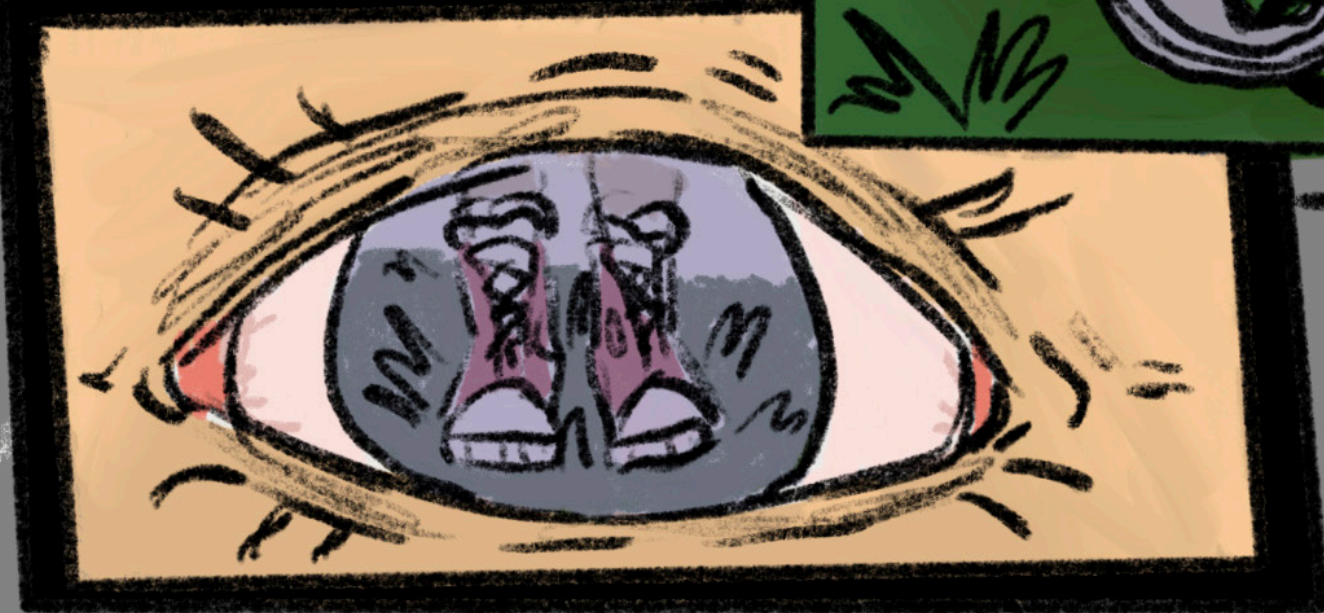








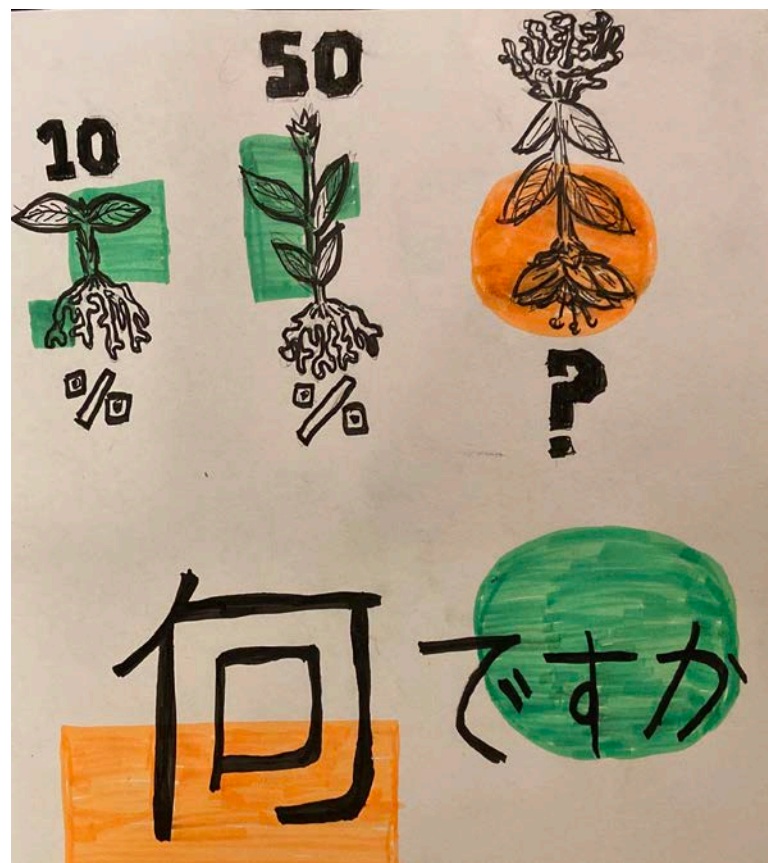
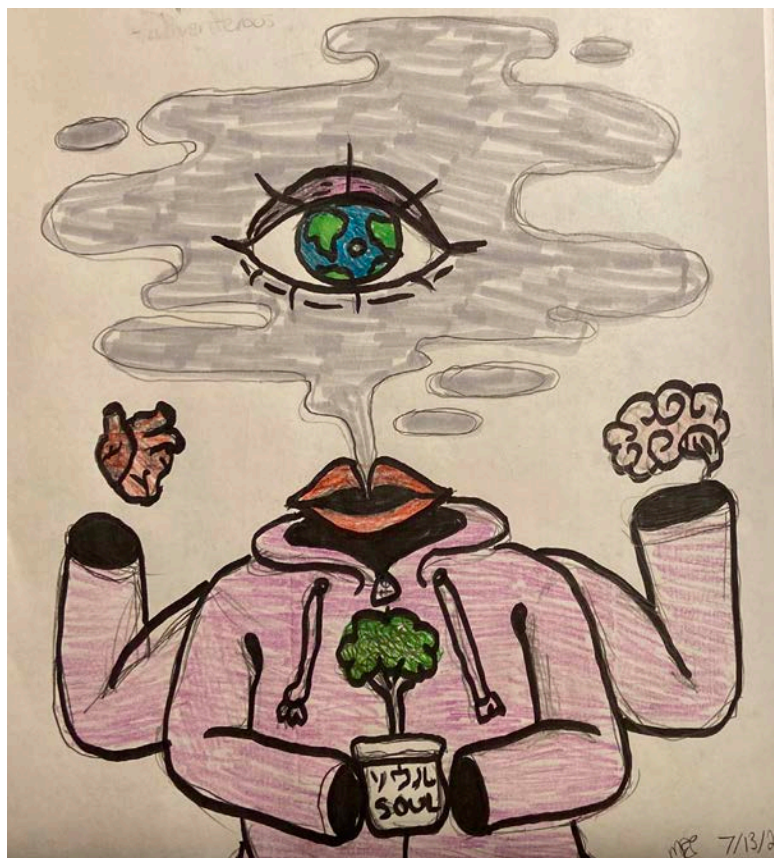






They
just had too
much to
DRINK

ARE
YOU
SURE



PETER

Peter Carpenter
@petercarp_

1. Excited. Comfortable. Indecisive. Thirsty. Being.
Random.

2. Here I write, indecisive as ever.

3. Expectation of success only encourage stress.

4. My doubts plague me. What if?

5. Well rested, I am feeling. Yoda?

6. Defeat. Humiliation. Mentality. Grind. Redemption.

7. So many unknowns. What will happen?

8. Bad at dancing. Also extremely hungry.

9. Exhausted, hungry, thirsty, yet feeling fortunate.

10. Never underestimate powers of human
connection.

11. Weary legs, tired body, mind refreshed.

12. Curiosity means courage in accepting unknowns.

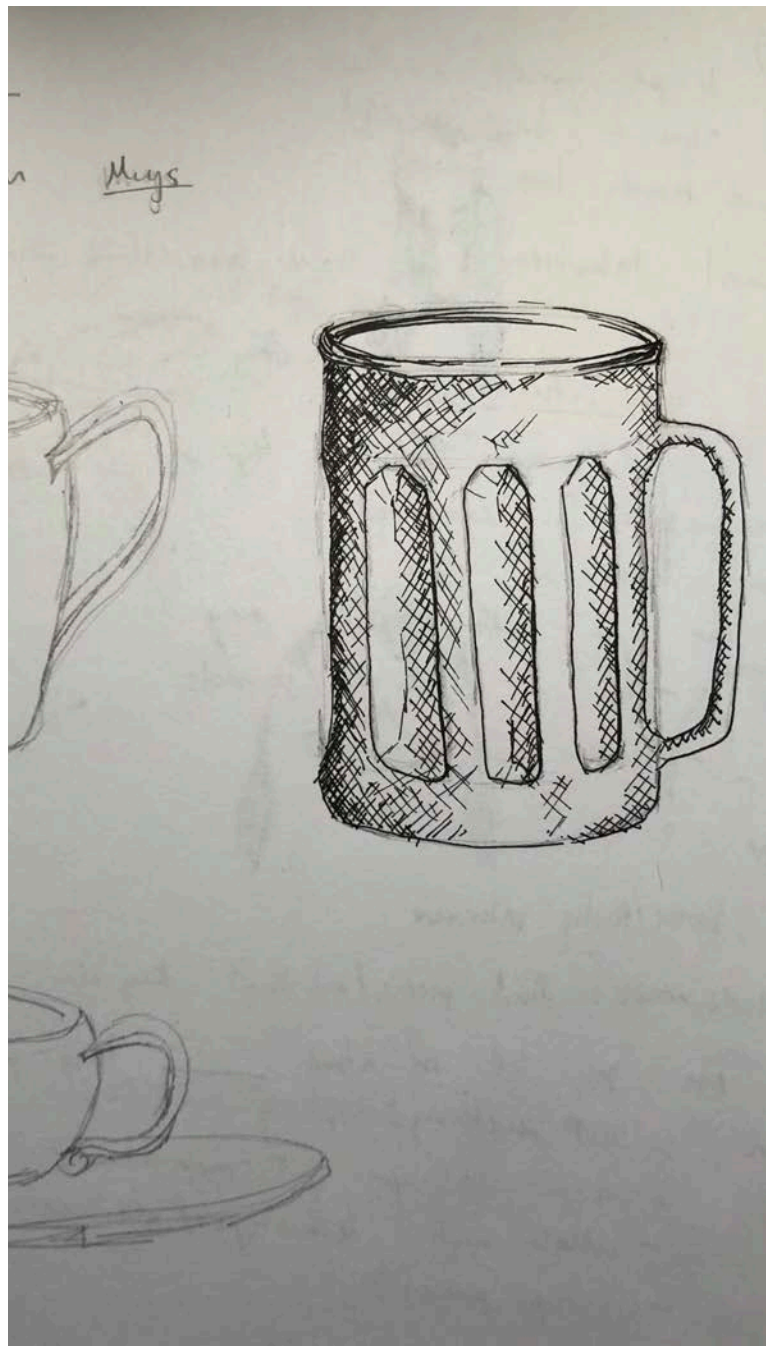
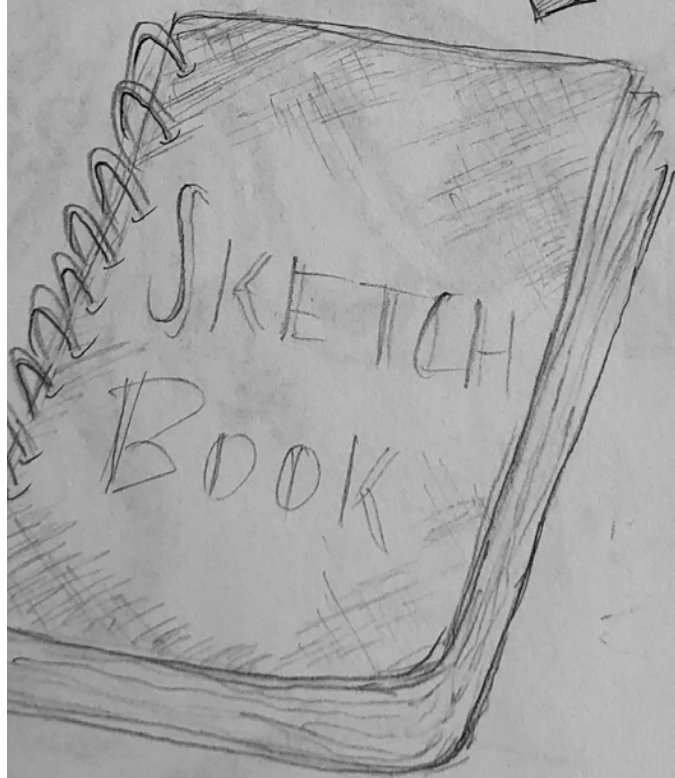
13. Awaiting the news, the jitters arrive.

14. School work during the summer? Ew.

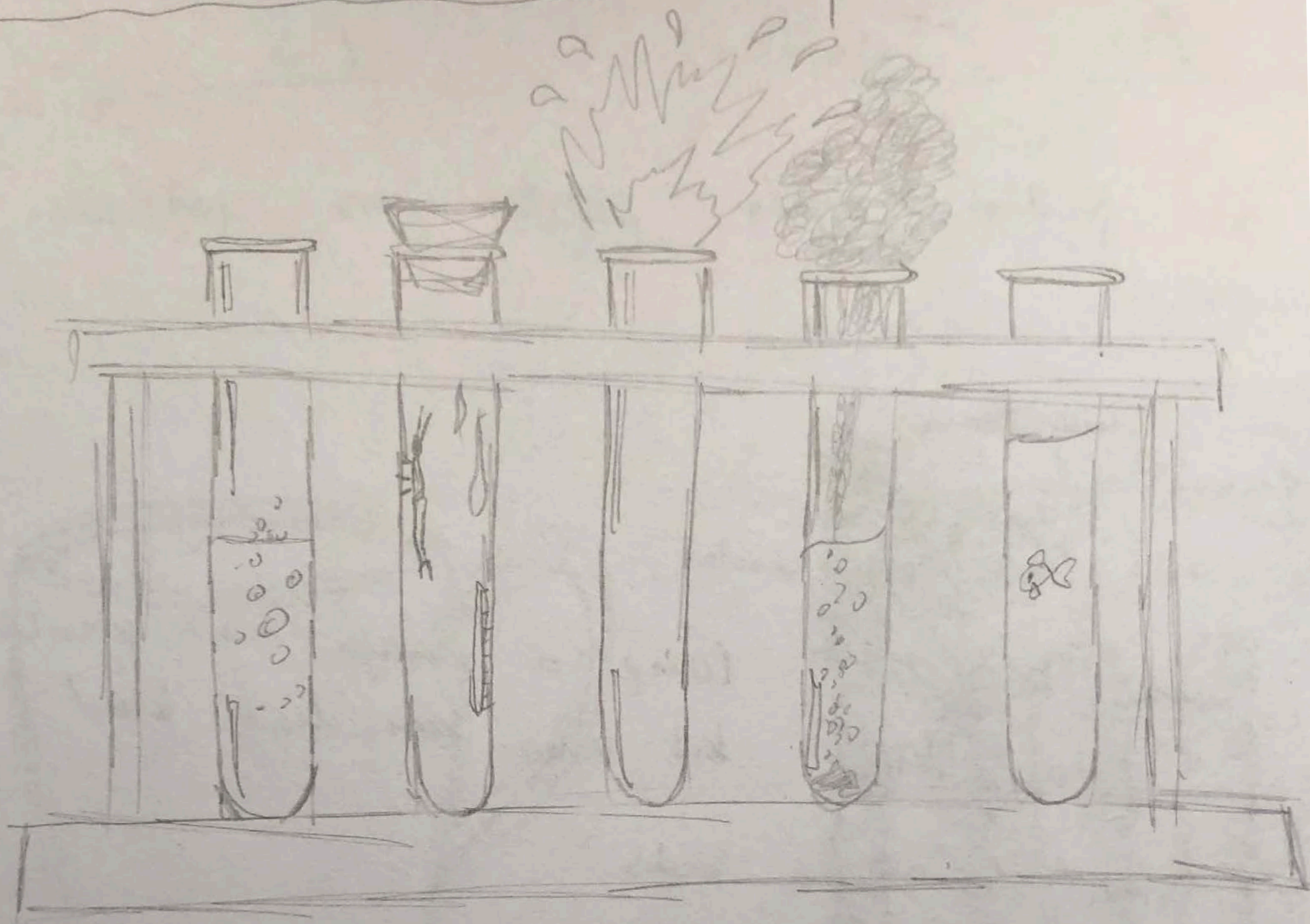
15. Home alone, but for good reason.

GOALS
FOR 6 WORDS - tell a truth, but
a simple truth
- permanent
- temporary

INSPIRATION



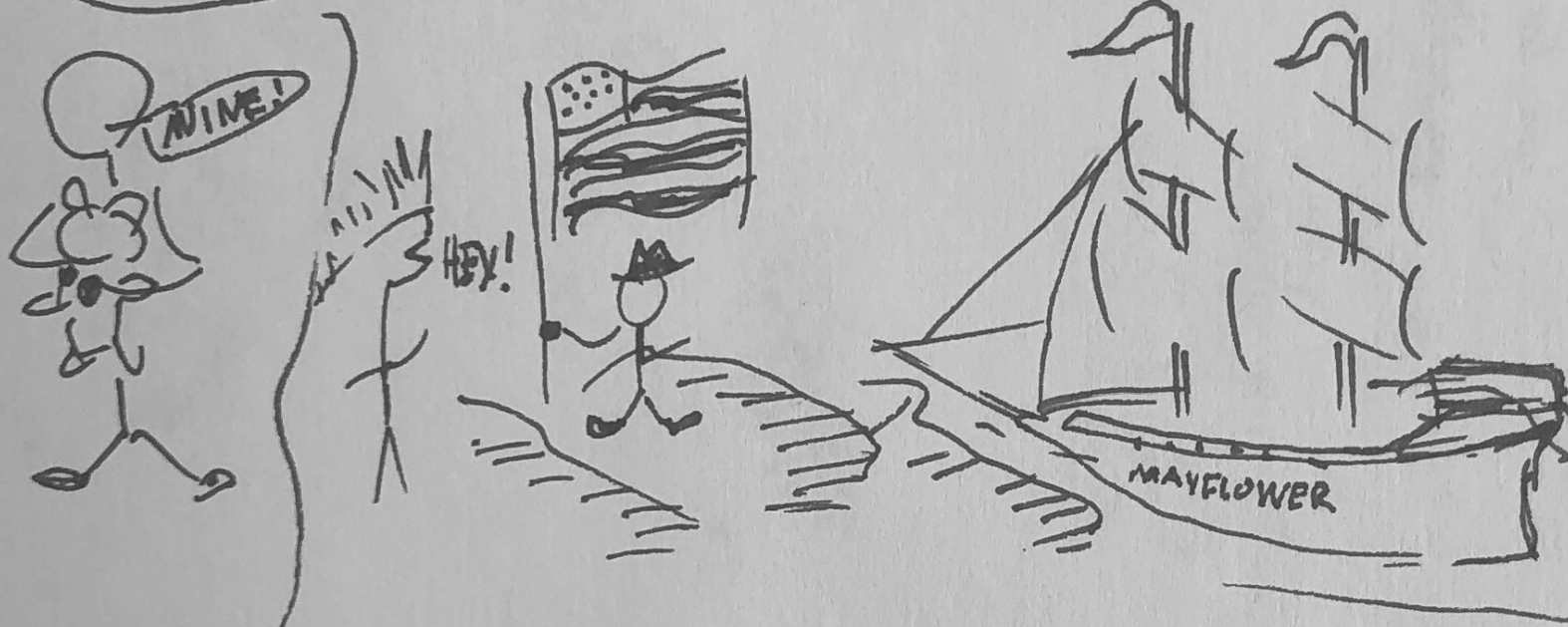
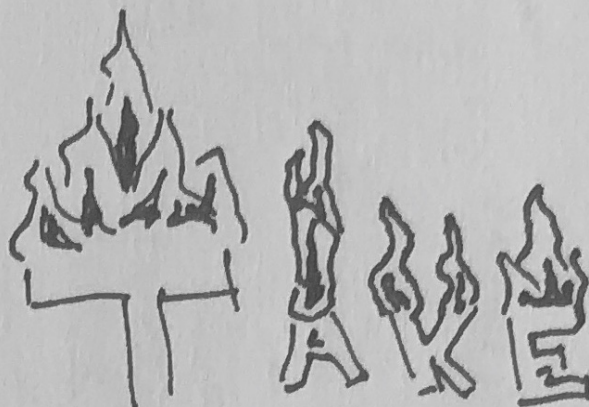
sketches of wet vials July 30



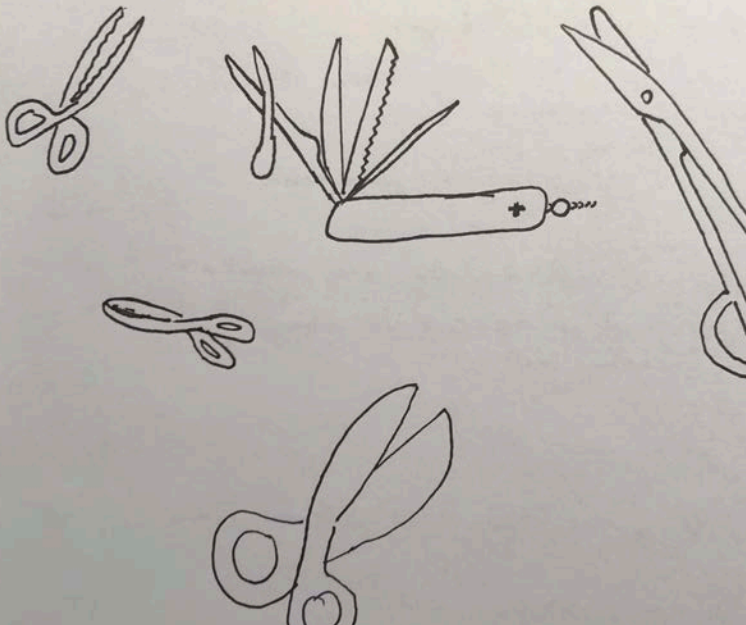
July 22

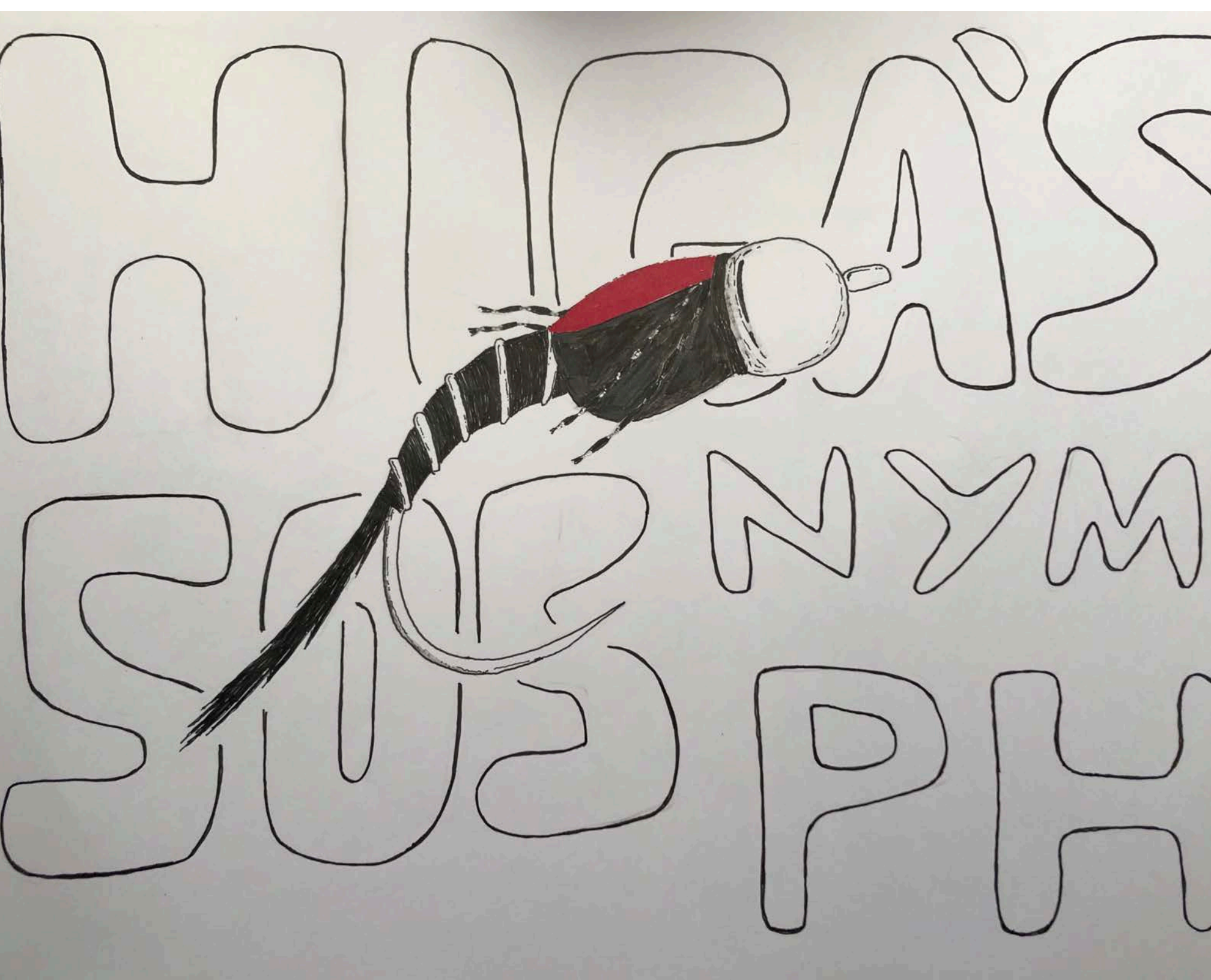
5* Sketches on work "take"

↳ only got to 4



August 3 5 sketches on scissors

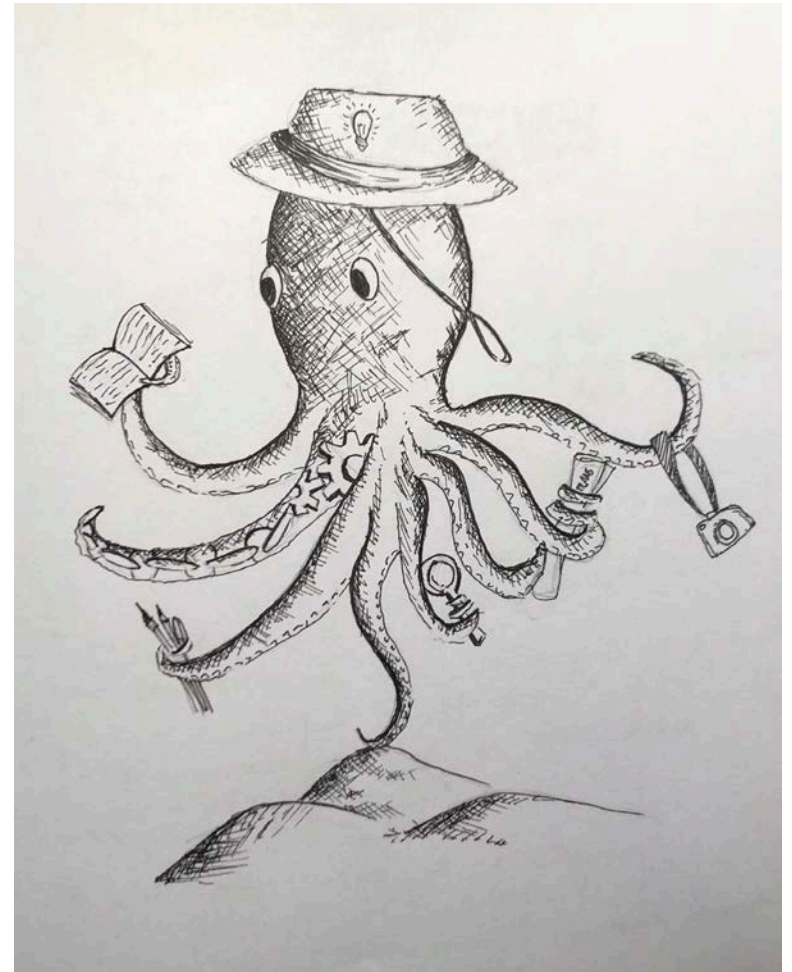


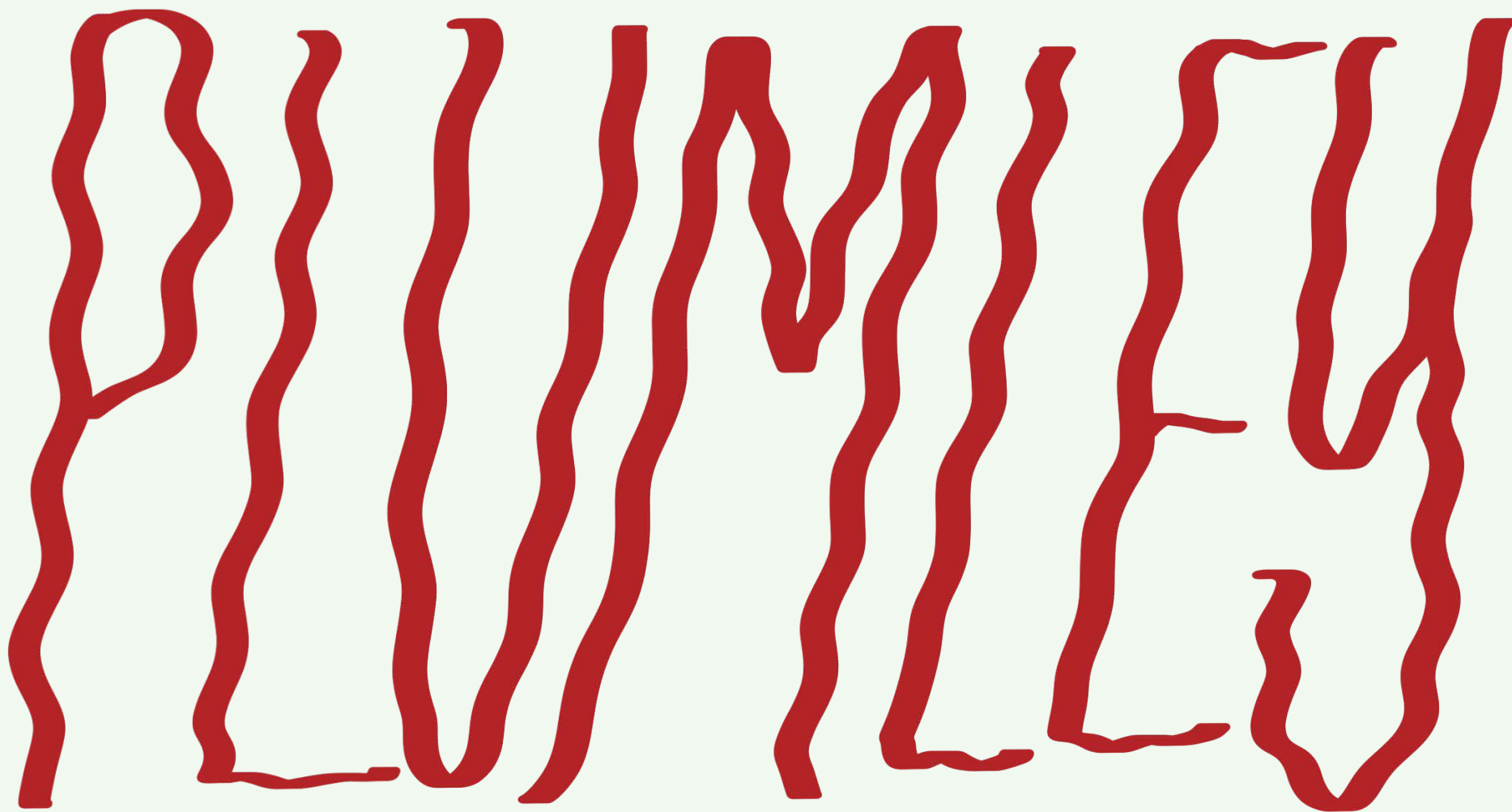












Plumley (Jason Plumley)
@Plum137._.17

1. Five foot eleven pink hair misfit.

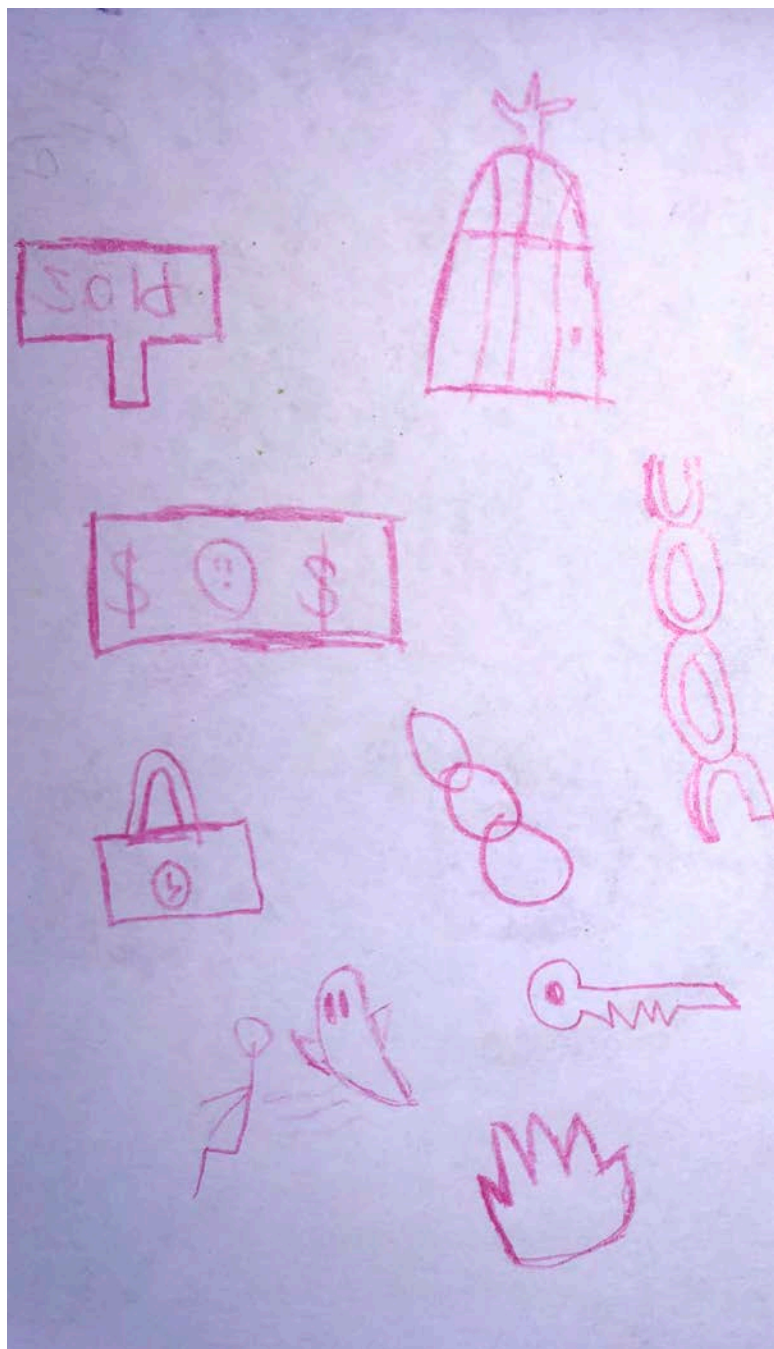
2. Handsome,Dashing,Charming red hair devil.

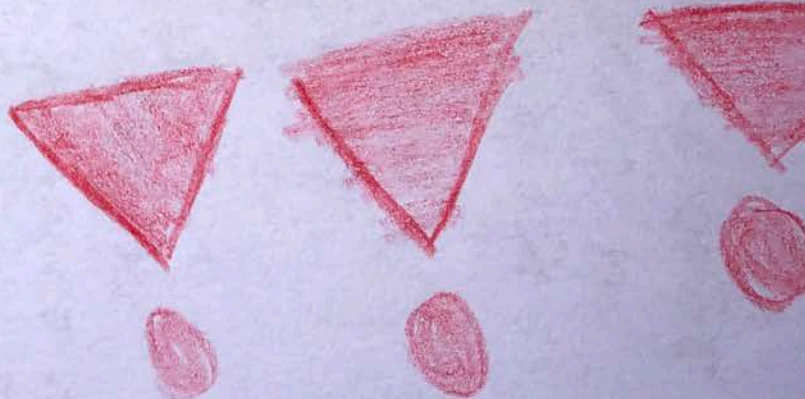
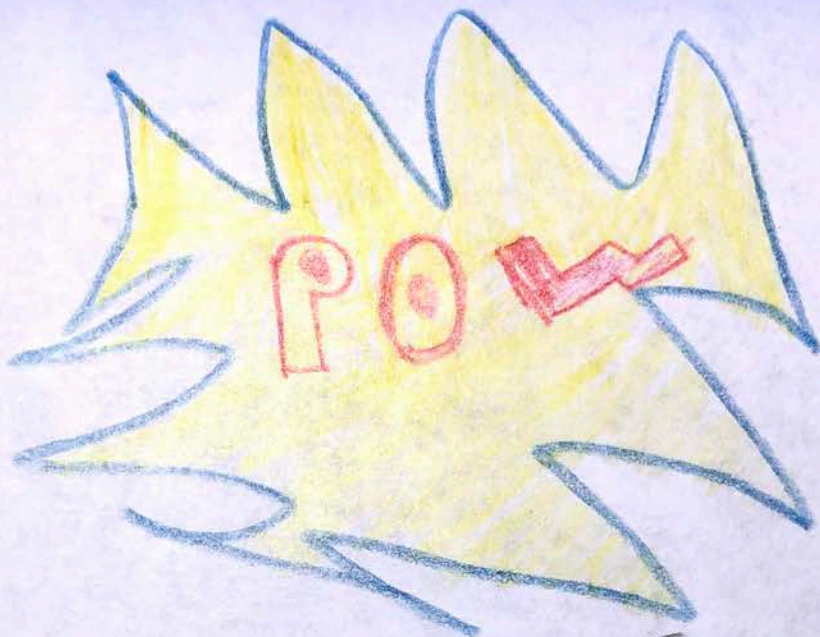
3. Three mugs in a bar oh heavens.

4. Blood soaked hair child of damnation.

5. Warm Arnold Palmer scratches my throat.

6. Silent weeping no one cares about.





TE
7/2

4:
ship

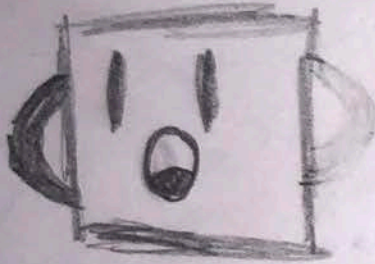


Hot Grease
That Hurt

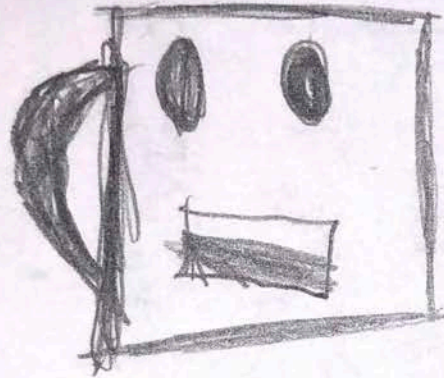
Silent we
care abo
old man app

3 Mugs

Oh heavens



Yeah man



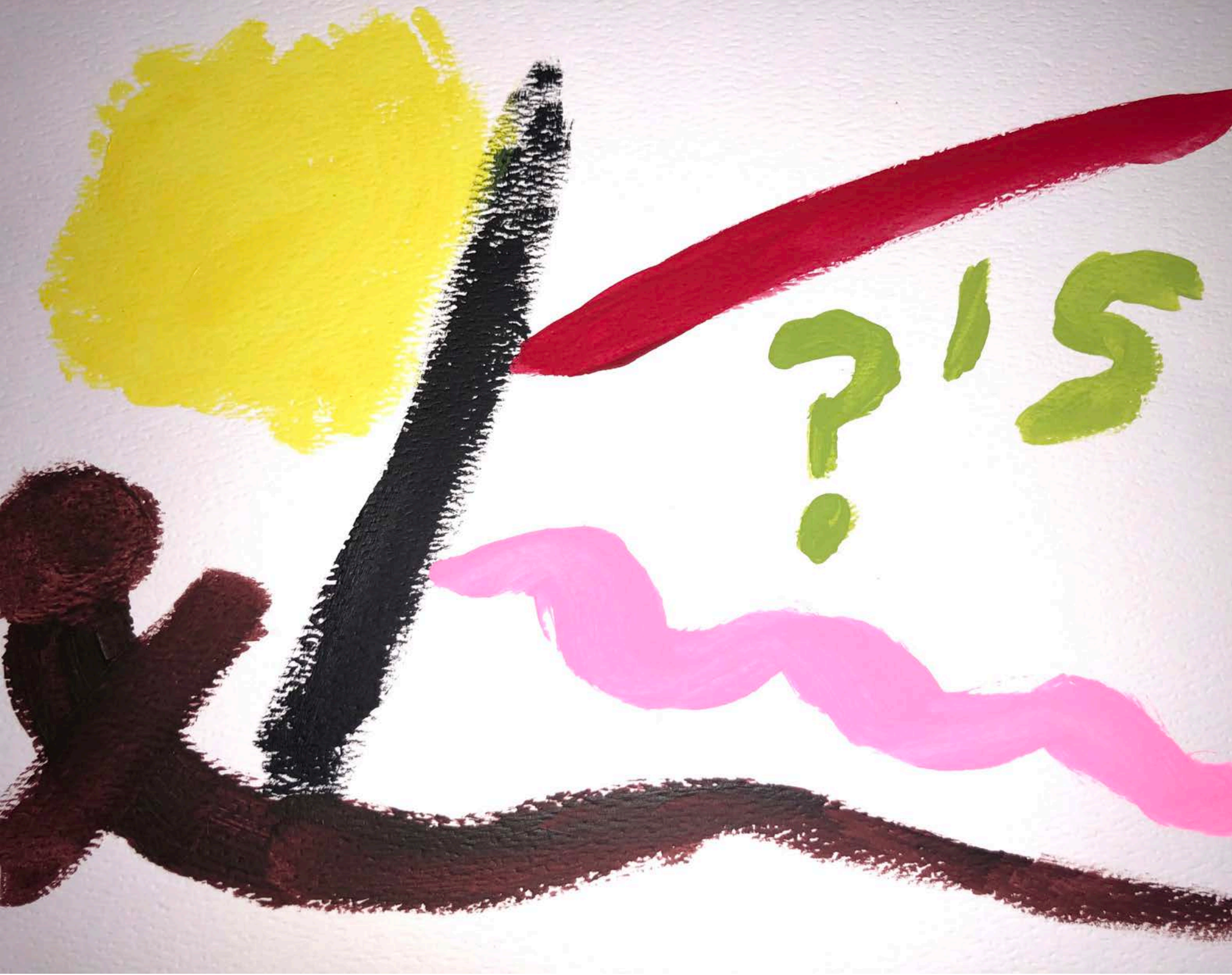
Whipped
cream hits
different



- Three mugs in a bar oh heavens
- social me ignites a flame
- cut the red string of fate
- I won't bow to anybody

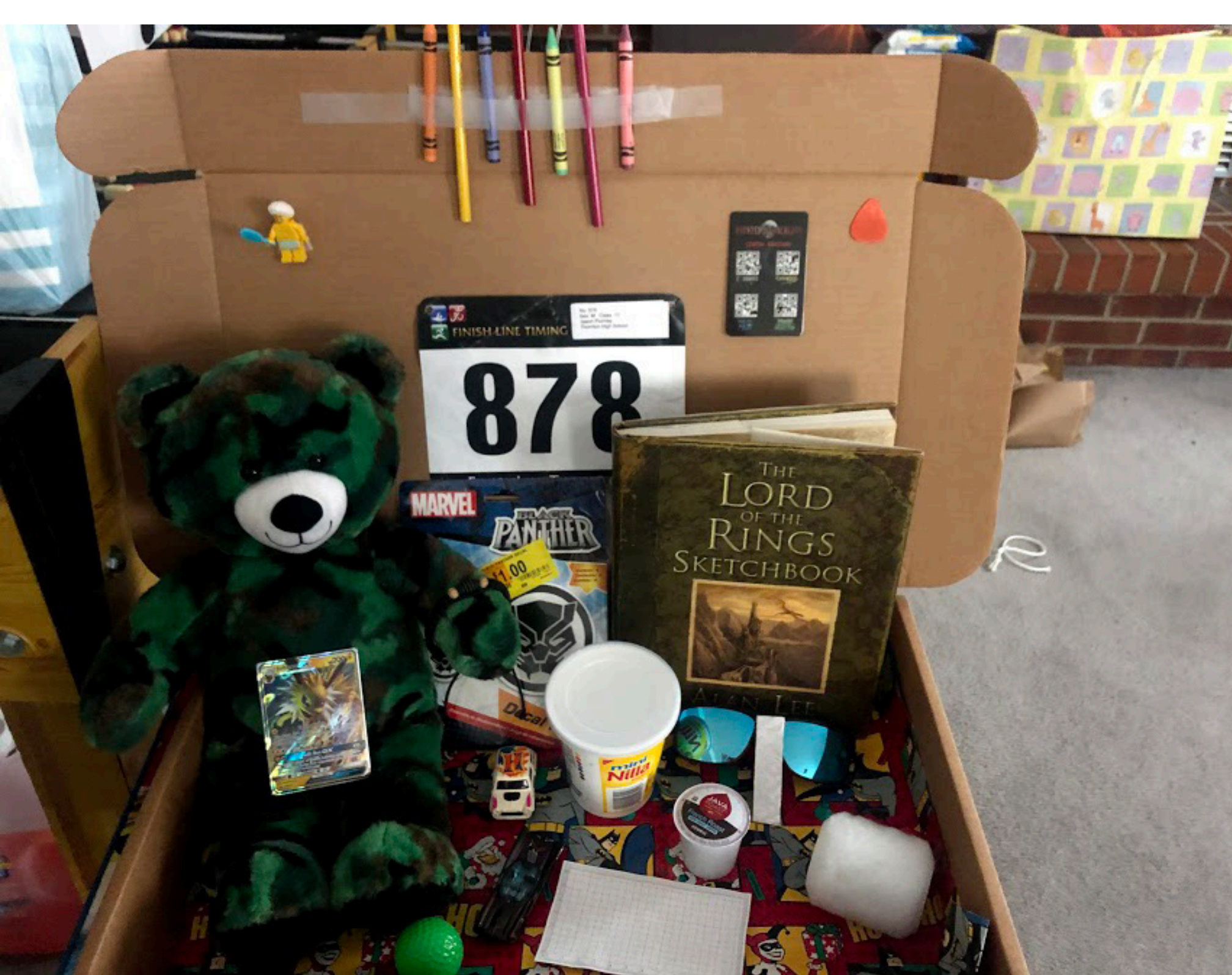












THEO

Theo Hansen
@the.oh

1. Tired. Sore. Annoyed. Calm. Moving. Grooving.

2. In a hole. Searching for footholds.

3. Gaining clarity. Gaining perspective. Getting shocked.

4. I like the idea of it.

5. Slowing down. Zooming out. Looking in.

6. Tired of being disappointed, combative, angry.

7. Too many things, too many things.

8. Improving. Moving. Pursuing. Making. Taking. Breaking.

9.

10. Fueled. Charged. Ready. Waiting. Loaded gun.

11. Thinking about what to do next.

12. People meet people through other people.

13. Woke up. Never did. Still dreaming.

14. Feeling the fatigue. Where is out?

15.

16. Taking bigger steps. Keep on stepping.

17. Be careful when moving heavy objects.

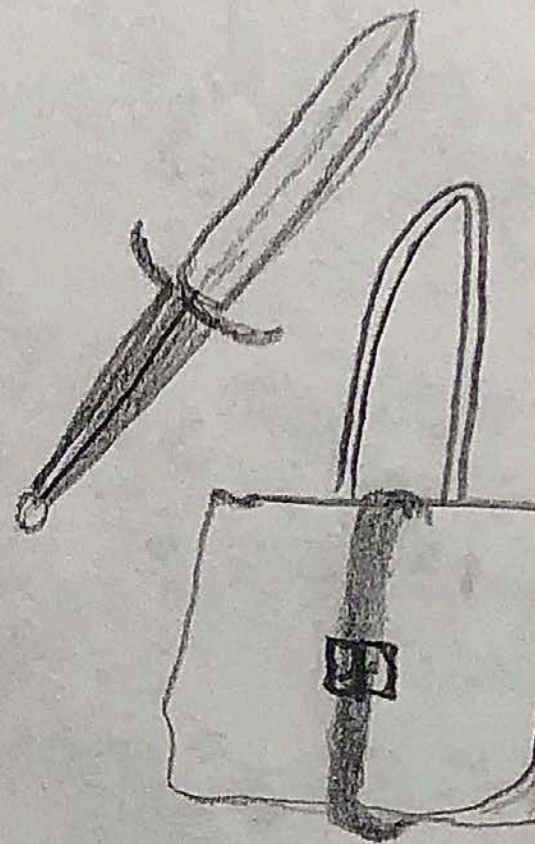
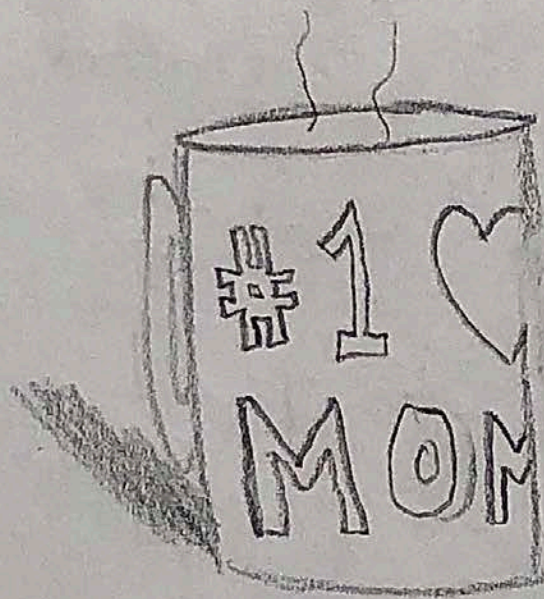
Day 13: 7/20/20

Die game
↳ Aug

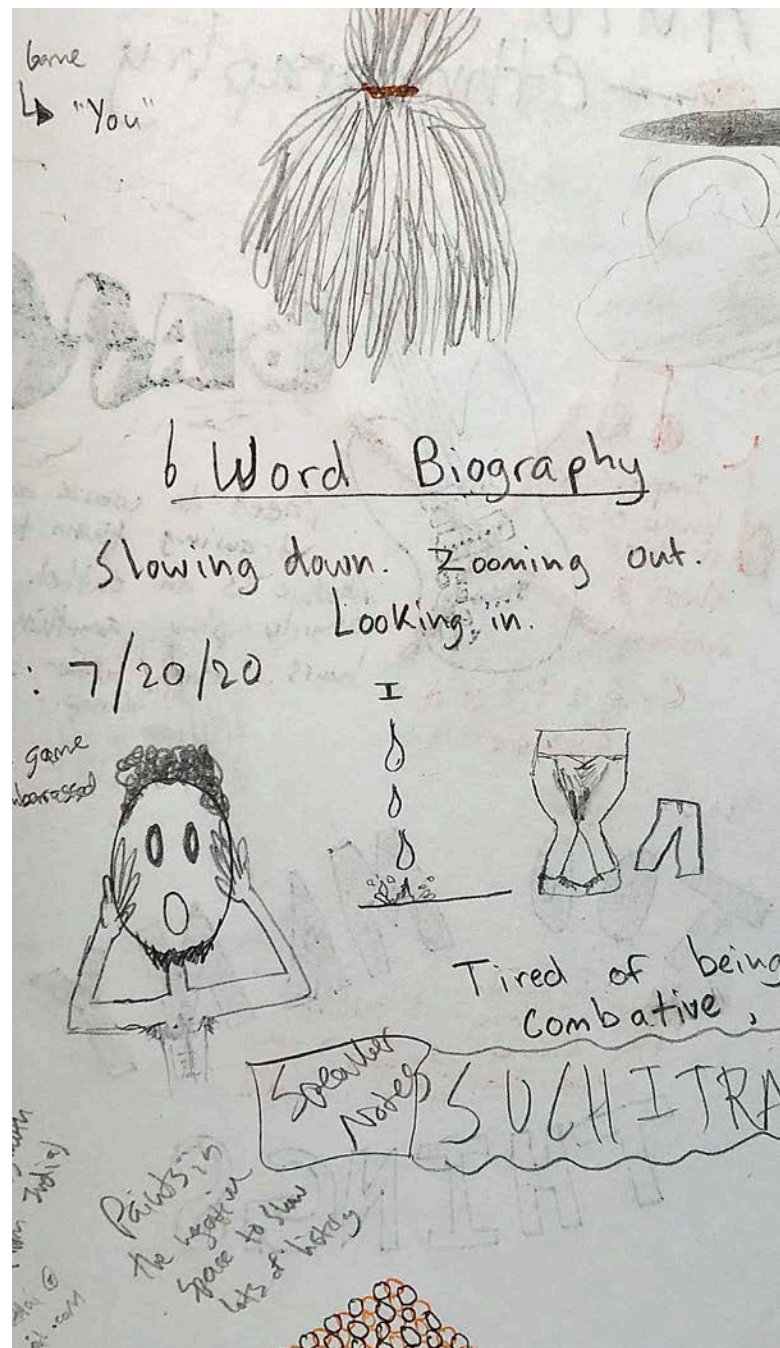
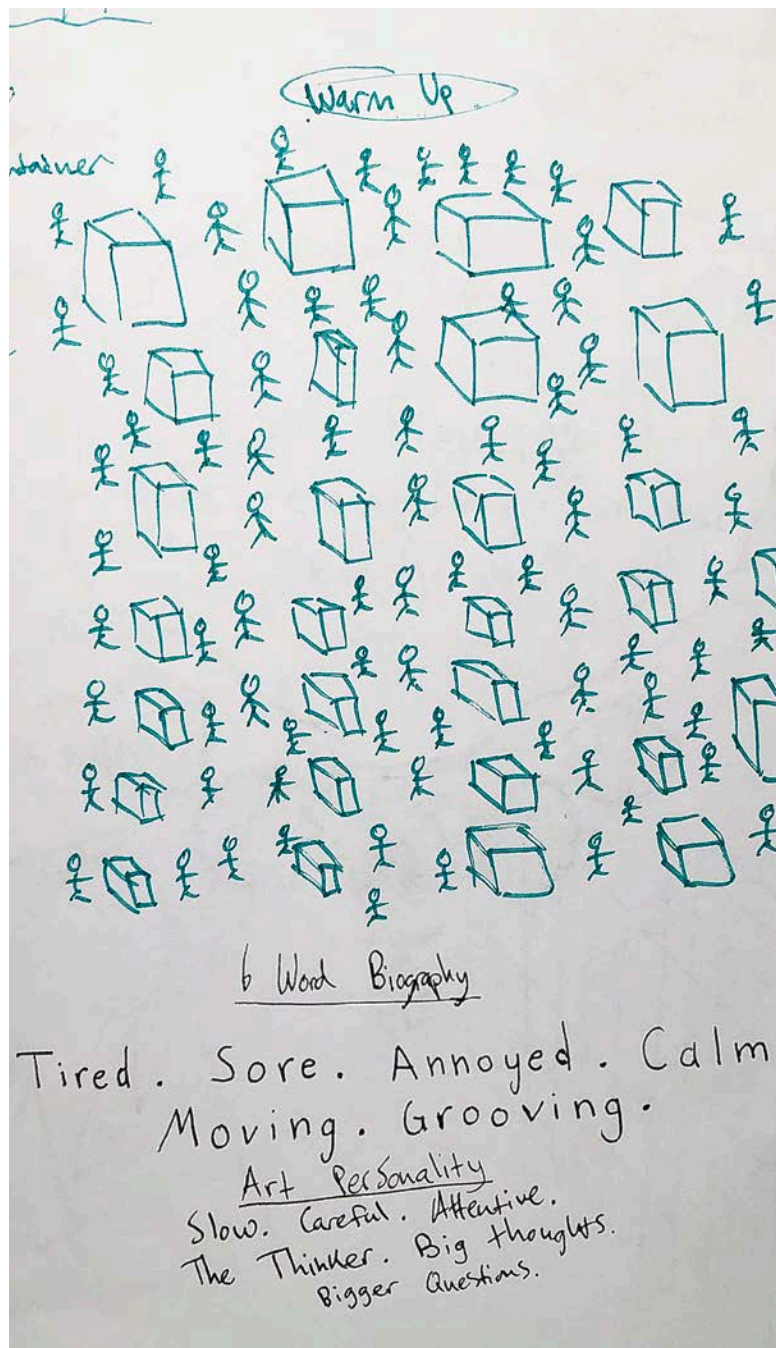
Woke up.

Never did.

Still dreaming.

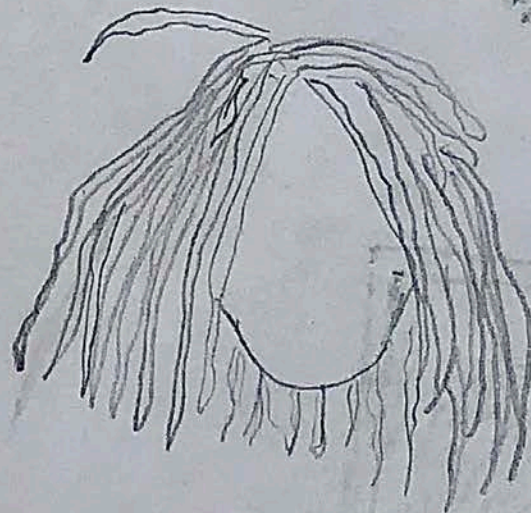
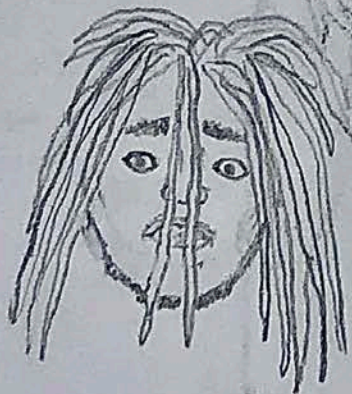


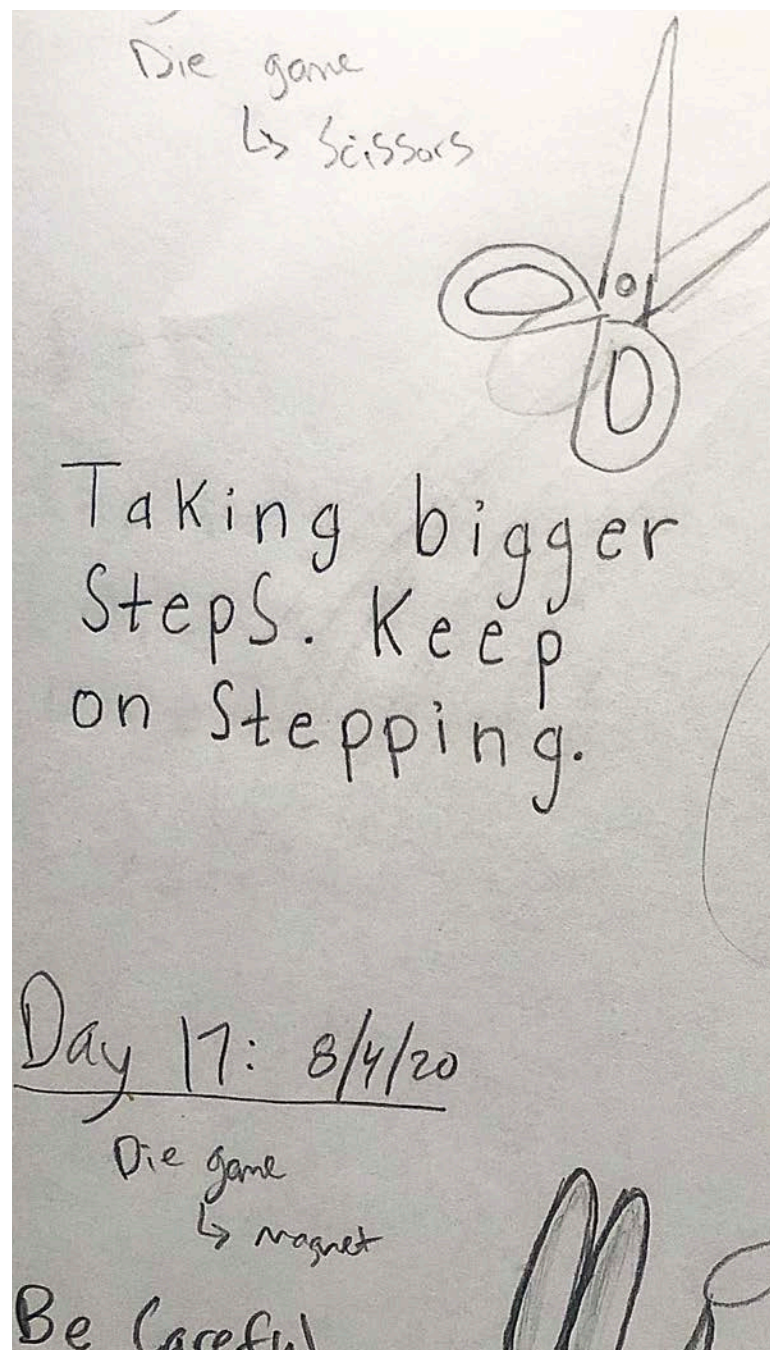
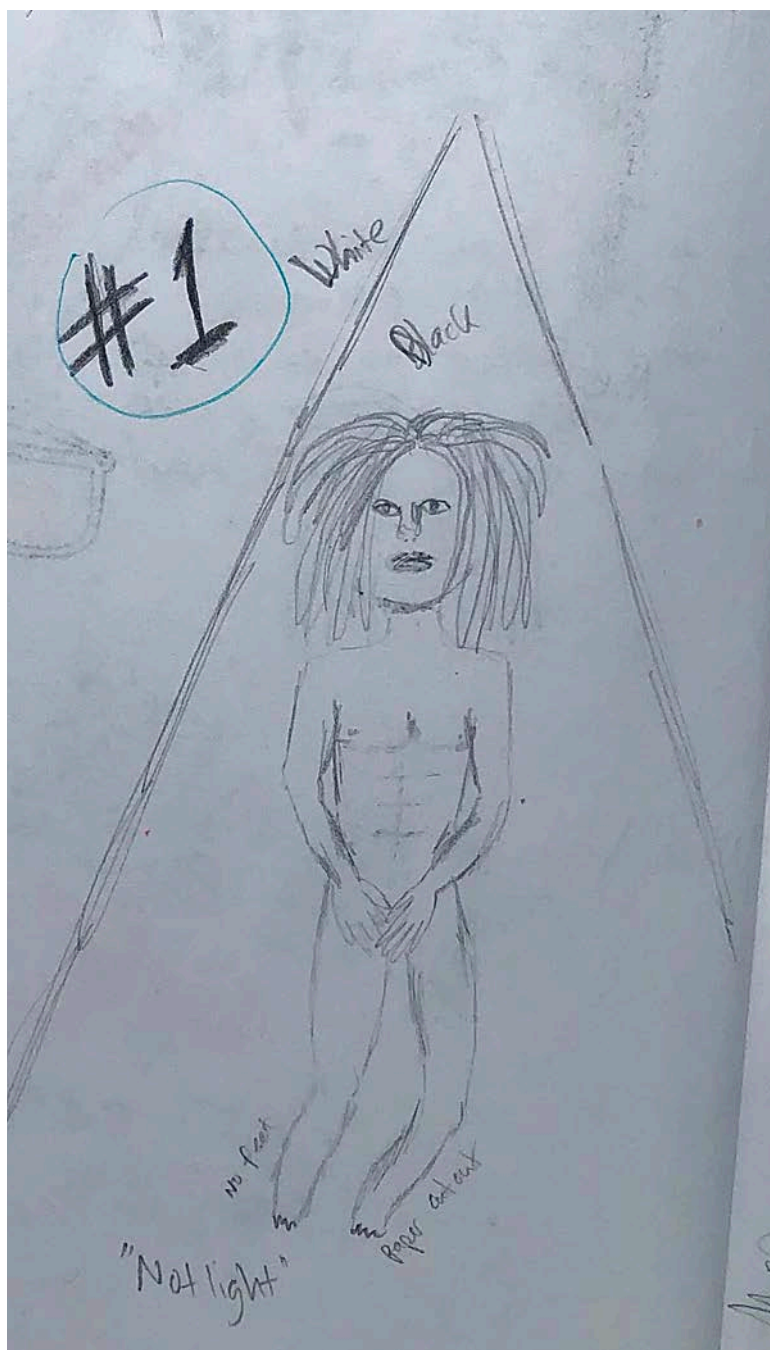
all can have

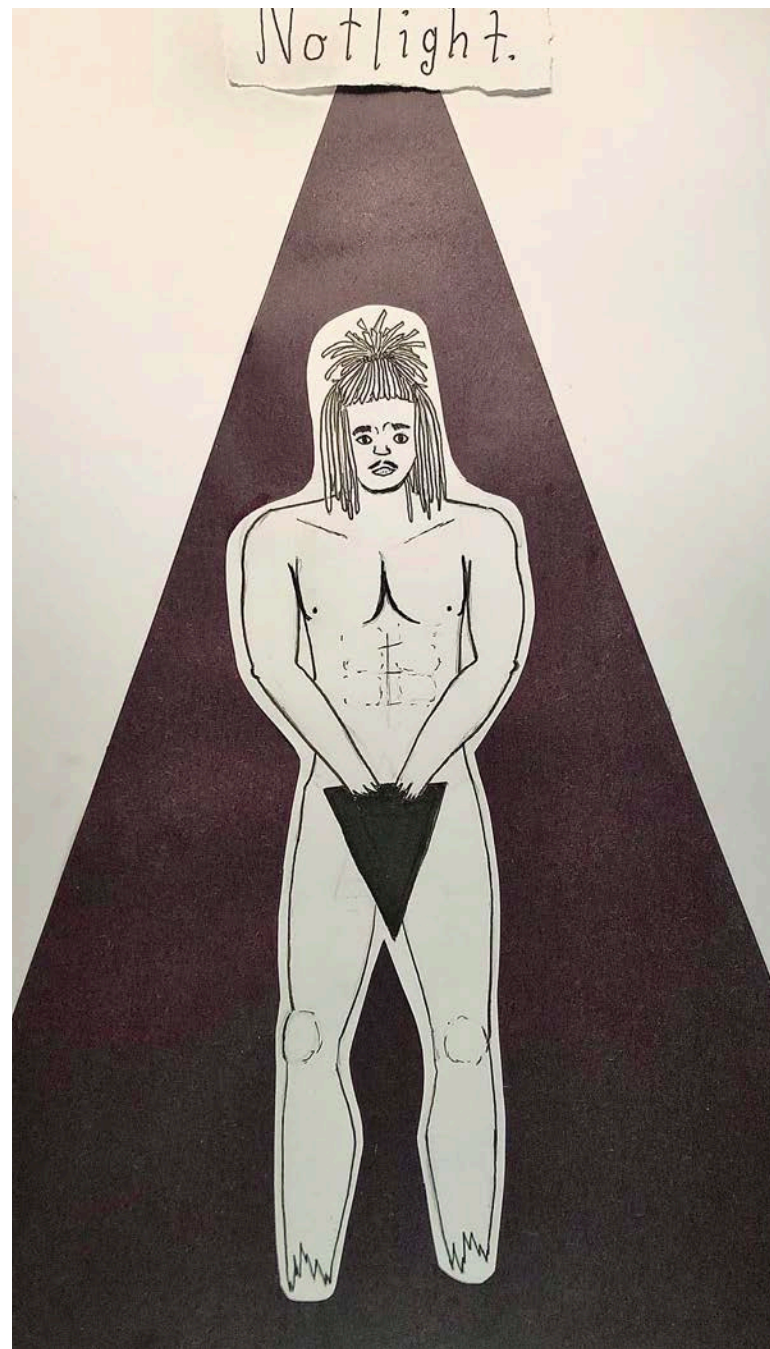


Fueled.
Charged.
Ready.
Waiting.

Loaded
GUN.

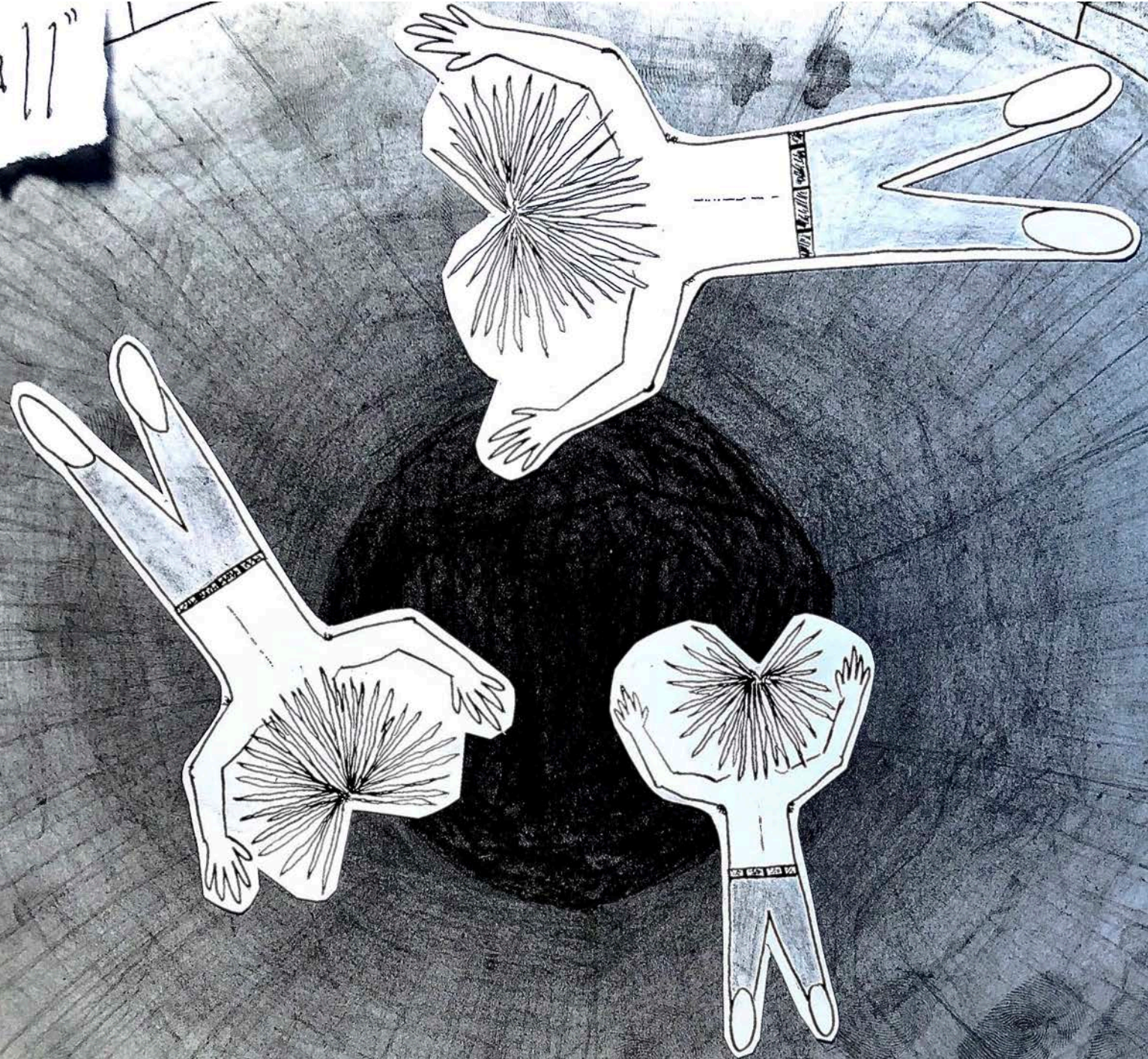


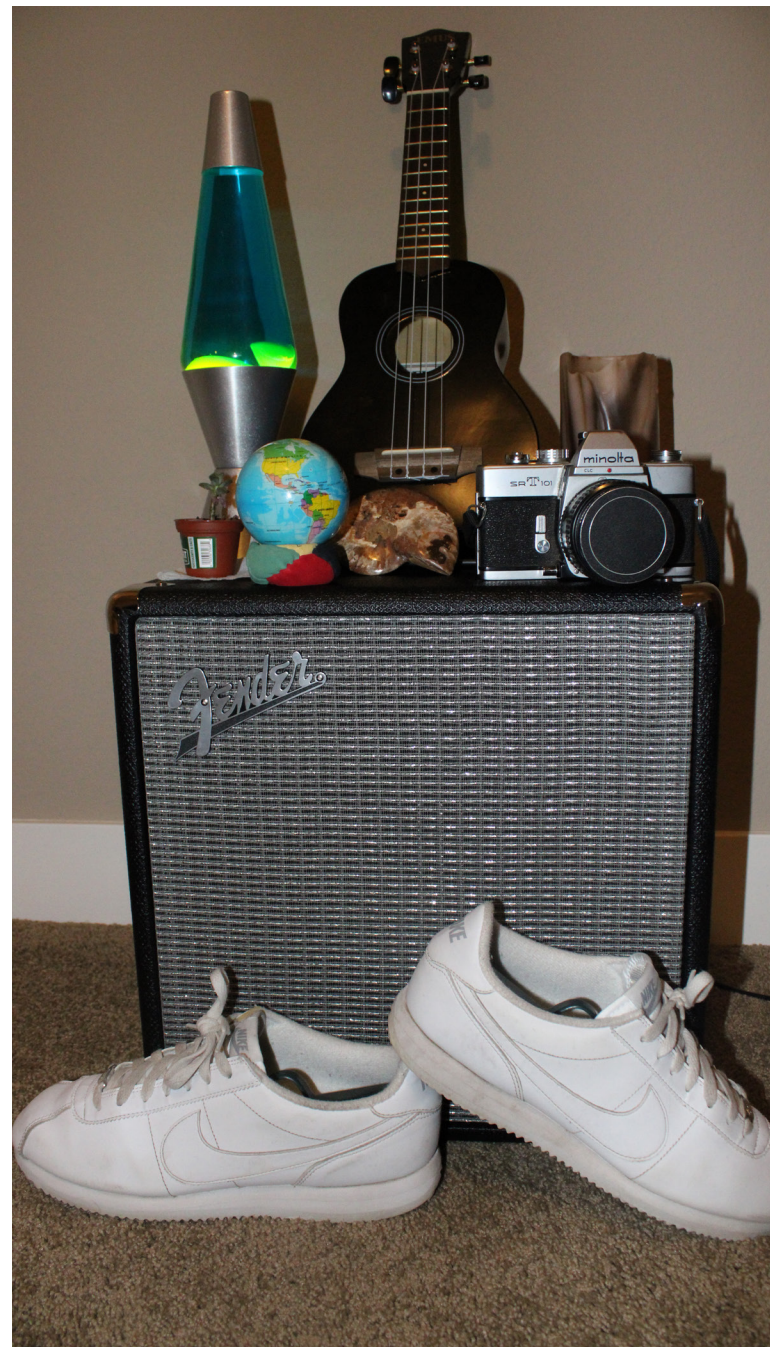






"free fall"





Outro Paragraph?
Thanks to the students? Thanks to
the grant orgs?

Should we close it somehow?