Preparing Future Teachers in Trauma-Informed Practices

May 2021



Did you know?

April is Child Abuse Awareness Month, however every month we should be aware of child abuse.

If you suspect a child has been abused contact a local child protective agency, police department or a 24-hour hotline such as Childhelp Nat'l Child Abuse Hotline, 1-800-422-4453 (Mayo Clinic)

Trauma can impair learning, including attention, memory, cognition, organization and problem-solving abilities. This can result in frustration and anxiety for children (nctsn.org).

Updates: Our Spring 2021 TIP Professional Learning Series has ended. There were 199 participants this spring.

Call for Proposals in Trauma-Informed Practices!

Organization: Teacher Education Council of State Colleges and Universities (TECSU)

Theme: Learning, Teaching and Leading in Challenging Times

Submission Deadline: July 1, 2021 For more information: Click Here

Organization: American Association of College For Teacher Education (AACTE) Theme: Rethink, Reshape, Reimagine, Revolutionize: Growing the Profession Post

Pandemic

Submission Deadline: May 28, 2021 For more information: Click Here

Upcoming Events:

SCHOOL OF EDUCATION FACULTY, STAFF, STUDENTS, ALUM & MENTOR TEACHERS:

We are continuing to offer <u>Resilient Futures</u> **FREE** TIP professional learnings this Fall. This is a 4-part series on creating trauma-informed and equitable learning environments. Email <u>tip@msudenver.edu</u> for more information if you'd like to attend or check out our website for future dates.

TIP in the classroom: Strategies for teachers dealing with children experiencing trauma: * Be mindful of your own emotions. Identifying and managing your feelings is the first step in helping student manage theirs. *Expect that students will overreact sometimes. * Provide the space and time they need to calm down. Let them know this is a normal response to trauma. * Remind yourself that behavior is a form of communication and not to take it personally (www.understood.org).

Book Recommendation – The TIP newsletter will be on hiatus until September, but it doesn't mean you have to. Here are some good TIP summer reading suggestions to get your fall school year off to a good start: "Trauma-Informed Practices for Early Childhood Educators" by Julie Nicholson, Linda Perez, and Julie Kurtz; "Trauma-Sensitive Mindfulness: Practices for Safe and Transformative Healing" by David Treleaven.