# Preparing Future Teachers in Trauma-Informed Practices

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### Did you know?

Children who are suspended are ten times more likely to enter the juvenile justice system.

African-American children, who comprise 19% of the pre-school population, comprise nearly half of all suspensions. See below for interrupting the preschool-to-prison pipeline.

Welcome everyone to the second year of our *Preparing Future Teachers in Trauma-Informed Practices* newsletter. We are sending well wishes at the start of what is a challenging school year for many.

## **Updates:**

Our <u>Trauma-Informed Practices website</u> is up and running! Please view and share widely.

Thank you to those of you who attended our Resilience movie screening and panel. The virtual event was a huge success and had over 160 attendees. Didn't get a chance to attend? Click <u>here</u> to find information on how to view the recording.

This school year we are providing a <u>Resilient Futures</u> train-the-trainer program to MSU Denver School of Education staff and faculty who would like to become trained in the <u>HEARTS model</u>. We are excited to grow our expertise in trauma-informed practices.

## **Upcoming Events:**

### SCHOOL OF EDUCATION FACULTY, STAFF, STUDENTS, ALUM & MENTOR TEACHERS:

You have the opportunity to attend a FREE 4-part professional learning series on creating trauma-informed and equitable learning environments. Email <u>tip@msudenver.edu</u> for more information if you'd like to attend.

# TIP strategies for the classroom:

Predictability is important for all kids, and particularly those who are struggling after experiencing trauma. Predictability helps kids know what is coming next, which in turn helps them feel safe. Giving specific expectations around time is one way to integrate this trauma-informed practice in the classroom. For example, instead of saying "I'll check on you in a few minutes", say "I'll check on you in seven-minutes".

### Want to learn more?

Check out Dr. Rosemarie Allen of MSU Denver School of Education's TED Talk on the preschool-to-prison pipeline.