

Preparing Future Teachers in Trauma-Informed Practices

January 21, 2021



Did you know?

Frequent, prolonged exposure to trauma can disrupt the development of a child's stress response system. This can result in young children responding to any stressful experience with a heightened stress reaction. In other words, their brains overly perceive danger even when little or no danger exists (Nicholson, et al.).

Updates:

A reminder that The [School of Education](#) is creating an **Office of Education Solutions**. This office will address and seek solutions to persistent problems in teaching, curriculum, equity, and other challenges in PreK-12 settings. The trauma-informed practices (TIP) initiative will be housed within this office.

We have hired an Office of Education Solutions Administrative Assistant – a big welcome to Maria Carrillo! We are thrilled you are joining the team!

Our Fall 2020 virtual [Resilient Futures](#) TIP professional learnings were a huge success, and we had over 300 participants!

The TIP professional learnings continue to yield statistically significant improvements in knowledge in topics including the biology of trauma, implicit bias, cultural humility, compassionate relationships, the importance of personal wellness, and more!

Upcoming Events:

SCHOOL OF EDUCATION FACULTY, STAFF, STUDENTS, ALUM & MENTOR TEACHERS:

We are continuing to offer [Resilient Futures](#) **FREE** TIP professional learnings this Spring. This is a 4-part series on creating trauma-informed and equitable learning environments. Email tip@msudenver.edu for more information if you'd like to attend.

TIP in the classroom:

February is Black History Month. Check out Teaching Tolerance's [teaching tools](#) and their article on [The Do's and Don'ts of Teaching Black History](#) to integrate these lessons into your classroom, both in February and throughout the school year!

Want to learn more?

Work with teens, or maybe have some of your own at home? Check out the [Teen Mental Health](#) website for resources on understanding and supporting teens who are struggling with mental health.

Questions, comments or ideas? Want to get involved?

Visit our [webpage](#) or email tip@msudenver.edu