



# **ART + ACTION LAB**

  
CENTER FOR VISUAL ART  
Metropolitan State University of Denver

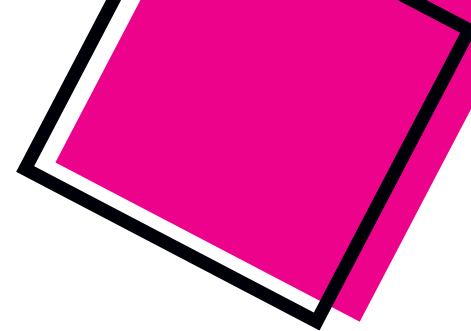
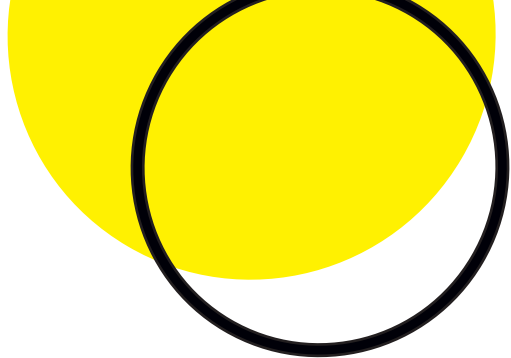
**ART + ACTION  
INTERNSHIP  
FALL 2020**



**CENTER FOR VISUAL ART**

Metropolitan State University of Denver






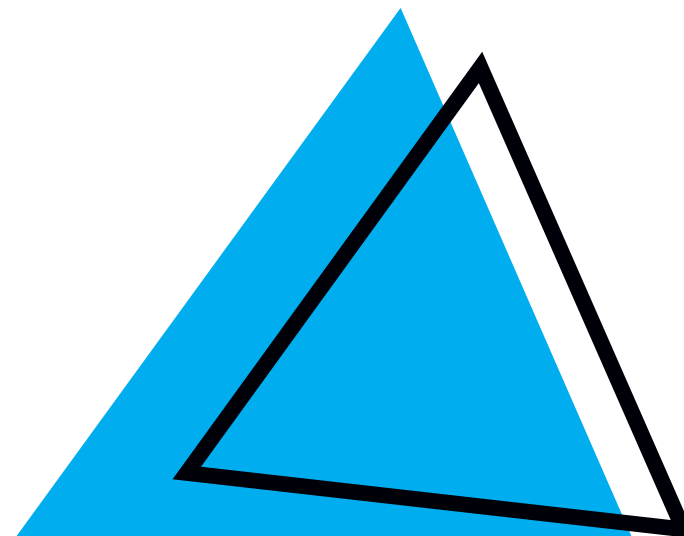
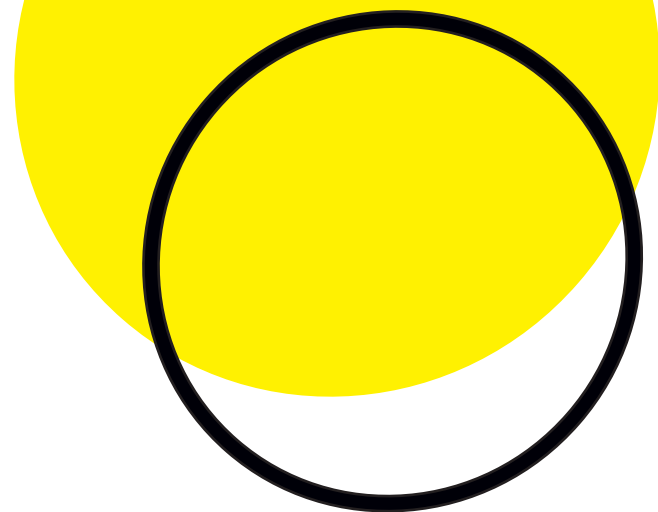
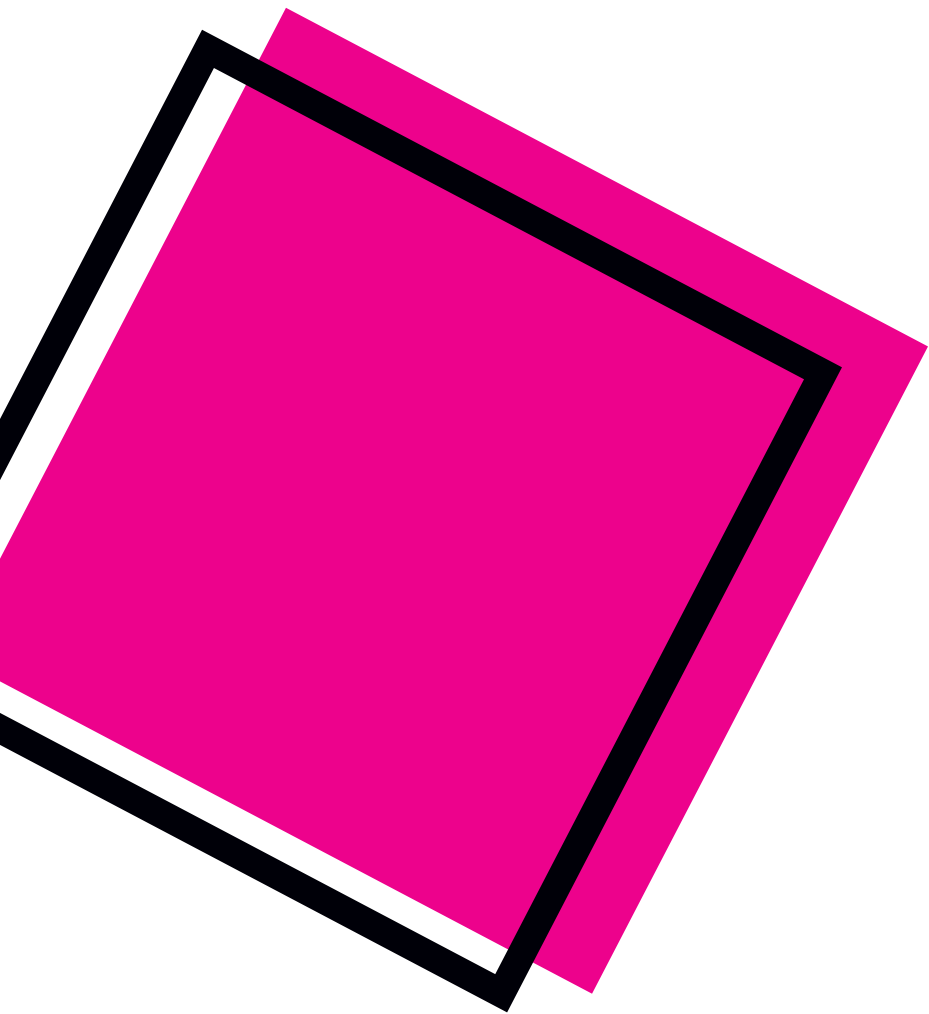
This document is the culmination of work created in the Art + Action Lab Teen Internship for fall 2020. The internship brings together students who are interested in creative careers from across the Denver Metro area. We make art to share with the public, meet with creative professionals from a wide range of industries, and build personal and professional skills and networks. The program provides an introduction into an art world that can appear mysterious and even impenetrable to those outside it.

This fall we had 13 remarkable student interns whose work you can see here. They have shared their ideas with us in word and image. They've reflected on their personal stories, but in telling them they have shared something more universal, something that we can all relate to. Their voices are strong, and for me a guiding light through these unusual times.

While this year has been out of the ordinary in its physical isolation, it is important for all of us, but especially young people, to keep our attention focused towards where we want to be. While we are staying distant and learning virtually, we are still making progress towards what is to come next. There is a world out there awaiting our return, and if these students are any indication it will be an exciting future.

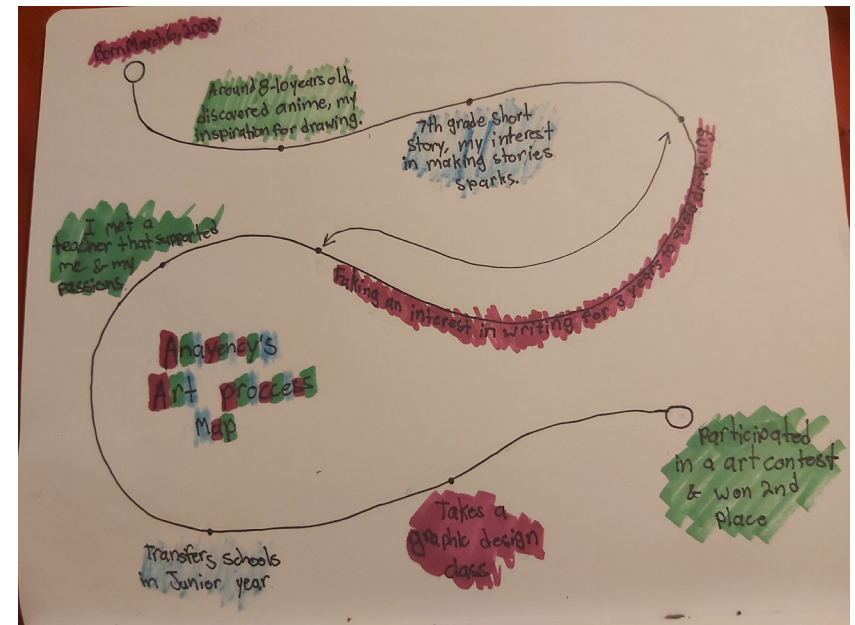


**Katie Taft**  
**Education Manager**  
**Center for Visual Art**



# SIX WORD STORIES

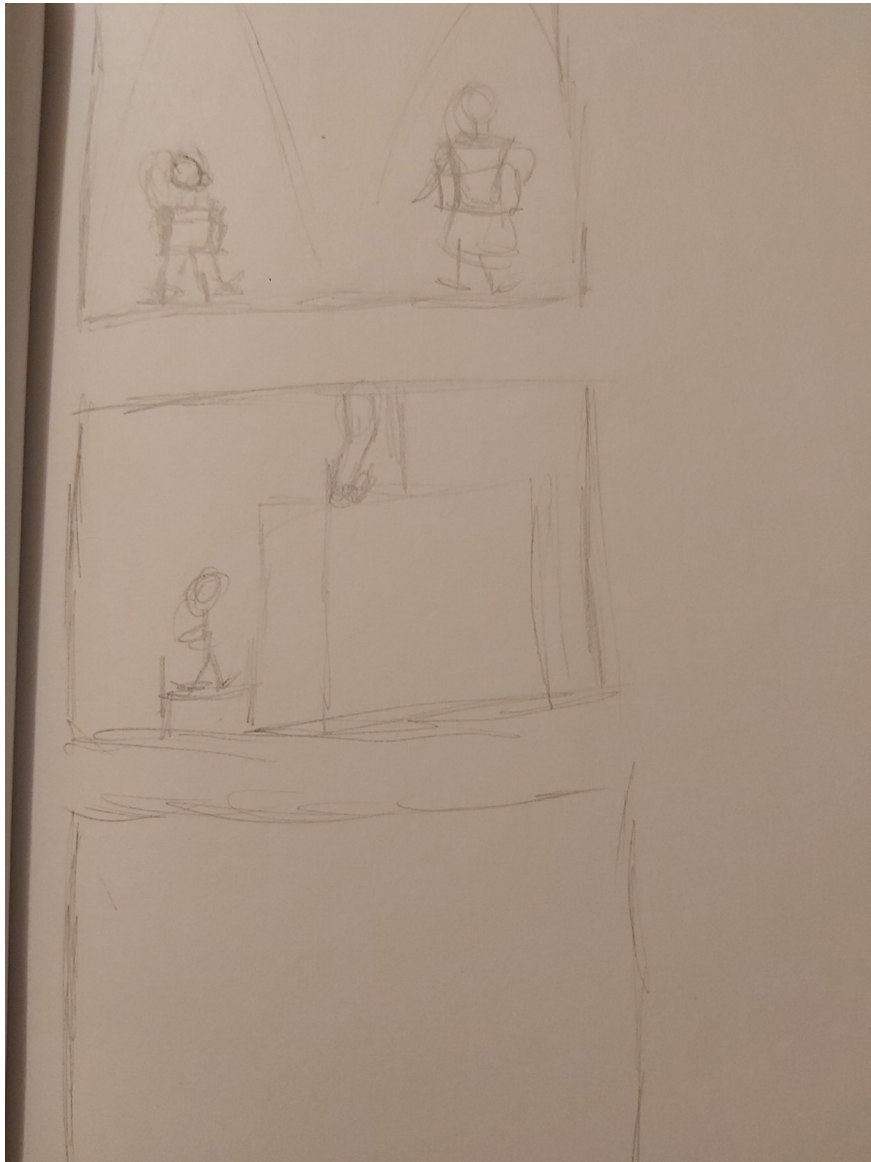
1. So overwhelmed, feels like I'm trapped.
2. There's a war while we're inside.
3. Figuring out a lot, feeling crushed.
4. Depressions' got me down, can't move.
5. One step closer to adulthood, scary
6. The nostalgia is hitting, memories flowing

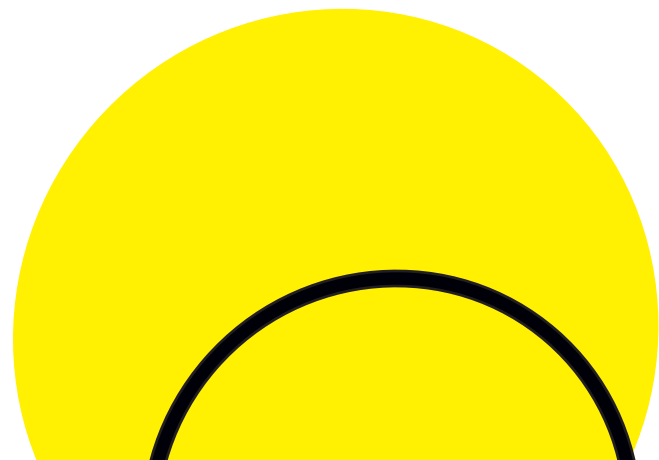
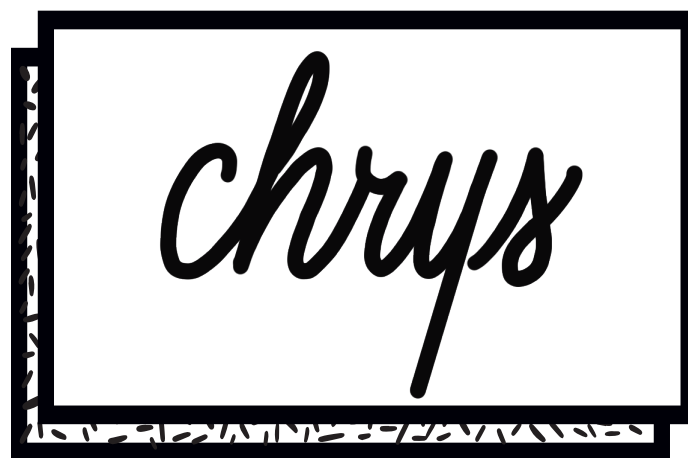
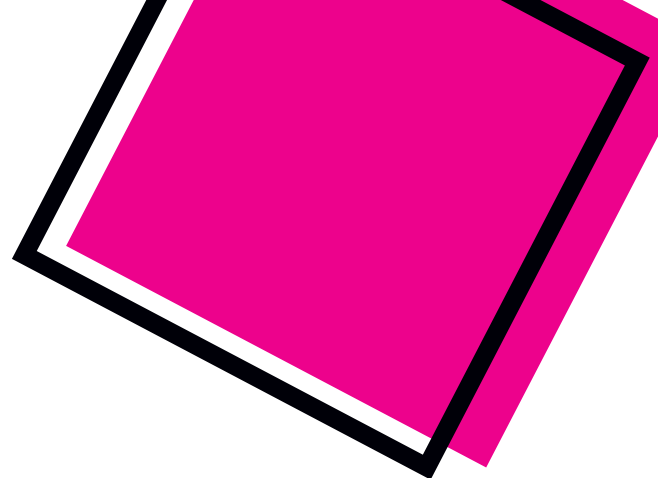
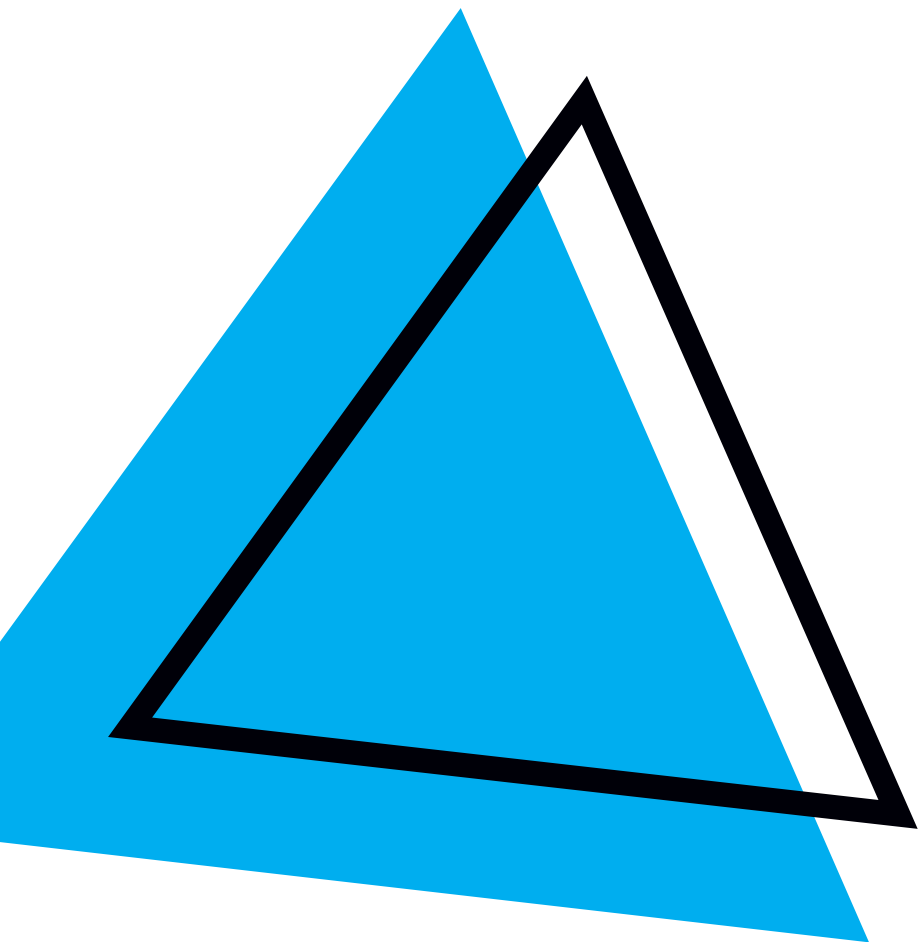






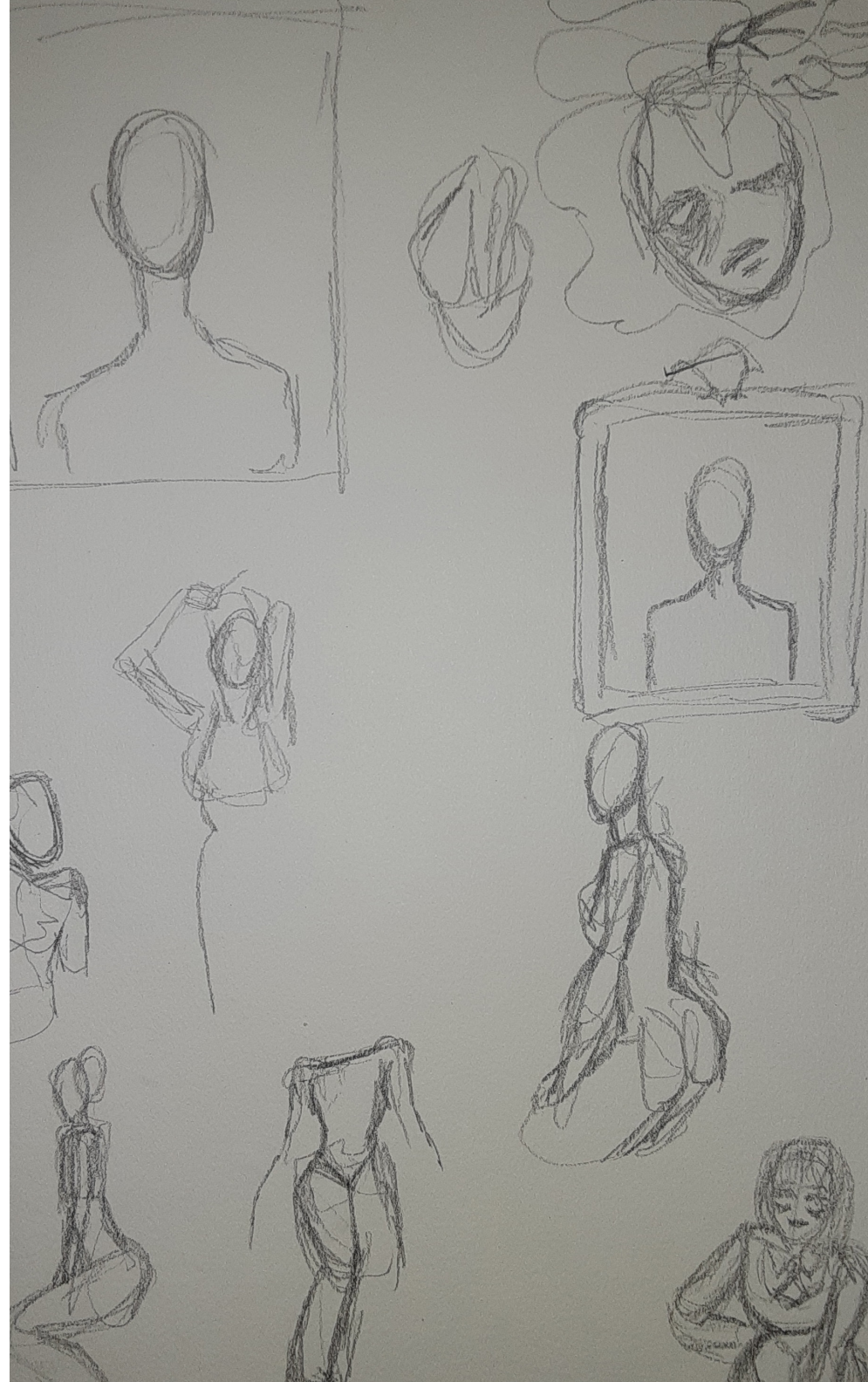




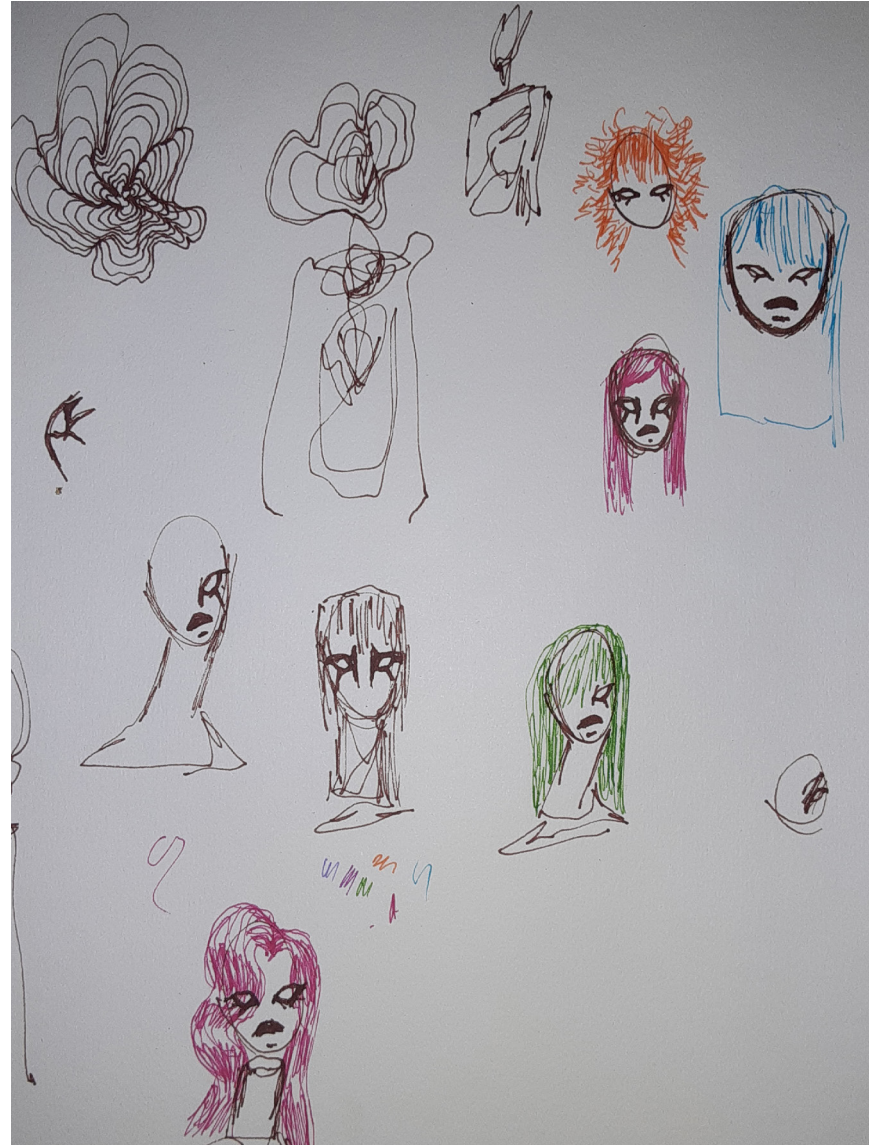
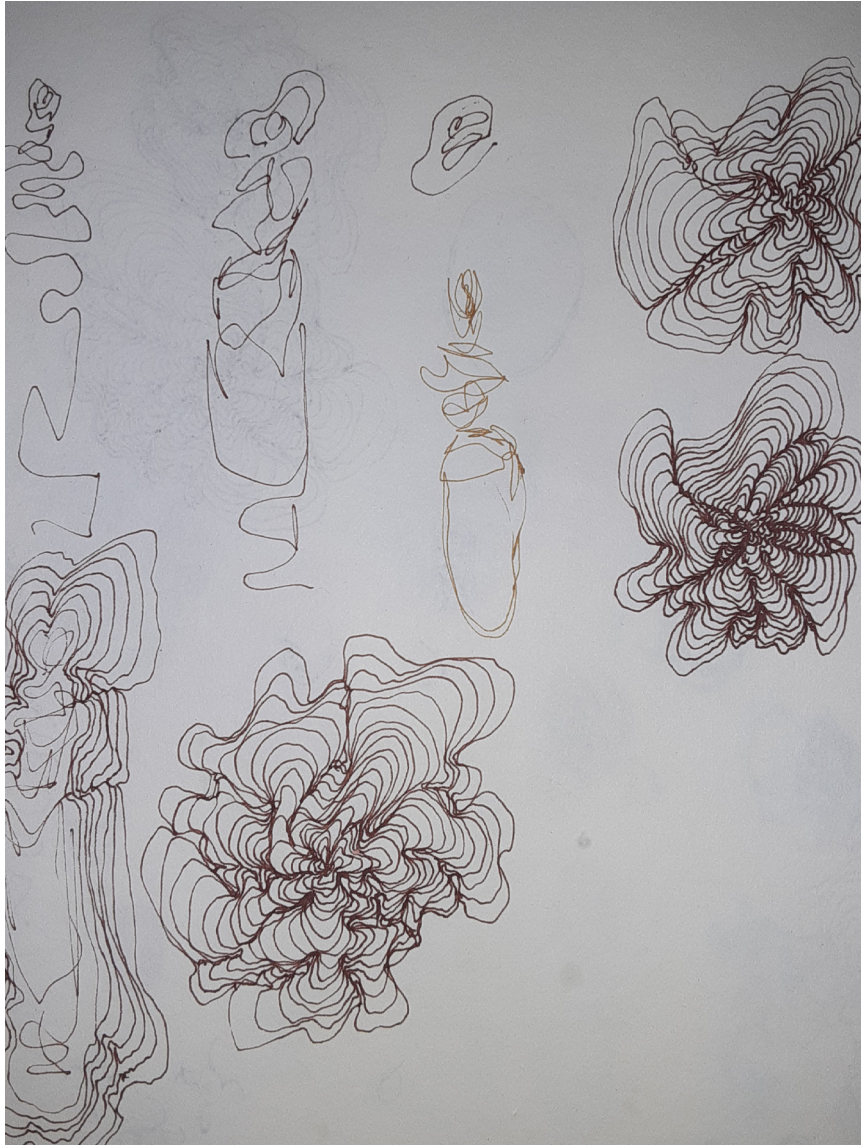


# SIX WORD STORIES

1. I'm tired of being a woman
2. if only I didn't have to
3. don't associate me with my genitals
4. big boots to step over problems
5. I don't know who I am

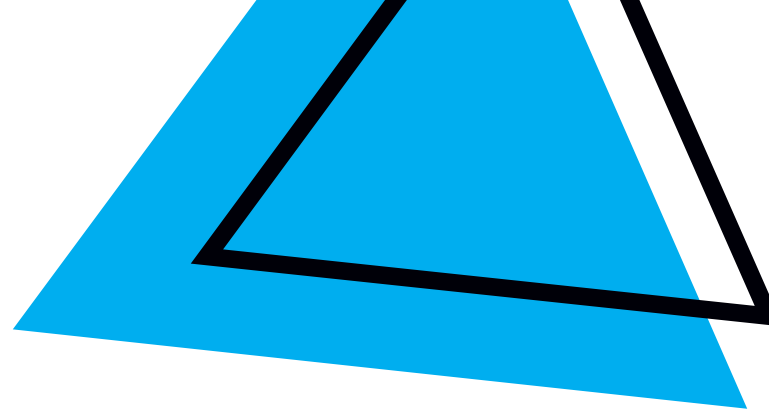
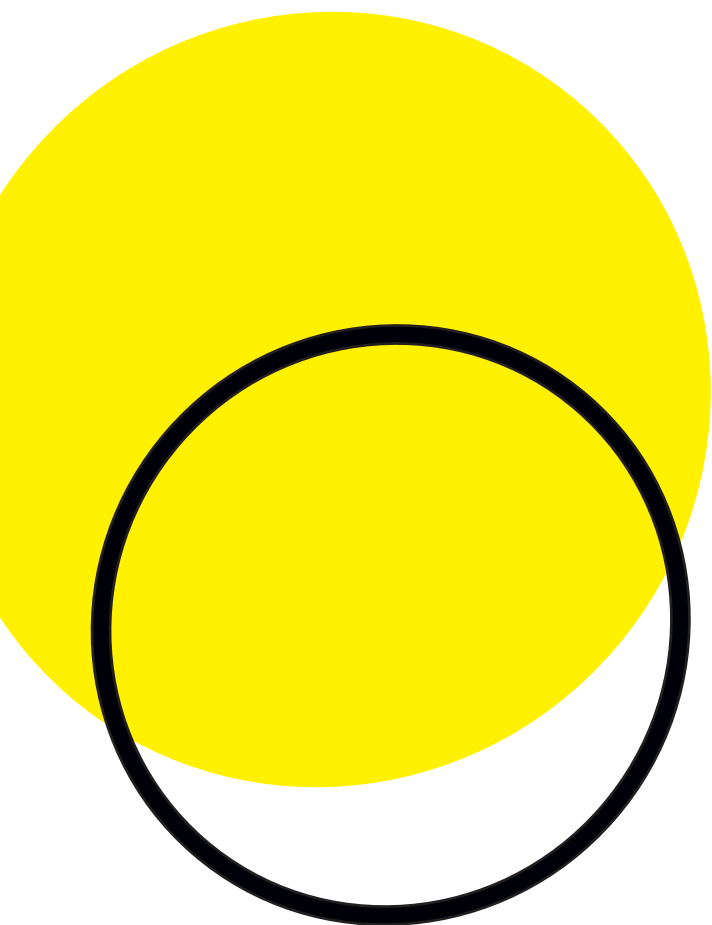




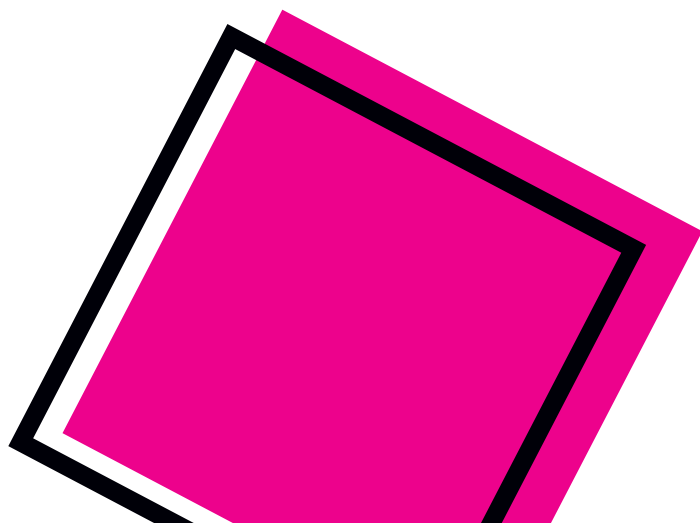






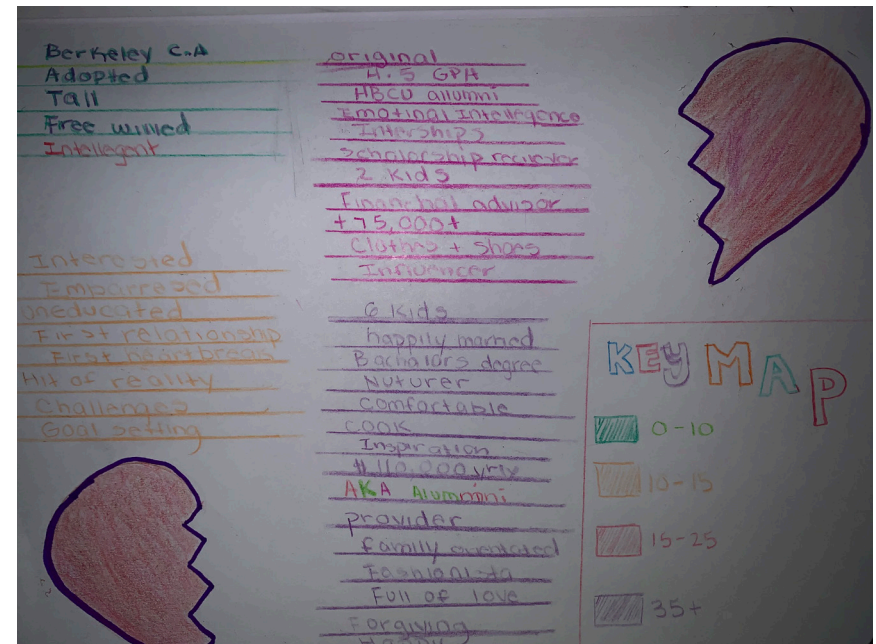


*cierra*



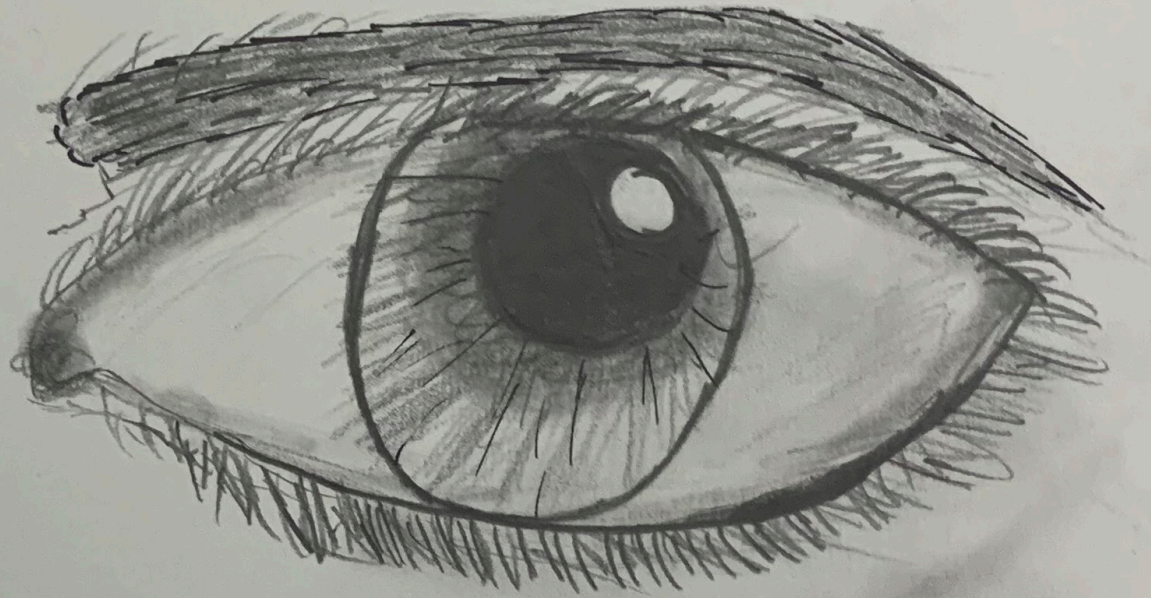
# SIX WORD STORIES

1. Not always prepared but always ready
2. Get ready Get set and stop
3. Cringing about your past shows growth
4. I'm wondering why... actually never mind
5. One step at a time Ceirra
6. Let's just go get it done.
7. Loving from distance is still love

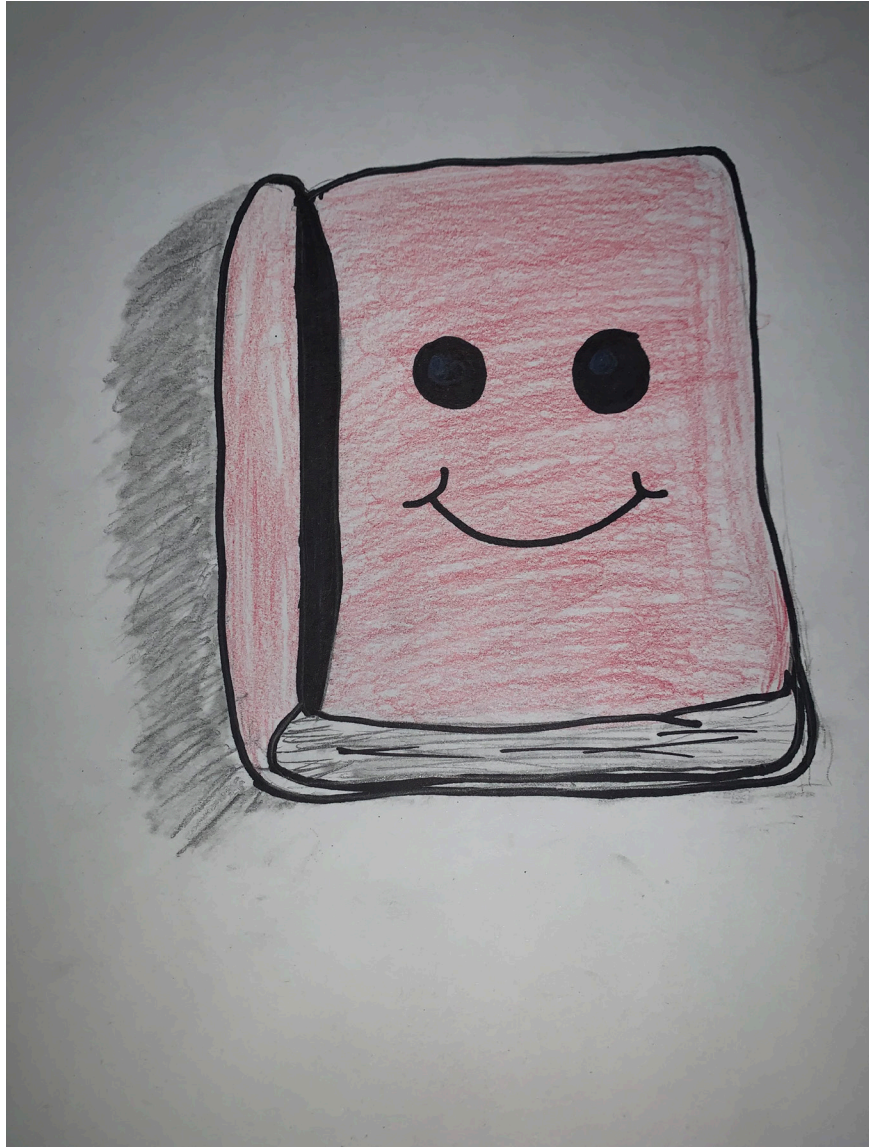


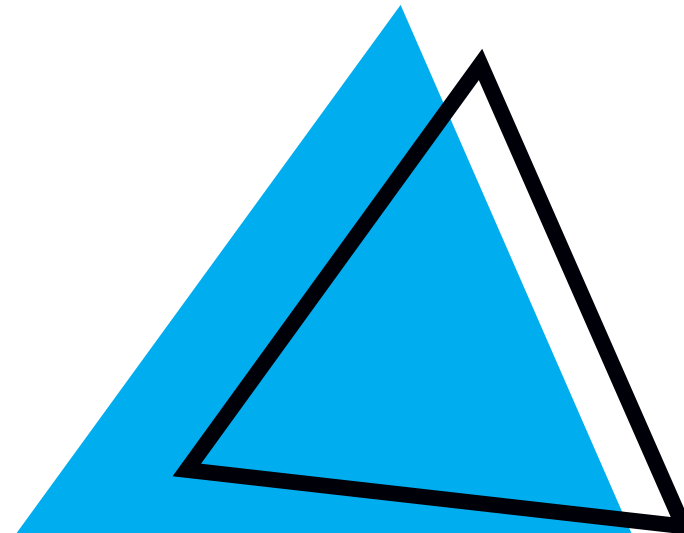
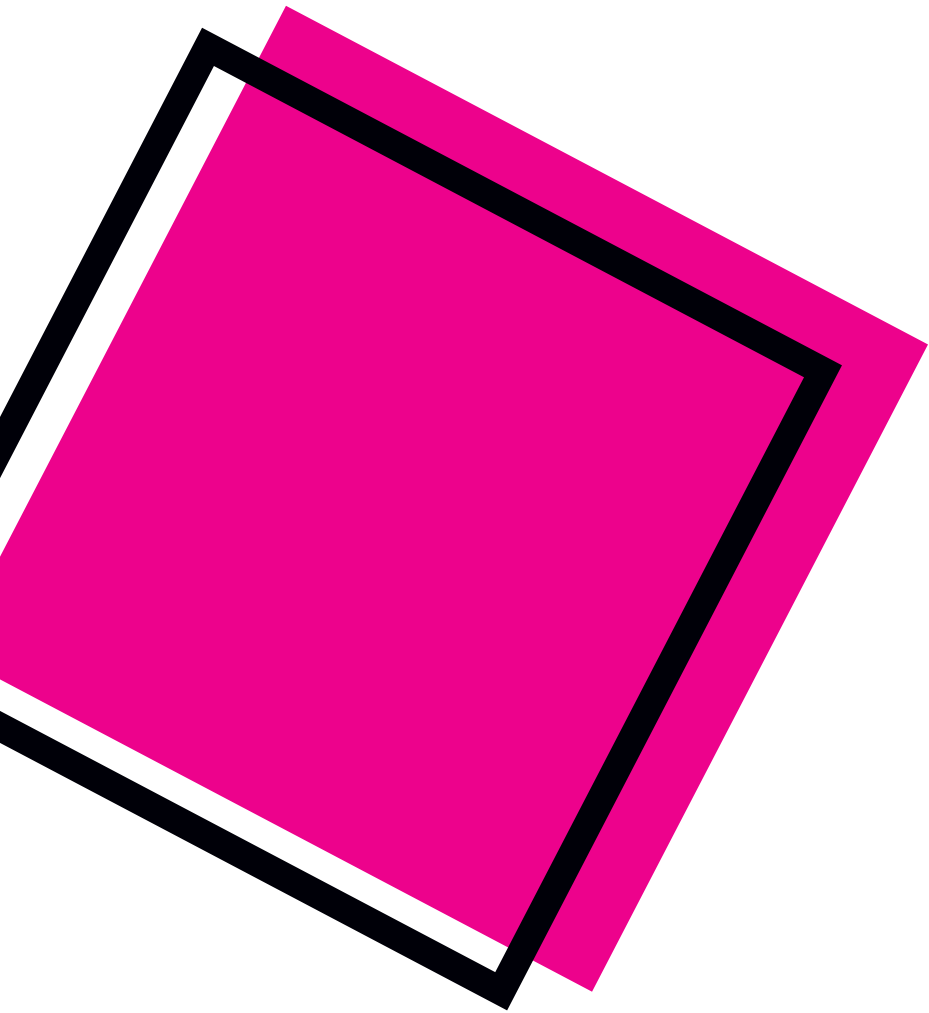
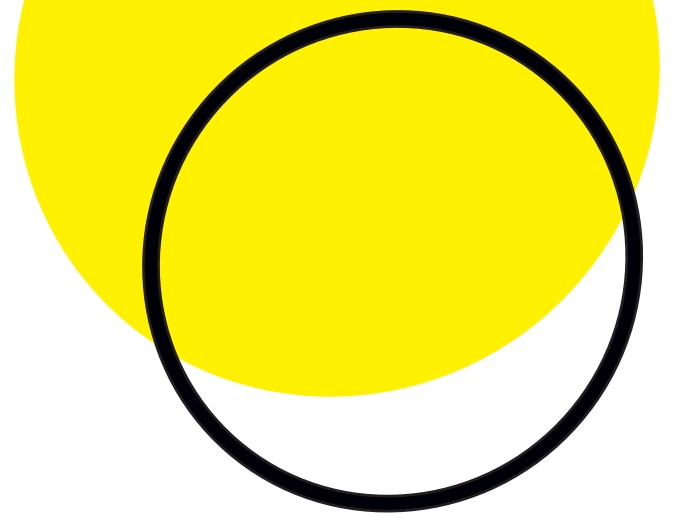


"You won't see  
what's coming for you  
if you don't appreciate  
what you have now"





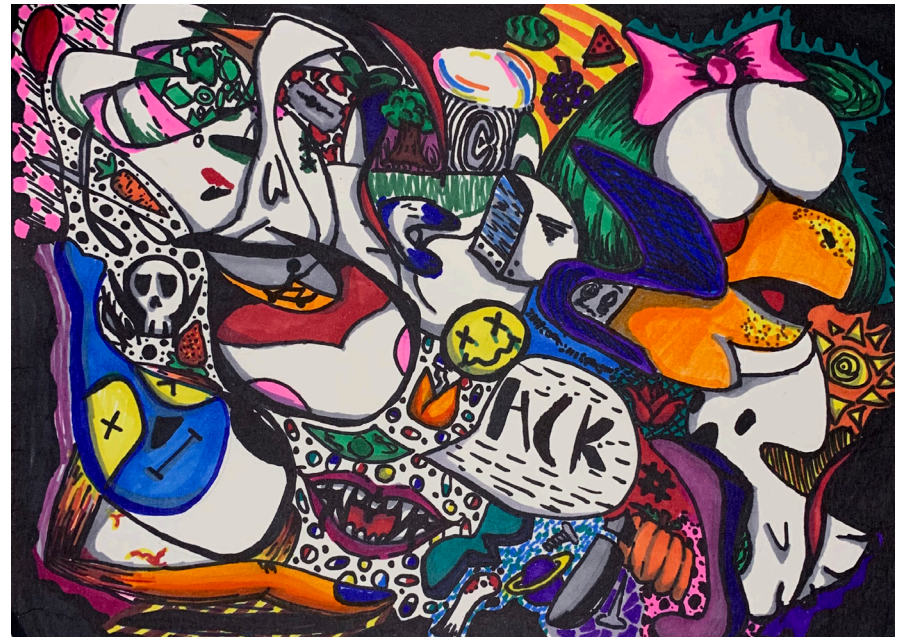






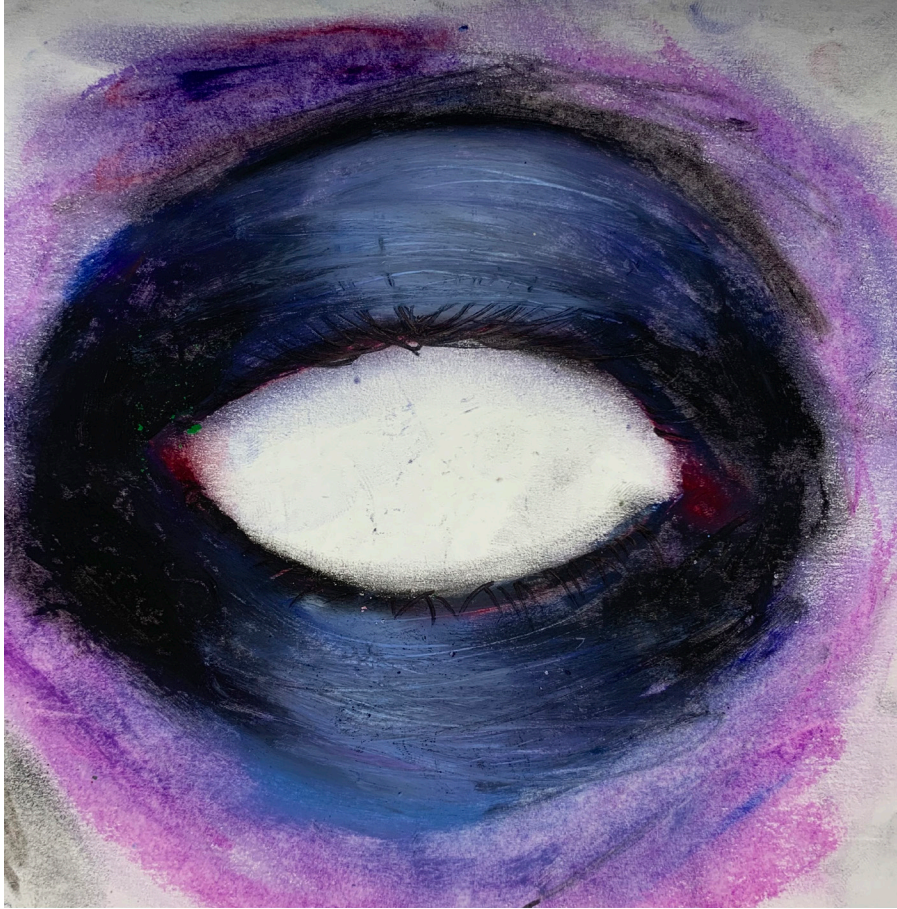
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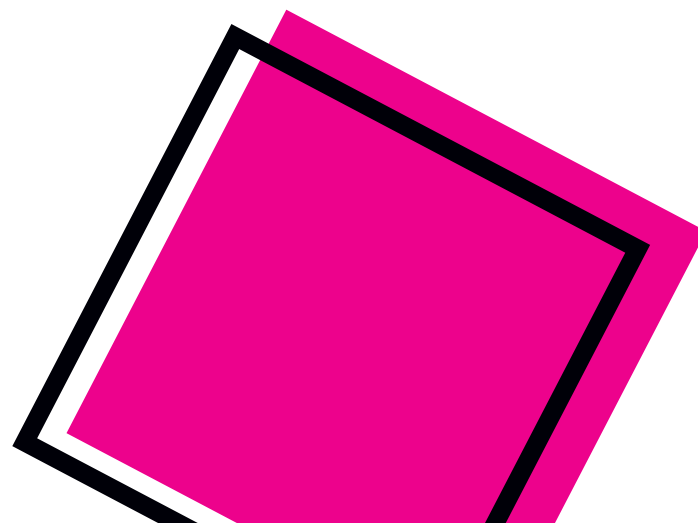
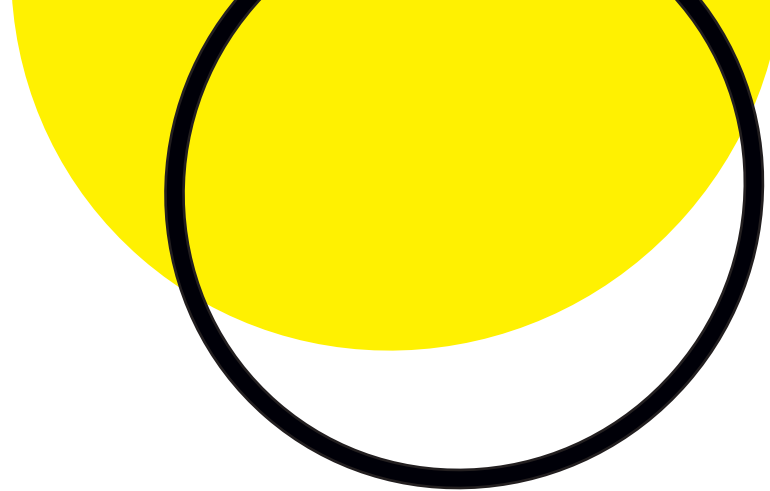
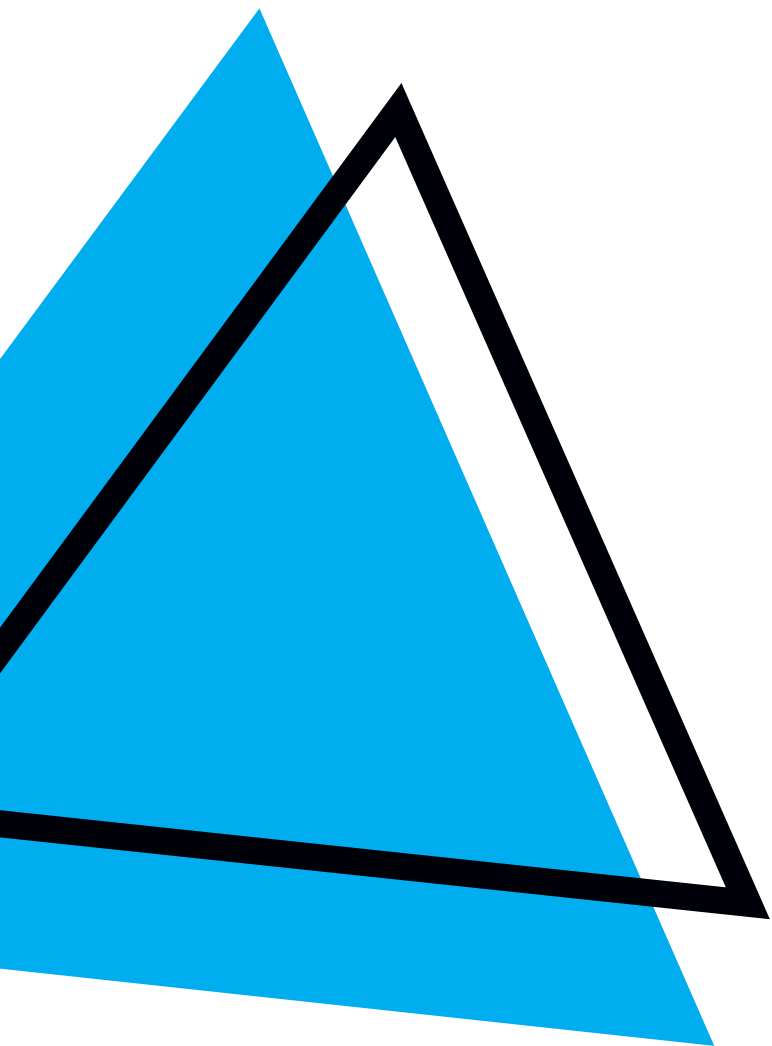
1. Tension brews like a hot soup
2. Teeth like claws, heart like glass
3. Dried rose, soul pure, pearl tears
4. I'm fall, yet she is summer
5. On mountain top under six feet
6. It is as old as dinosaurs







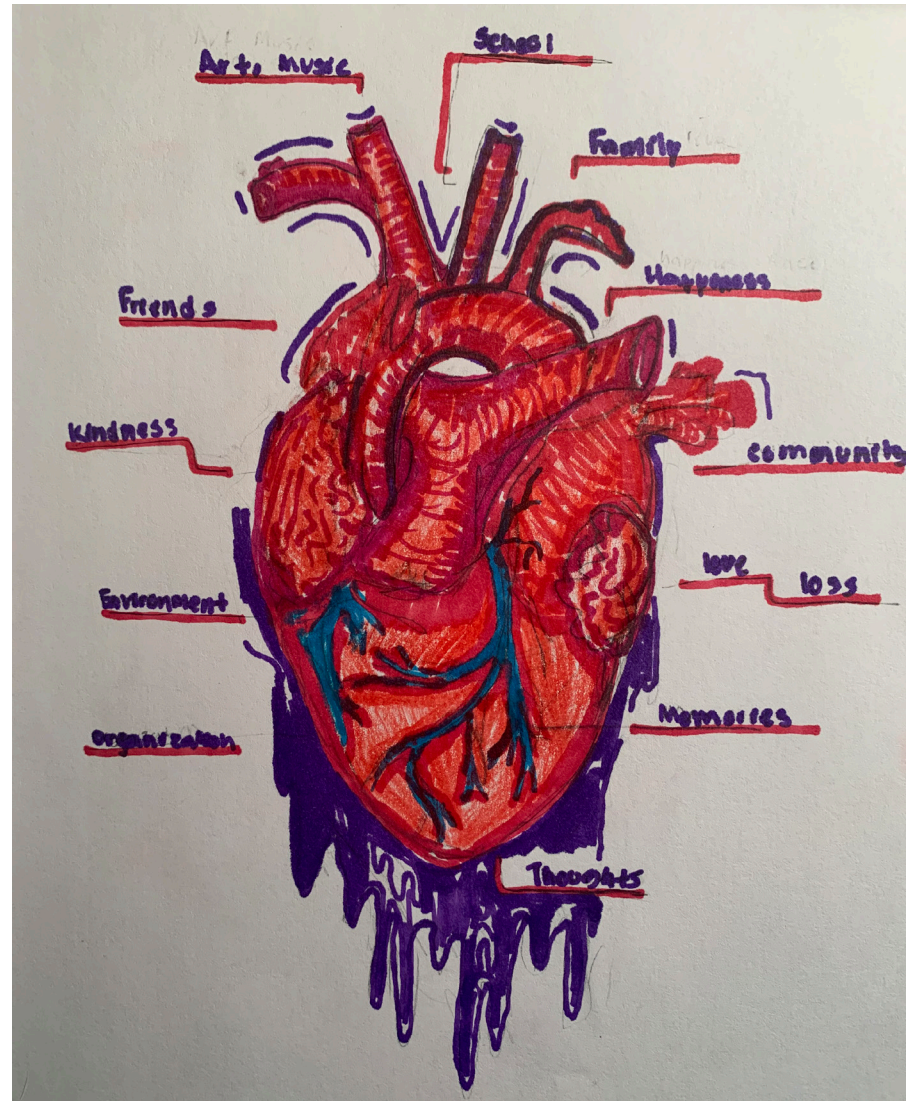




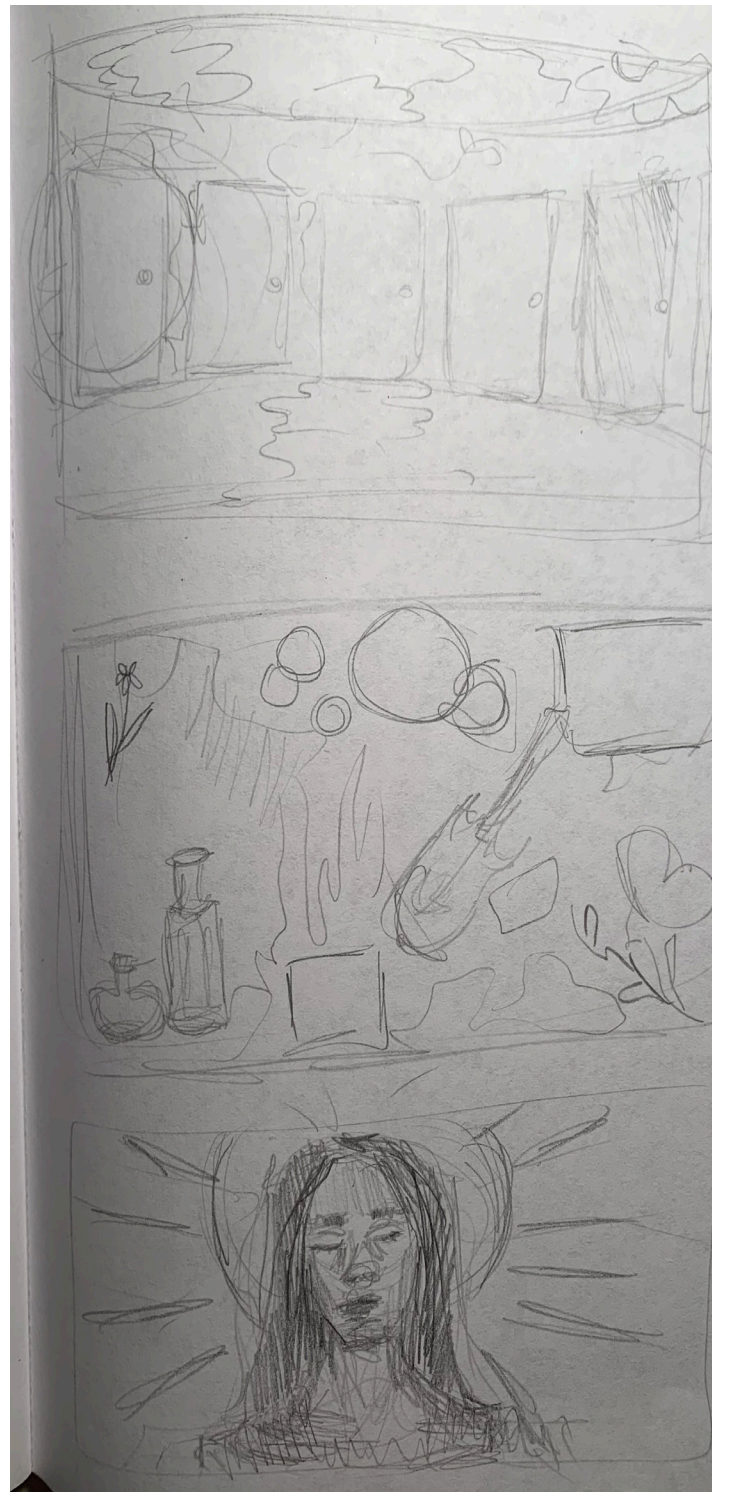


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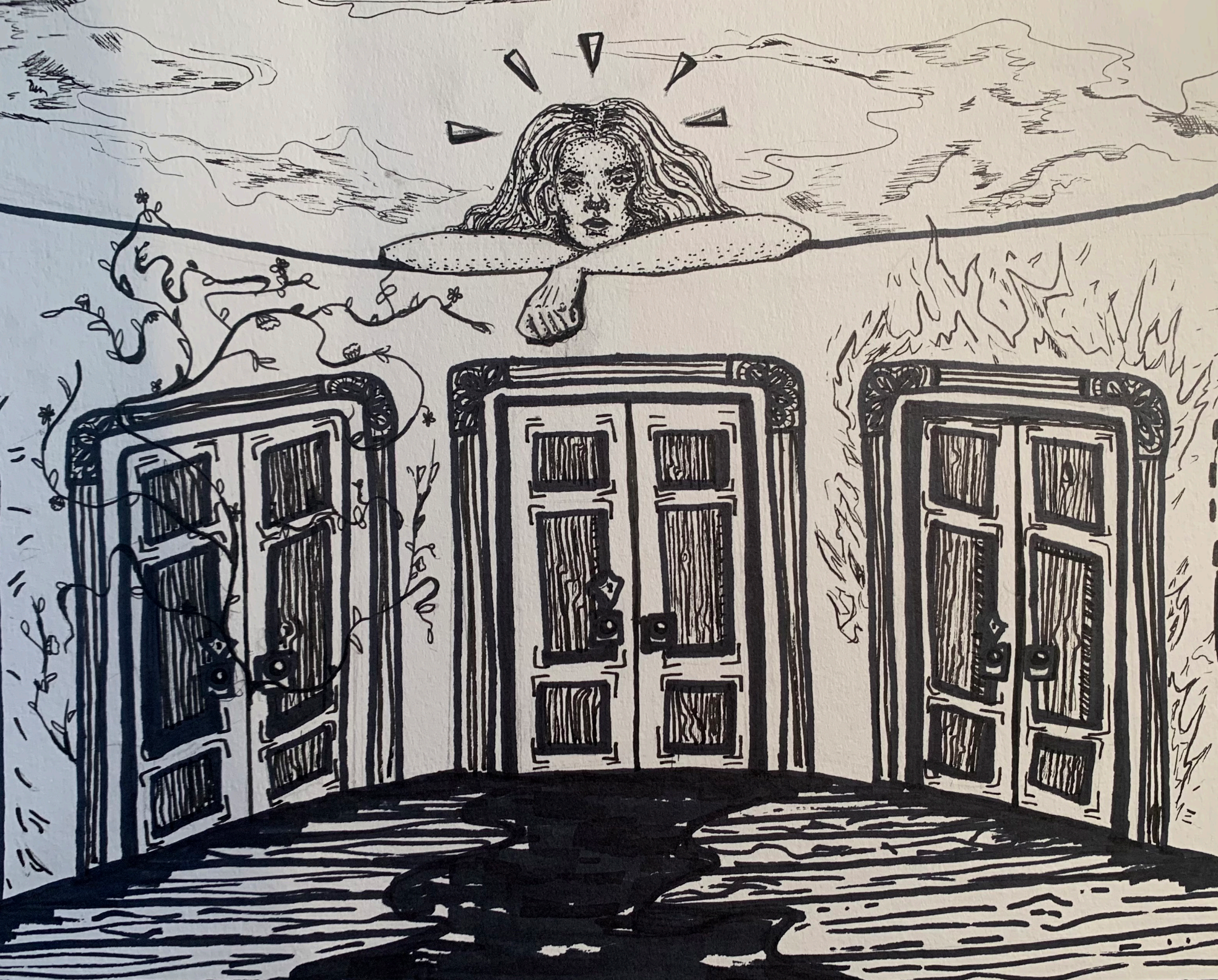
1. You have to be the change
2. So much work to be done
3. Everything you've done, lead you here
4. All the days have blended together
5. Technology is the key to everything
6. Stay patient, you will be okay



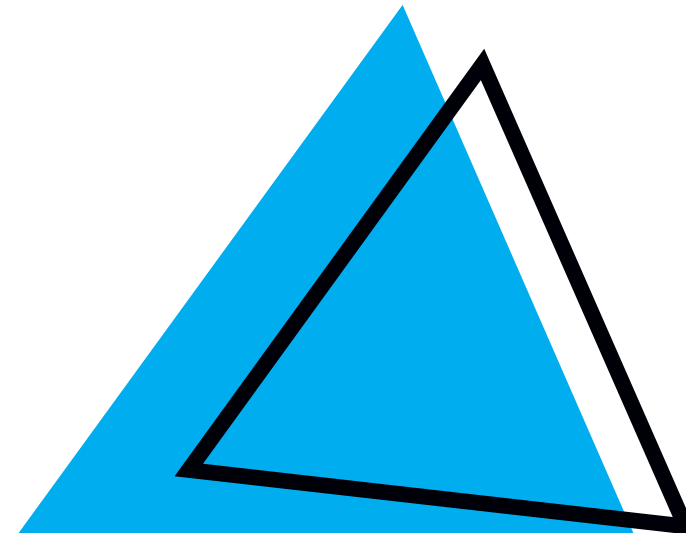
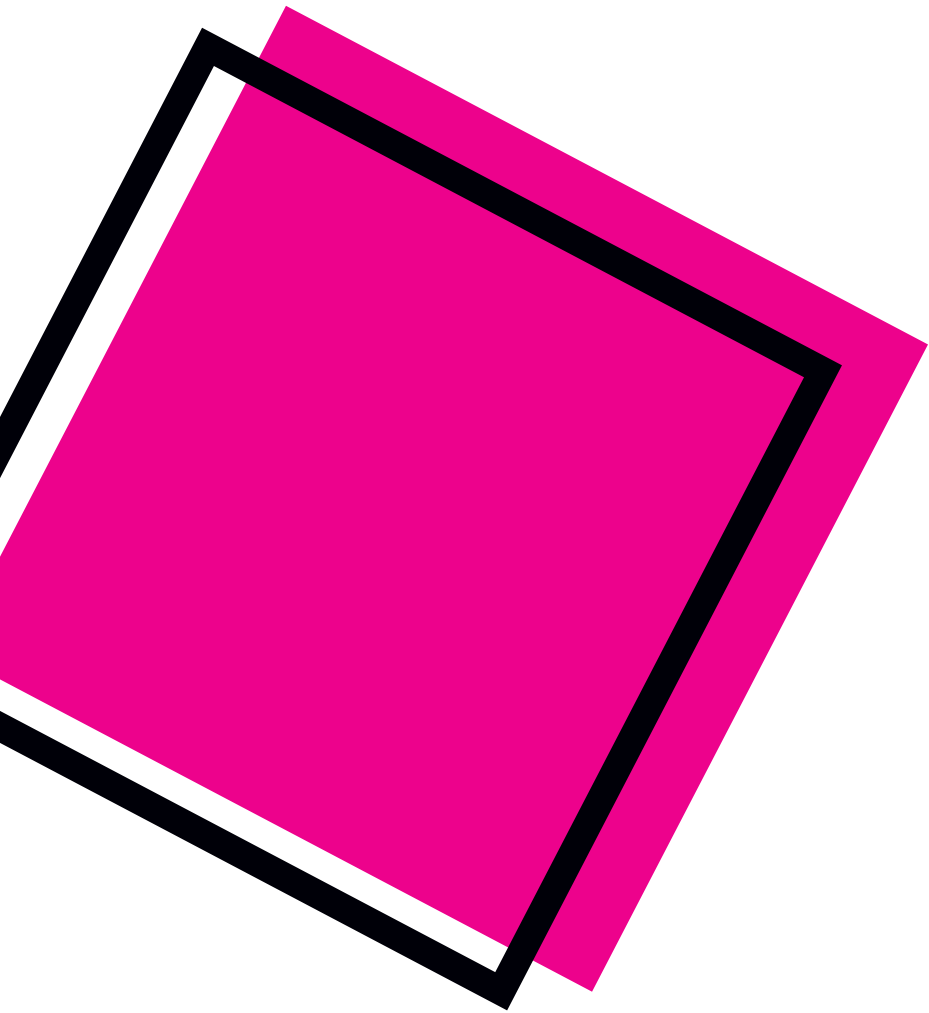
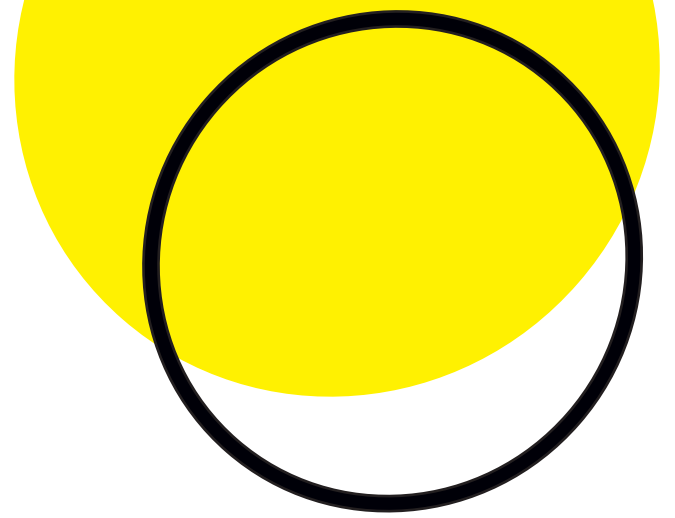






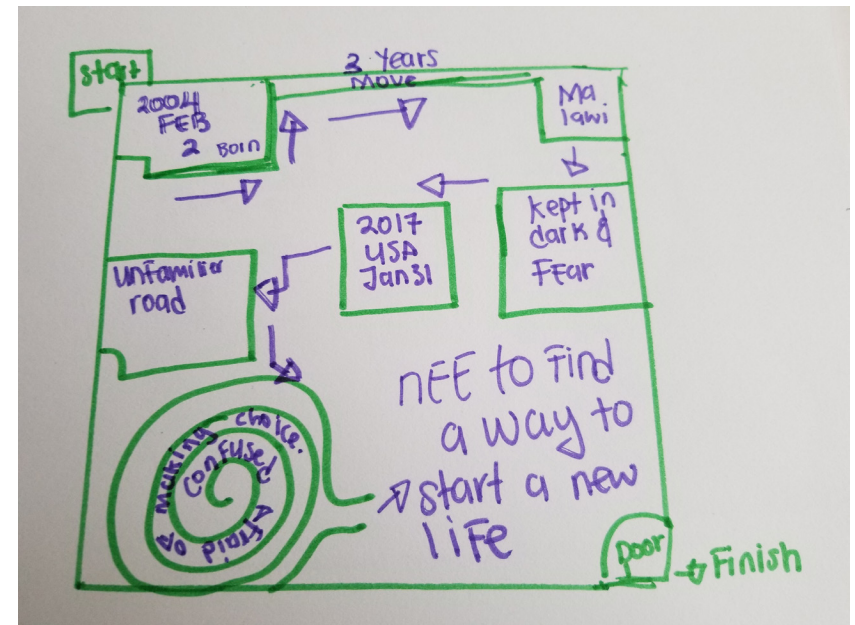






# SIX WORD STORIES

1. Leave the worries for today, today.
2. The sunshine rise, happiness light up.
3. It's hard to live as someone.
4. A new day with new stress.
5. I thought I tried my best.
6. It's okay to not be okay.

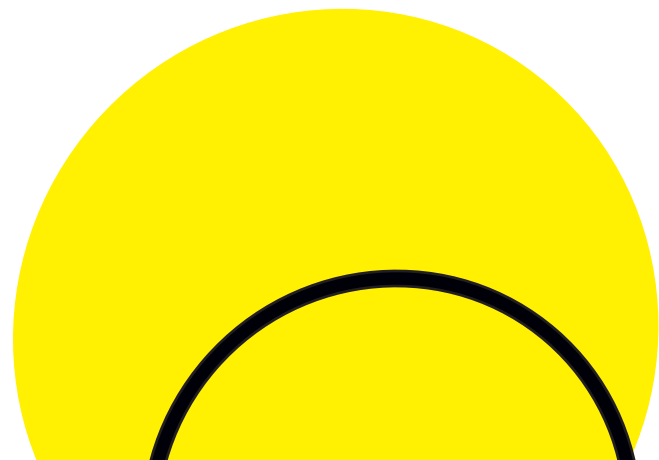
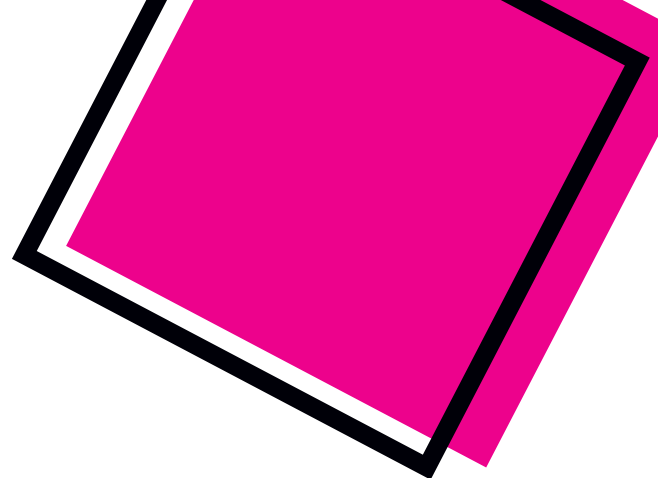
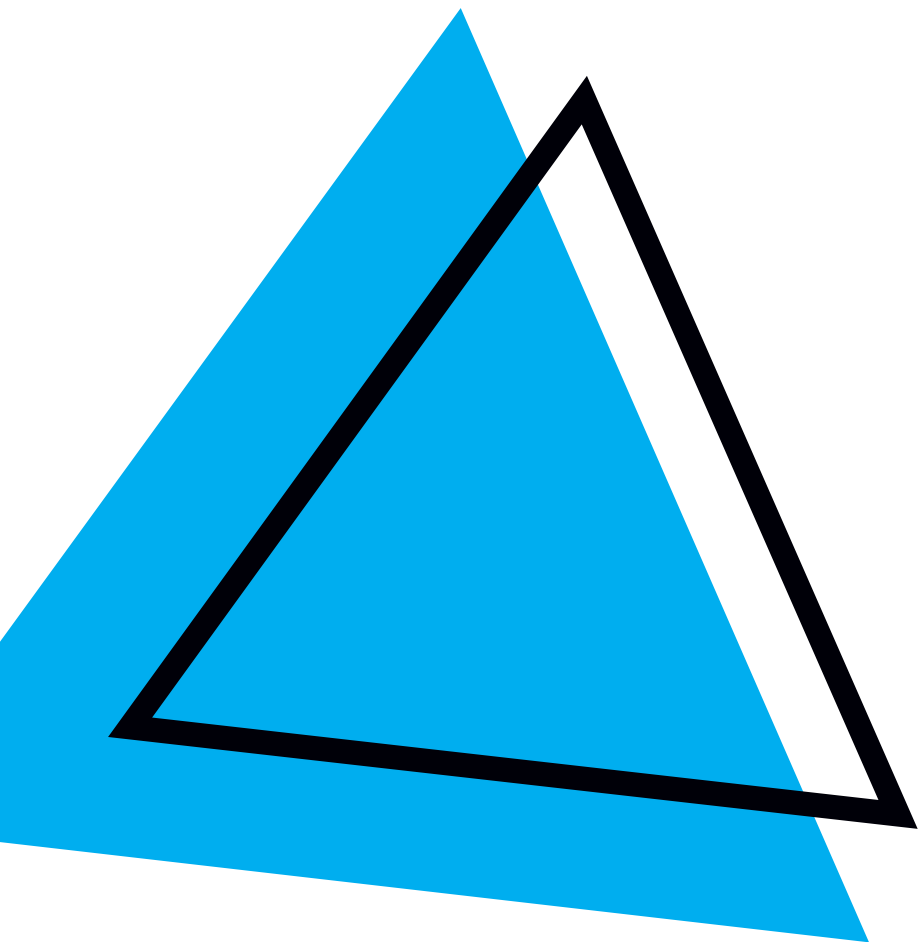






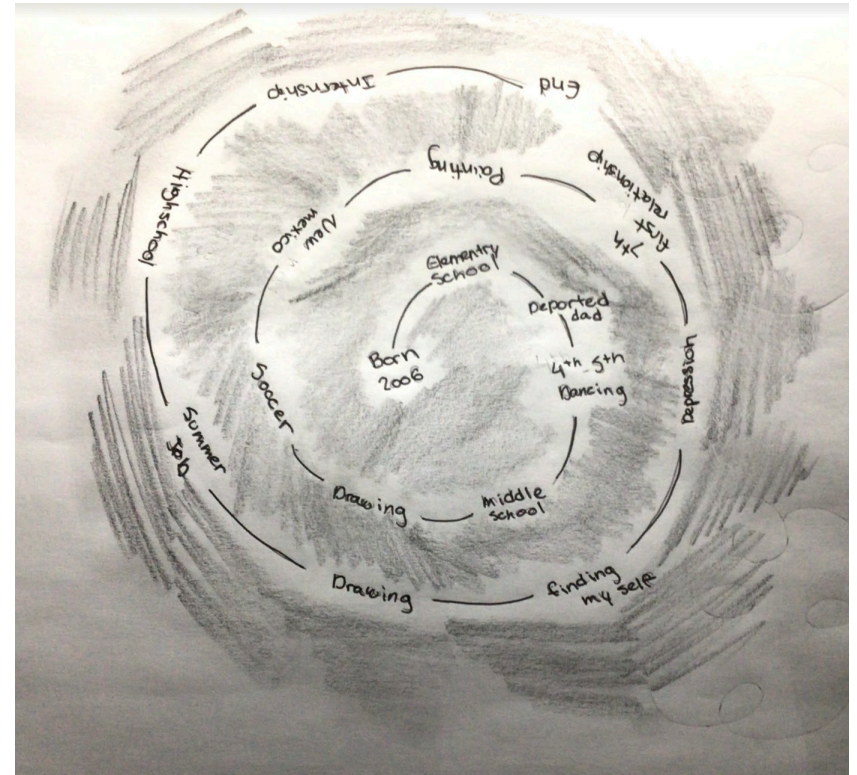




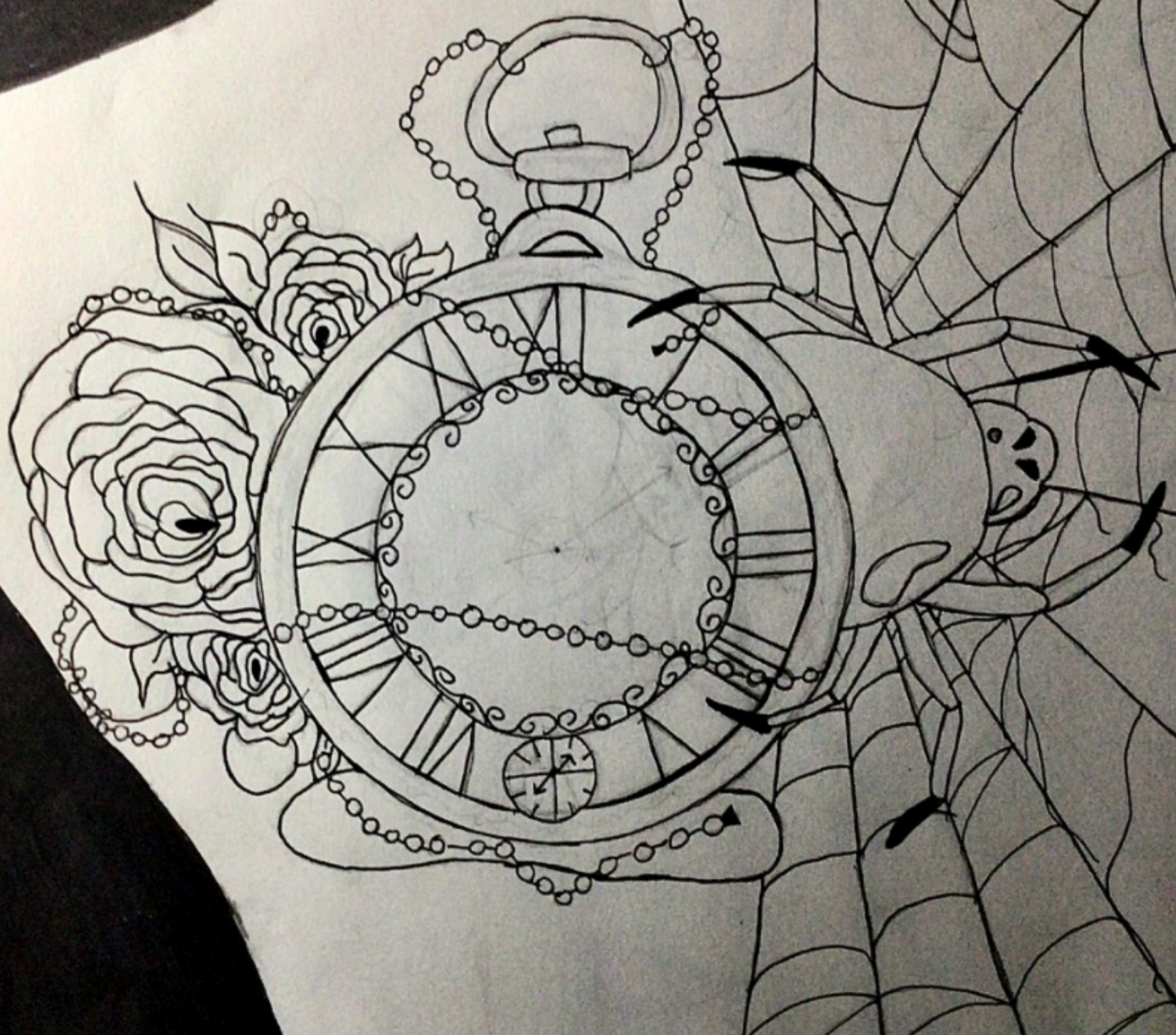


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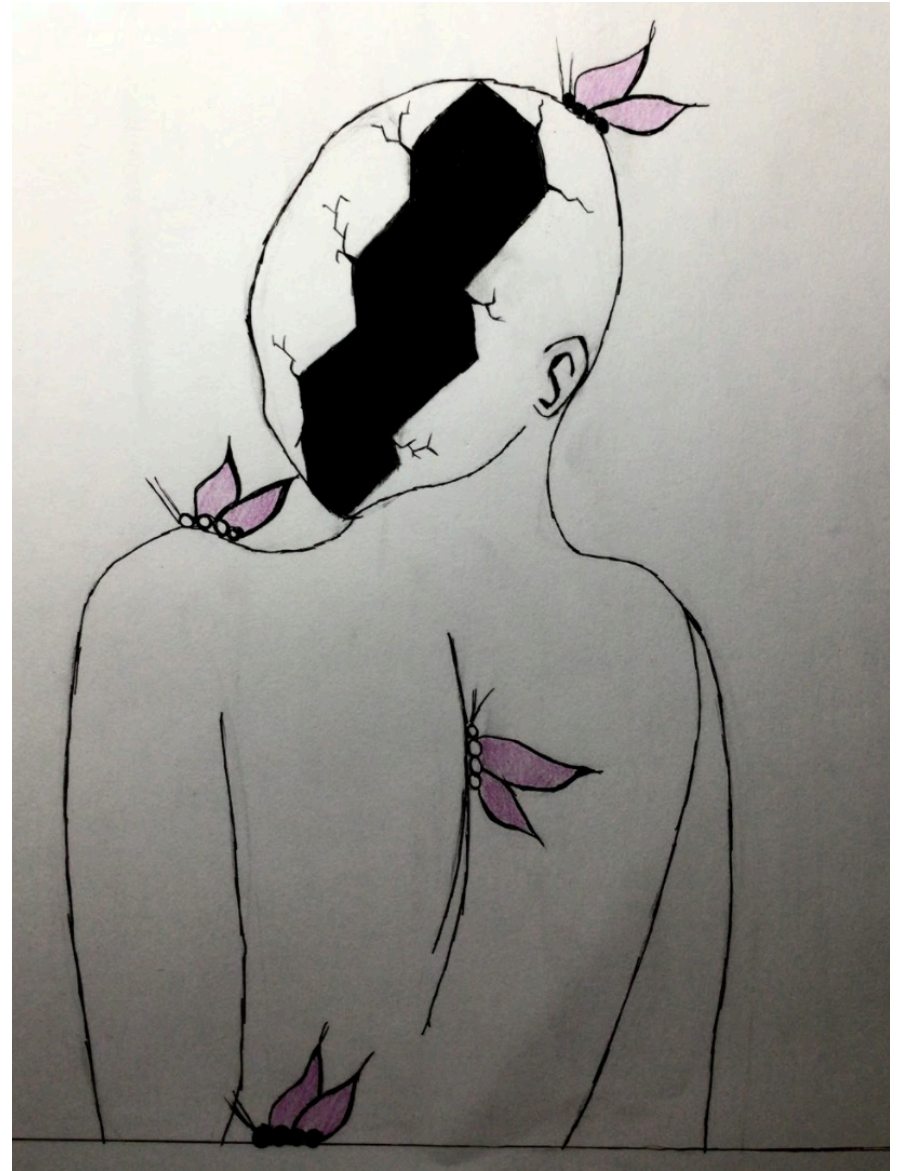
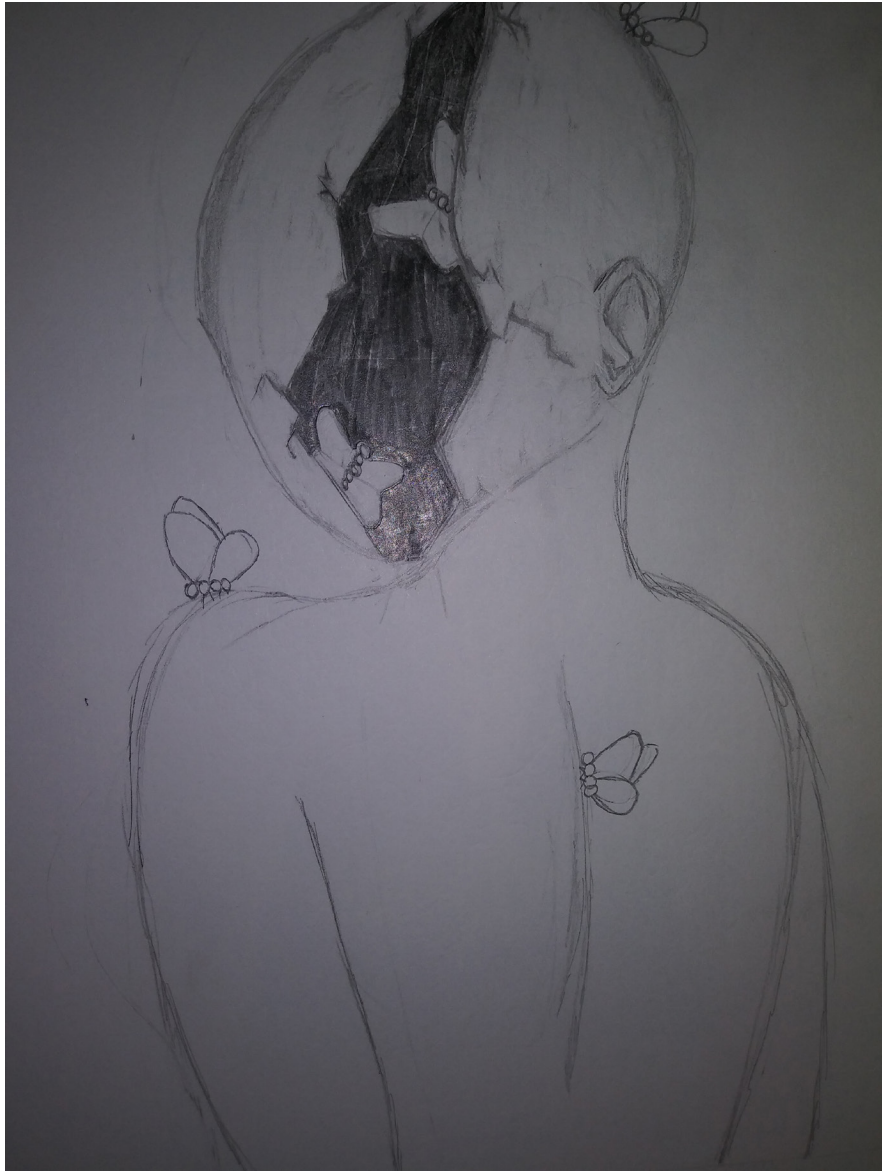
1. Neither perfect nor complete yet a masterpiece
2. Boats floating waves moving wind blowing
3. Leaves falling cold breeze warm colors
4. Dreaming soundlessly foggy air bright stars
5. Cold nights foggy clouds bright stars
6. Pumpkin cozy warm colors sweet love

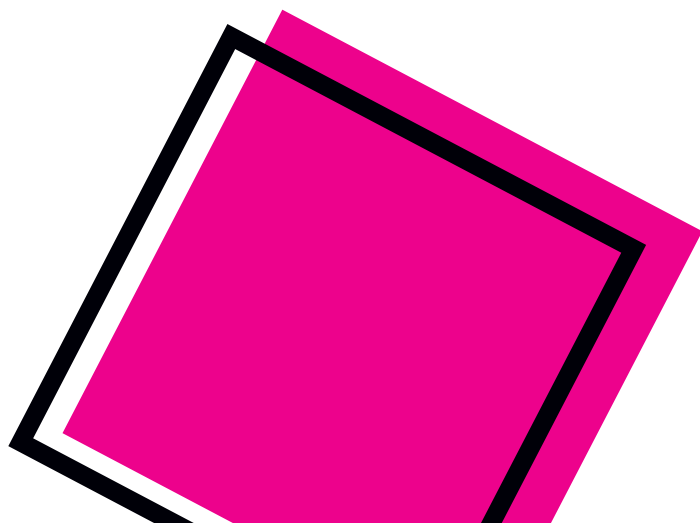
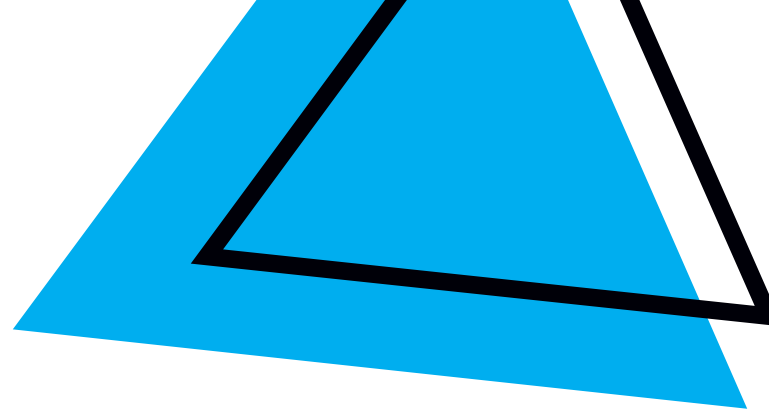
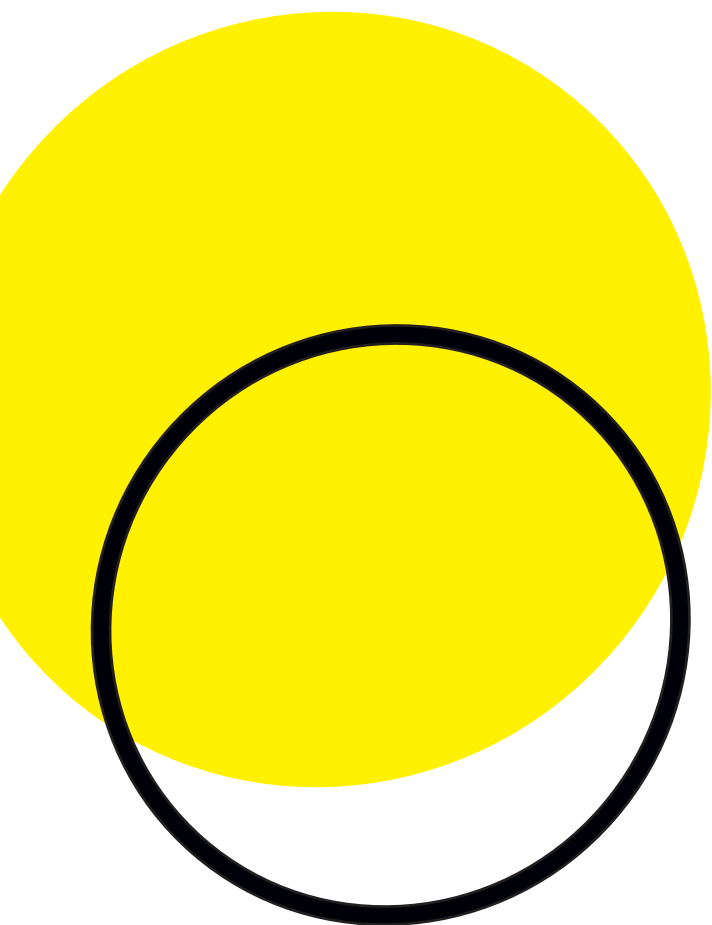








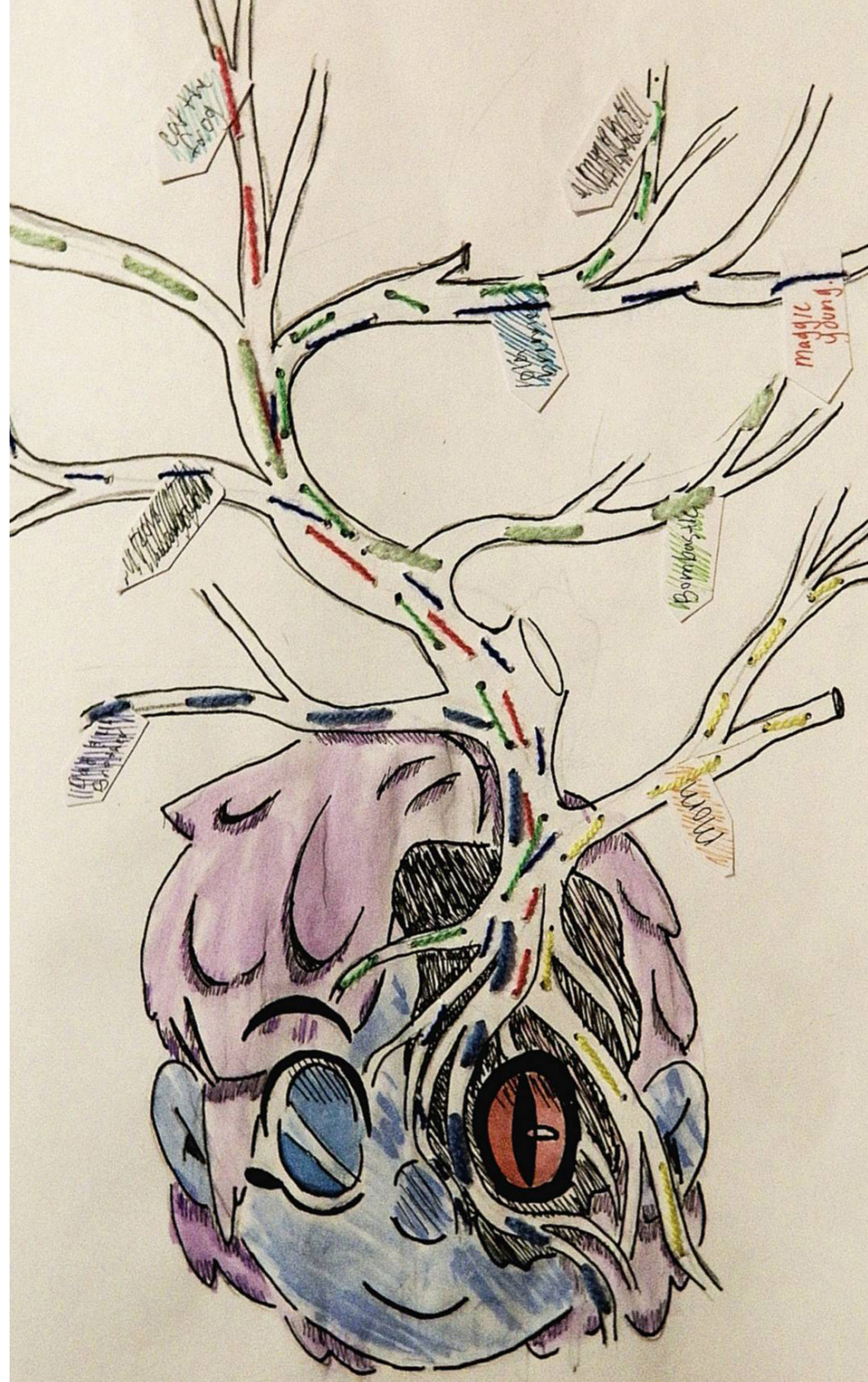






# SIX WORD STORIES

1. Who said age defines my voice?
2. Crisp air outside, orange ideas within.
3. I tell stories for others... forever.
4. Crystal polynomial's bryght refracting  
continuous light.
5. I miss the smell fresh grasses.
6. Grandparents never discry grown, wise children.



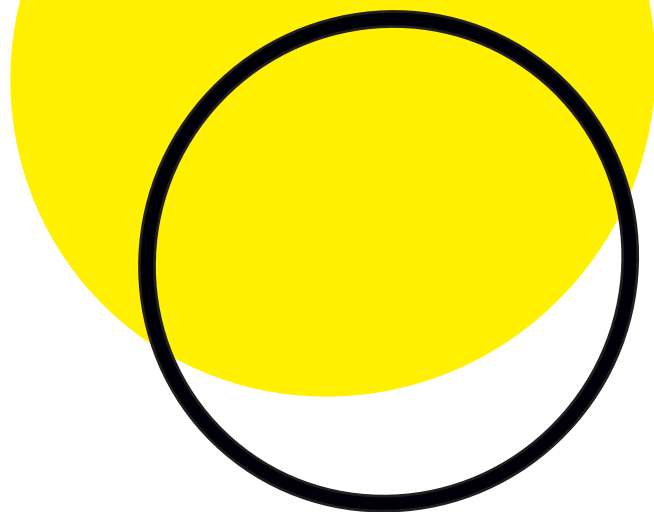
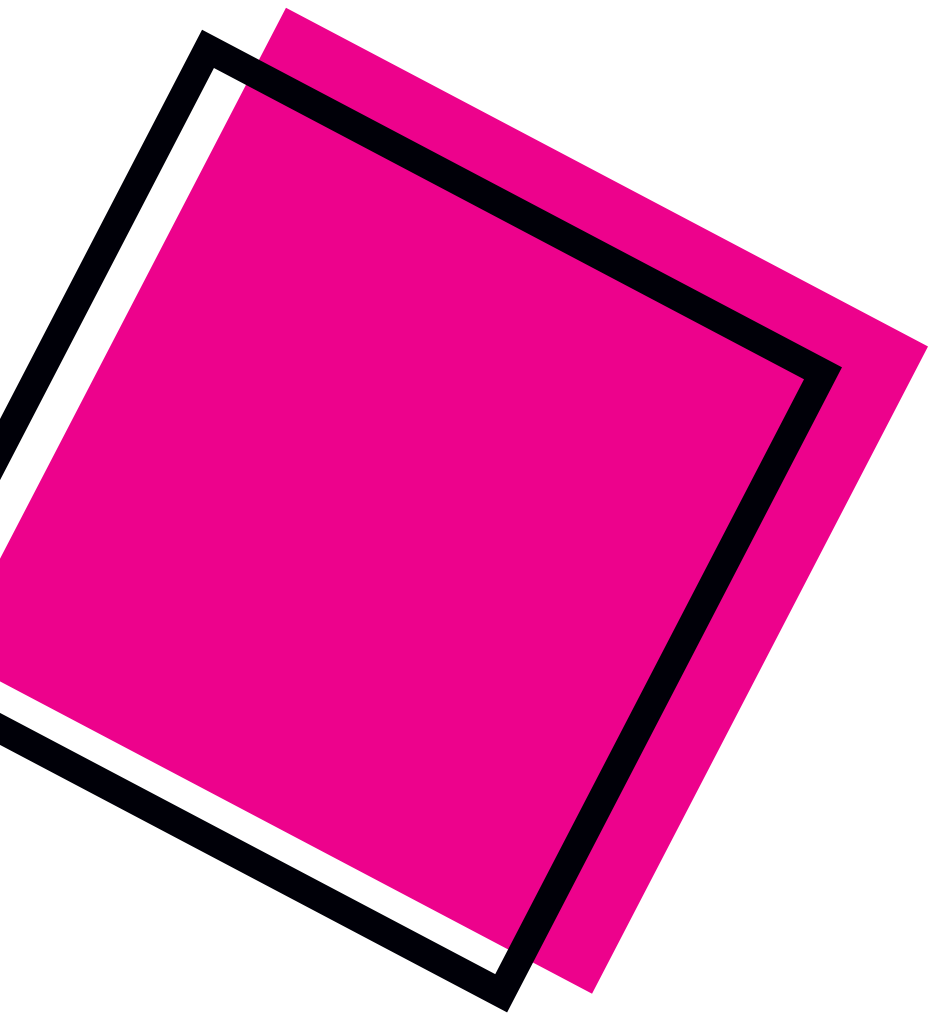




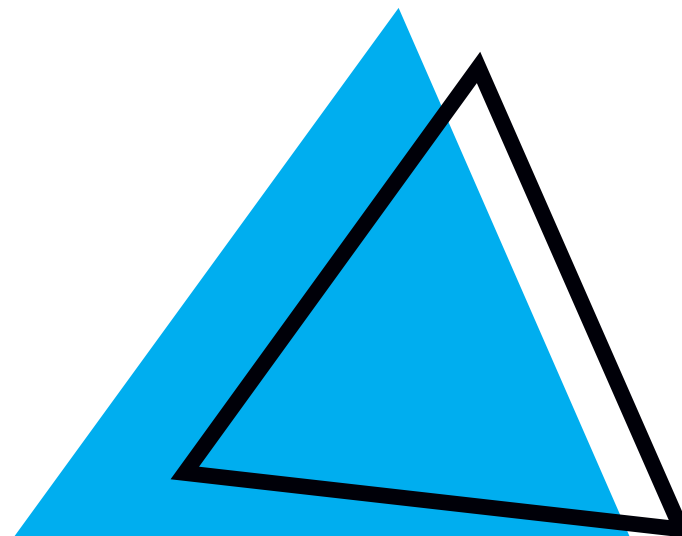






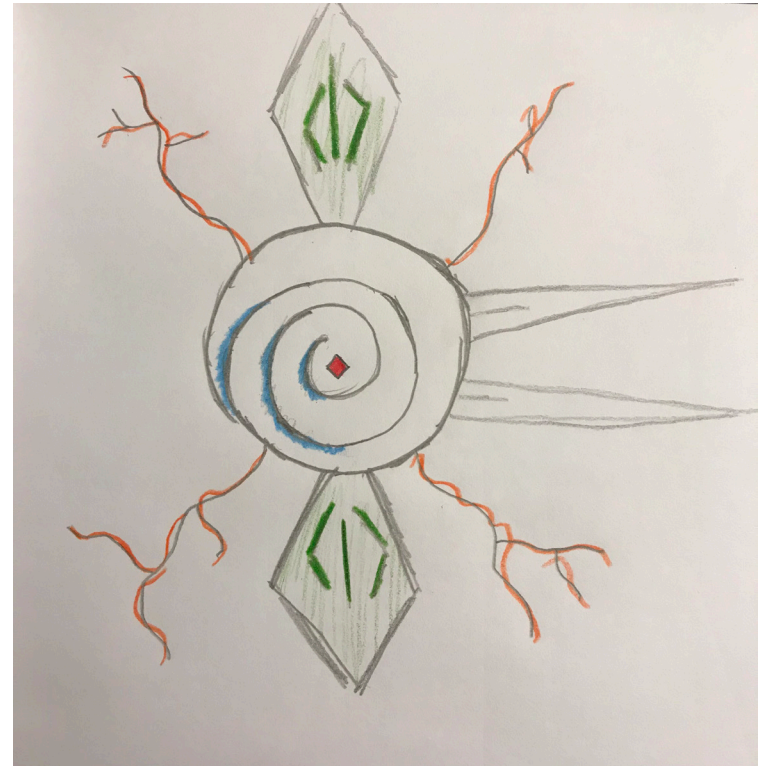


*minh*



# SIX WORD STORIES

1. Crispy golden leaves bathe under sunlight
2. Rain with a touch of happiness
3. Hot coffy and old time stories
4. Cold wind and dead yellow leaves
5. Cotton candy's sweetness is quite ephemeral
6. If only everyday was cold overcast





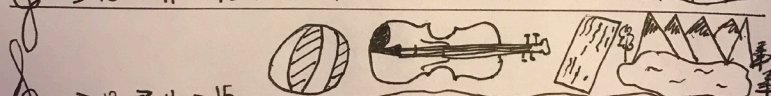
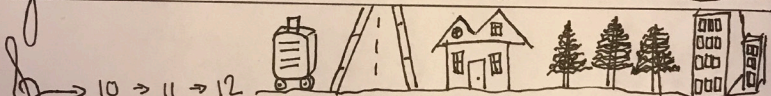


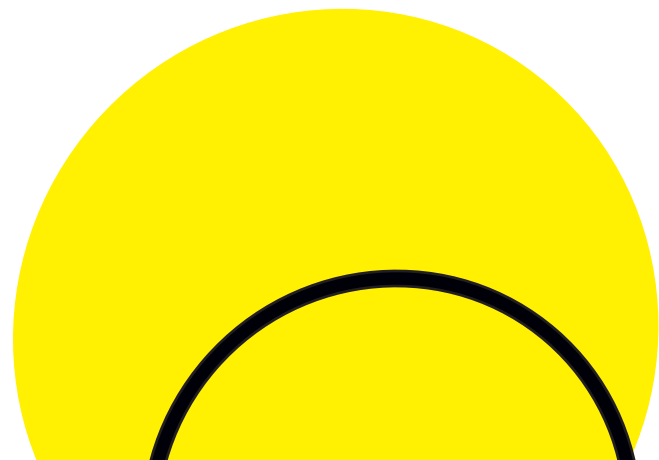
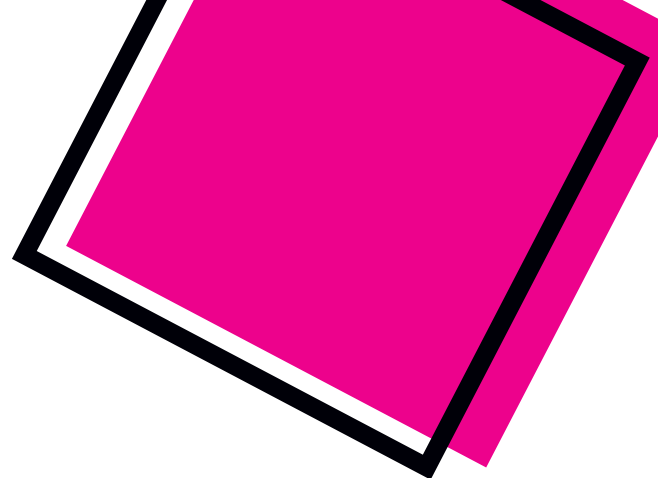
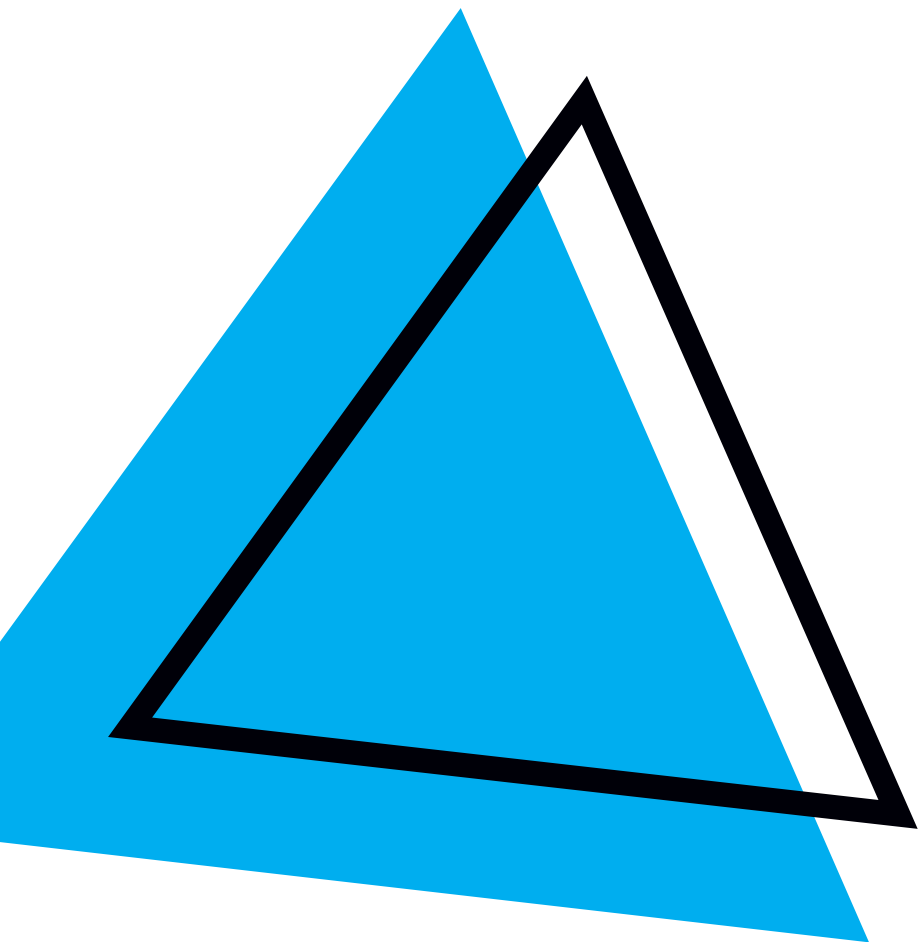


# A Faithful Summary

Minh Nguyen

♩ = 65 Adagio







# SIX WORD STORIES

1. It's dark. The rain is coming.
2. Happy birthday to my favorite artist (10/21/20).
3. The leaves are crispy. It's fall
4. t's all in my head. Trust
5. All fear will be gone brother
6. Anger is just the beginning friend



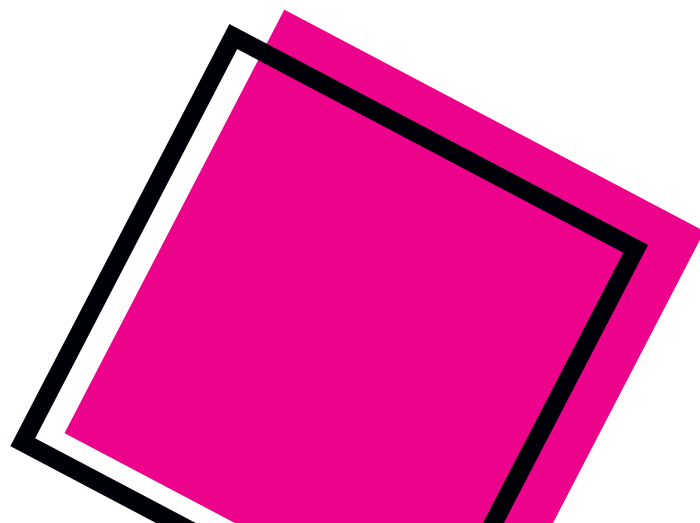
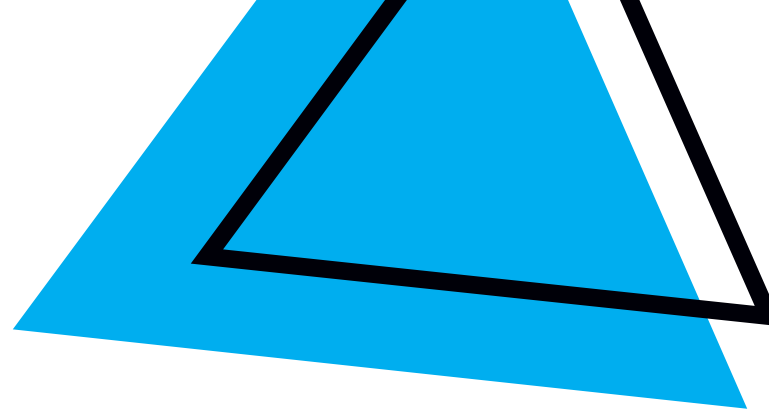
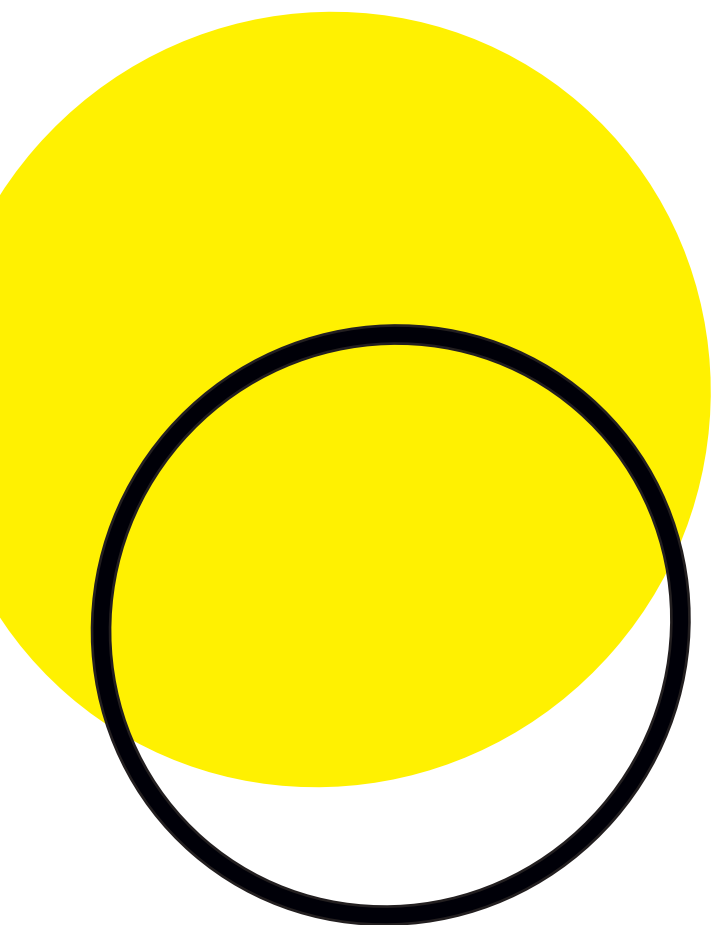












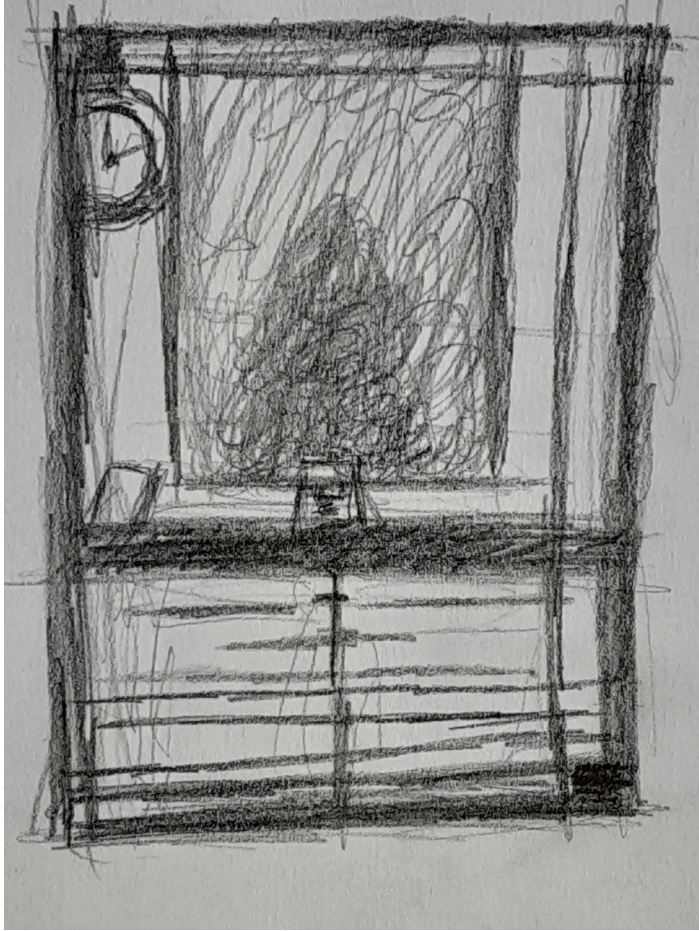


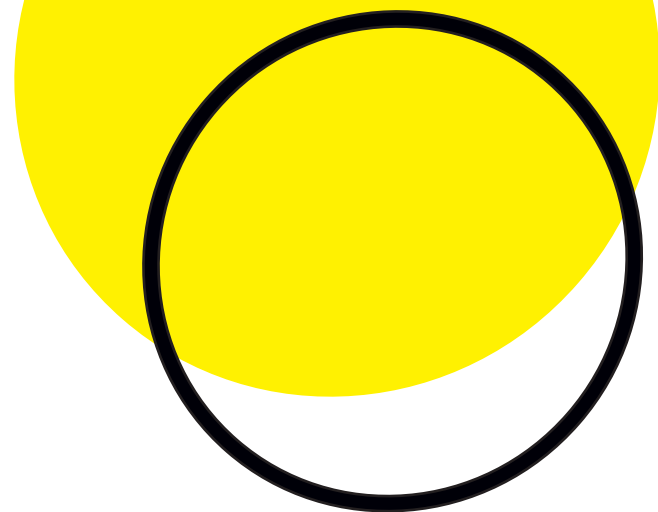
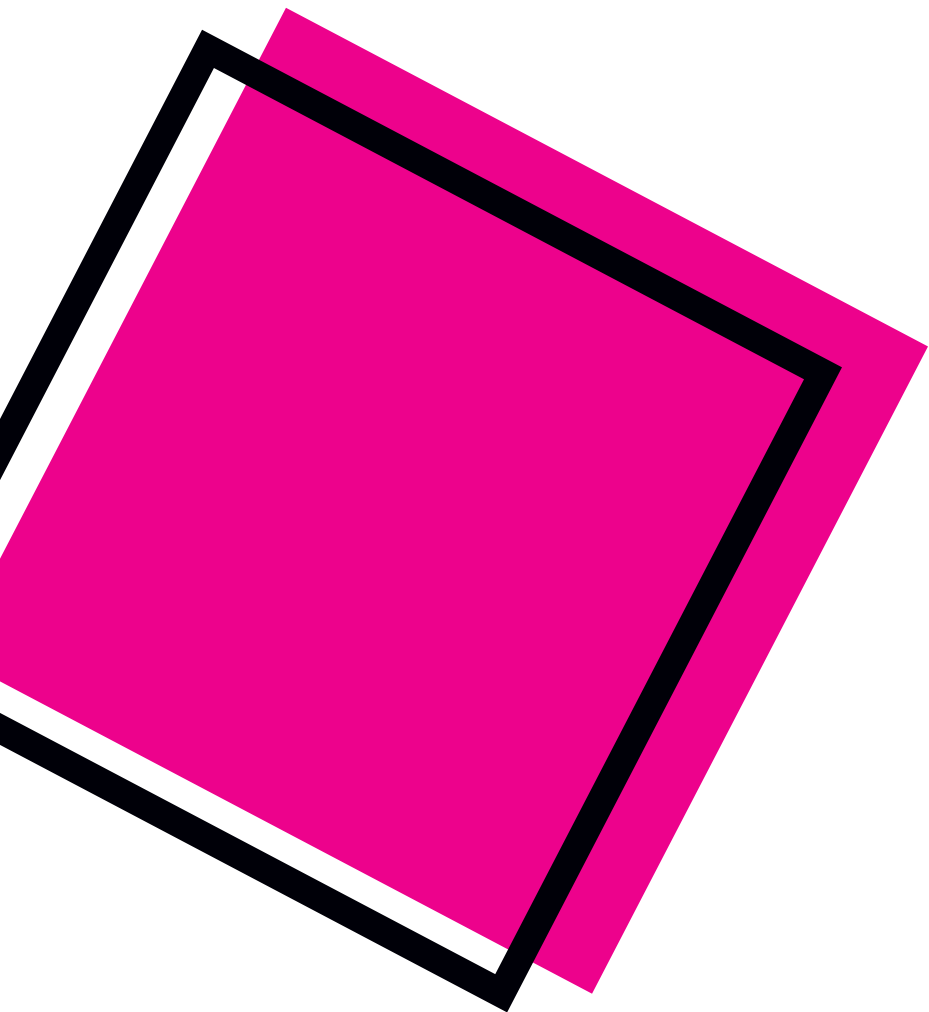
# SIX WORD STORIES

1. Shaping shifting resizing for value, depth
2. Motivation without movement,  
now carefully removed
3. Exploration unknown to false self discovery
4. Process, now bearable, time patience palpables
5. Tying the loose ends, unraveling again
6. Amidst the wind, yet holding firm
7. Surges and waves, another push forward
8. Grateful for opportunities, having unbinded wings
9. Learning to embrace expression, not repression
10. Clamor now dulled, a new calm

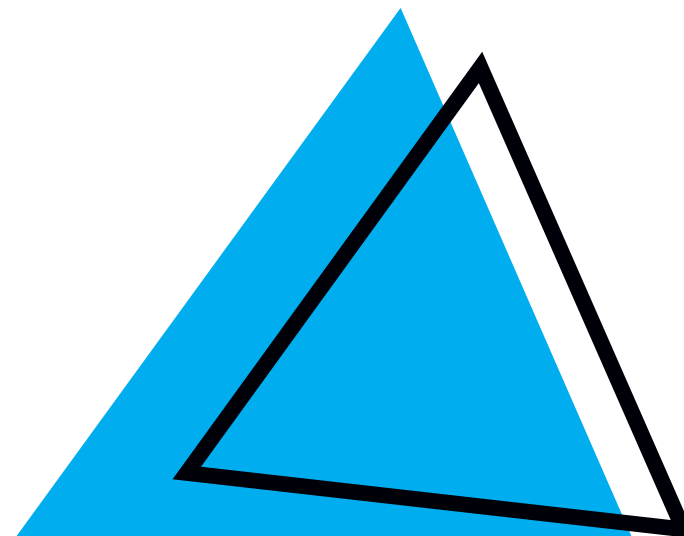








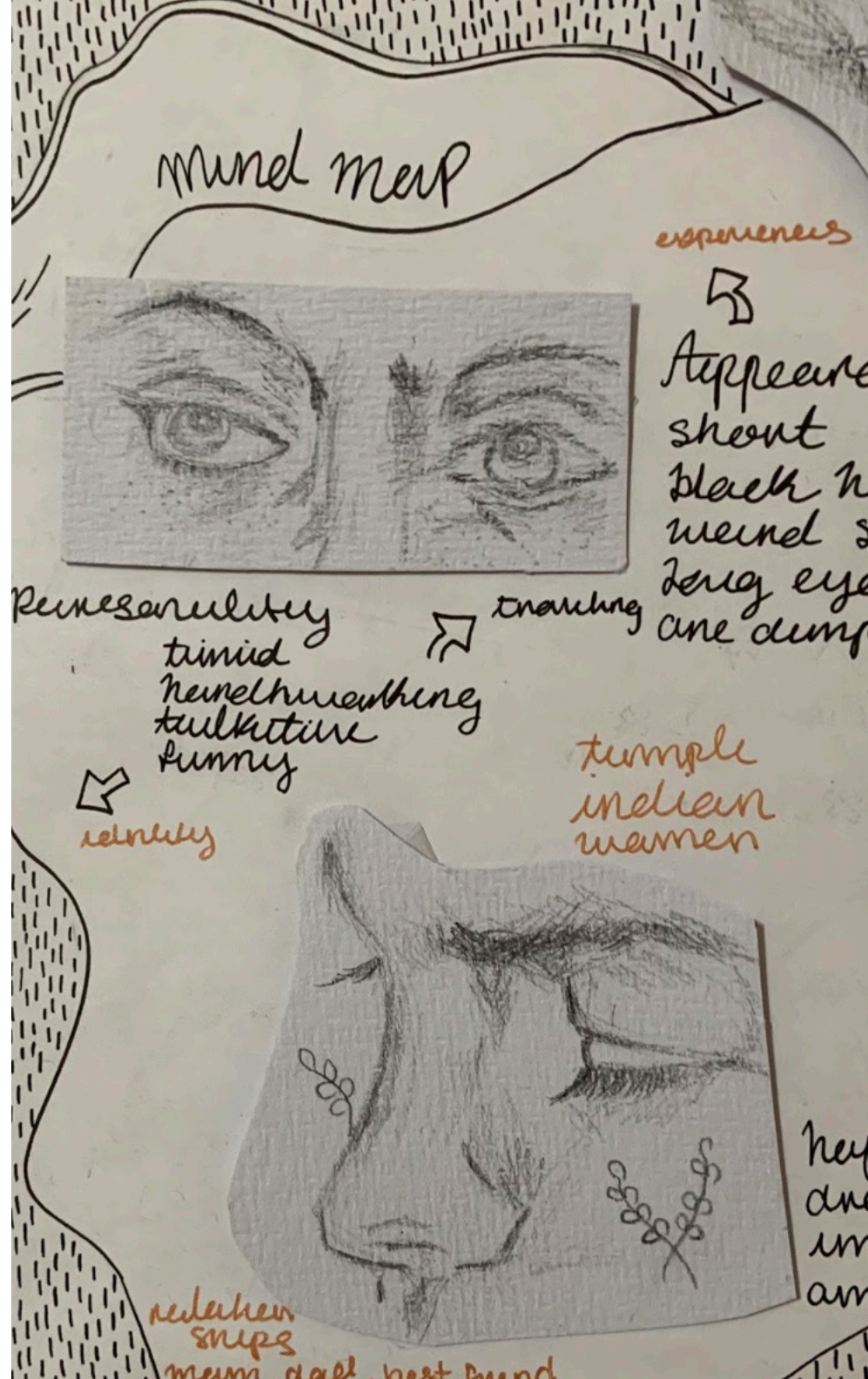
*nirali*





# SIX WORD STORIES

1. One chance at life, take it.
2. The limit is more than you
3. Dreaming of wonderlands, waking to enclosures
4. It only happened for the good.
5. Keep dreaming of big blue skies
6. I miss you from down here

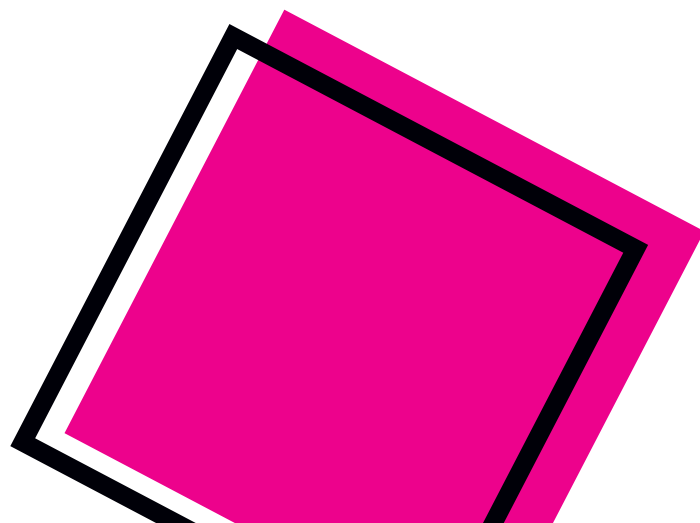
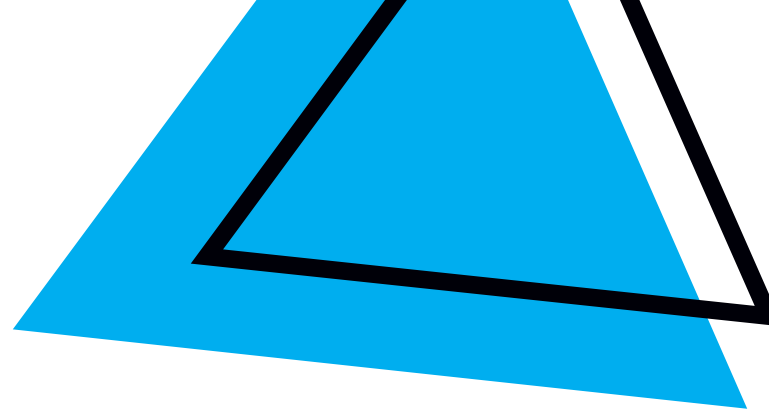
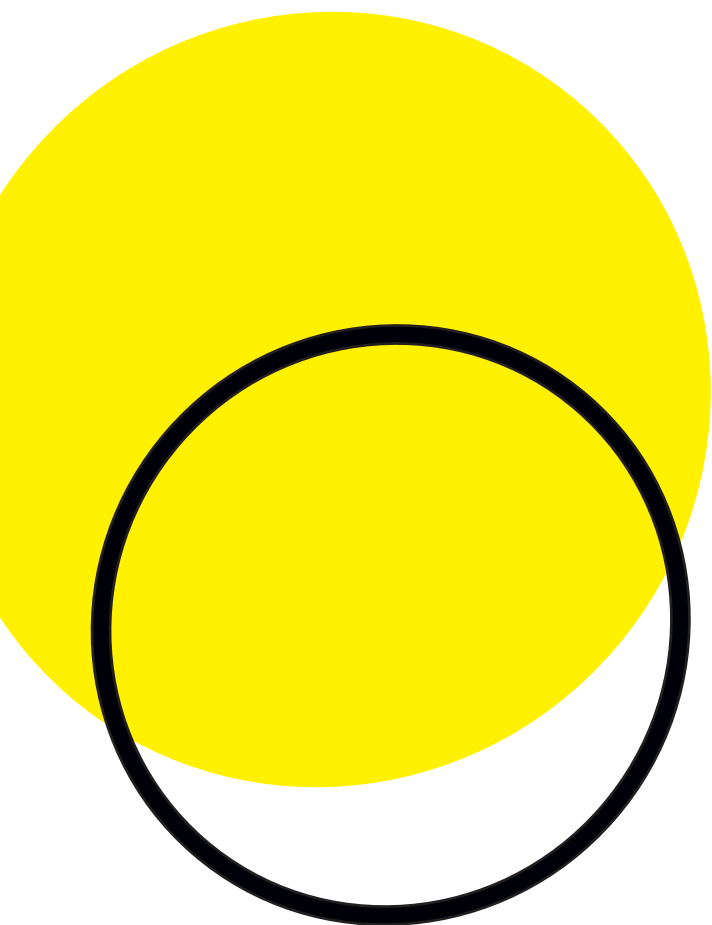








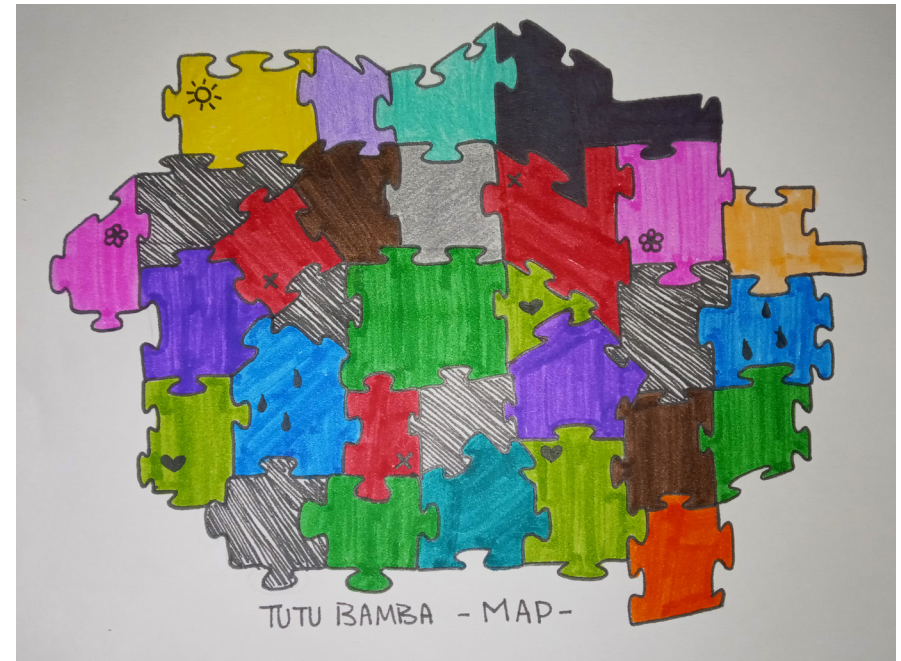


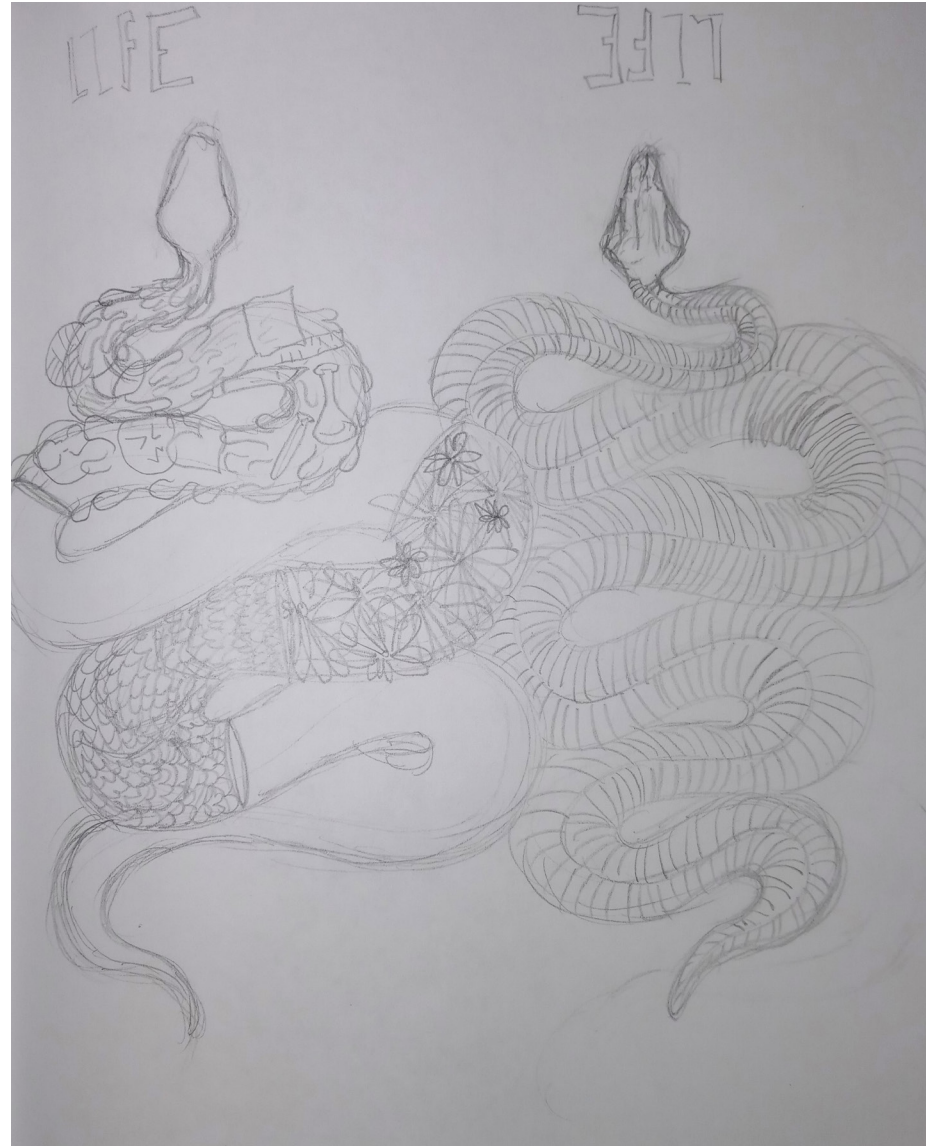




# SIX WORD STORIES

1. Senior year is fun they said.
2. Art is and will always be.
3. This country is up in flames.
4. Covid pack your bag and leave.
5. I'm so tired I'm so tired.
6. Growing up is gonna be eccentric.

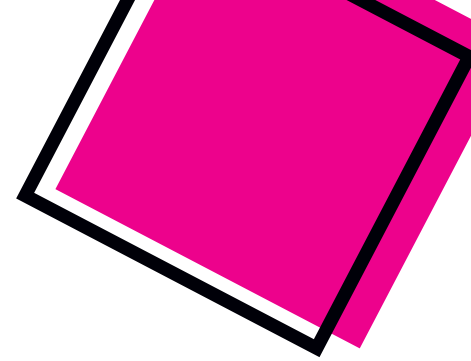
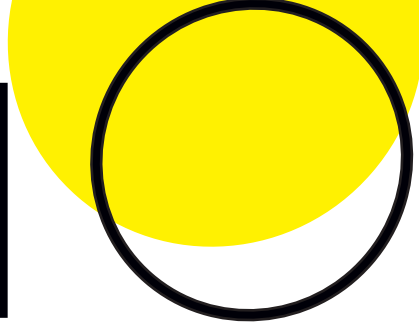












This work couldn't happen without the work of many people.

The Center for Visual Art's dedication to welcoming youth into the often impenetrable art world is clear and to be commended. Thank you to Cecily Cullen for steering the ship and bringing us the art that inspires this work. Thank you to Kristin Smith, Jenna Miles and Kimberly Wendt for your work behind the scenes to keep things running. Thank you to Holly Sherman, my Teaching Apprentice who brings her love and care to all involved in the program.

Many artists joined us in our virtual classroom as guest artists to inspire us and share their knowledge. Eriko Tsogo, Eileen Roscina, Gabe Cullen, Lares Felicaino, Anna Goss and Kyle Berkompas spoke in depth with the group about what they do and the path they took to get there. Other creatives spoke with the interns one-on-one giving them practical experience reaching out to professionals to expand their networks and gather information about their chosen career paths. Thank you

to Trisha Hoke, Javier Flores, Rebecca Tischler, Visi Herman, Eric Tosfsted, Heather Link-Bergman, Nikki Hoof, Rachel LaGrandeur, Brandi Shigley, Anthony Camera, Cal Duran, Audrey Twigg, Danielle Cunningham and Max Ratkai for your mentorship.

And finally, thank you to Alyssa Mora for bringing everything together in this book you hold.

To everyone involved, thank you for your contribution.

