



**METROPOLITAN STATE UNIVERSITY<sup>SM</sup>**  
**OF DENVER**  
**College of Professional Studies**

Integrative Healthcare- Extended, B.S.  
 Minor (not required)  
 Fall 2015 catalog year

| First Year         | Suggested Course Plan   |  |
|--------------------|---|--|
| Fall: 16 Credits   | ENG 1010 (3) Composing Arguments (F, S, Su)   |  |
|                    | ITP 1500 (3) Dynamics of Health (F, S, Su)  |  |
|                    | BIO 1080 (3) General Biology I <b>AND</b><br>BIO 1090 (1) General Biology I Laboratory (F, S, Su)             |  |
|                    | Social and Behavioral Science I (3) MC recommended (F, S, Su)   |  |
|                    | Oral Communication (3) (F, S, Su)   |  |
| Spring: 14 Credits | ENG 1020 (3) Freshman Comp: Rsrch, Anly, Documt (F, S, Su)  |  |
|                    | ITP 1700 (2) Medical Terminology (F, S, Su)   |  |
|                    | MTH 1210 (4) Introduction to Statistics (F, S, Su)  |  |
|                    | CHE 1100 (4) Principles of Chemistry <b>AND</b><br>CHE 1150 (1) Principles of Chemistry Laboratory (F, S, Su) |  |
|                    |   |  |

| Third Year         | Suggested Course Plan  |  |
|--------------------|--|--|
| Fall: 15 Credits   | HCM 3500 (3) Health Care Research Methods (F, S)                   |  |
|                    | ITP 3800 (3) Stress and Sleep: Impact on Health and Disease (F, S) |  |
|                    | Arts and Humanities (3) (F, S, Su)                                 |  |
|                    | Lifespan Course (3) (F, S)   |  |
|                    | Therapies Courses (3) (F, S)                                       |  |
| Spring: 14 Credits | Therapies Course (3) (F, S)  |  |
|                    | Lifespan Course (3) (F, S)   |  |
|                    | ITP Elective (3) (F, S)  |  |
|                    | General Elective (3) (F, S)  |  |
|                    | General Elective (2) (F, S, Su)                                    |  |

| Second Year        | Suggested Course Plan   |  |
|--------------------|---|--|
| Fall: 16 Credits   | ITP 2500 (3) Complementary and Alternative Medical Therapies (F, S, Su) |  |
|                    | ITP 2700 (3) Holistic Health (F, S)                                     |  |
|                    | BIO 2310 (4) Human Anatomy and Physiology I (F, S, Su)                  |  |
|                    | Social & Behavioral Science II (3) (F, S, Su)                           |  |
|                    | Historical (3) recommend GD approved course (F, S, Su)                  |  |
| Spring: 16 Credits | BIO 2320 (4) Human Anatomy and Physiology II (F, S, Su)                 |  |
|                    | ITP 3200 (3) Ethics in Health Care (F, S)                               |  |
|                    | Therapies Course (3) (F, S)   |  |
|                    | Lifespan Courses (3) (F, S)   |  |
|                    | Arts and Humanities (3) (F, S, Su)                                      |  |

| Fourth Year        | Suggested Course Plan   |  |
|--------------------|---|--|
| Fall: 16 Credits   | ITP 4500 (1) Professionalism in Integrative Therapies (F, S)  |  |
|                    | Therapies Course (3) (F, S)   |  |
|                    | Therapies Course (3) (F, S)   |  |
|                    | Lifespan Course (3) (F, S)  |  |
|                    | ITP Elective (3) (F, S)   |  |
|                    | ITP or General Elective (3) (F, S)  |  |
| Spring: 13 Credits | ITP 4600 (4) Clinical Pathophysiology (F, S, Su)  |  |
|                    | ITP 4900 (3) Theories and Application of Knowledge for Integrative Health <b>OR</b> ITP 4990 (3-6) Internship in Integrative Therapeutic Practices (F, S) |  |
|                    | ITP or General Elective (3) (F, S)  |  |
|                    | General Elective (3) (Does not apply to students who enroll in 6 credits for ITP 4990)  |  |