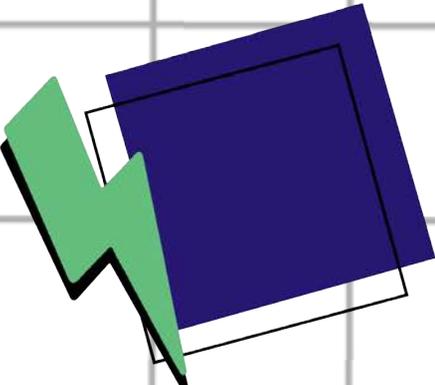
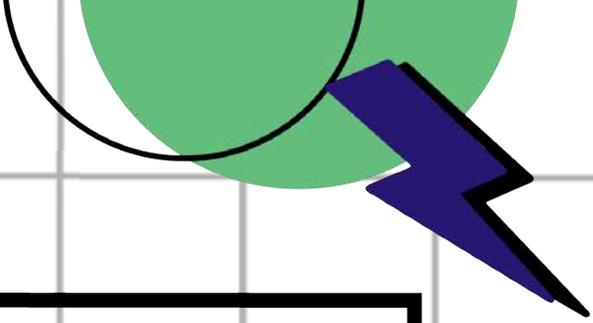


ART + ACTION LAB

Metropolitan State University of Denver



**ART + ACTION
INTERNSHIP
SPRING 2021**

4 Essay and
Acknowledgements

6 Group 2
Anna Beltran
Evelyn Peterson
Alex Bernal-Sanchez

20 Group 3
Michelle Meza
Anayency Montoya

28 Group 4
Kayden Gutierrez
Eli
Ruth Santoyo

40 Group 5
Marisol Kochan
Sarai Lazcano
Tiana Lucero

54 Group 6
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Dah Ku
Talia Cardin

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Lucia Feast
Maggie Pan
Klara Joffe

82 Thank you

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This document is the culmination of work done in the Art + Action Lab teen internship of Spring 2021. The internship brings together students who are interested in creative careers from across the Denver Metro area. We make art to share with the public, meet with creative professionals from a wide range of industries and build personal and professional skills and networks. The program is meant to provide an introduction into an art world that can appear mysterious and even impenetrable to those outside it.

This Spring, we had 17 students join us. Our theme this term was Metamorphosis, and as we slowly emerged from our homes to test the waters in the outside world, we found that there was still one waiting for us to make of it what we will. Online, we met with gallery artists, video game designers, a landscape designer and a creative events planner. We took an in-person field trip to the gallery to see the work of Zanele Muholi and another to celebrate the exhibition of intern work in our 965 Project Gallery. Interns then worked collaboratively to create an online event for a final presentation thinking about how we navigate change. This resulted in a celebration including poetry, self-reflection and origami frogs - we couldn't do it without the frogs.

While this year has been out of the ordinary in its physical isolation, it is important for all of us, but especially young people, to keep our attention focused on where we want to be. Though we stayed distant and learned virtually, we are still making progress towards what is to come next. There is a world out there awaiting our return, and I think this group at least is ready for it.

Katie Taft
Education Manager
Center for Visual Art

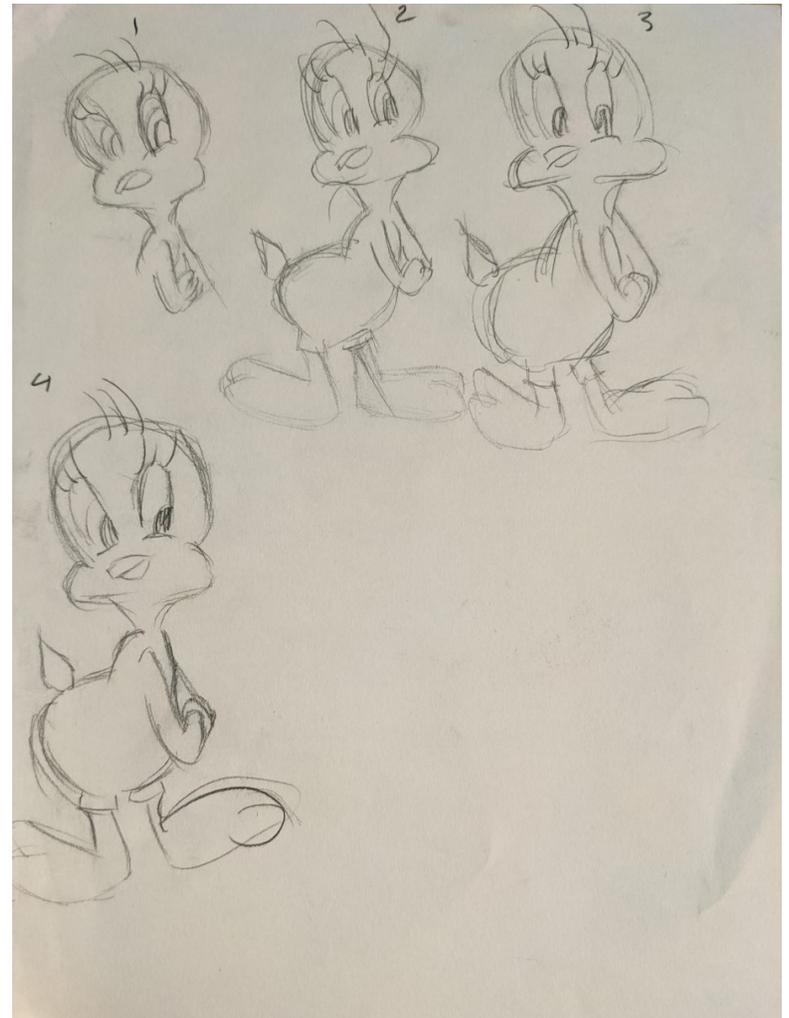
GROUP 2

Written Activity Description

In our activity, each individual will draw the same image four times with two minutes for each drawing. By doing this, the participants will have created a visual representation of how someone can change even in a small amount of time if they keep working towards their goals. Participants will share their drawings with each other at the end.

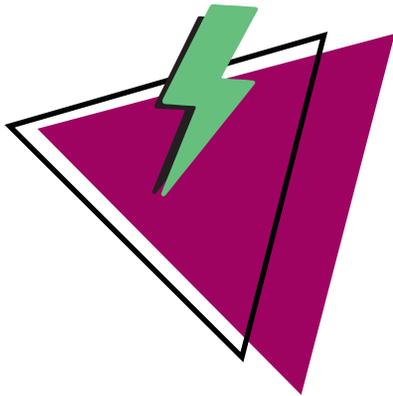
Members

Anna Beltran
Evelyn Peterson
Alex Bernal-Sanchez

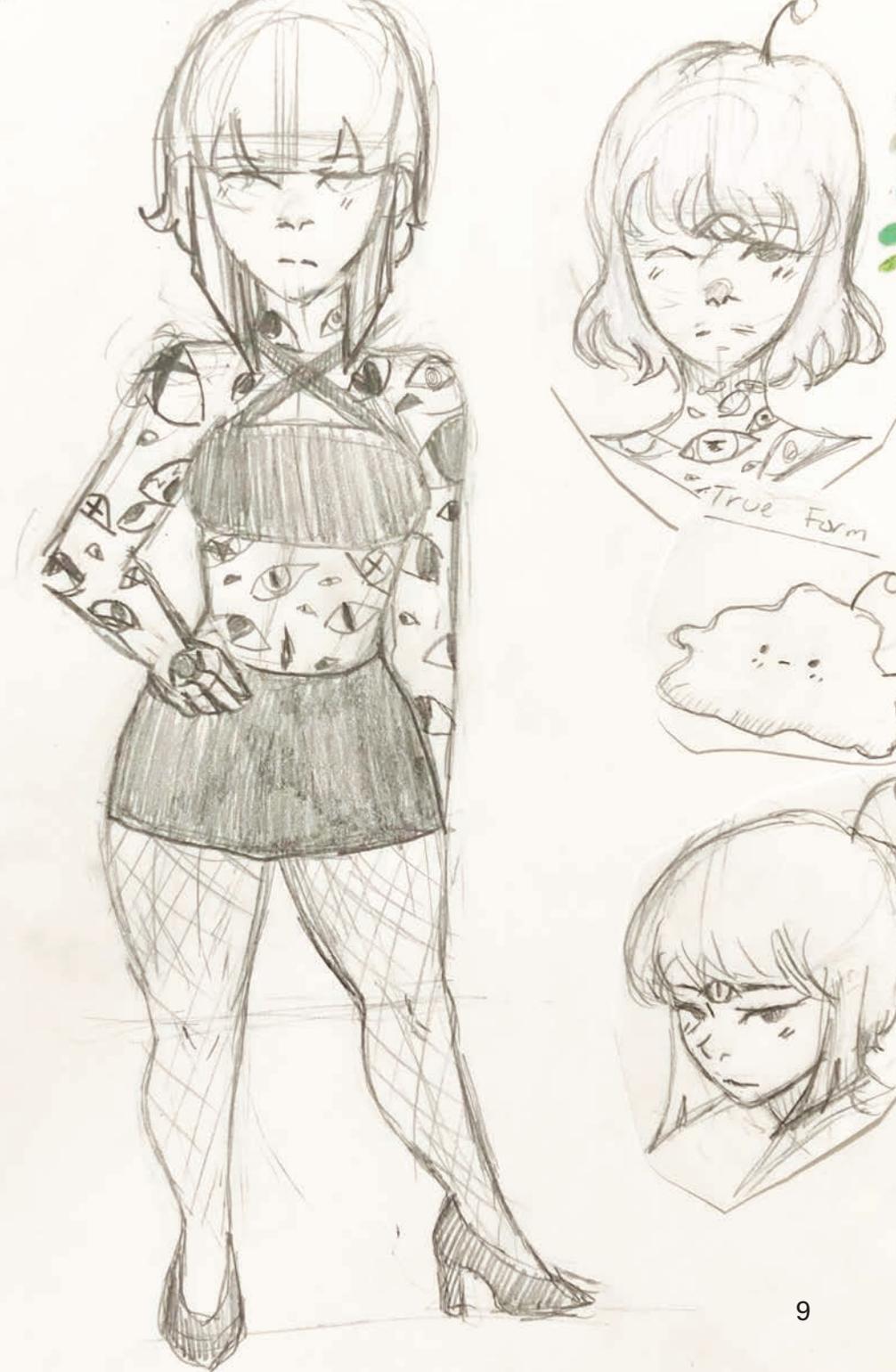


Alex Bernal-Sanchez

Anna Beltran



1. Love the way you look
2. Gorgeous, Gorgeous, baby you're Gorgeous
3. Temporary happiness is a nice moment
4. I'm extremely exhausted, physically and mentally
5. SAT's make my brain shart
6. Just...Leave me alone please?



VZ6

Sigh, im really cold and hungry



2/02

- Growth
- Apprenticeship
- Commitment
- Teamwork

10

- read a lot
- watched anime w/ dad + cousins
- into video games
- David Laury homes

Got a surprise today, I'm happy

Temporary Happiness is a nice present

3/01

Rochelle Johnson

intuition
dreams +
the unconscious



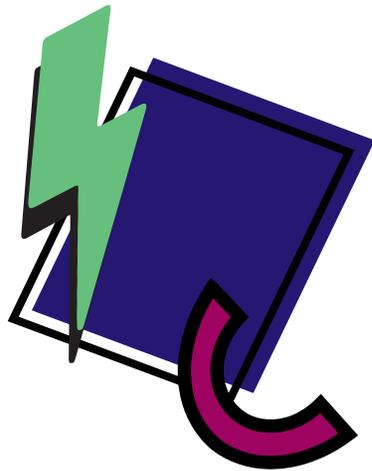
"obsessed with 'babu
my pram' on"

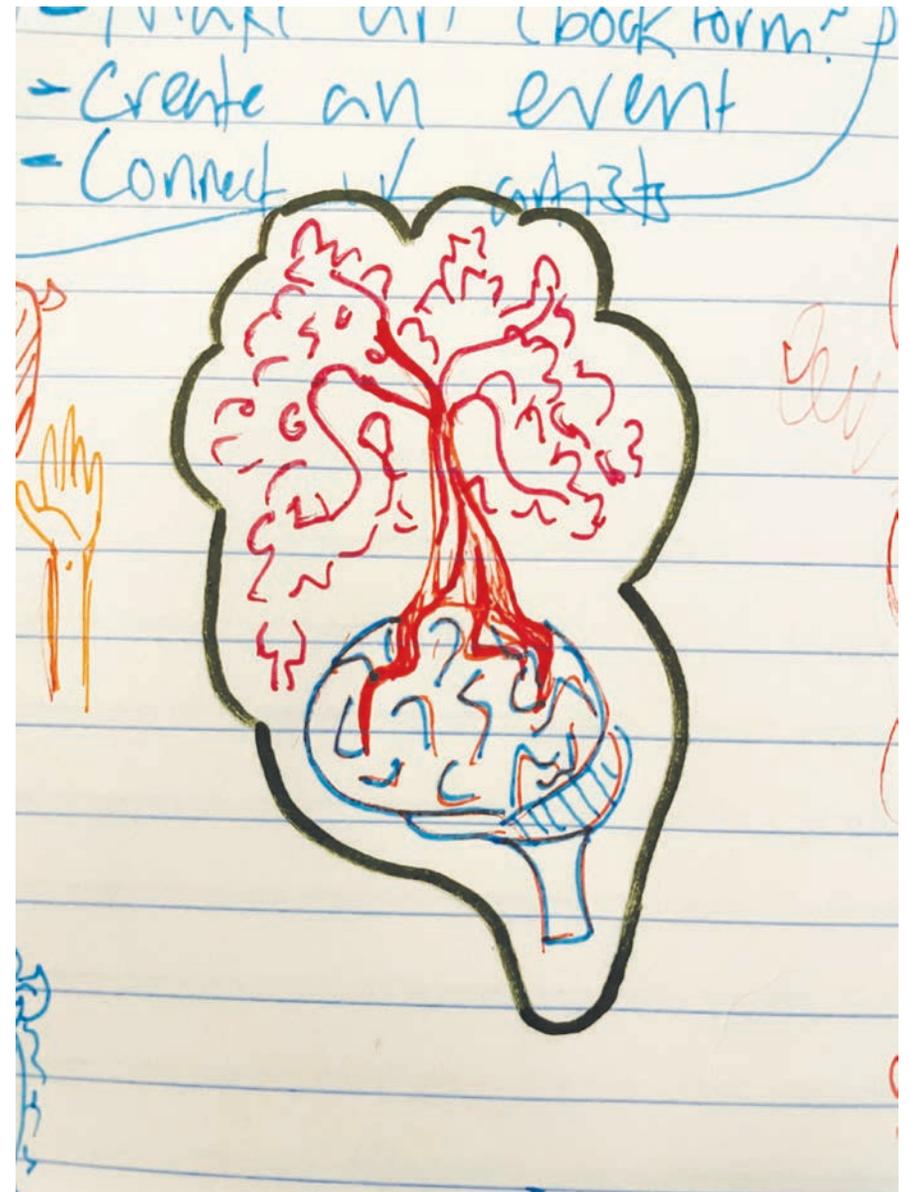
- 1) what made you want to start your urban life series
- 2) what got you inspired to do this
- 3) have you wanted to do

Evelyn Peterson

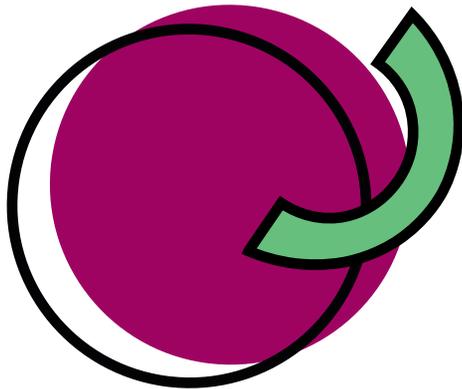
 @SOURDOUGHVENTILATION

1. She's everything you wish you were
2. Those with isolated hearts lose soul
3. I wish she was with me
4. It waits for you at dawn
5. Silence stops the knowledge of earth
6. The dreamers, they're in the breezes

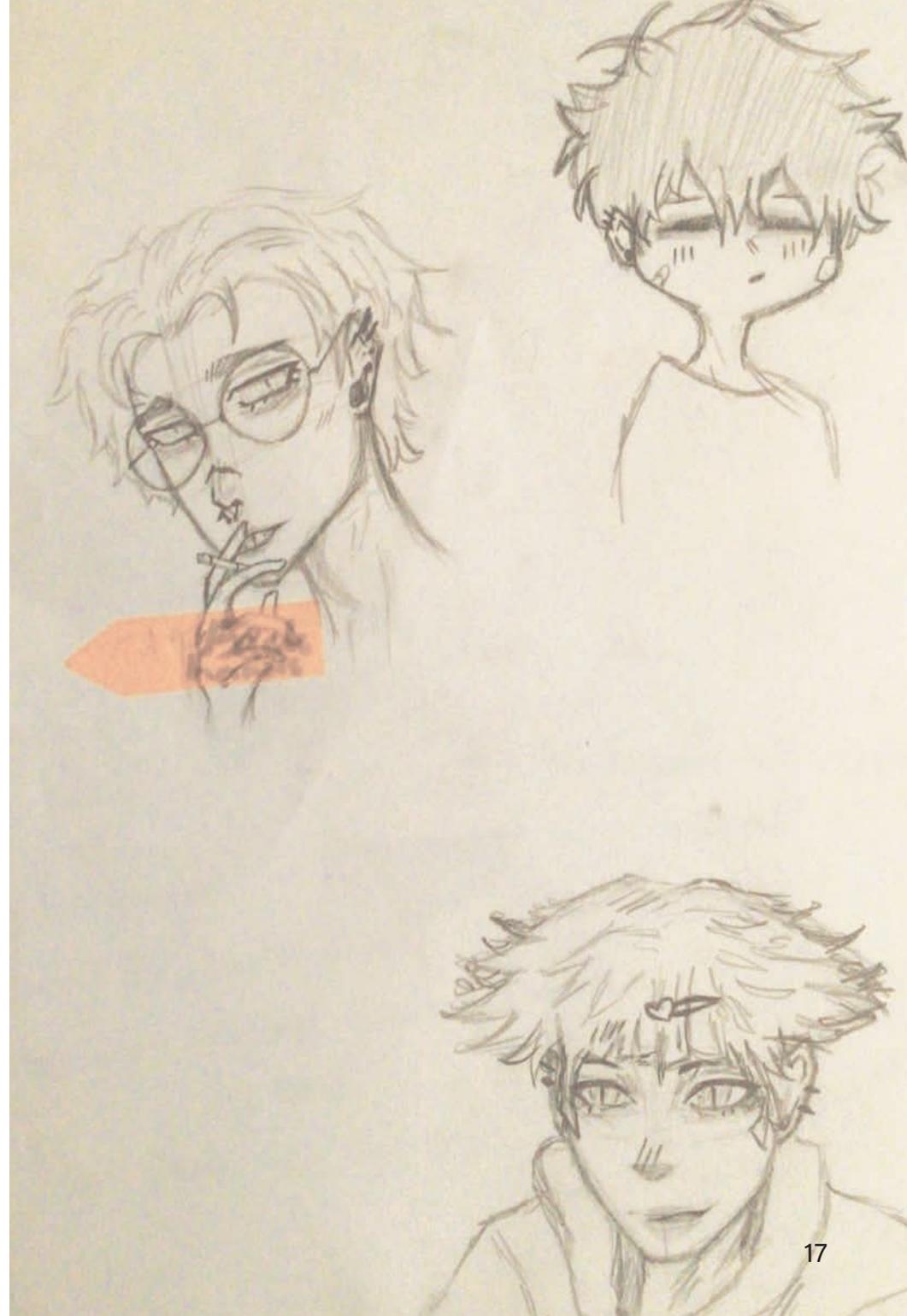


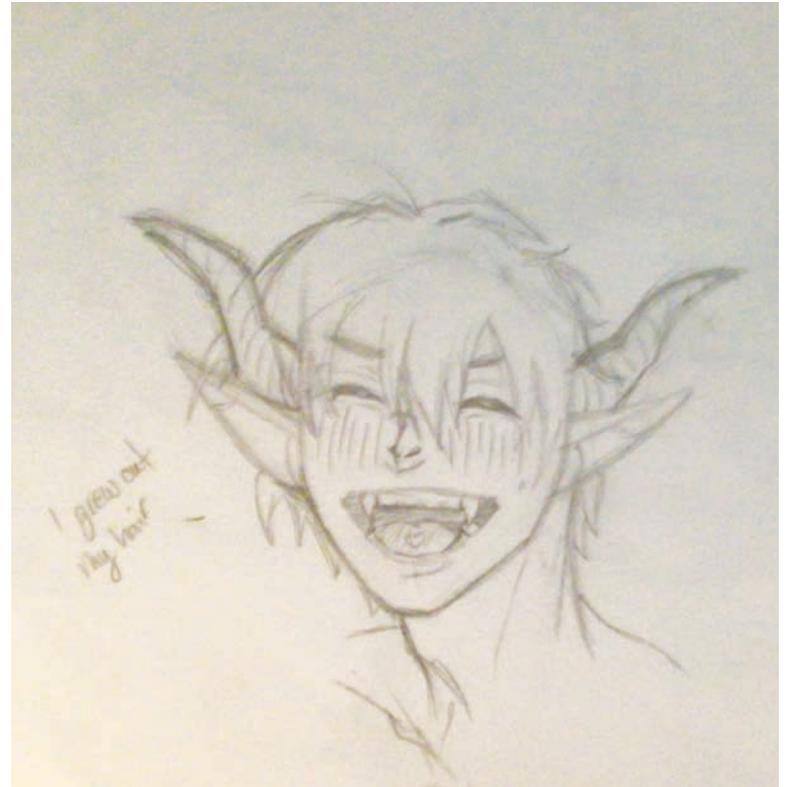


Alex Bernal-Sanchez



1. Another Day Another Headache, Systematic Nightmare
2. Self-destruction is a real thing
3. Shapes are infinite, they are universal
4. Nobody Exists On Purpose, Nobody Belongs
5. He knows no happiness only content
6. This drawing doesn't have much purpose





GROUP 3

Origami Frogs

Members

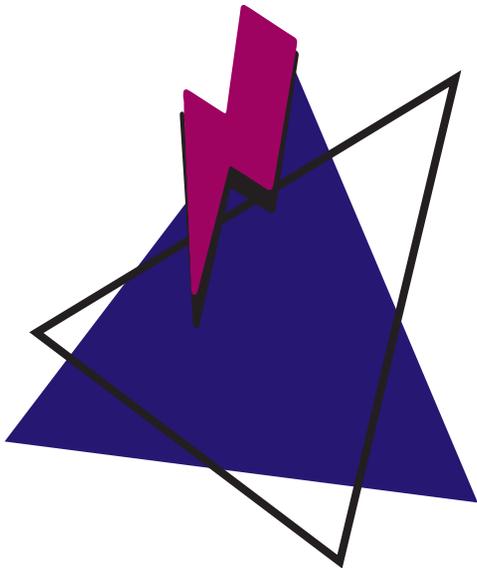
Michelle Meza

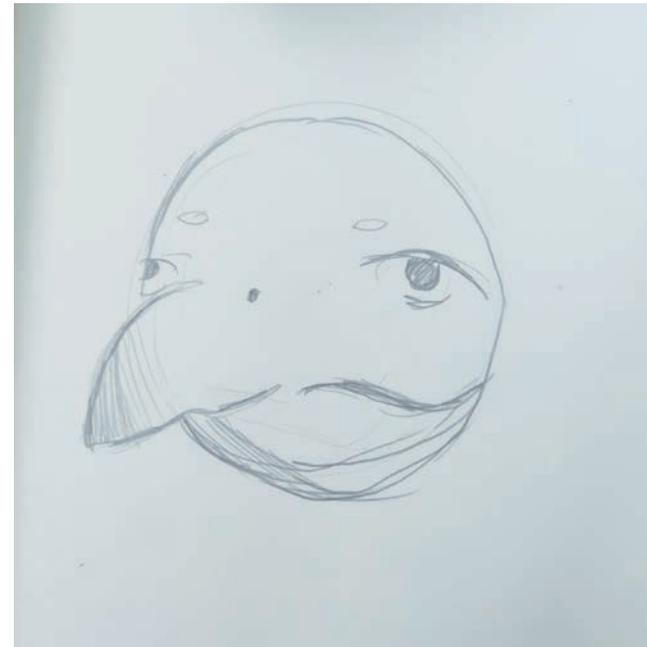
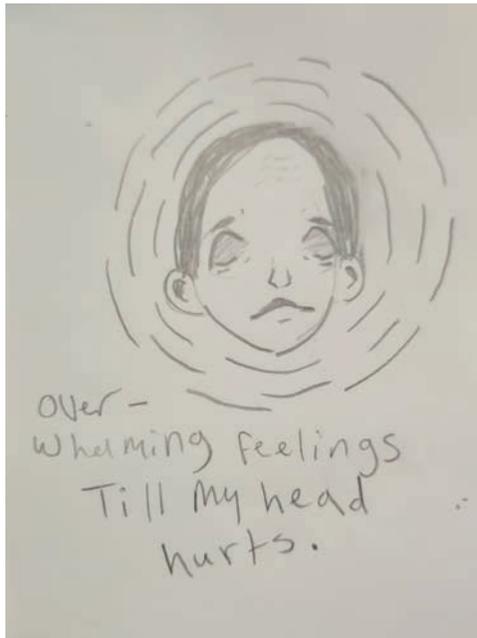
Anayency Montoya



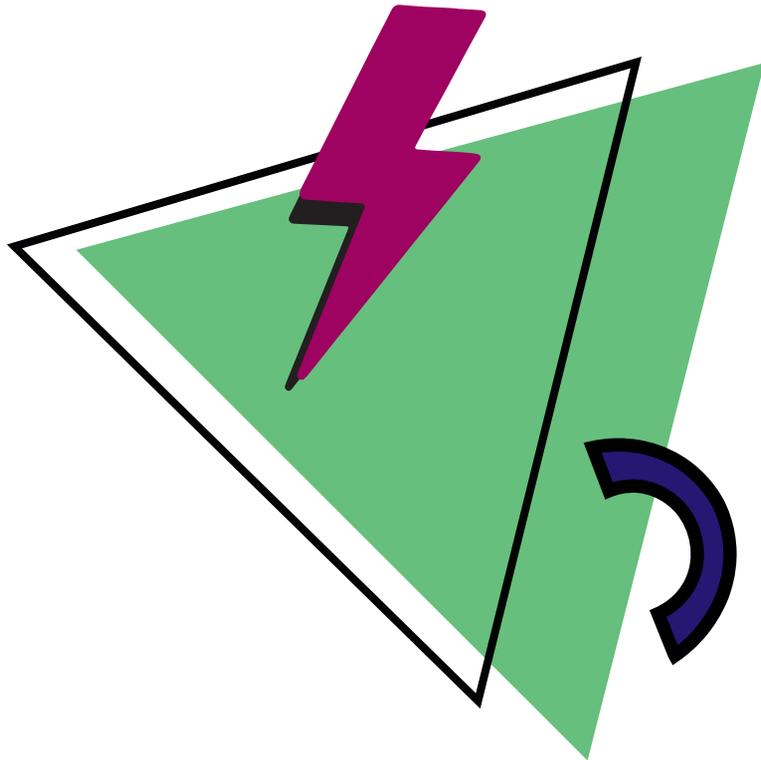
Michelle Meza

1. Overwhelming feelings 'til my head hurts
2. I see it's time to start again
3. Sleeping can be a wonderful thing
4. It's so blurry, can not think
5. These words are keeping me awake





Anayency Montoya



GROUP 4

Written Activity Description

For our group activity, we had participants choose a song that was their favorite in the past, and a current favorite song. We are hoping to see how everyone's musical preference changed throughout the years. We gave the participants 3 minutes to choose their songs, and to write them in the chat since this CVA event was online. We then gave the participants 5 minutes to draw their own interpretation of how their music preferences have changed. They could either draw their own interpretation, or draw from a combination of both song's album covers, just anything that came to their mind. After this we shared what we drew and enjoyed everyone's creation.

Members

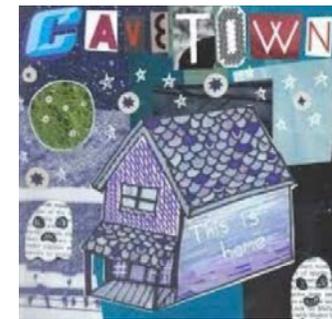
Kayden Gutierrez

Eli

Ruth Santoyo

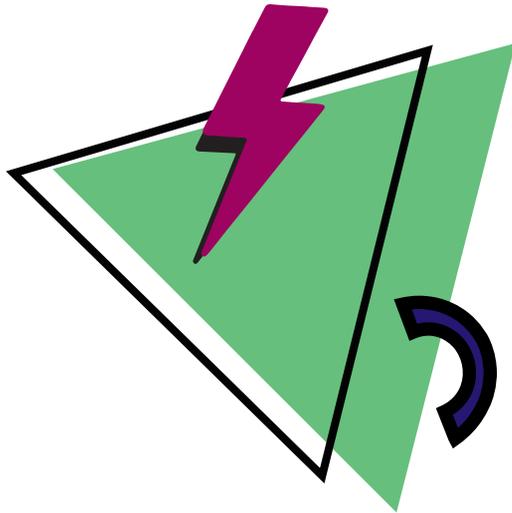


Kayden Gutierrez

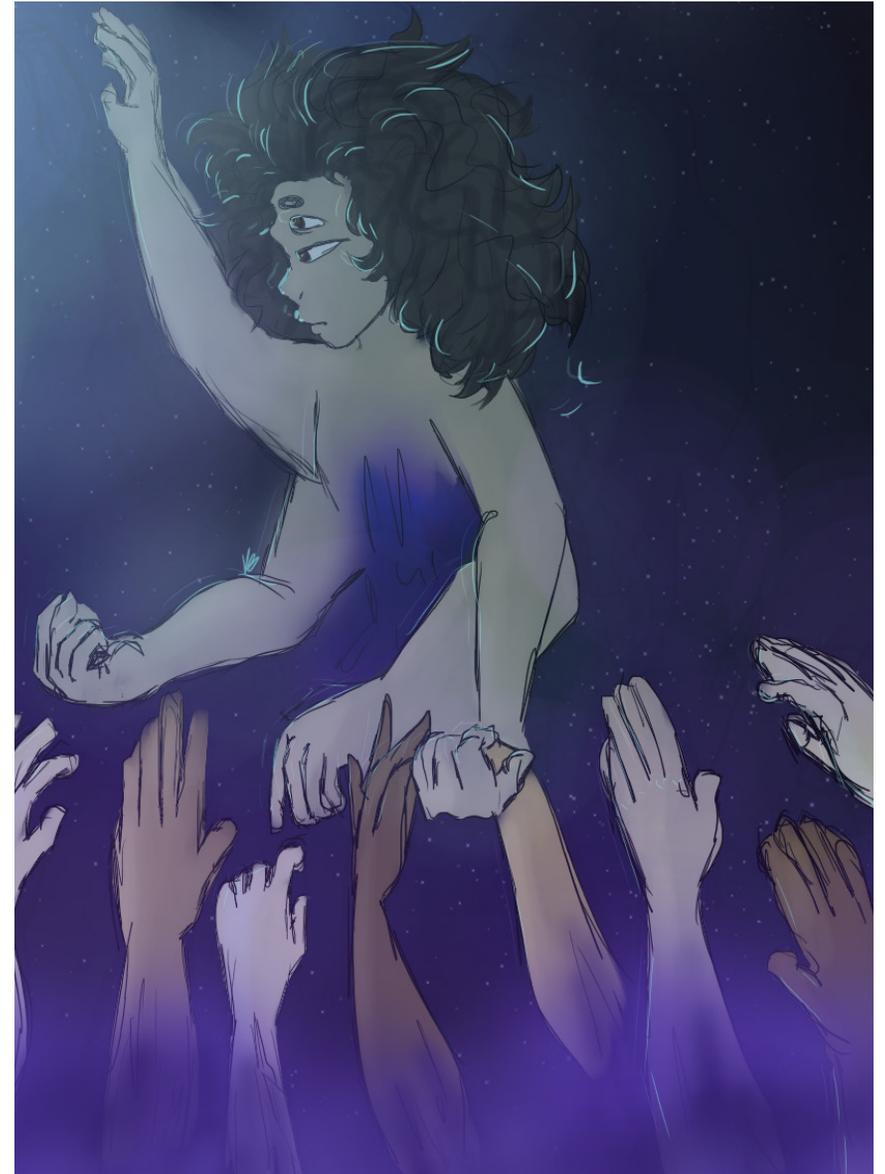


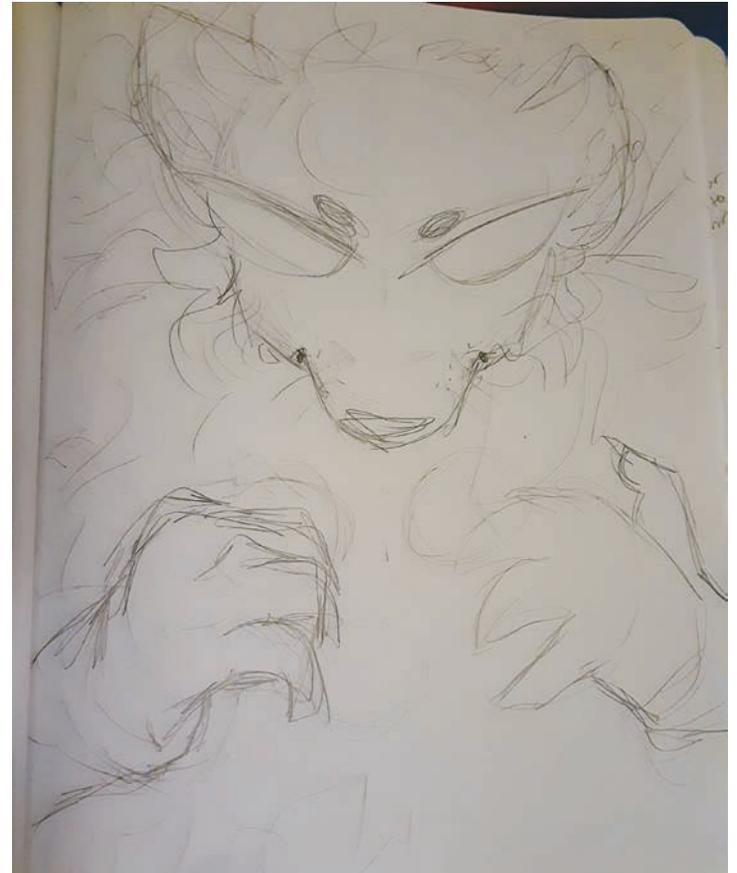
Kayden Gutierrez

@STARRY_INK_ART



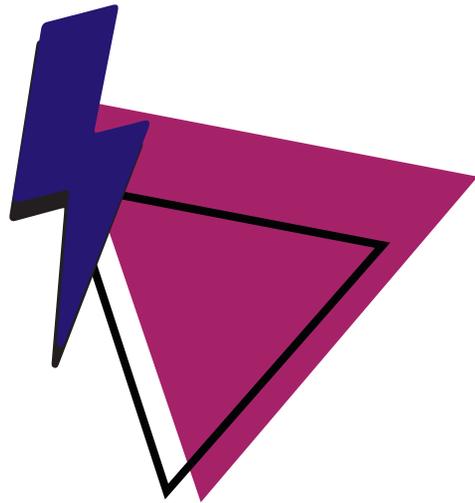
1. I have to trust my intuition
2. Dreams are where I can see you
3. Its my life purpose to protect them
4. I have to find my life purpose
5. My dream was telling me something.
6. Did you dream of me too?



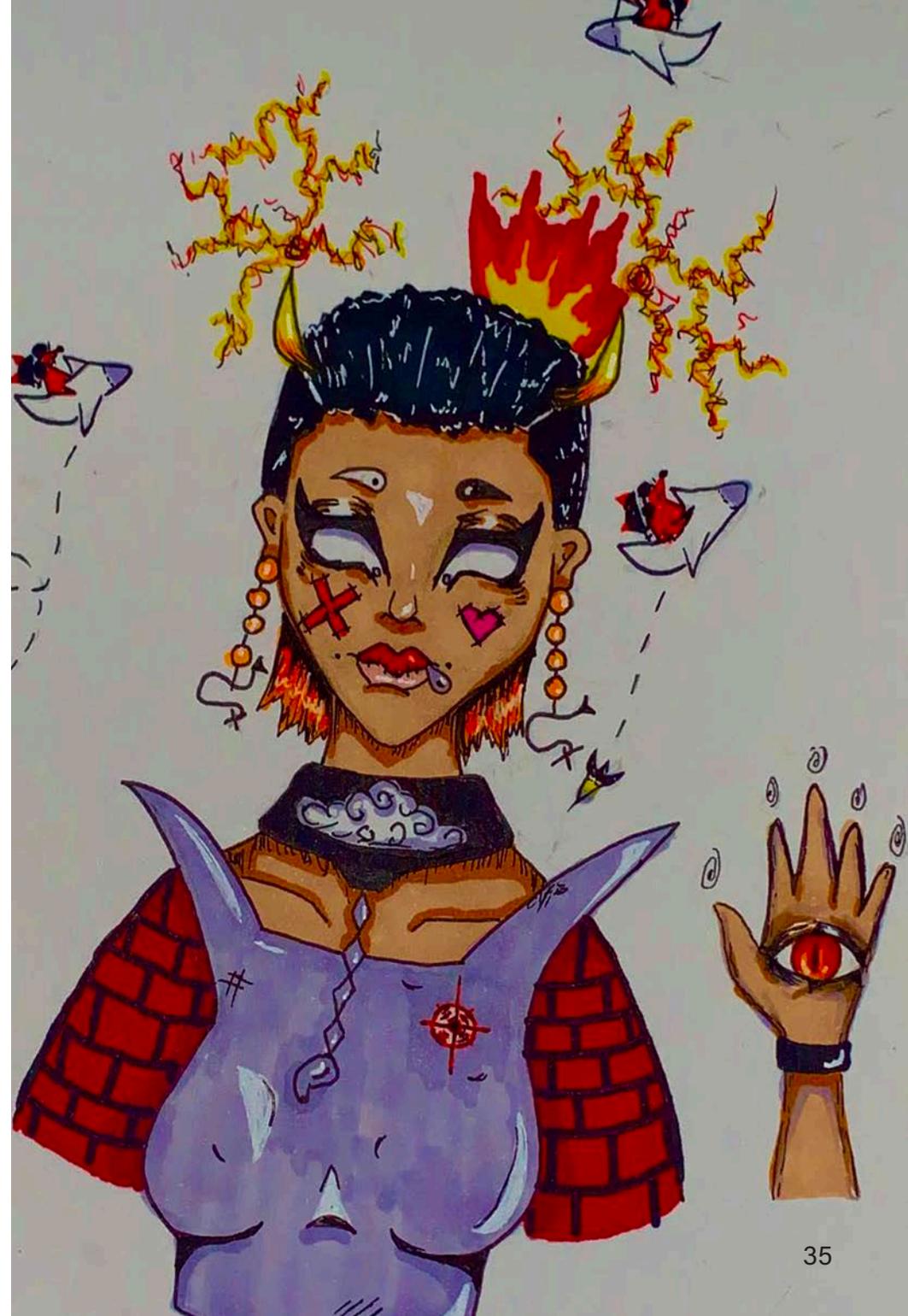


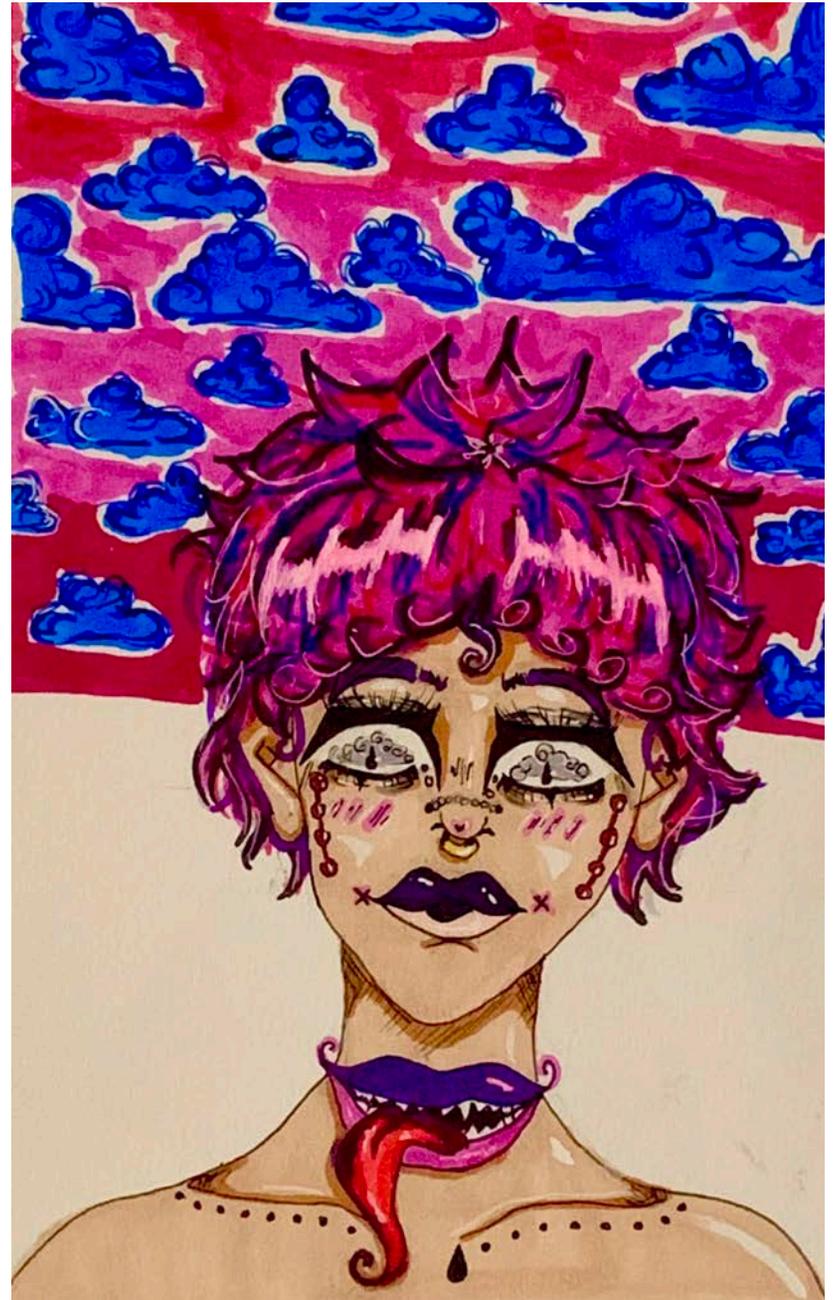
Eli

@ELI.GALAXY.PSYCHO



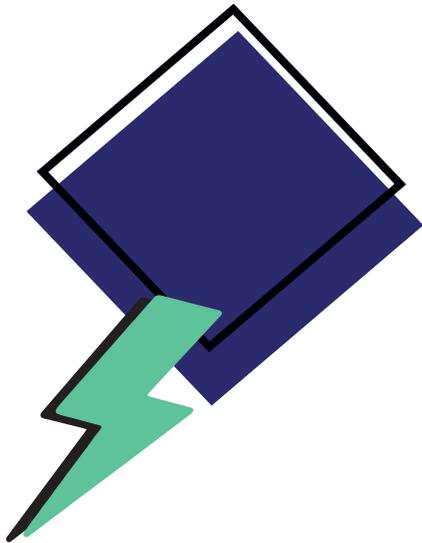
1. Revolution is spelled with love backwards
2. Fire brewed, ropes ripped restoring sanctuary
3. Louder than a hot, roaring volcano
4. My kindness has an expiration date
5. Fog is clearer than your intentions
6. Weathering the acid rain you spew





Ruth Santoyo

1. Don't wait for opportunity, create it!
2. What you focus on, you manifest
3. Stay patient and trust your adventure
4. Sleep in and work without stopping
5. Don't look back at the past
6. Lost in mind on connection body

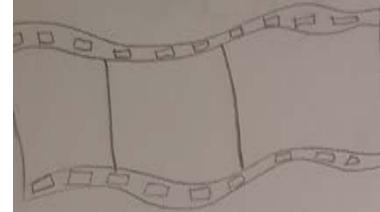


16-21

Brainstormer, Analyst, Catalyst,
Dreamer

Lost in thought

S20



FEEL
ME



Week

GROUP 5

Written Activity Description

Our project revolves around the theme of Metamorphosis. We created an activity that engaged our audience by offering them a choice of three prompts: society, people, and experience/event. These prompts were then used to create a sketch that represents growth, or a human's metamorphosis. It could have looked like a before and after or also an image with the overarching theme of how a human presents their metamorphosis.

Members

Marisol Kochan
Sarai Lazcano
Tiana Lucero



I Do.
Marisol Kochan

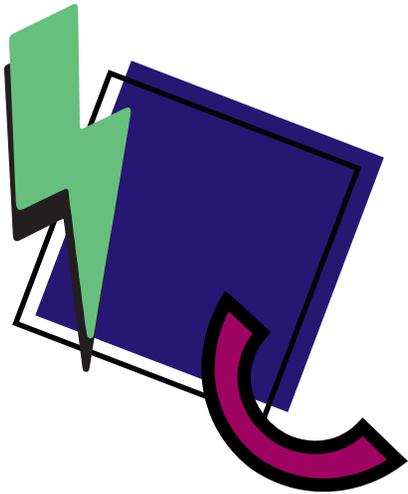


Sarai Lazcano



Tiana Lucero

Marisol Kochan



1. Binded by the red woven yarn
2. Not all that sing are good
3. Blinding white light, or black void?
4. It's not like there's a choice
5. Stars and planets aren't so different
6. Running from a shadow is pointless

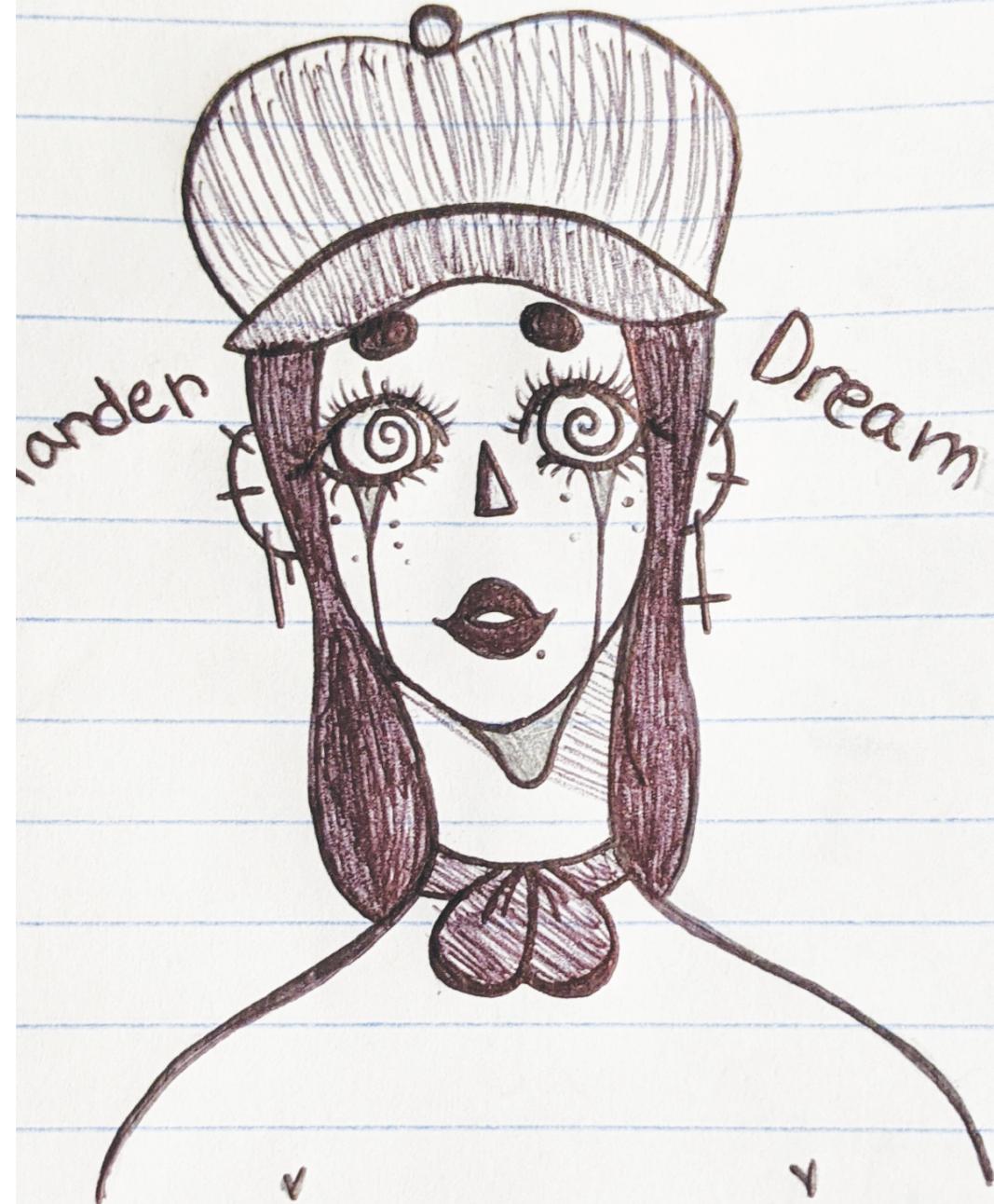
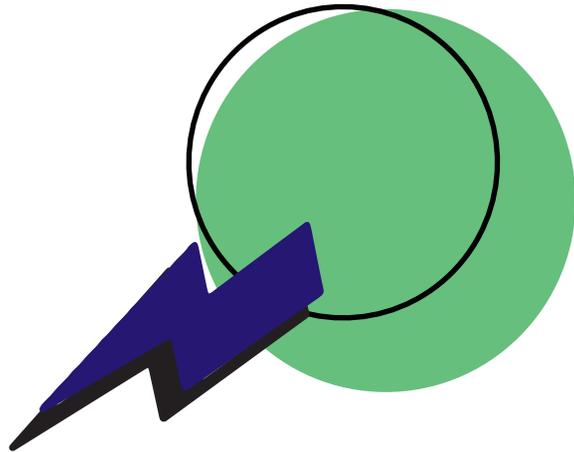




Sarai Lazcano

 @_SAHARASQUARE_

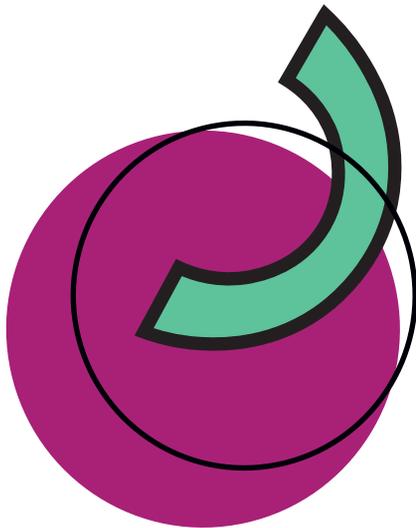
1. I am determined to improve myself
2. Blood and shadow under the blizzard
3. Sunlight flashes through corner of towns
4. Dead tree awaits the summer breeze
5. Cold winters with young, inexperienced travelers
6. Escaping in soft dreams through spaces





Tiana Lucero

 @TIANA._.LUCERO

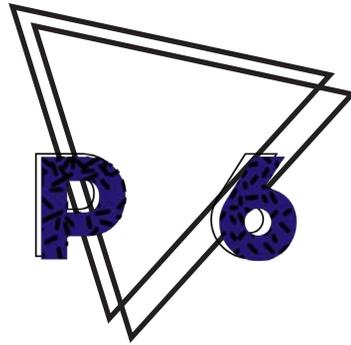


1. The power you hold is formidable
2. Identity gifts the world with love
3. Collaboration is the world's socialization
4. Exhaustion leads to limitless possibilities
5. Laughter is worth more than medicine
6. Your genuinity and altruism are beautiful





GROUP 6



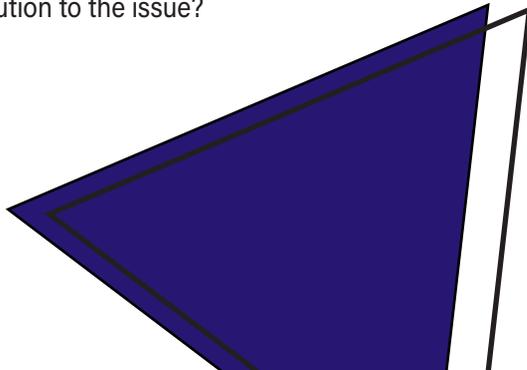
Written Activity Description

My group's activity included assigning people a number and letter, which corresponded with a box and with a sentence they would write for a poem. Each box corresponded with a number, and in each box, there was a social issue. Each member of that group would write a sentence about a prevalent social issue. Each person in the group would write a line of a poem that matches the letter they were assigned. Each letter has a corresponding question that helps the person write about their sentence.

- Where is this issue seen in the world?
- How does it affect you or others on a personal level?
- How do you plan to approach the issue personally?
- What social movement could combat the issue?
- What is your ideal solution to the issue?

Members

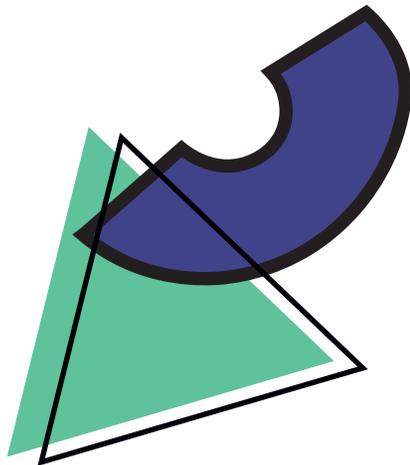
Mihn Nguyen
Dah Ku
Talia Cardin

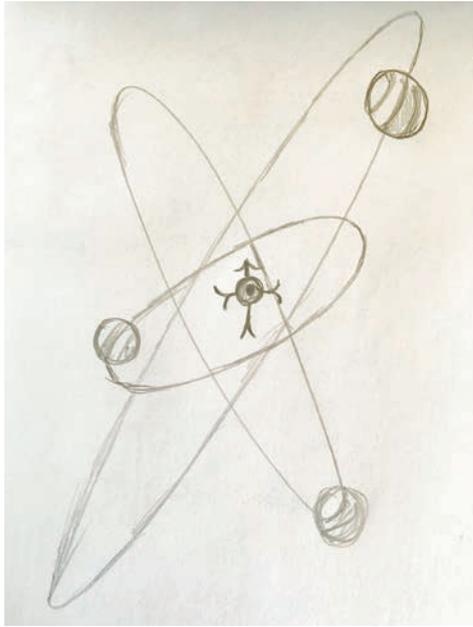


<p>Group #1 Incarceration Industrial Complex</p> <p>A. The United States targeting black men just as in the time of slavery.</p> <p>B. Families sit and wait for loved ones to return from prison while others with a similar offense walk free.</p> <p>C.</p> <p>D.</p>	<p>Group #2 Climate Change</p> <p>A. The sky as red as hell</p> <p>B. The fear of losing everything we have created</p> <p>C. By helping the earth from all the damage we've done</p> <p>D.</p>	<p>Group #3 Gun Violence</p> <p>A. Bullet bridge I must cross for my minimal education I receive</p> <p>B. It seems that this danger is one that others cannot perceive</p> <p>C. We can choose to shoot or choose to save.</p> <p>D. Taking control of our own lives instead of handing our hearts to someone's hand</p>
<p>Group #4 Sexual Assault/Harassment</p> <p>A. Don't dress this way, no matter where you are</p> <p>B. The trauma lasts a lifetime, it affects me more than you could</p>	<p>Group #5 Health Care Disparities</p> <p>A. This can be seen in a lot of places in different amounts</p> <p>B. May not be accessible to everyone.</p>	<p>Group #6 Anti-Asian American Hate Crimes</p> <p>A. Make fun of the culture and yet want to appropriate the culture</p> <p>B. The people I love are not</p>
<p>know</p> <p>C. My life depends on a taser and pepper spray</p> <p>D. Education is a trail to take, teach and learn about this awful feat before it's too late</p>	<p>C. We need to spread the truth and reveal how corrupt our world truly is, my life is in doctors hands, we need the world to understand</p> <p>D. Free healthcare and the diversifying of medicine, the change in healthcare as a whole, We need doctors to care and listen so the world can become aware</p>	<p>welcome in the place I call home.</p> <p>C.</p> <p>D. Asian markets are not your Instagram picture's destination</p>
<p>Group #7 Police Brutality</p> <p>A. Racism in America is the blue i see on police officers</p> <p>B. Having to fear for my life because i'm a poc, part of the pride community, or just a slow minded person</p> <p>C. Protest, spread awareness, speaking up is what i can do for now, when can i change the law?</p> <p>D.</p> <p>E.</p>	<p>Group #8 Voter Suppression</p> <p>A.</p> <p>B.</p> <p>C.</p> <p>D.</p> <p>E.</p>	<p>Group #9 School to Prison Pipeline</p> <p>A.</p> <p>B.</p> <p>C.</p> <p>D.</p> <p>E.</p>

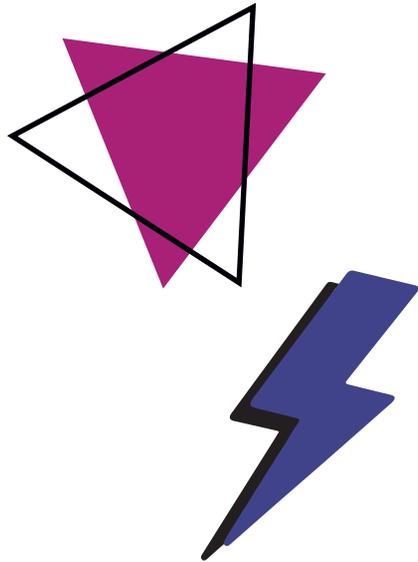
Mihn Nguyen

1. Blood and shadow under the blizzard.
2. Cold winters with young, inexperienced travelers.
3. Golden lights flush over the rooftop.
4. Through hardships we bloom and blossom.
5. Pages bled of flowers with memories.
6. Back when the sun shines through.





Dah Ku



1. In darkness, there is always light
2. Treat others as you treat family
3. Life is temporary, so have fun
4. I hate you, I love you
5. Beauty is also on the inside
6. Work in silence and celebrate victoriously

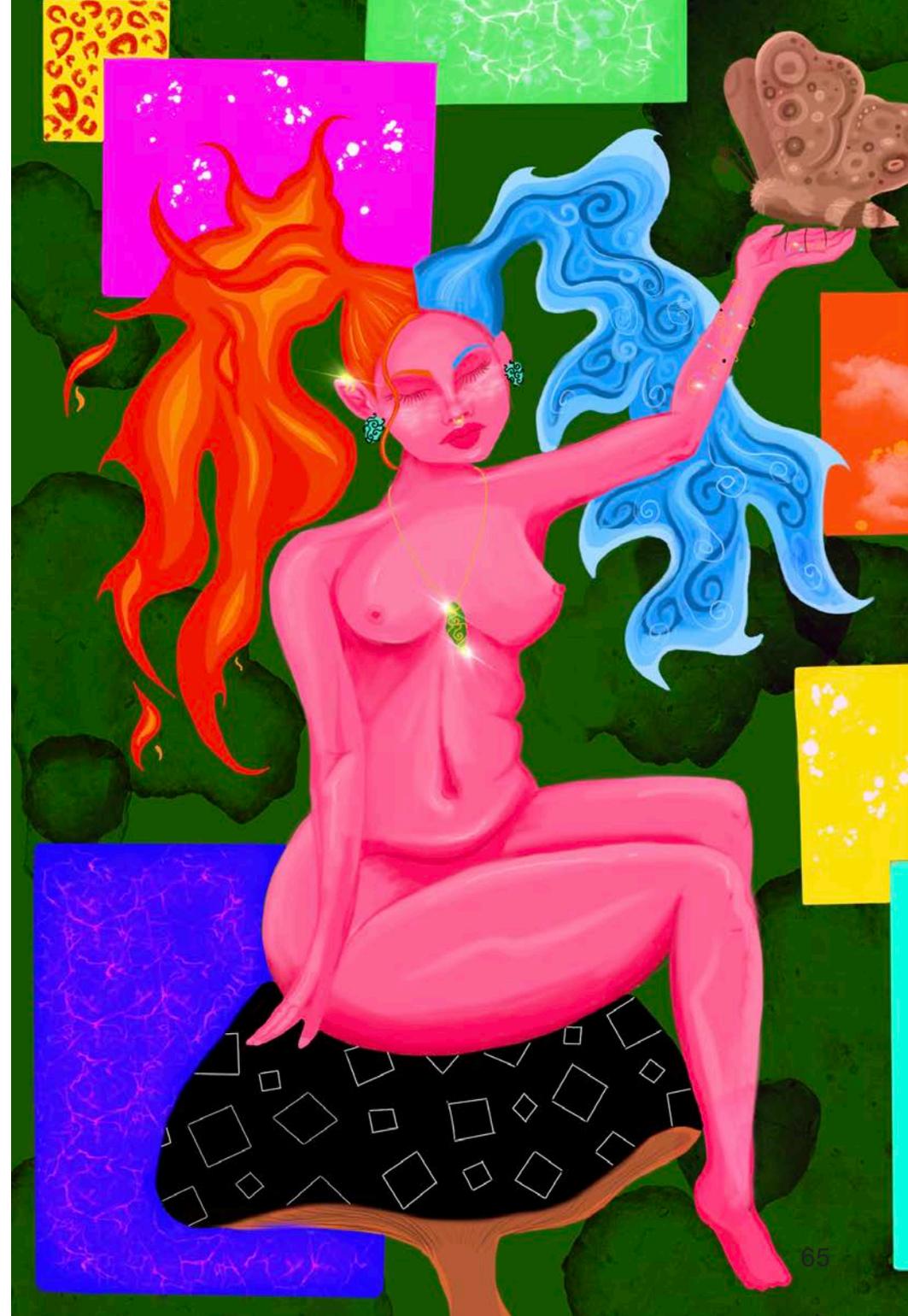
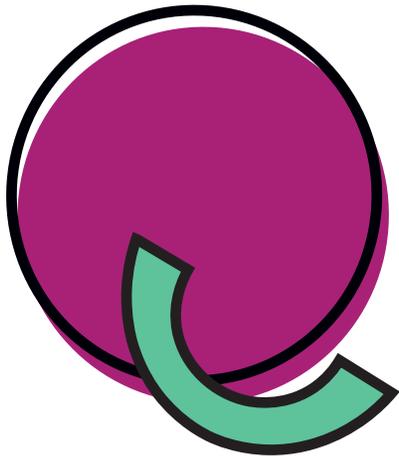


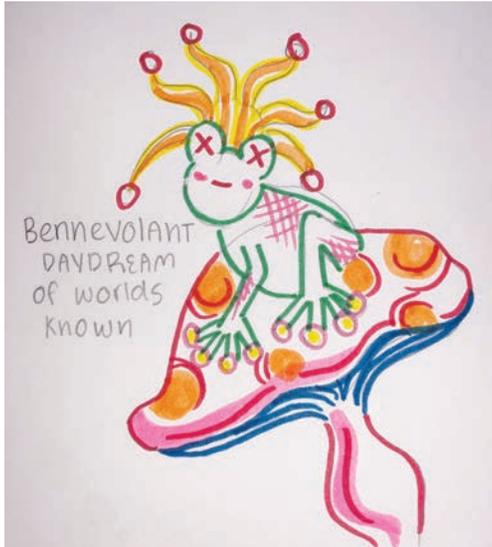


Talia Cardin

 @TALIACARDINART

1. Blossoming Solitude. Lock Doors. Look Within.
2. Beginnings, Beginnings, Without End.
3. She was Born Into Clandestine Forests
4. Caught In the Crossfire. Eternal Solitude.
5. Be Bolder. Then Bold. Dauntless
6. IF ONLY IF ONLY, Mankind Subsides.





GROUP 7

Written Activity Description

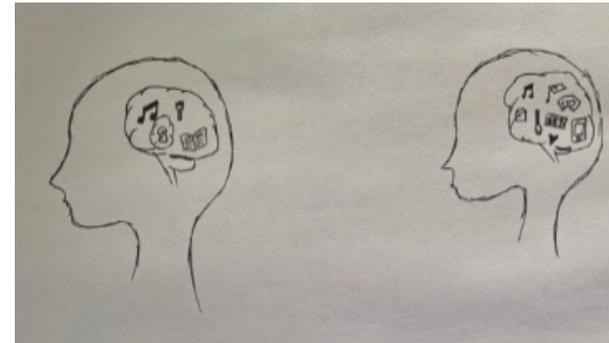
For the event, we wanted to find a way for people to reflect on a change/metamorphosis that they have gone through and depict that in a two part sketch one which is a past self and one in the present. We gave everyone around six minutes to draw these past and present versions. It ended up becoming something very positive, it was a great way for people to look at their growth and feel proud of who they are now. We explored metamorphosis through people's individual perceptions of growth that ended up being anything from physical to mental to artistic.

Members

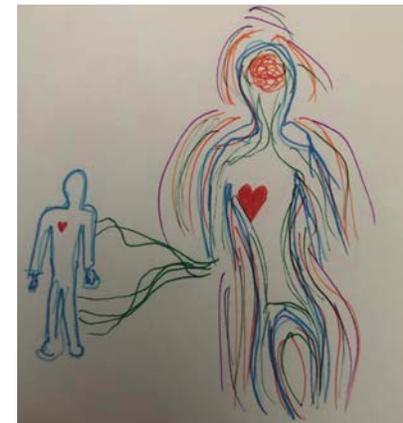
Lucia Feast
Maggie Pan
Klara Joffe



Lucia Feast



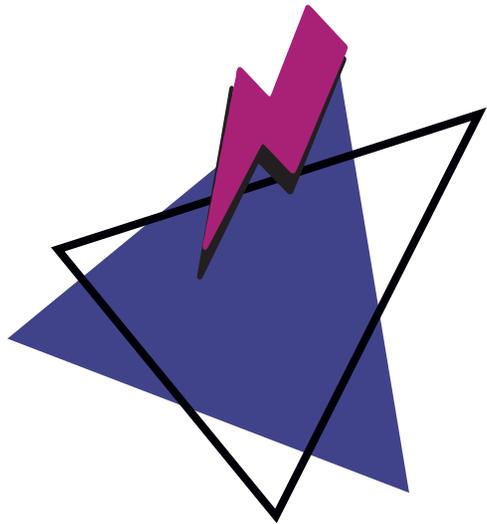
Maggie Pan



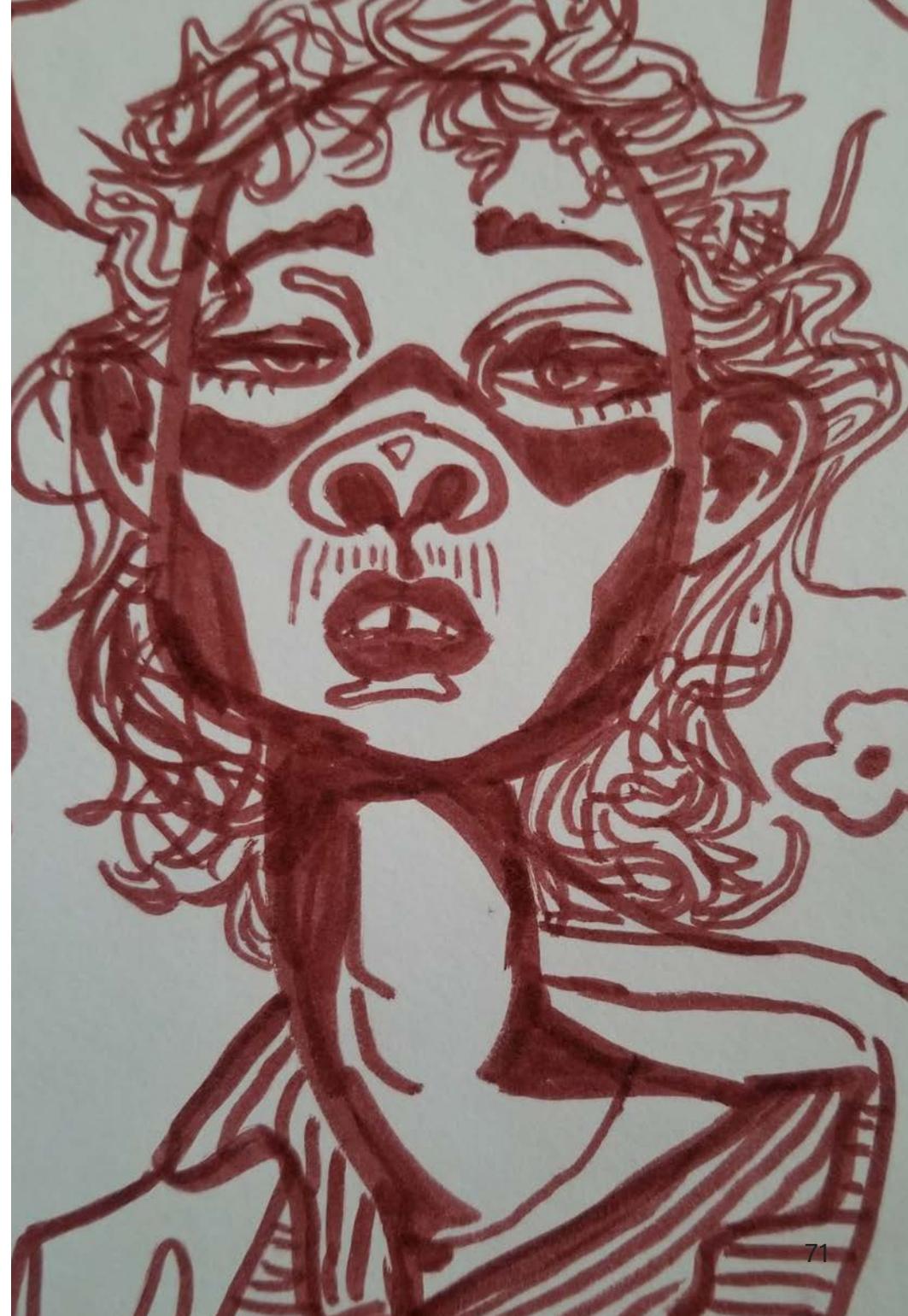
Klara Joffe

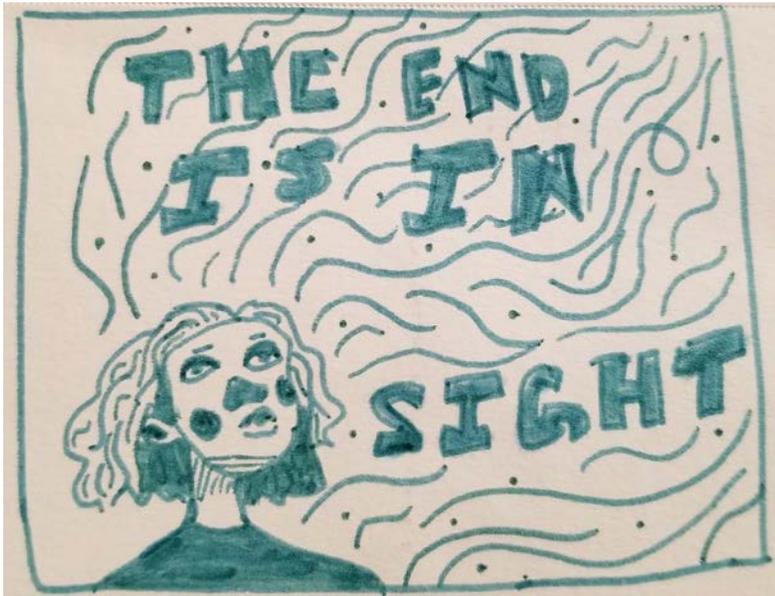
Lucia Feast

 @LUCIA.FEAST



1. Trying to be less distant, focused
2. Maintaining is enough, I feel proud.
3. I don't really want to reflect
4. Time to dive. It's almost over
5. I should spend more time outside
6. The moon was comforting last night.

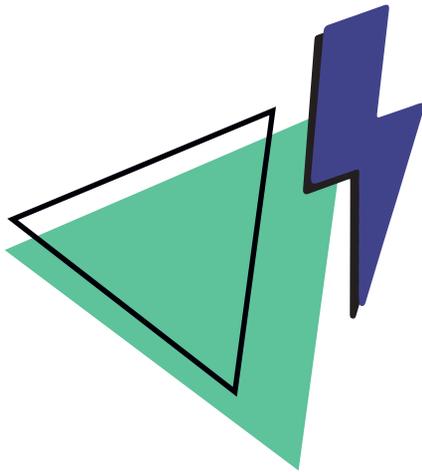


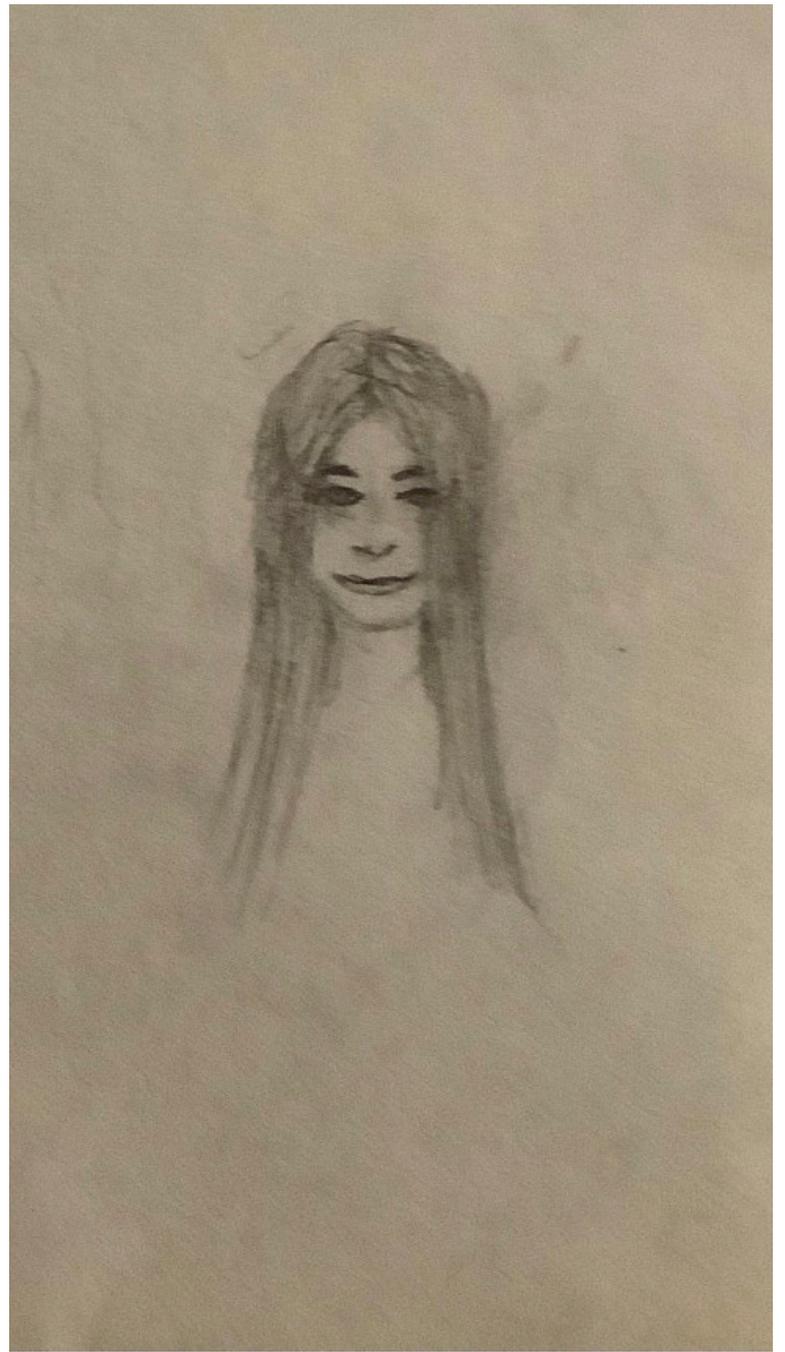
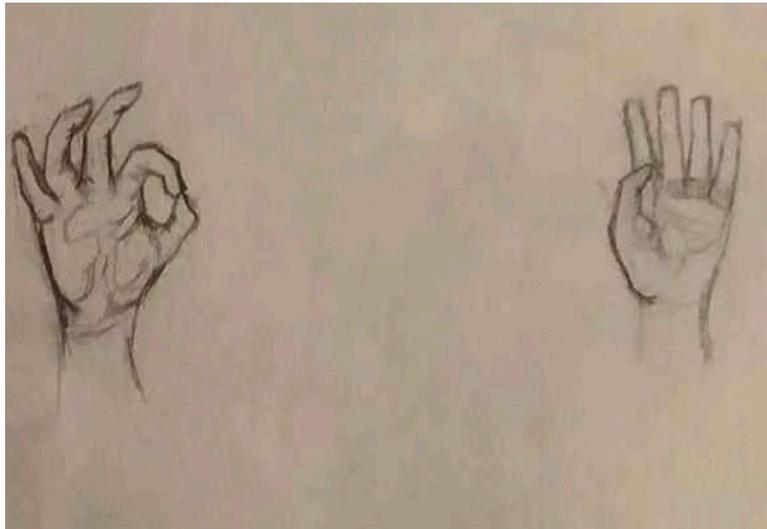


Maggie Pan

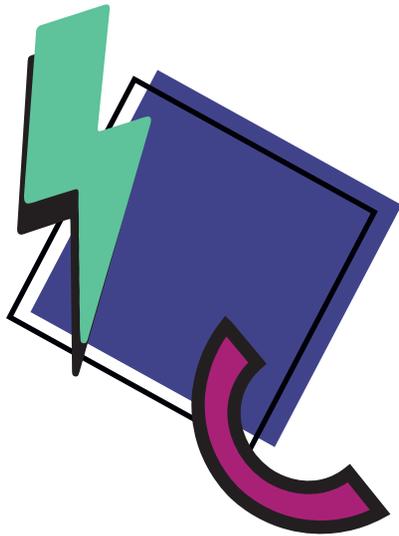
 @MAGGI3.PAN

1. Investing can be addictive, like gambling.
2. We all love a ninety-day trial.
3. You still appear in my dream sometimes.
4. I can see you drifting away.
5. Packages don't bring me happiness anymore.
6. Sleep is nature's medicine, it's free.

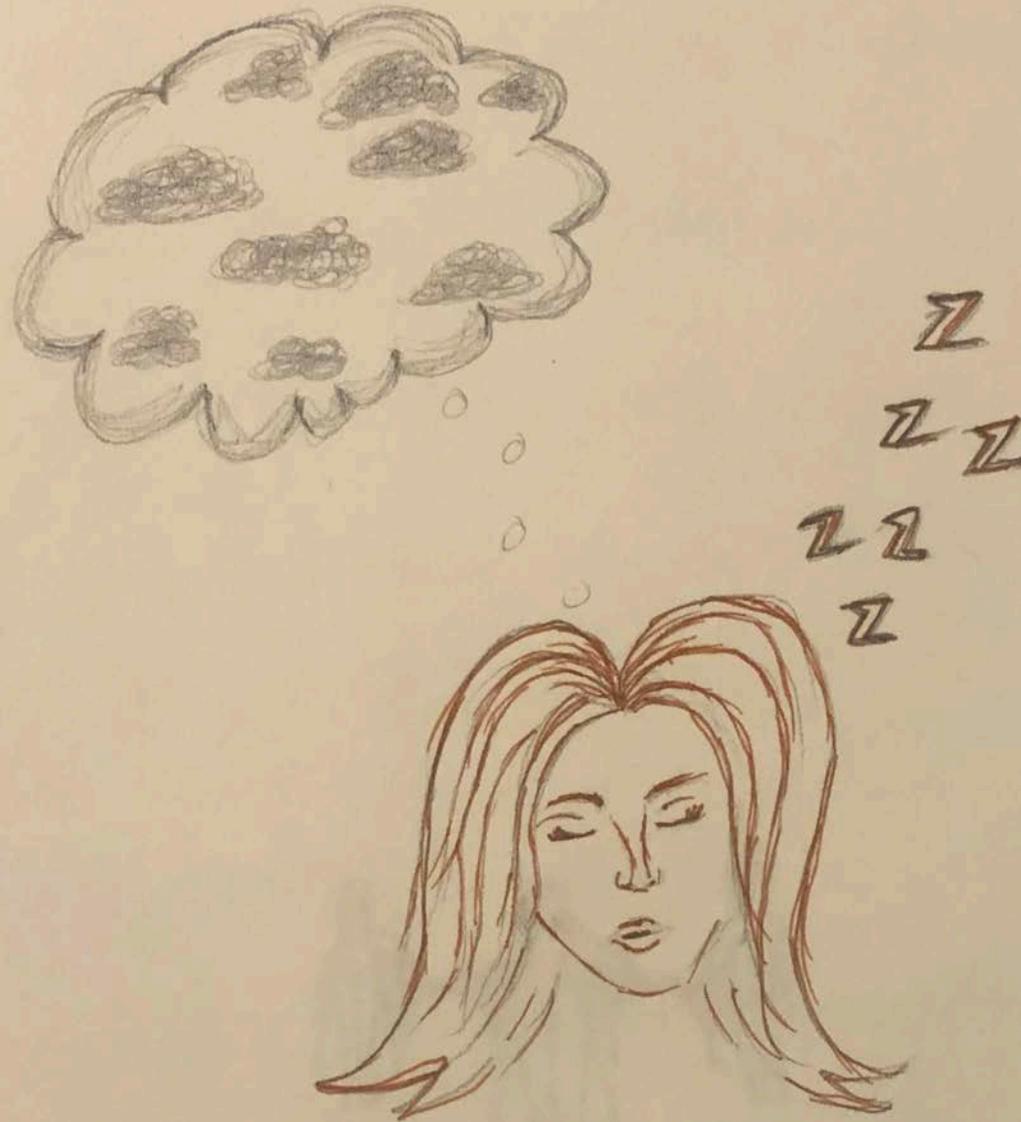


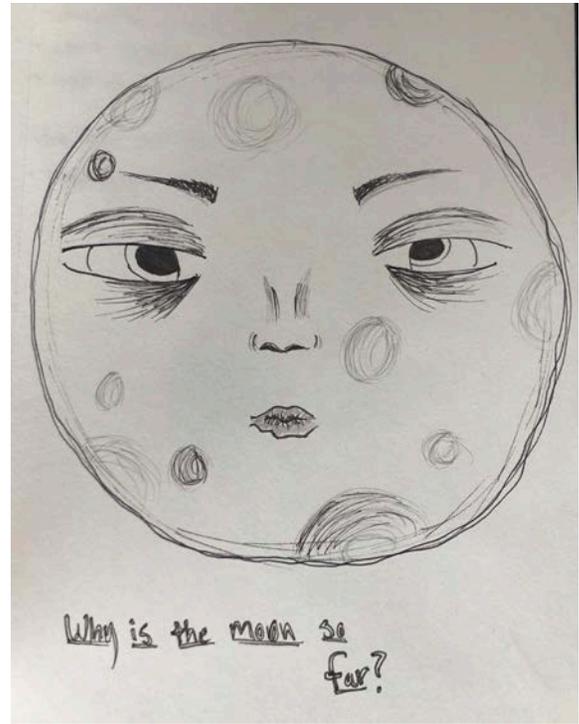
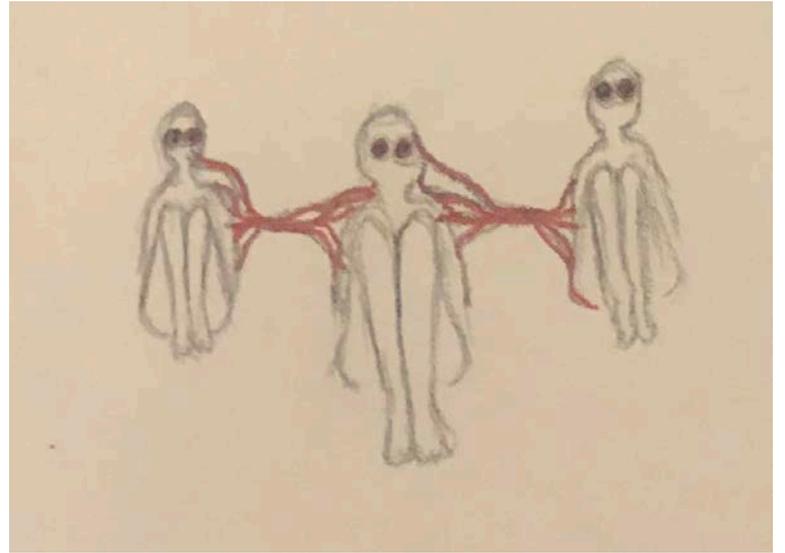
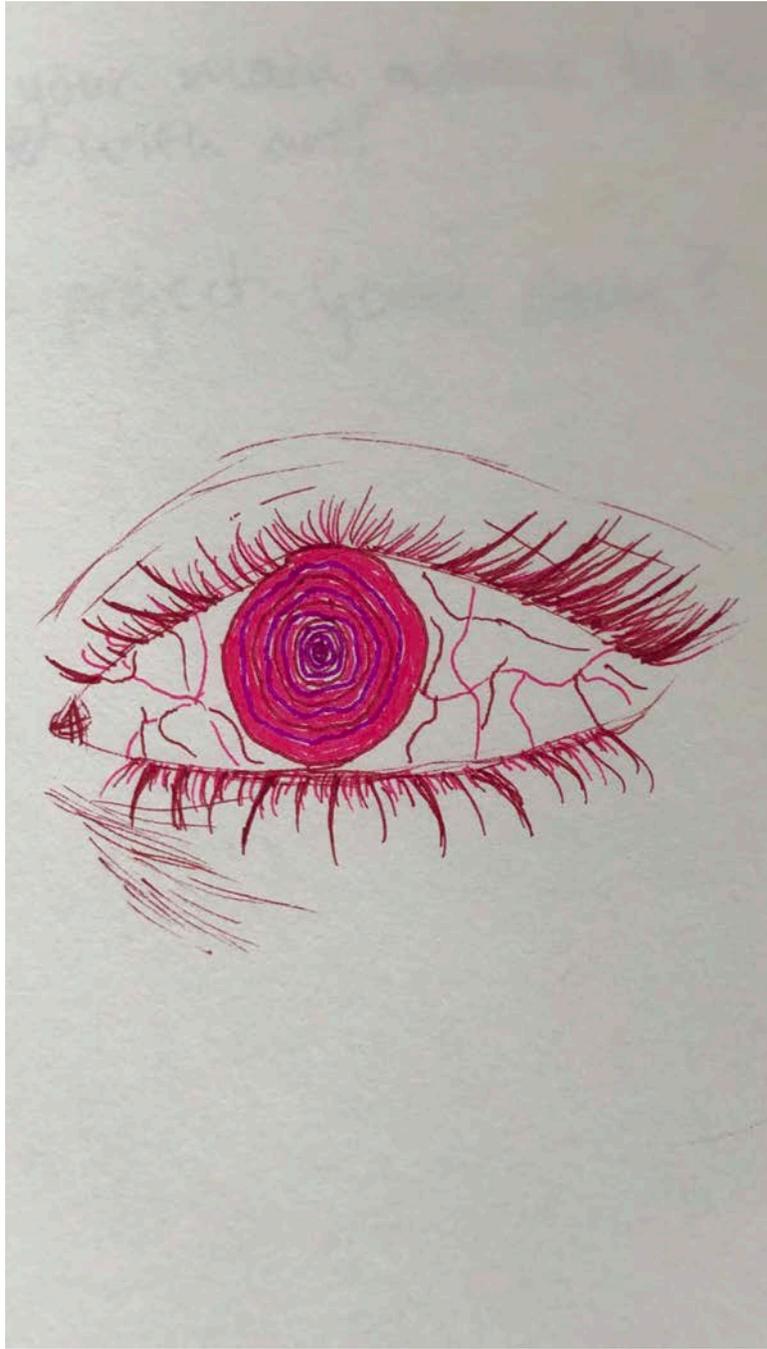


Klara Joffe



1. The forest, so vast, so wide.
2. I can't wait to dream again.
3. No point in reminiscing the unsaid.
4. When will they get to heal?
5. Why is the moon so far?
6. Resisting growth in fear of loss.





Thank You

This work couldn't happen without the work of many people.

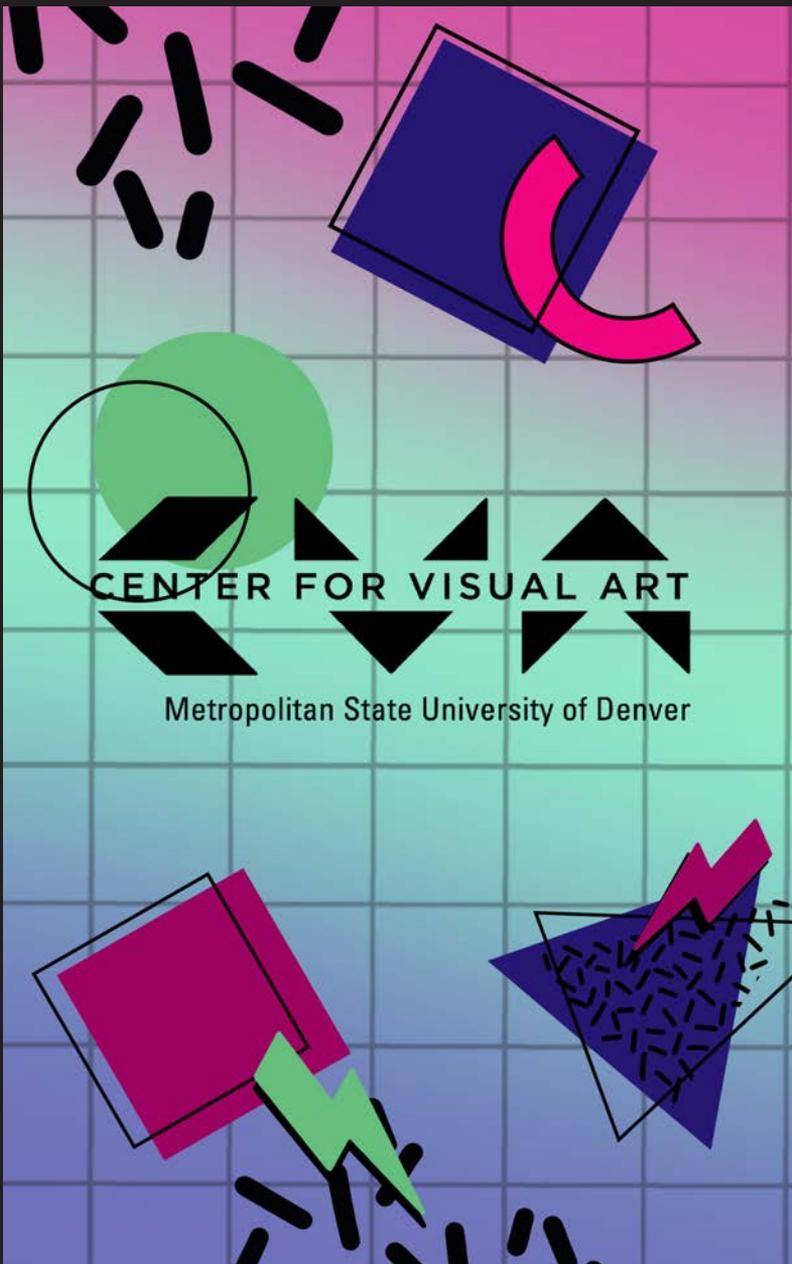
The Center for Visual Art's dedication to welcoming youth into the often impenetrable art world is clear and to be commended. Thank you to Cecily Cullen for steering the ship and bringing us the art that inspires this work. Thank you to Kristin Smith, Jenna Miles and Kimberly Wendt for your work behind the scenes to keep things running. Thank you to my apprentices, Holly Sherman, with her brightness and gentle nudges keeping our ducklings on their paths, and Alexis Lopez with his unique ideas and willingness to try anything.

Many artists joined us in our virtual classroom as guest artists to inspire us and share their knowledge. Rochelle Johnson, Katie Watson, Rafael Fajardo, Cherish Marquez and Julie Hendrickson spoke in depth with the group about what they do and the path they took to get there. Other creatives spoke with the interns one-on-one, giving them practical experience reaching out to professionals to expand their networks and gather information about their chosen career paths.

Thank you to Tyree Jones, Sarah Knutson, Ian Rumley, Julio Alejandro, Jill Hadley Hooper, Anthony Camera, Alyssa Mora, Daisy Patton, Regan Roseberg, Sarah Quinlan, Greg Jesse, Evonna Ramirez, Stan Yan, Anna Goss and Kathleen Montgomery for your mentorship. And finally, thank you to Kat Cafaro for bringing everything together in this book you hold.

To everyone involved, thank you for your contribution.

Katie Taft
Education Manager
Center for Visual Art



CENTER FOR VISUAL ART

Metropolitan State University of Denver