

The Art + Action Summer Internship at the Center for Visual Art brings together students who are interested in creative careers from all over the Denver metro area. We make art to share with the public, meet with creative professionals from a wide range of industries, and build personal and professional skills and networks. The program is meant to provide an introduction into an art world that can appear mysterious and even impenetrable to those outside it.

I lead the program along with MSU Denver art and education students. This year Emily Hammack and Holly Sherman were my right and left hands. I couldn't have done it without them.

The end of the program usually finds us on Santa Fe Drive, sharing our work with thousands of First Friday revelers. This book is our celebration this year, and it really is an achievement. Our 2020 interns are a fantastic group – thoughtful, wise, and resilient. I commend their generosity of spirit and credit them for giving me hope during these (dare I say it) "unprecedented times". Our guest artist and my co-conspirator in redesigning the program for online learning, Rick Griffith chose autoethnography as our theme and it was the perfect choice. Students were encouraged to turn inward to think more deeply about who they are and evaluate what they want for the future. We began each day with six-word biographies that described this time remarkably well. We ended each day by teaching each other a coping mechanism, which ranged from screaming into a pillow to watching very satisfying ASMR cooking videos. In between, we made art, connected to local creative professionals and came together in a community of future arts leaders. I applaud our interns for bringing so much kindness and grace to the process, and look forward to all they create in the future.

> Katie Taft Education Manager Center for Visual Art



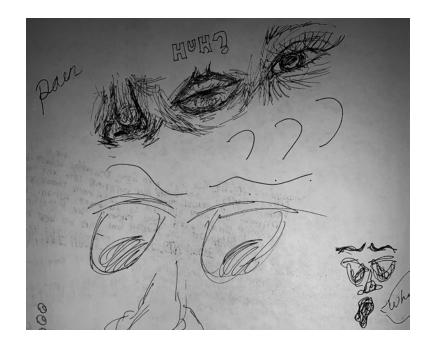
Aaliyah Parra @wowliaa_

- 1. Release the need to be right
- 2. Didn't feel yesterday but today hurt
- 3 Feeling love you head in the clouds
- 4. Feeling down but I love it
- 5. In a different dimension with you
- 6. Siento que ando en el cielo
- 7. Got me thinking like ye...fuck!

- 8. Think so hard I'm stressed out...
- 9. So much you in my head
- 10. My evil villain laugh is sweet
- 11. Want a slice or the recipe?
- 12. Full of pain what to do
- 13. Like I'm out of body...woah
- 14. Let go of the pain lia

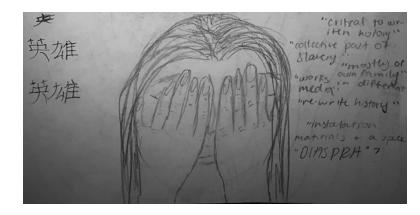
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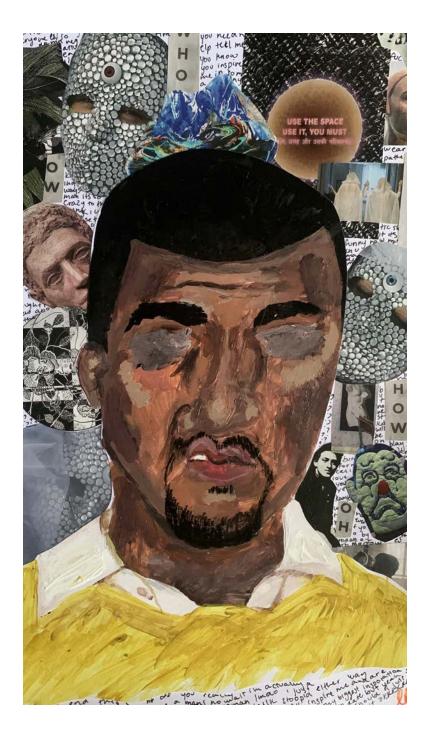


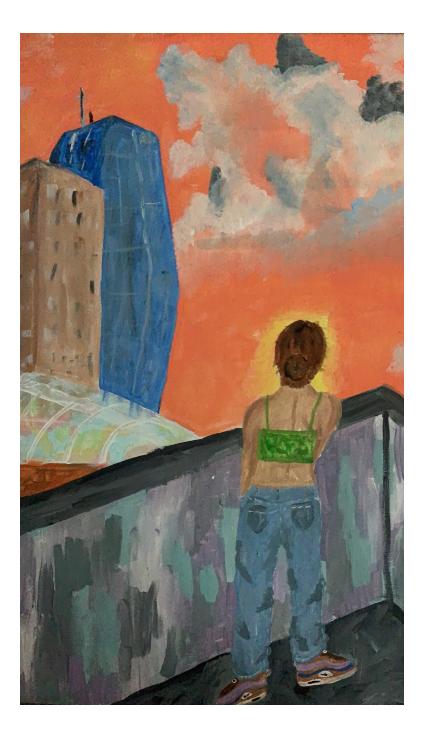


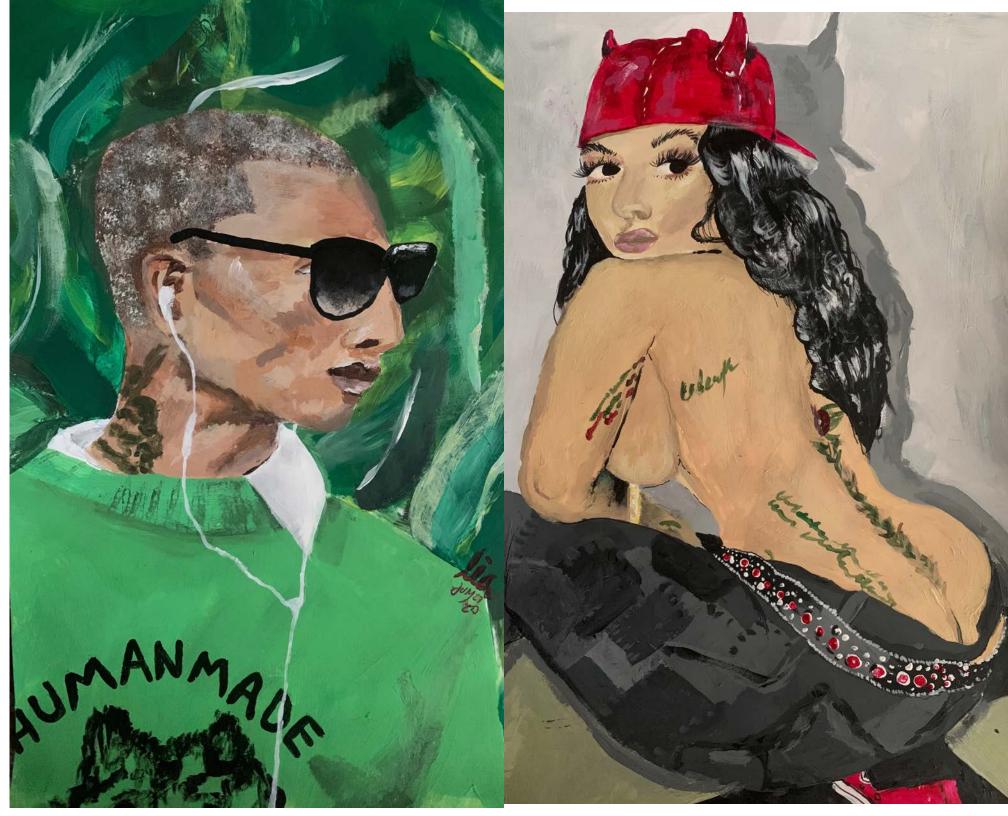
"Bald headed ass Clouds



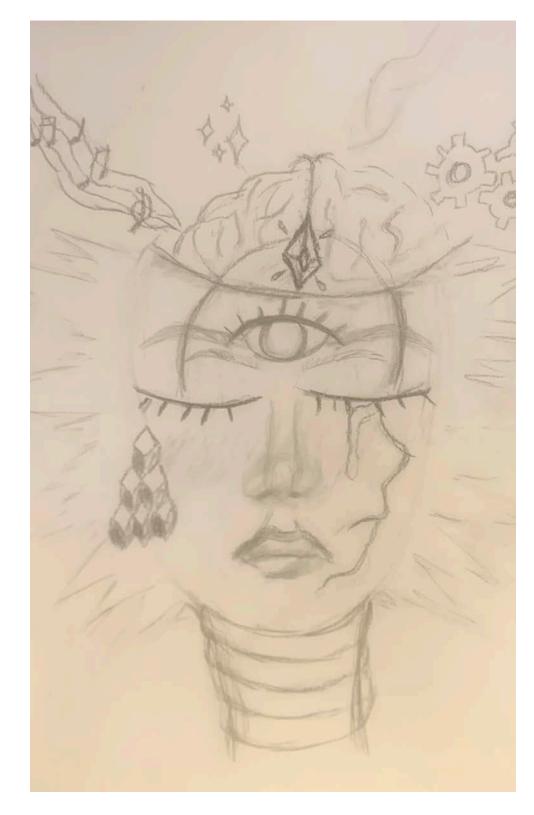
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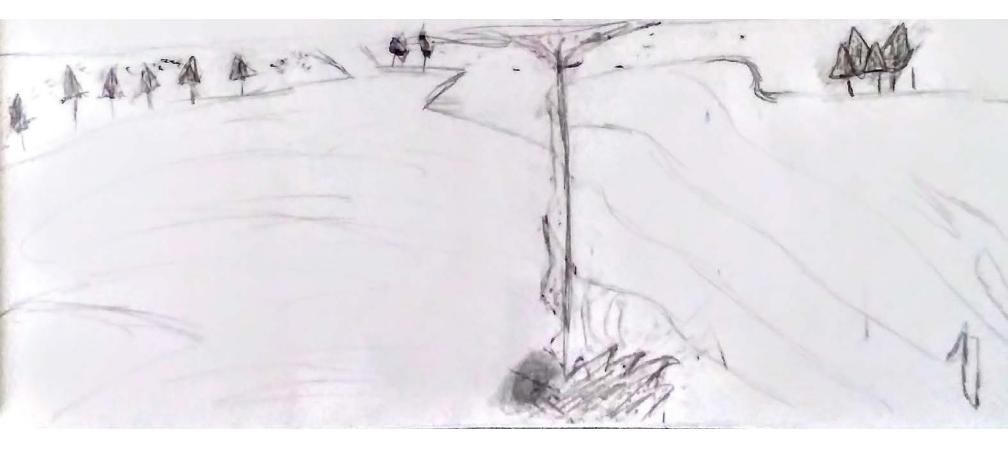




Abijah Baker @yeetusdefetuss

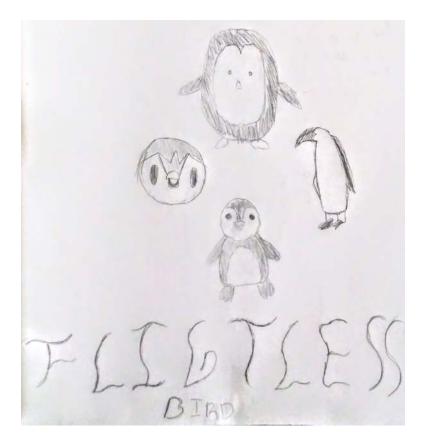
- 1. Empty hunger, filled with lonesome happiness
- 2. Life is confusing not gonna lie.
- 3. Lonely sad thoughts of something odd.
- 4. This morning I clutched the gulag.
- 5. Am I truly hungry or bored?

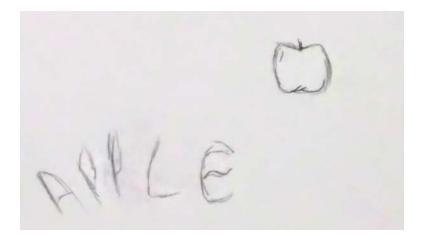
- 6. Without art earth is just eh.
- 7. Artist blocks are mad garbage bruh.
- 8. Secret bosses require lots of work.
- 9. Annoying family, not having any kids.
- 10. Portrait drawing is not for me.
- 11. Today's morning vibes equals great times.



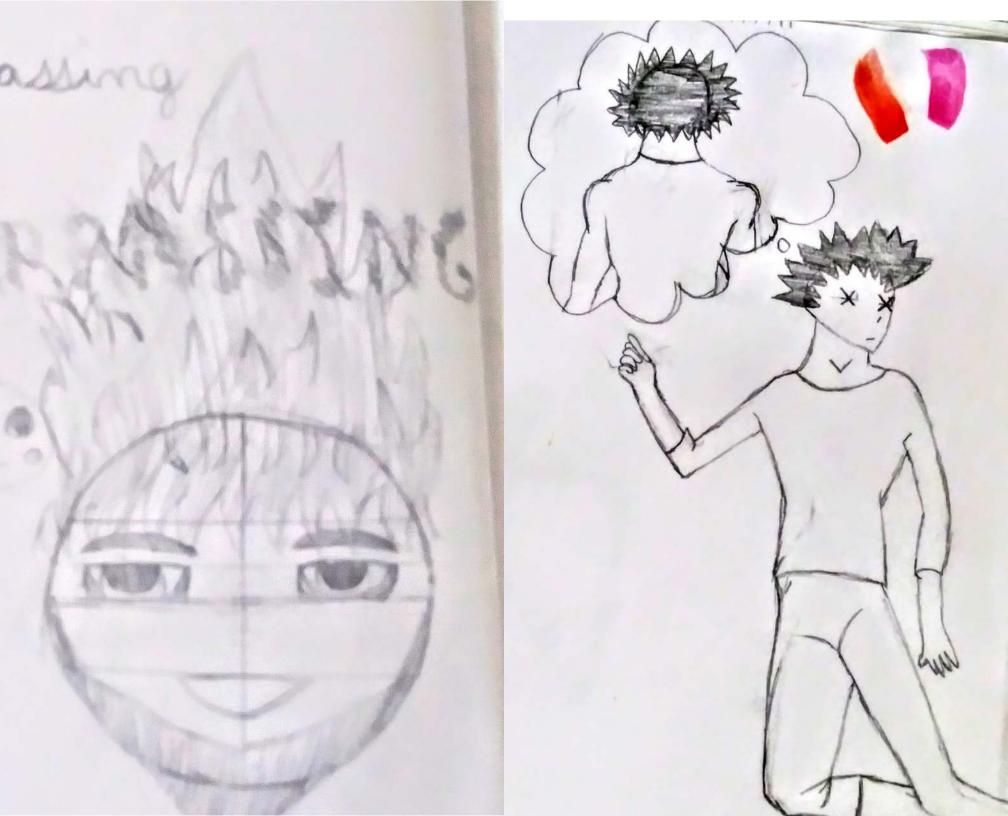






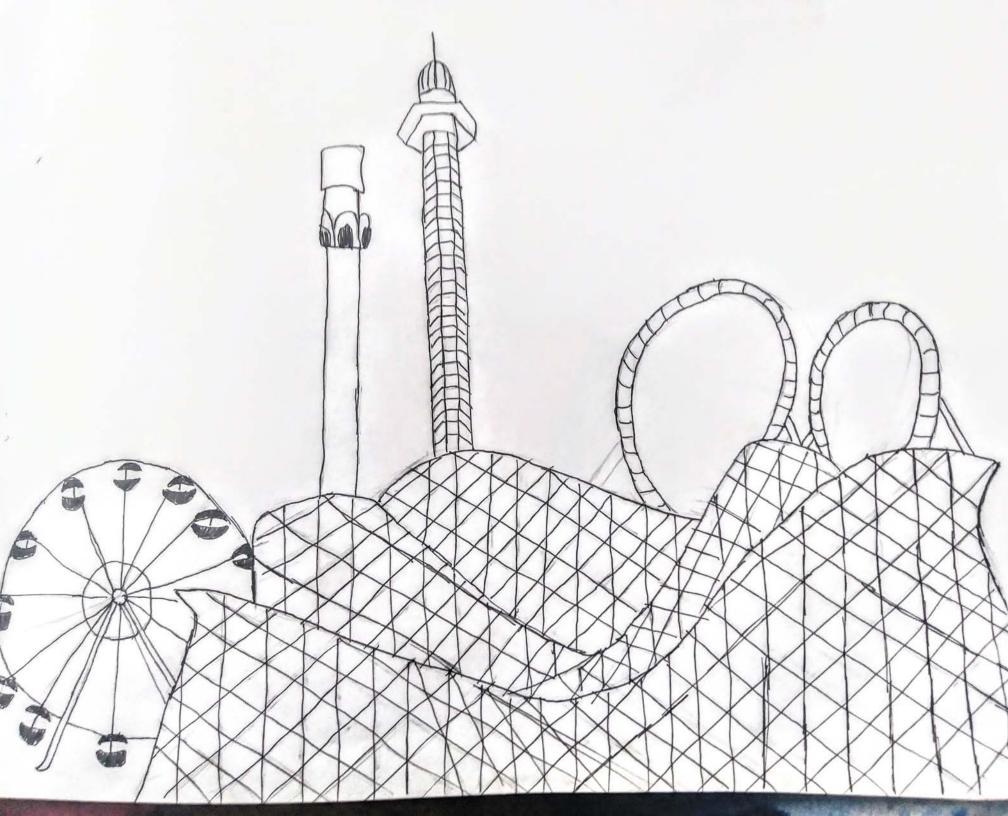


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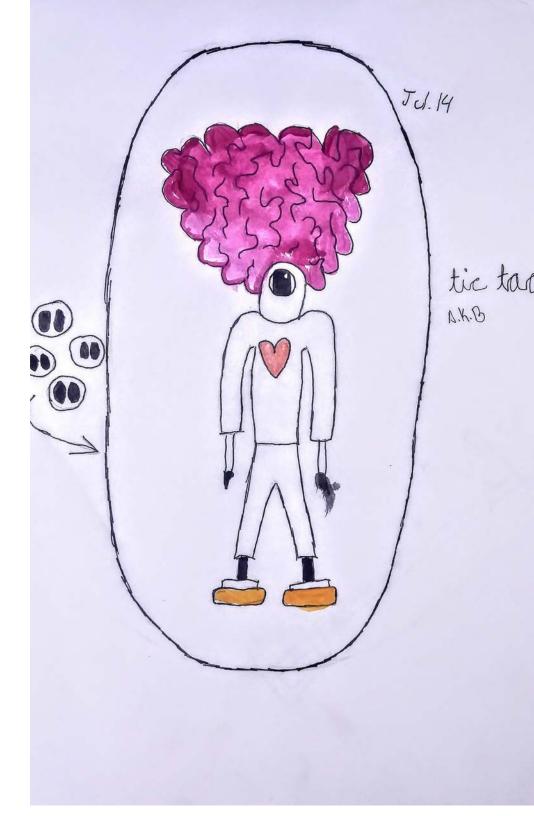














1. Took a nap, I'm still tired.

2. Sadness doesn't control my life.

3.Washed out emotions, sunk in water.

4.Sleep, it is essential to life.

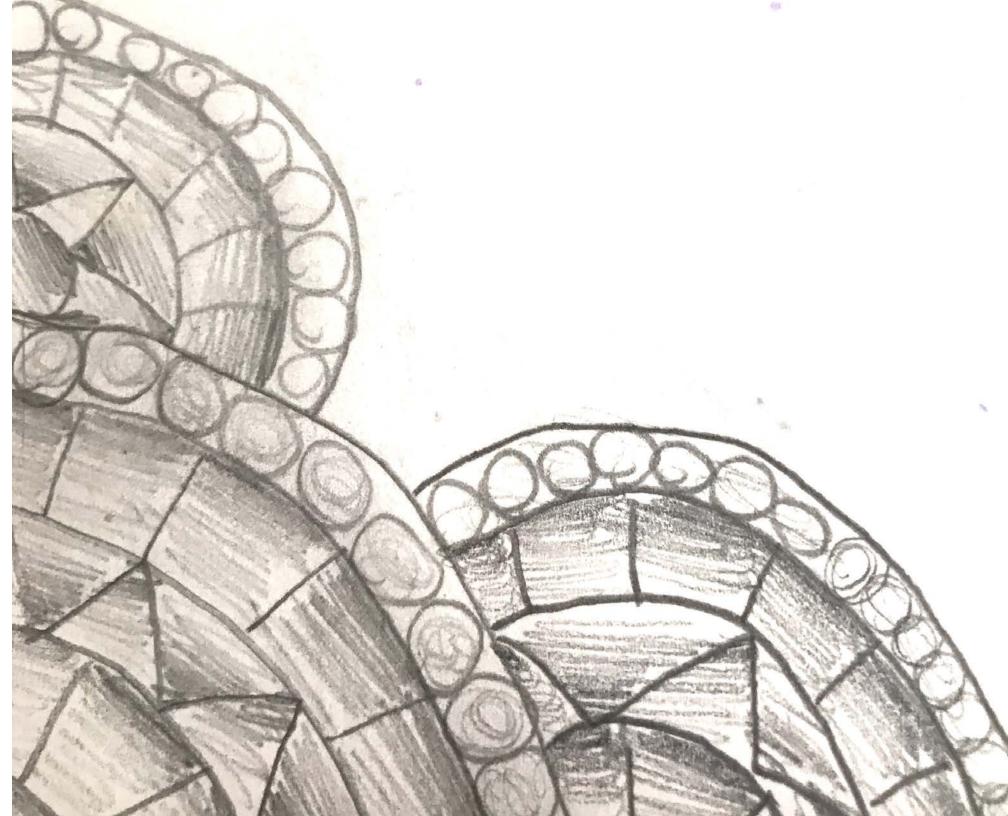
5. You are not alone, understand that.

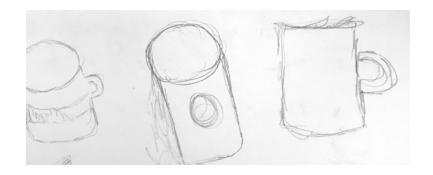
6.Enchanted soul, cured by soft music.

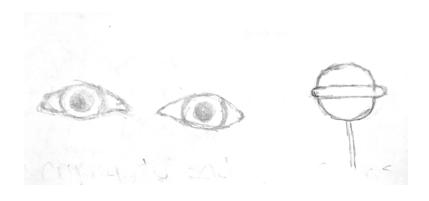
7. Hopeless lies never change a thing.

8. The trobbing will never stop.

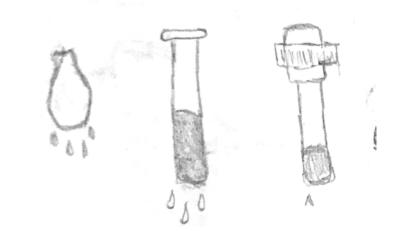
9. I'm drowned in my own river.

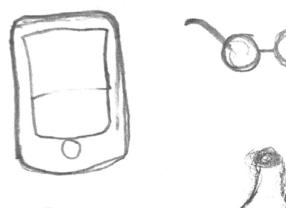








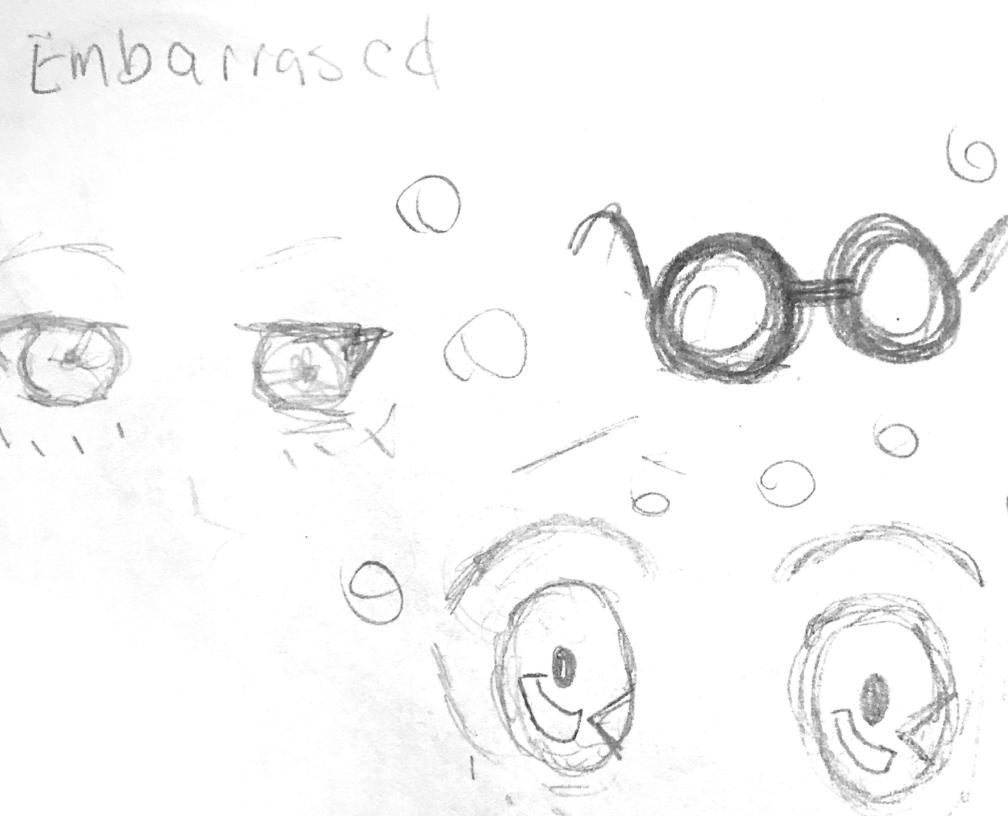




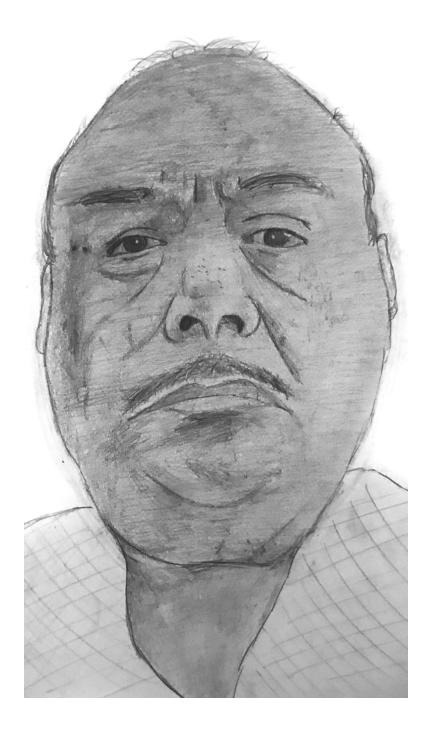


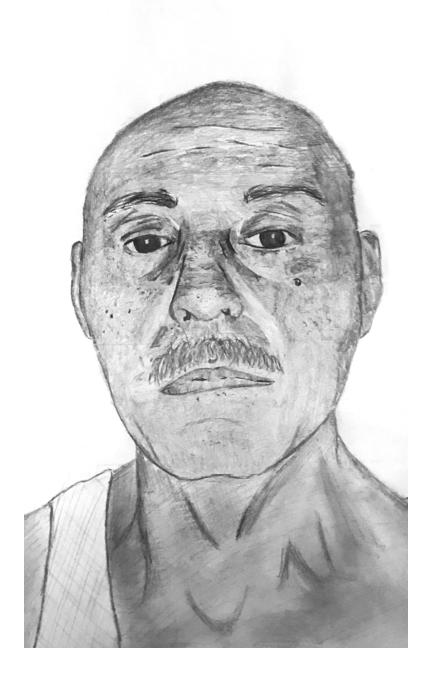






















Anna Beltran

- 1. Stressed, feels like head gonna explode.
- 2. Stomach cramps can perish or die.
- I don't like how the mirror 3. I wish I was with you. looks back at me Who is she? I don't like her Why does she look like 4. My reflection, I hate it...why? that? What's wrong with her face 5. Brain not focusing right now, oops. nose eyes mouth body 6. Everyday tastes differently now, I like it. Wait... is she... me? I don't like her I don't like it I don't like 7. I don't know what I feel. me
- 8. I want to lay back down.
- 9. Everything hurts, I need my bed.

Mistin Bellow toples X 4 Strossell, fed head gonna e daily Stretches word biography Coping mechanic listen to mucic , der the · listen, small row ortside

wallet Take x5 I clont the min back the is 1 don k why does 11the the whats w face non Is don't that t north I don't WHE me. IX body To no one neally reflection, I hate it, why? 2. grand parents + fri Ill struggle with self image, trying 3. Not spending enough 4. Loople weeks ago/ need less prossore from where I was at my birthday party and on my long home felt the hund ar live rain. 5. when my unde die myself a lot for no enough - Duercome it Myscip it was o'th

Nature_lover 315 1) 315: Took me on hour to explain her whose a selfic is r lover alines











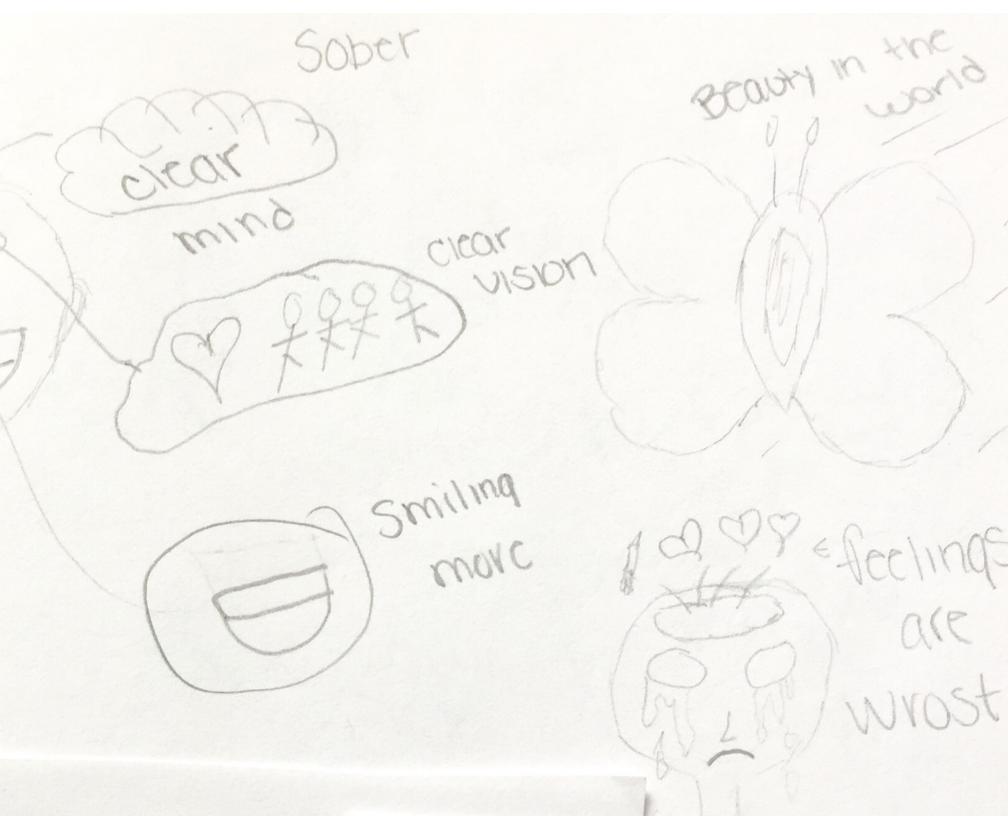




Azariah Hines @azariah_hines

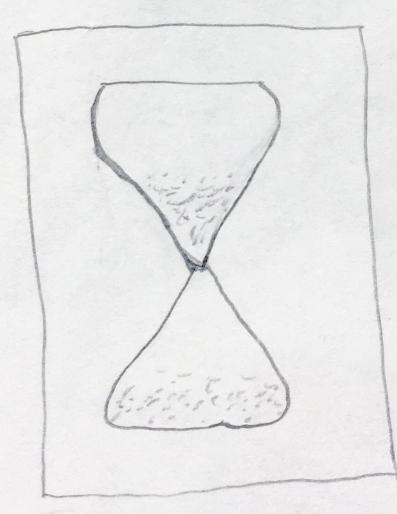
1. hurt Broken Down But Never Destroyed	4. unable To Contain My Emotions	7. filled With Crazy Dangerous Uncontrolled Love	10. lazy River Full Bullies Big Smiles
2. interesting Thoughts And Feelings Tangled Together	5. you Are my Everything In All	8. sea Food Boil Crap Legs Lobster	11. soaking Drifting In A Peaceful State
3. searching Daily For Creativity Found Uniqueness	6. excited Happy Overjoyed Cold toes Today	9. exhausted By The Heat Ready To Drop	12. drifting Gliding Through Most Treasured Memories

13. begotten Beloved Bold Brave Tough Times

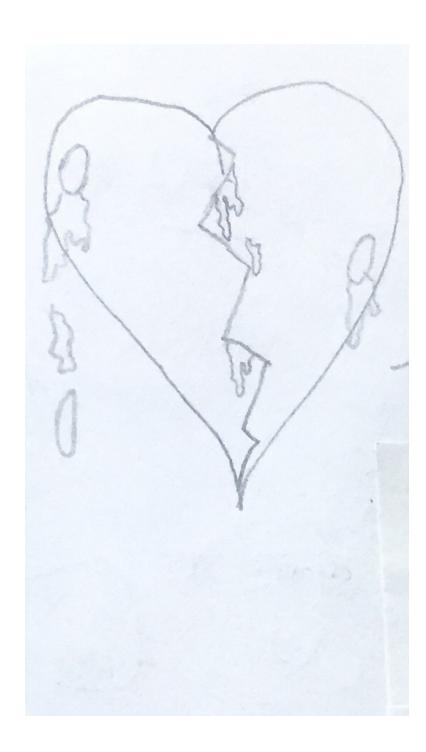


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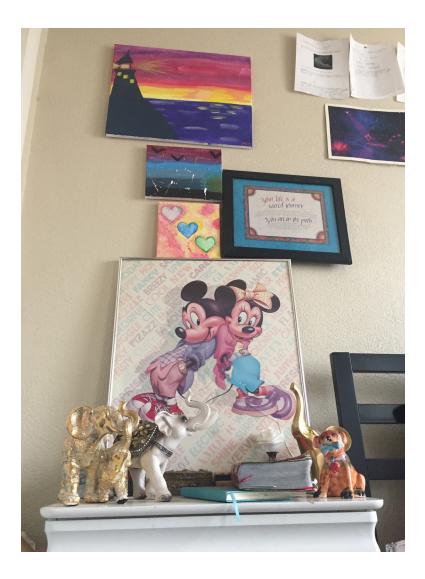




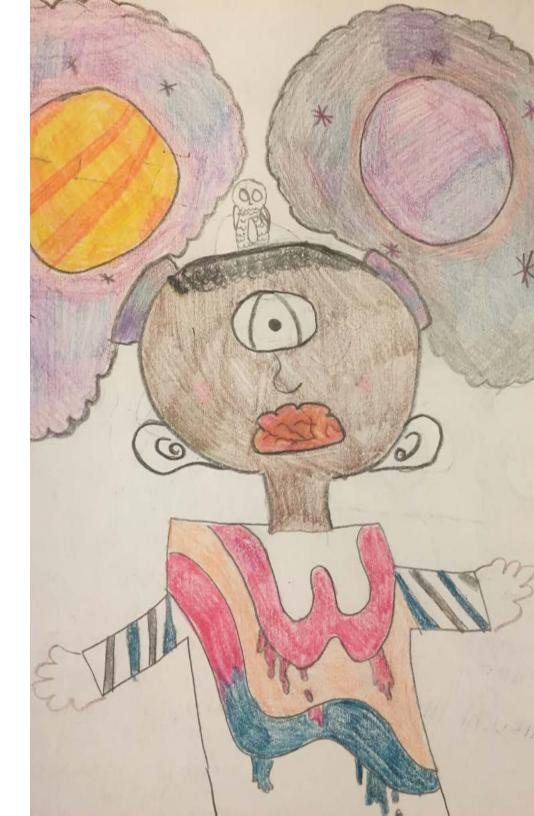


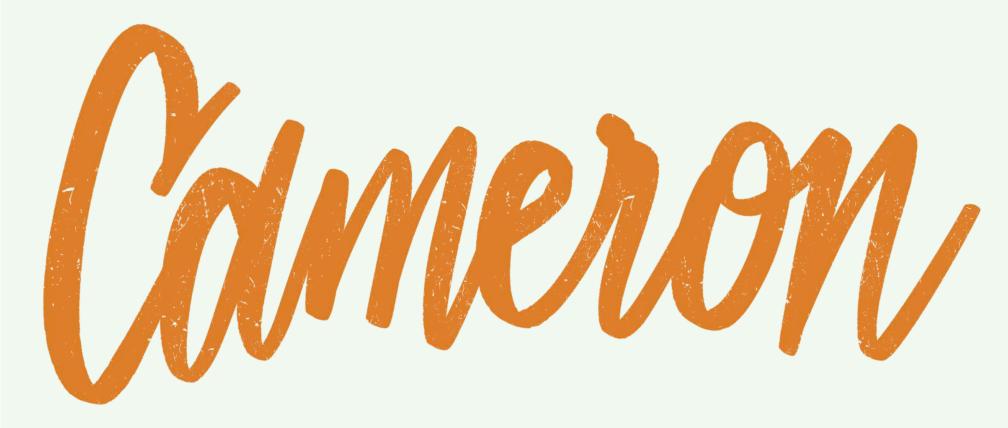










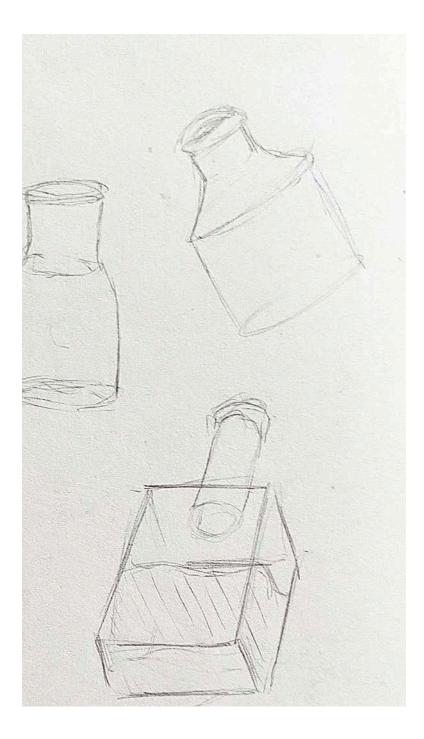


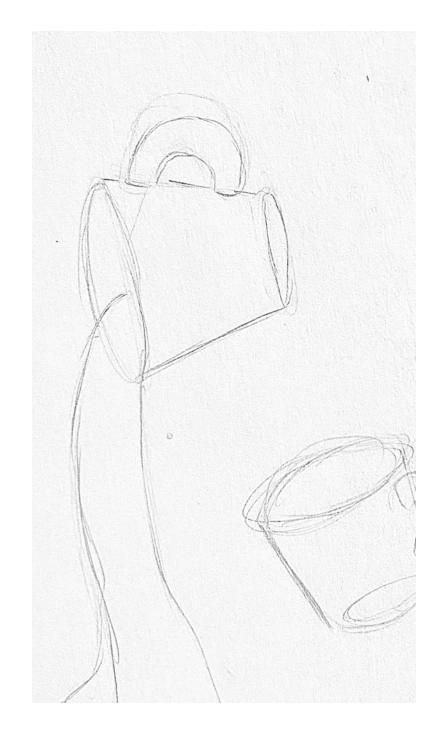
Cameron Widdel @TotalStranger

- 1. Its okay to be unorganized, breathe.
- 2. Focus on success, Learn from mistakes.
- 3. You will bloom, it takes time.
- 4. Life is decay, Love is eternal
- 5. Things are crumbling, everything is fine.
- 6. For each down, there's an up.

- 7. Never give up on your dreams.
- 8. Just waiting on the silver lining.
- 9. I really need some more sleep.
- 10. Waking up every hour is tiring.
- 11. Every day gives you another chance.
- 12. Practice is my only way foreword
- 13. Friendship is what keeps me going.

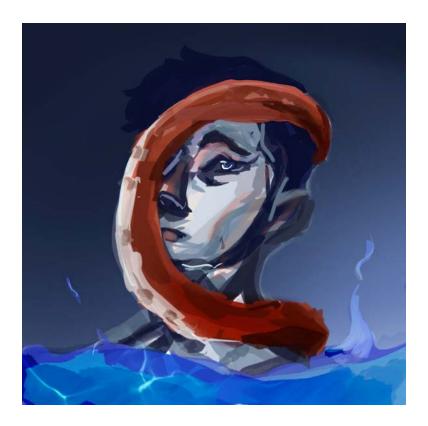












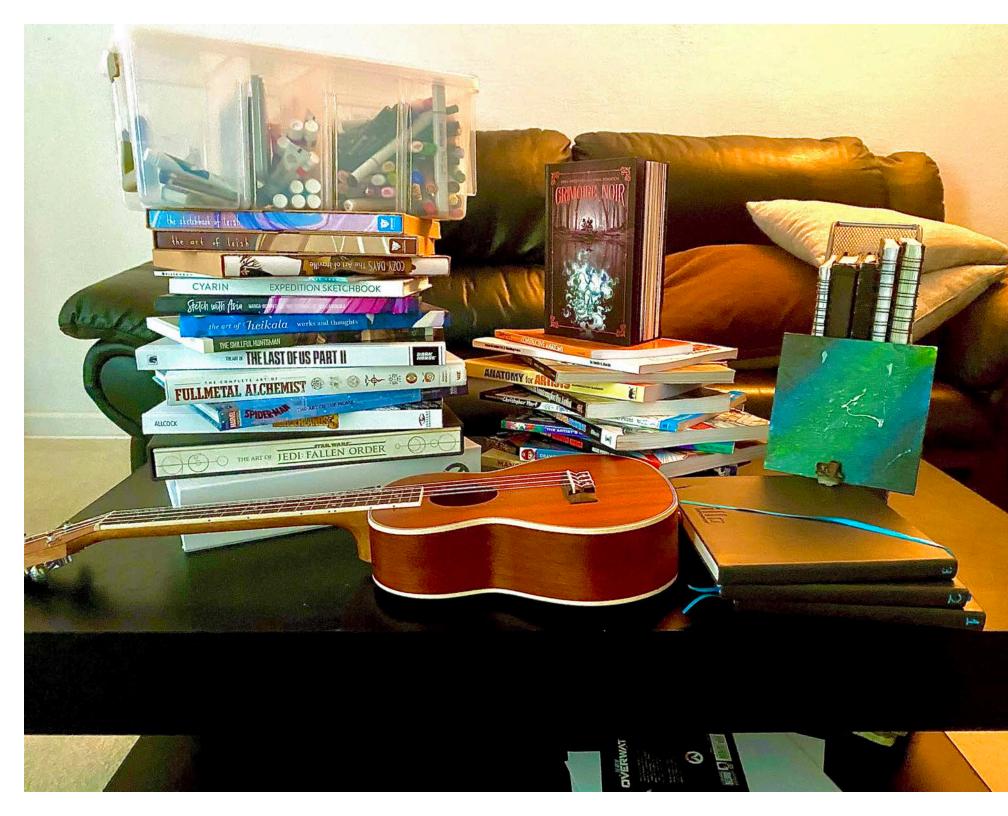














Cebastian Gomez @cll_lbk1d

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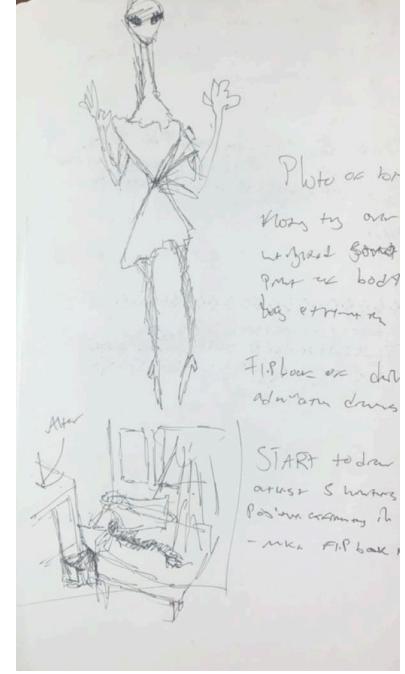
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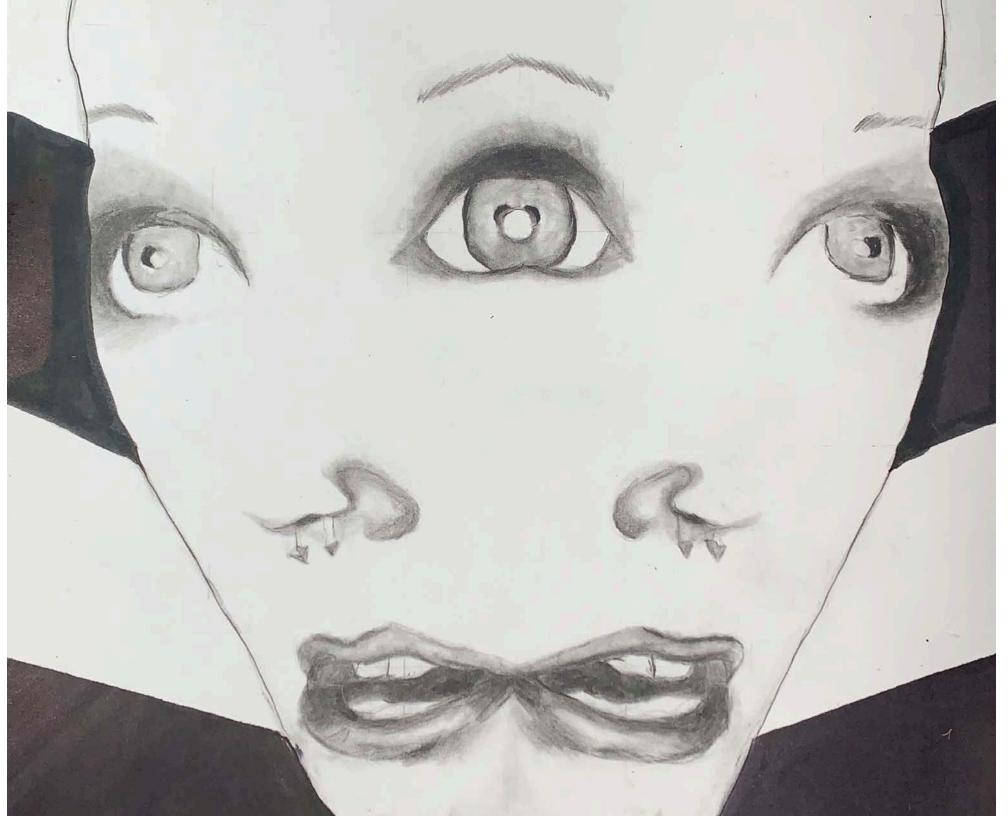
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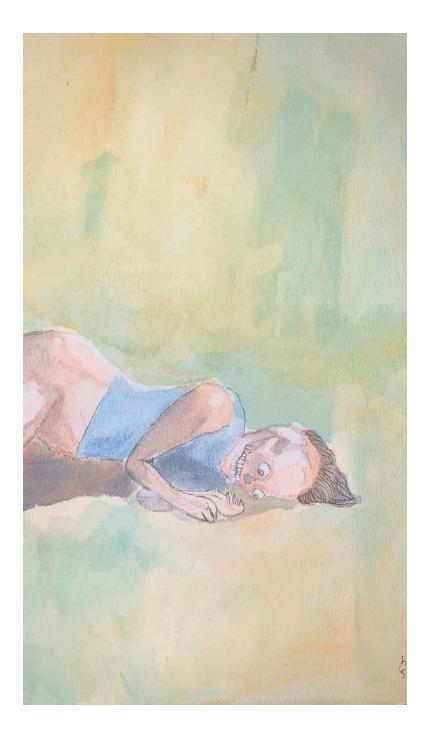








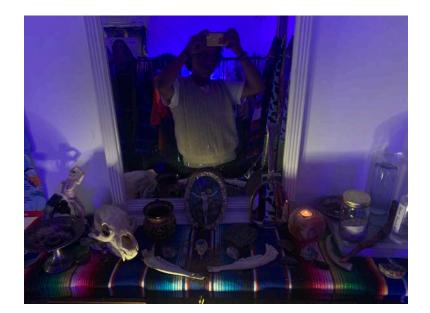
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1. anxious chaotic creature vessel allergic.

2. brain empty congratulations no more thoughts.

3. treat yourself because you deserve it.

4. not walking but feeling the aches.

5. sometimes bad bitches are too tired.

6. binder on because gender isn't real.

7. physically here but spiritually in bed.

8. pain from yesterday healed by today.

9. clean your room and your soul.

10. anxiety overflowing but I'm still here.

11. why do I have to write.

12. I'm so tired oh my god.

13. every day I stop recognizing myself.

14. they'll never see what I see.









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What is you The second,

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Who is a about the An artist I ag an alien. Ar be so dumb to is so uni gene

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nory of being drawn to art? me to paint and I remember thinking

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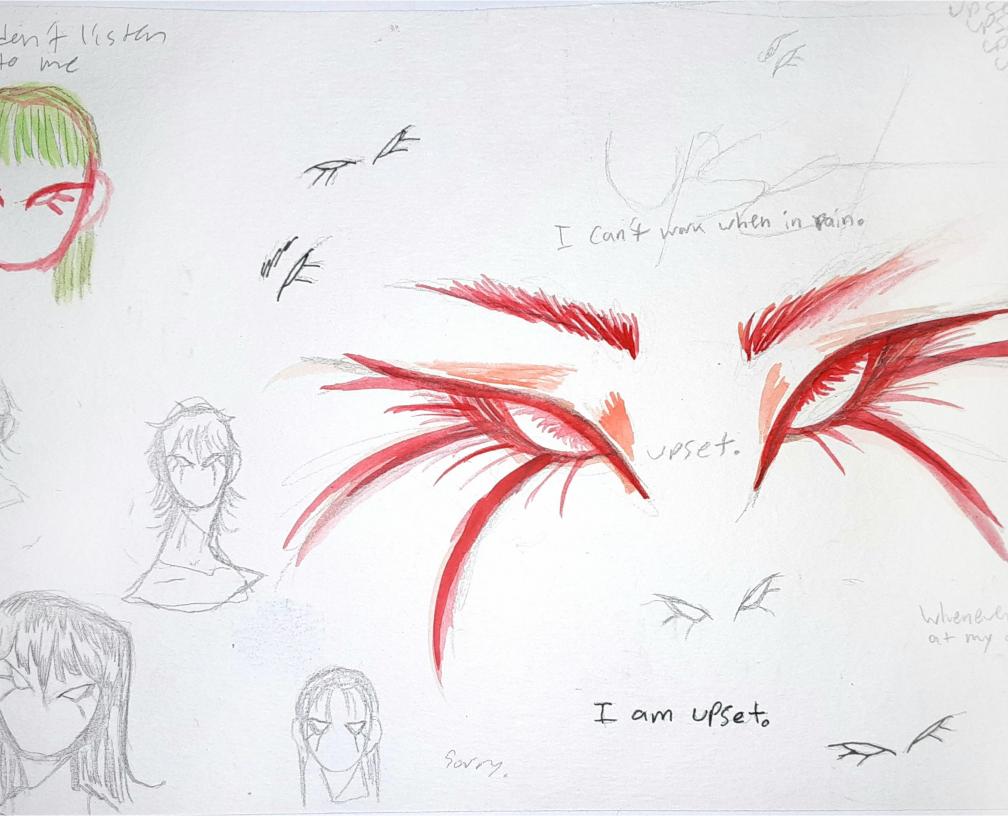
and what are you interested

use she made me realize that I want uman is to have a gender, but aliens w e two boxes tou could fit into. Juno's st tien. I hope one day I can influen

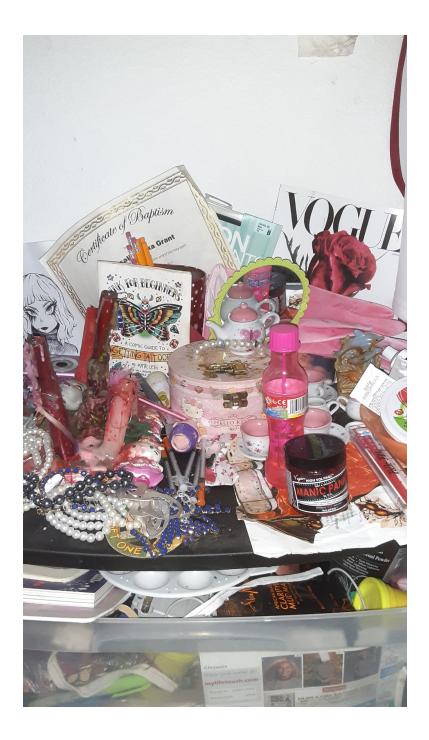
re interested in?

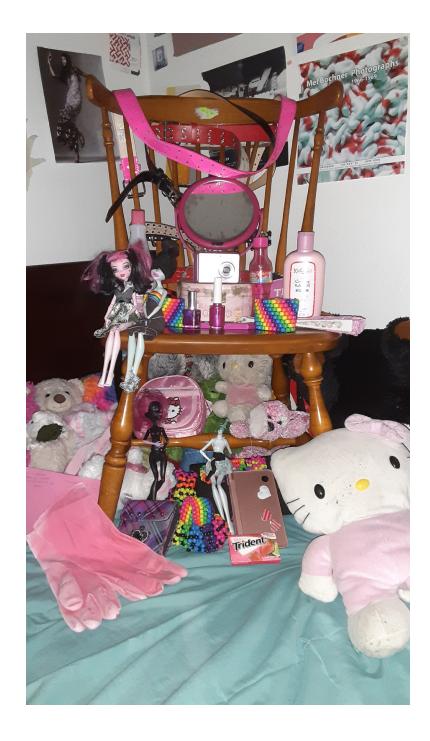
for modeling or anything, just want to design clothes that them to be art pieces that













Noemi Alegria @sugargay666 1. New flow, new color, new power.

2. Red is generous, maybe I'll learn.

3. Lipgloss please shine inside and out.

4. I belong to the ocean's foam.

5. Eat the rich, lose weight fast.

6. Someday I'll live as a fairy.

7. Be kind to the spirits please!

8. Bubbly water and soda, natural enemies.

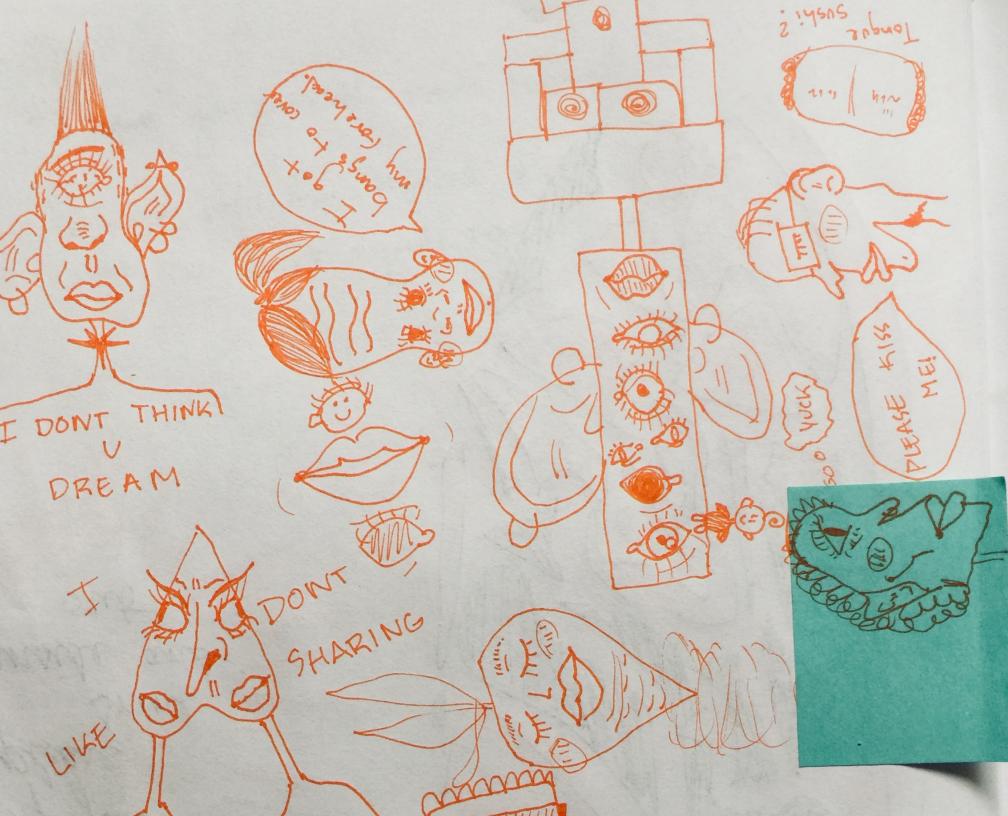
9. Don't you just love pressed flowers?

10. Giving the goddess a good show

11. Imagine being ice in hot soup.

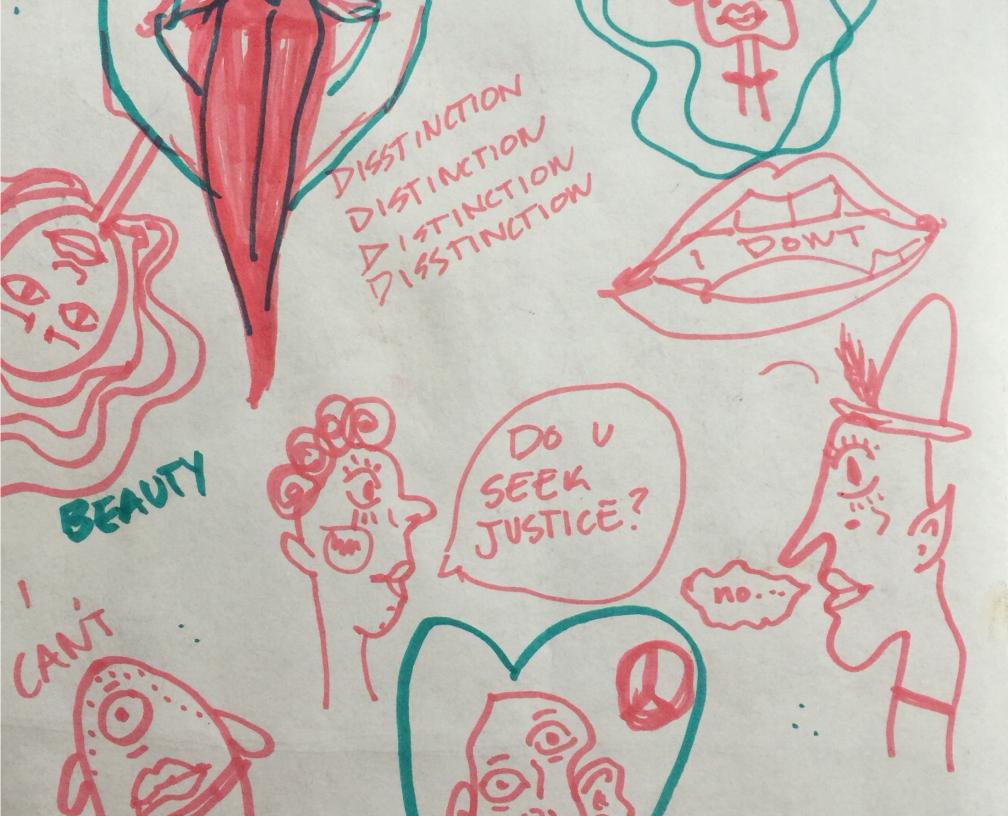
12. Snails and moss the cutest couple

13. Tea time originated in the woods





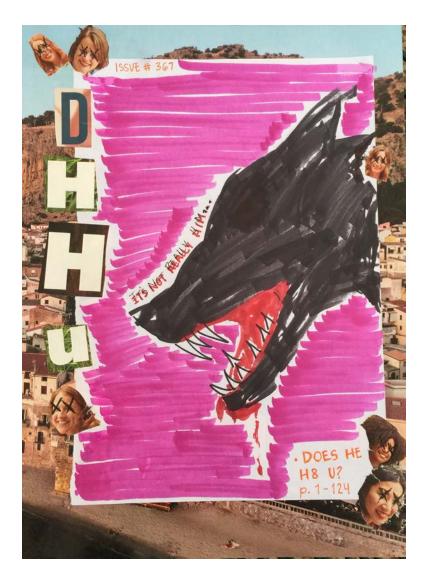




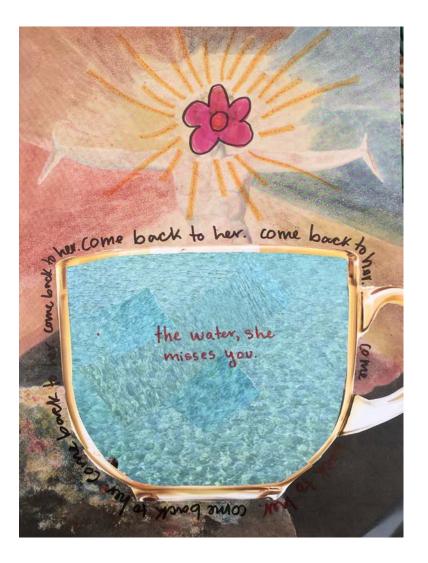


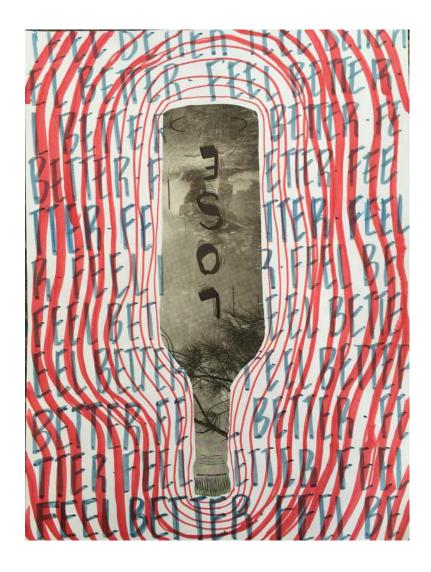


















Morgan Patterson @m_ep_16 1. Fatigue speaks louder than my alarm.

2. Coffee fuels, don't play by the rules.

3. Empaths choose the right path anyways.

4. Long drives pass the time endlessly.

5. Everyone may be strange, I'm stranger.

6. Feelings become meaningful when time forgives.

7. Candle wax may evaporate, I don't.

8. Lukewarm lakes with humid ass headaches.

9. Stressed as fuck so fuck it.

10. Remember when we drove together endlessly.

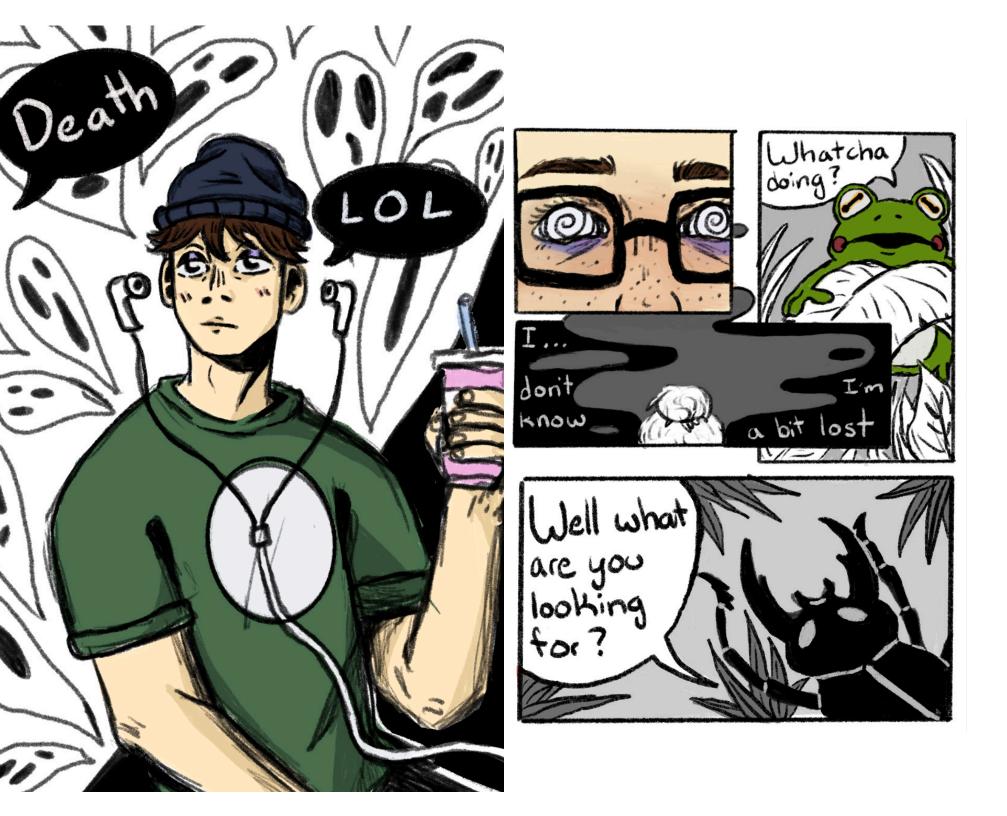
11.Your body ages creating mind cages.

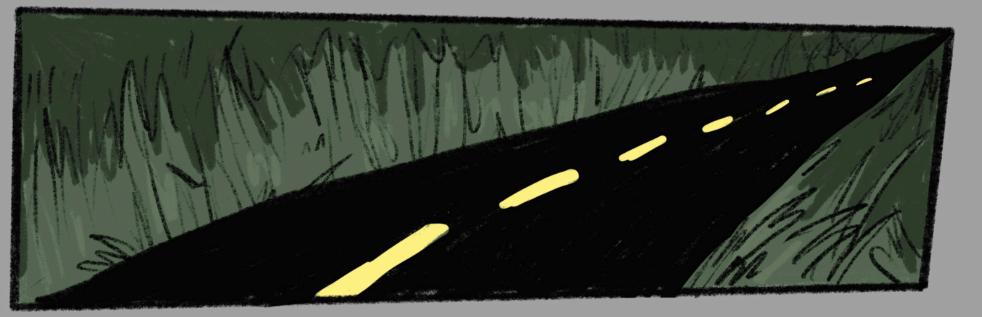


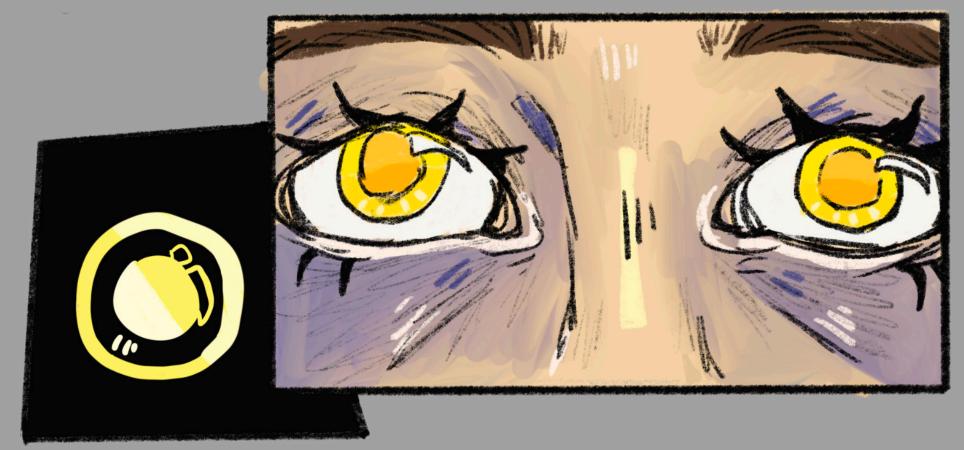


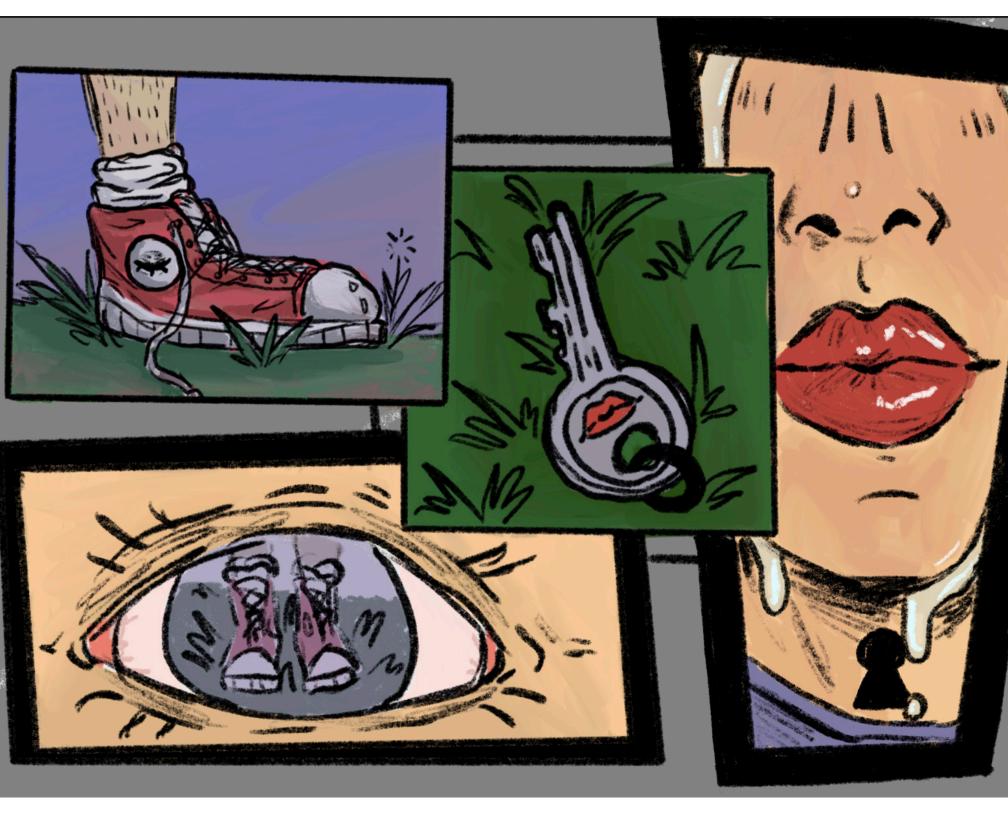






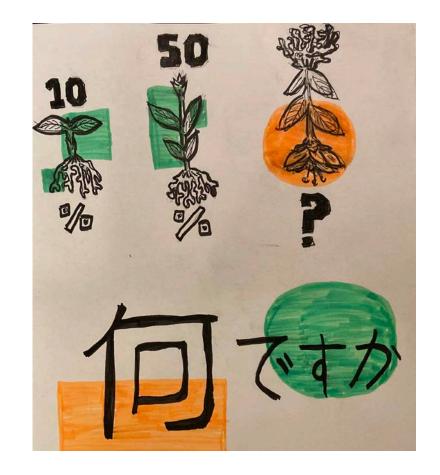












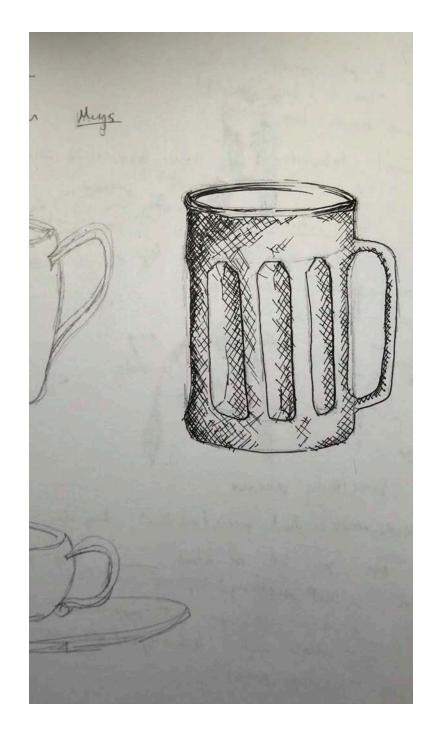


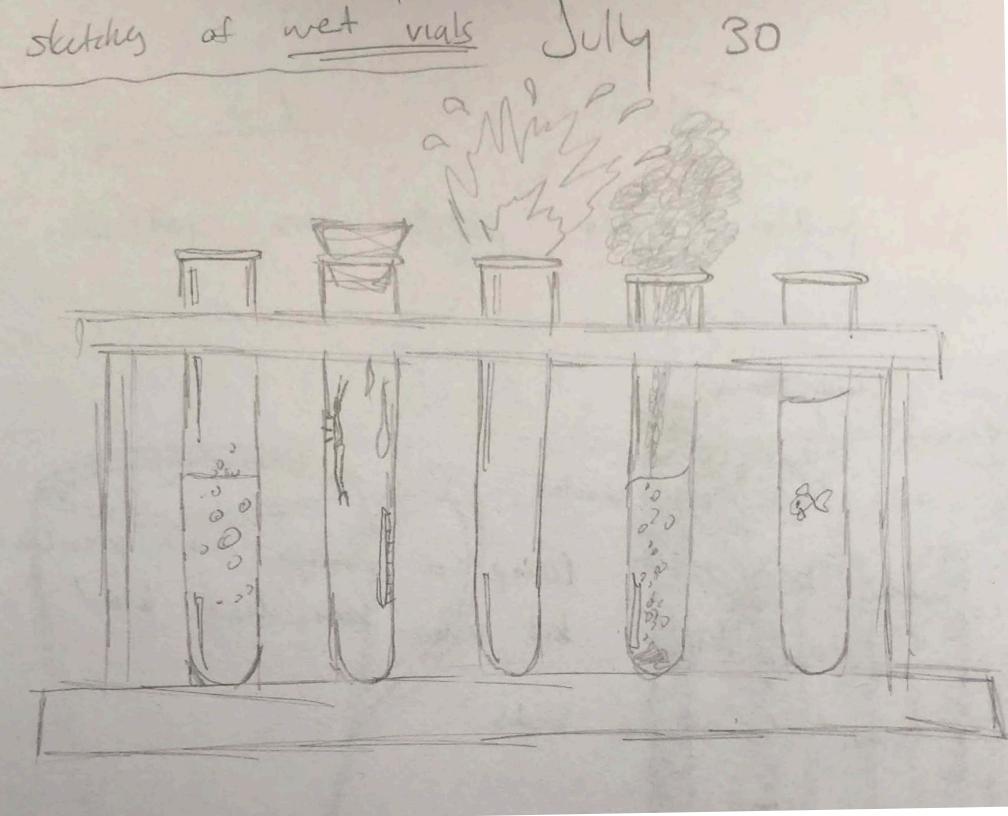
Peter Carpenter @petercarp_

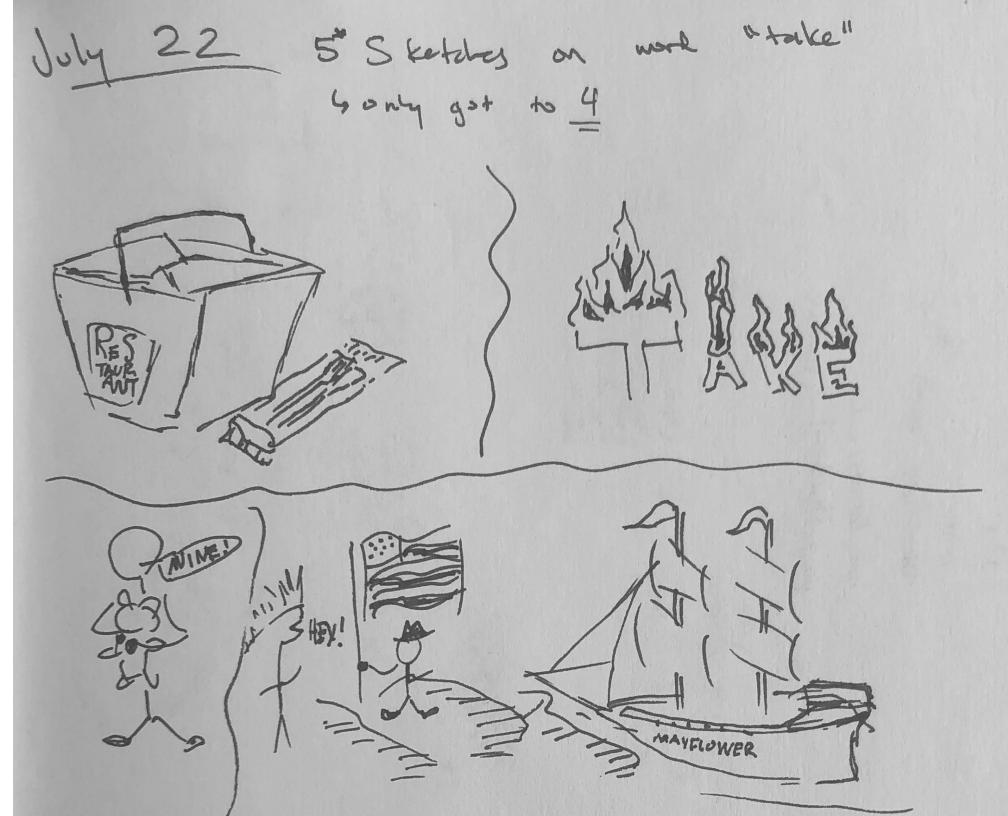
- 1. Excited. Comfortable. Indecisive. Thirsty. Being. Random.
- 2. Here I write, indecisive as ever.
- 3. Expectation of success only encourage stress.
- 4. My doubts plague me. What if?
- 5. Well rested, I am feeling. Yoda?
- 6. Defeat. Humiliation. Mentality. Grind. Redemption.
- 7. So many unknowns. What will happen?

- 8. Bad at dancing. Also extremely hungry.
- 9. Exhausted, hungry, thirsty, yet feeling fortunate.
- 10. Never underestimate powers of human connection.
- 11. Weary legs, tired body, mind refreshed.
- 12. Curiosity means courage in accepting unknowns.
- 13. Awaiting the news, the jitters arrive.
- 14. School work during the summer? Ew.
- 15. Home alone, but for good reason.

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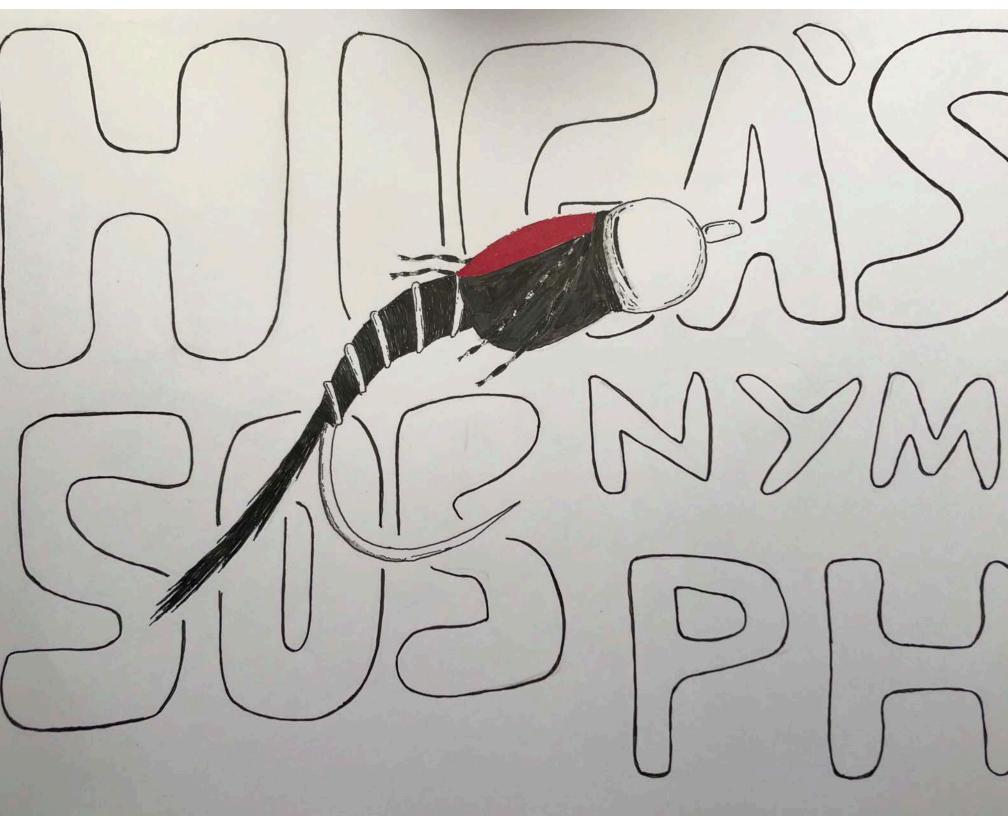






3 5 sketches an scussors Ago +







mer. "I think that gave him a and an NHL Hall of nfidence." rations

country have been drawn to this

Lanada, and

how fans across the

e Next Next One

out of balance and my spin move and ontreal. But when a town spits o hockey prodigies in the span Canadian hockey hubs go, the generation, people take noti Crosby alifax, Nova Scotia, suburb of to Wayne Gretz a once-in-a-lifet le Harbour (pop., 25,000) is the best hockey yer in the world since his ro Toronto and First there was Sidney orld away from pou SE e Great One), ext One (a ent hailed e

PHY/GETTY IMAGES

r with the Pittsburgh

enough space to hit it. I think .1 of a

faded away for the shot. I had just

playoff ans teams almost never play ugh it happens all the tim to-back nights in the lar season

econd reason the postseas o last longer than the regu Sixte d the NHL. That's more th nake the playoffs in both s the size of the field. league.

though nat can be done to speed p? Here are a few

gets too worn only one ball in each NB. leflated, the series ends es. When it

ien the ice melts, the serie y all NHL games outdoor oever is ahead advances

ff. But the clock hadn't expired! I got spunor tuenbesque ui reuted They won. 22 shot o super-teams that will play p the first round altogethe ving the opposing teams m a shootout or a nk contest that takes place ike Game 1

fou NBA teams lea hq team leads UN NHL als

a of the state of first-round picks the NBA - you V. somodoutuy "He has a chi

provide the same effect and the plate. He's g pitchers, a calm he was a mentor to the ni enosese owi ein f his craft than he is ever deen more in

S'S BISO B NEW FACE FOT id Buster Posey and Brian st-paid catcher in the tin, as they made him the Jays clearly have a lot of

1890 911 USVS 1 Pr Topy tried to brand itself as

n a team that has in

nice, a Canadian-born

drought, the longest in all of baseball that's looking to end a 21-year playof paseball's most prominent Canadia players, they also brought in one of the most underrated players in the The Blue Jays not on three-time All-Star deal in team histol

catcher to a team v added one of

n thought. even more so, tha beloved, perhaps Jays back to the his pedigree, would be as postseason, can help

ng. Very interesting," he nt," I responded. ug just about every time?" hy yards, shouldn't you you fail you're not givin Ith halt the time, and Buiog Interessful going to the ball as much as nting? I mean, if you want and for it on fourth down ost cases, wouldn't y'u bl me ask you this, then, he

make sense sometimes

tournament. "Growing up, I was always taught that you are remembered for what you do in the playoffs," MacKinnon says. "I just get really excited for that kind of stuff." Once he got to the NHL,

MacKinnon was the youngest guy on

an already young team. (The core of

Landeskog and 23-year-olds Ryan

settled into a groove that saw him

(only two Colorado players did that),

Calder Memorial Trophy as rookie of

hink the biggest thing for him

play all 82 regular season games

put up 63 points, and claim the

e won.

O'Reilly and Matt Duchene.) After an

the Avalanche roster features

inconsistent start, MacKinnon

21-year-old captain Gabriel

noments like that. verything changed. I live for pickly. The ball was in my hands and he play began, things happened so And have been a Game 7. But once iderstood what was at stake. There I whistle blew, I ac first round of the playoffs in so one, and we hadn't made it out of ZZET. It was crazy decause we were ught it and threw it up to beat the I .IIsd bat for the ball. I Thistle blew, I was already gone. I ut I caught him off guard. Once the handler Parsons was defending me, Then I just took off running. vicolas Batum, who was inbounding. Rhanded the ball to my teammate Ewas watching the ref carefully as he Ewas less than a second left, and I m inal shot, I relied on instinct. There agamst the Rockets, right before that

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not.

".niw Il'uov 10" .missi we'll win, since I wasn't part of the that maybe it sounded weird to say hopefully Then it occurred to me and it wor't come to that," I said "Or n'ai be well win tomorrow

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i the avalanche s institutio es against the Minnesota Wild, Kinnon posted 10 points (two

s, eight assists) over seven es. The real story, though, is le the numbers. In the series her, MacKinnon set up the tying with only 14 seconds left in lation, then set up the winner in time. In Game 2's 4-2 Avalanche , he figured in on all four anche goals, assisting on three scoring one himself. And in ne 5, he netted the overtime ner to give Colorado a 3-2 es lead.

ltimately, the Wild kept Kinnon off thy ans, ager Alex o inspire ese kids, recent the example of ndrew Wiggins TY good on, it's not and if you ask Canadian because he Canadian says

> hile for Martin to realize artin chose the Blue his close triends pais, signing was in many of

ze ni boog oz flet sou good in agreed. I had the same to ano" ad of guio pod energy in the air David Vanterpool, ay the Cavs. Our ame we were in or me, because I practiced

The nu

clc I pue 'aqia those night and that it v told me he fo assistant co. Cleveland rsout

The game

to the on

rt of the

stons in

there wa

me time

nd my plan was second was left. In those final

ot under

uard,

pid

t him

ourth quarter. Con meout, got the come off the in an

bounds pass

vere down by one late in the vhen we played the Suns ing out of a last year.

tay calm until the clock runs out, hat when low that I play in the pros, I know I hit a big shot I have

Vising to the Occasion

lost. It's funny now, short span. I made the shot to win but it wasn't then

out because I celebrated too fast, we owest level of disappointment in such he highest level nit two free throws.

Was so exciteu technical foul, and the opposing tear of excitement and the little and made that I took my jersey

got the rebound. mediately before Game

Toronto general mile 17 119 9661

Steve Nash, the great. them for their u and Tristan The

mick and were

d to

bas red up my defender and There were under five seconds left. I three points, was what helped us win.

punoi ist.

of int to IIIM CEM

opportunity to go home be closer to his parents

the year.

turned

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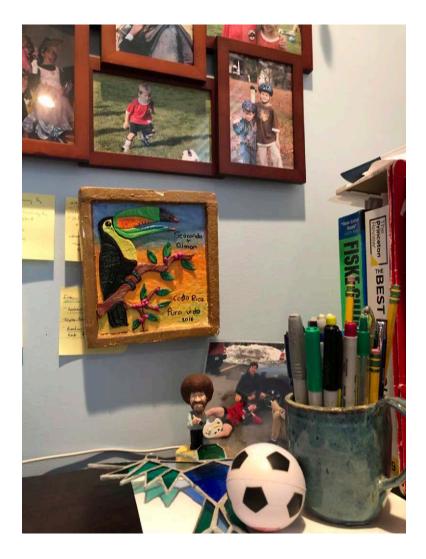
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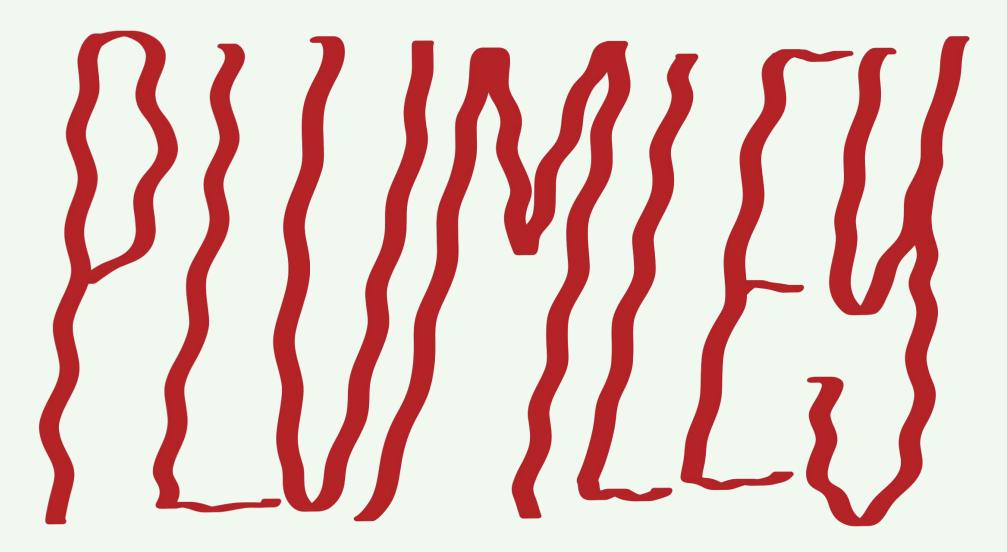
for so long. moments it's just pure adrenatine. No











Plumley (Jason Plumley) @Pluml37._.17 1. Five foot eleven pink hair misfit.

2. Handsome, Dashing, Charming red hair devil.

3. Three mugs in a bar oh heavens.

4. Blood soaked hair child of damnation.

5. Warm Arnold Palmer scratches my throat.

6. Silent weeping no one cares about.







Hot Grease That Hurt silent week corres abo old. mon zopp



Three mugs in a bar oh heavens
social me ignites or flame
a cut the red string of fate
I wont have to any body

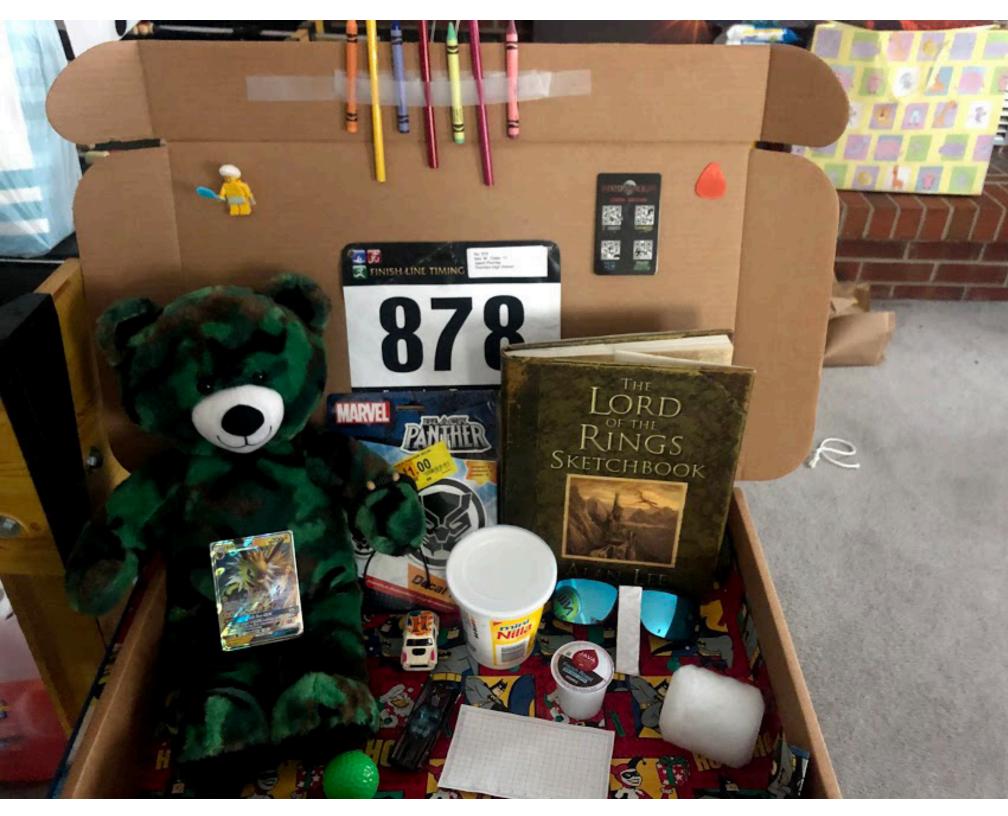










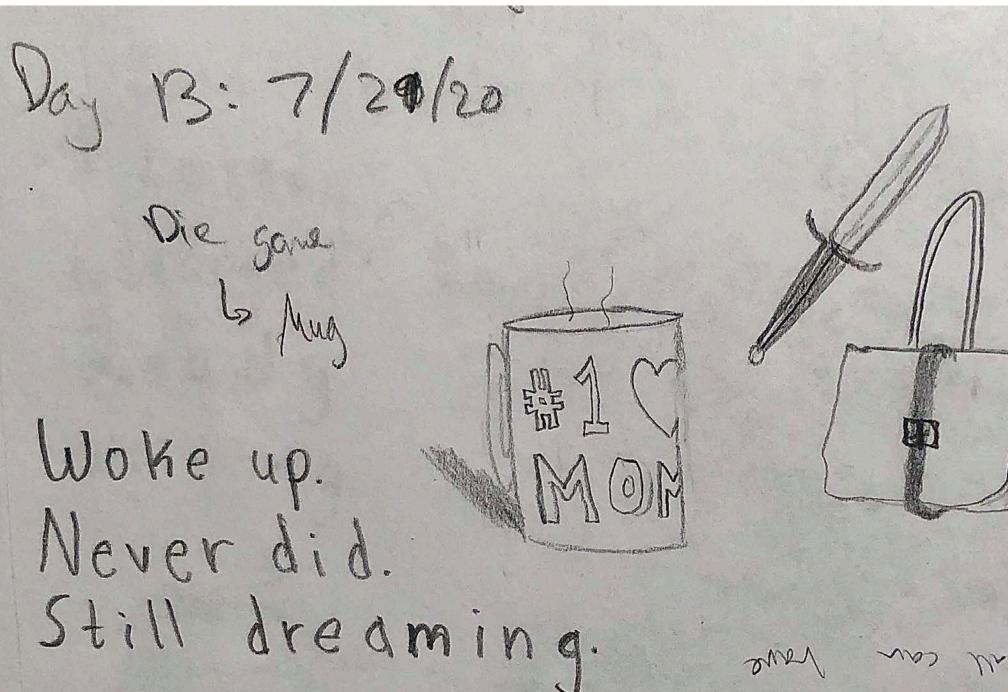




Theo Hansen @the.oh

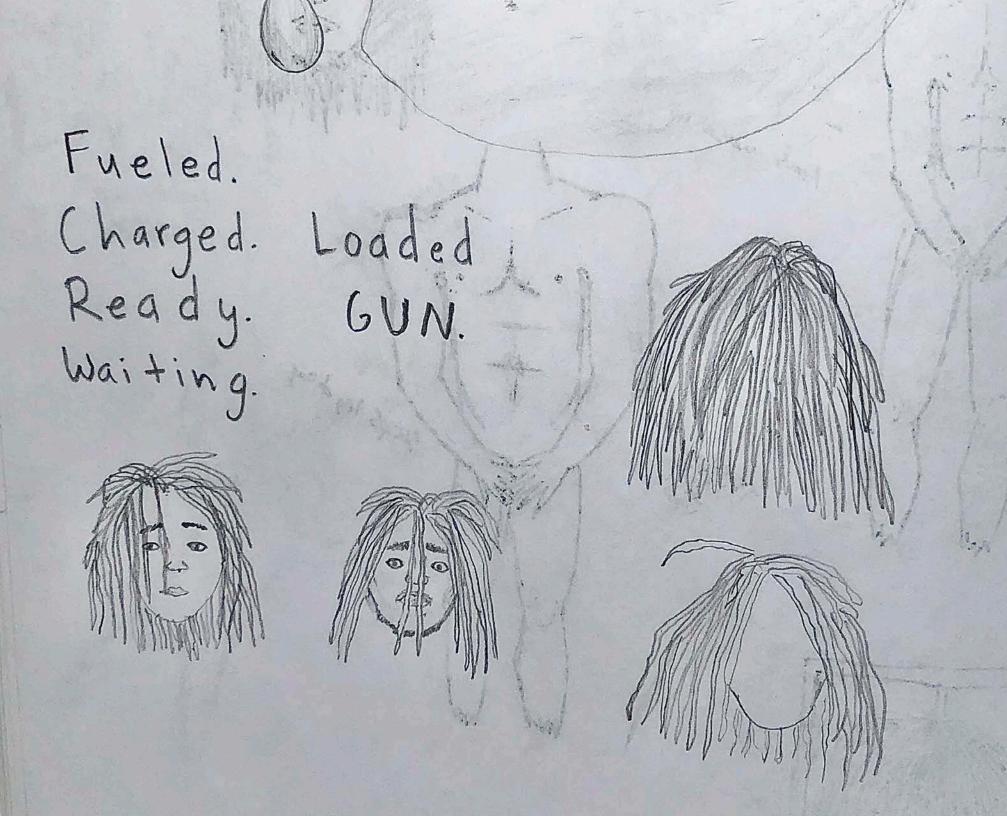
- 1. Tired. Sore. Annoyed. Calm. Moving. Grooving.
- 2. In a hole. Searching for footholds.
- 3. Gaining clarity. Gaining perspective. Getting shocked.
- 4. I like the idea of it.
- 5. Slowing down. Zooming out. Looking in.
- 6. Tired of being disappointed, combative, angry.
- 7. Too many things, too many things.
- 8. Improving. Moving. Pursuing. Making. Taking. Breaking.

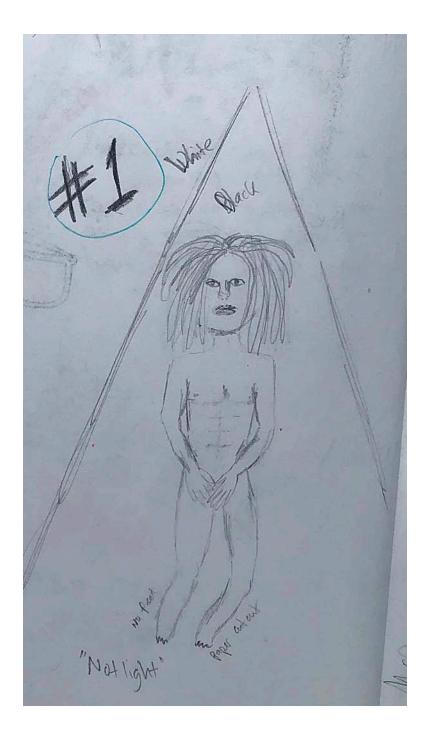
- 9.
- 10. Fueled. Charged. Ready. Waiting. Loaded gun.
- 11. Thinking about what to do next.
- 12. People meet people through other people.
- 13. Woke up. Never did. Still dreaming.
- 14. Feeling the fatigue. Where is out?
- 15.
- 16. Taking bigger steps. Keep on stepping.
- 17. Be careful when moving heavy objects.



warm Up saduel 7 of £ 2 t F & O 大果 £ et £ 8 q. 4 × 0 £ £ £ 200 E t 子田子 6 Word Biography Tired. Sore. Annoyed. Calm Moving. Grooving. Slow. Careful. Attentive. The Thinker. Big thoughts. Bigger Questions.

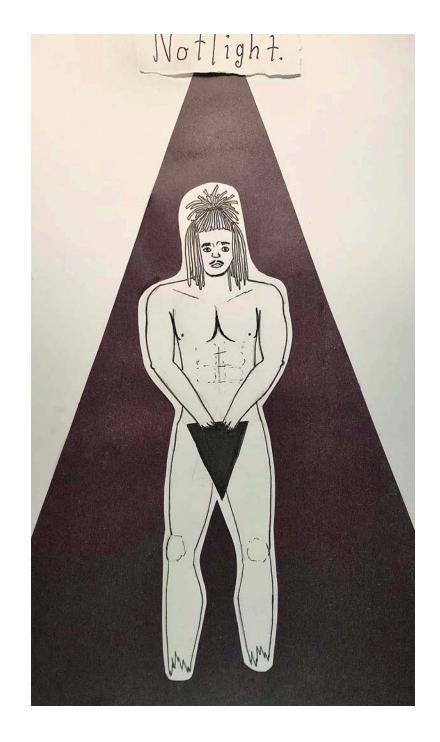
barne 6 Word Biographi Slowing down. Zooming out Looking in. 7/20/20 I game Jooke Stod Tired of be Combative Real and 15000

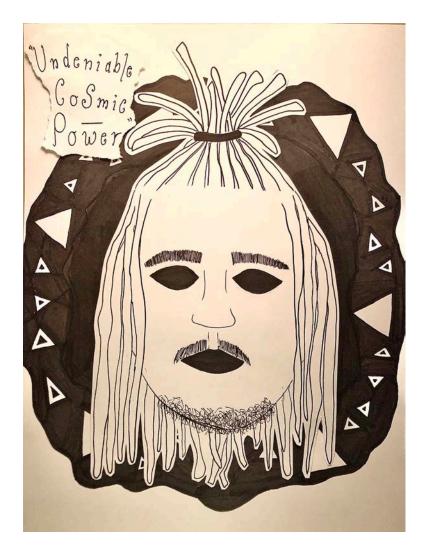




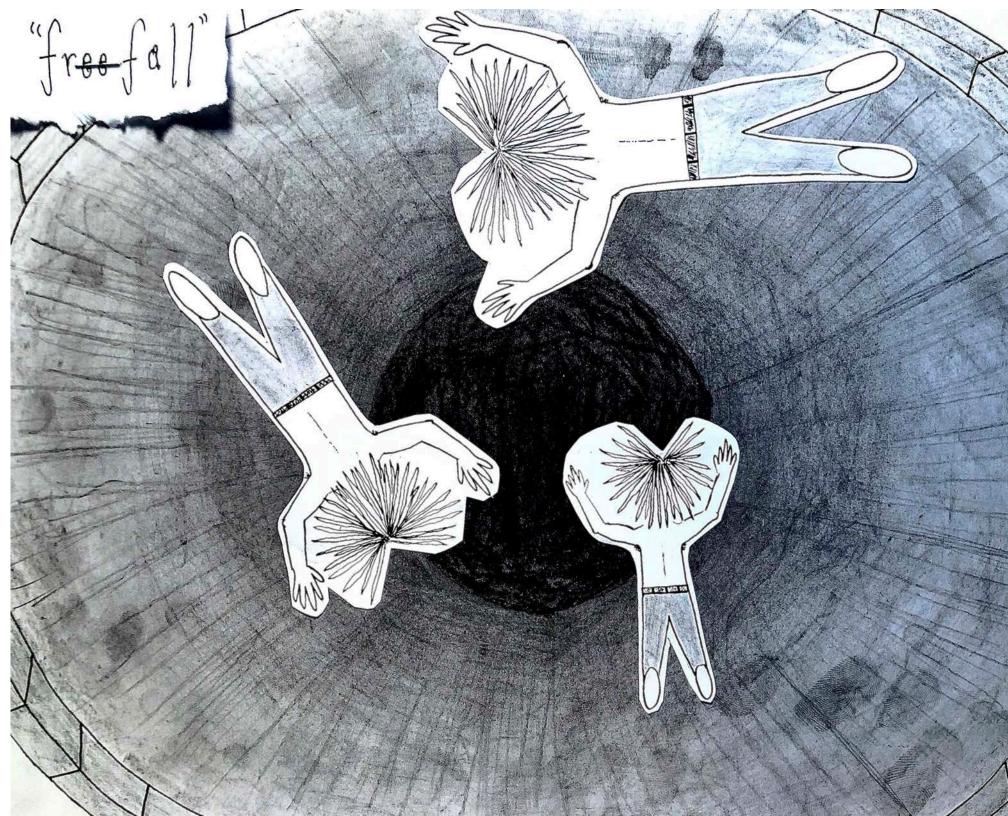
Die game La Scissors Taking bigger Steps. Keep on Stepping. Day 17: 8/4/20 Die game 5 magnet Be Careful



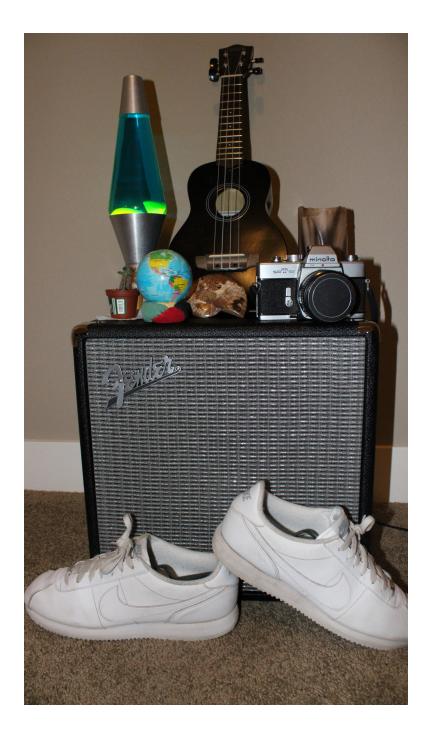












Outro Paragraph? Thanks to the students? Thanks to the grant orgs?

Should we close it somehow?