

Preparing Future Teachers in Trauma-Informed Practices

March 2021



Did you know?

There are 3 main types of trauma:

Acute Trauma (Type I) results from exposure to a single overwhelming event (e.g., natural disaster). **Complex Trauma (Type II)** results from extended exposure to traumatizing situations (e.g., prolonged exposure to violence). **Crossover Trauma (Type III)** results from a single traumatic event that is devastating enough to have long-lasting effects (e.g., mass casualty shootings) *Crisis Prevention Institute*

Updates:

We are half-way through the Spring 2021 semester and we have had 103 participants complete Parts 1 & 2 of the 4-part TIP Professional Learning Series.

SOE Faculty are continuing to integrate TIP into their courses, and TIP has been integrated into over 25 courses to date.

The TIP professional learnings continue to yield statistically significant improvements in knowledge in topics including the biology of trauma, implicit bias, cultural humility, compassionate relationships, the importance of personal wellness, and more!

“Trauma can serve as a filter, or lens, through which a person views the world. Think of sunglasses: You put them on and everything is shaded differently. Trauma can have that type of effect on how a person perceives their world.” (Crisis Prevention Institute)

Upcoming Events:

SCHOOL OF EDUCATION FACULTY, STAFF, STUDENTS, ALUM & MENTOR TEACHERS:

We are continuing to offer [Resilient Futures](#) **FREE** TIP professional learnings this Spring. This is a 4-part series on creating trauma-informed and equitable learning environments. Email tip@msudenver.edu for more information if you'd like to attend.

If you couldn't attend Part 1 & 2 we will offer the entire 4-part series again Fall 2021.

TIP in the classroom: Celebrate the children in your classroom by doing something special on one or more of these national days: March 18 – National Absolutely Incredible Kid Day; March 20 – International Day of Happiness; March 26 – National Make Up Your Own Holiday Day; March 30 – National I am in Control Day; April 3 – National Love Your Children Day

Book Recommendation – “Supporting & Educating Traumatized Students: A Guide for School-Based Professionals” by Eric Rossen – Traumatic or adverse experiences are pervasive among school-aged children and youth. Trauma undermines students' ability to learn, form relationships, and manage their feelings and behavior. School-based professionals working with traumatized students are often unaware of their complex needs or how to meet them within the hours of the typical school day.

Questions, comments or ideas? Want to get involved?

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