

Preparing Future Teachers in Trauma-Informed Practices

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Did you know?

The brain perceives negative stimuli faster than positive stimuli. Within one-tenth of a second we can store negative stimuli in our memories, whereas positive stimuli require 12 seconds. This evolved survival strategy is a reminder of the importance of deliberately seeking out positive stimuli. (Aguilar, 2018).

As 2020 draws to a close, we'd like to acknowledge what a challenging year this has been for many people. Thank you everyone for your continued dedication to education, and we wish you a safe and healthy end of the year.

Updates:

The [School of Education](#) is creating an **Office of Education Solutions**. This office will address and seek solutions to persistent problems in teaching, curriculum, equity, and other challenges in PreK-12 settings. The trauma-informed practices (TIP) initiative will be housed within this office.

The School of Education is **hiring!** We are seeking an [Administrative Assistant](#) (.5 FTE) for the Office of Education Solutions. If you or anyone you know is interested in learning more about the position, please visit <https://www.msudenverjobs.com/postings/14466>.

Due to the pandemic we transitioned our [Resilient Futures](#) TIP professional learnings to a virtual format. We have had over 200 participants this semester so far, with one more training to go! A HUGE thank you to Resilient Futures for their continued partnership!

Upcoming Events:

SCHOOL OF EDUCATION FACULTY, STAFF, STUDENTS, ALUM & MENTOR TEACHERS:

Missed the [Resilient Futures](#) TIP professional learnings this fall? You have the opportunity to attend a FREE 4-part professional learning series on creating trauma-informed and equitable learning environments in Spring 2021. Email tip@msudenver.edu for more information if you'd like to attend.

TIP in the classroom:

Review your curriculum and engage in critical self-reflection to make sure you are not perpetuating racial stereotypes or asking your students to engage in activities that are harmful or disrespectful to their culture or life experiences. Read Teaching Tolerance's article on [Ending Curriculum Violence](#) to learn more about how curriculum can cause harm, and what you can do to prevent this in your own classroom and school.

Want to learn more?

Check out this [5-minute clip](#) about how trauma impacts the brain, and how our "learning brain" and "survival brain" interact. A great learning tool!

Questions, comments or ideas? Want to get involved?

Visit our [webpage](#) or email tip@msudenver.edu