



HUMAN PERFORMANCE AND SPORT MINOR EXERCISE SCIENCE CONCENTRATION

Dr. Joe Quatrochi
quatrocj@msudenver.edu

Dr. Tony Nunez
tnunez@msudenver.edu

Dr. Ben Thompson
bthomp50@msudenver.edu

Summer Sides
ssides@msudenver.edu

Human Performance and Sport main phone number: (303) 615-1818

GENERAL STUDIES

Written Communication

Based on your major requirements 3

Based on your major requirements 3

Oral Communication

Based on your major requirements 3

Quantitative Literacy

Based on your major requirements 3

Arts and Humanities

Based on your major requirements 3

Based on your major requirements 3

Historical

Based on your major requirements 3

Natural and Physical Sciences

Based on your major requirements 3

BIO 2320: Human Anatomy & Physiology II*

**Prerequisite for EXS 3841* 3

Social and Behavioral Sciences I

Based on your major requirements 3

Social and Behavioral Sciences II

Based on your major requirements 3

Global Diversity

Based on your major requirements 3

GENERAL STUDIES CREDIT HOUR TOTAL 33-36

MULTICULTURAL

Based on your major requirements 3

MULTICULTURAL CREDIT HOUR TOTAL 3

EXERCISE SCIENCE CONCENTRATION COURSES

EXS 3780: Fitness Programs for Special Populations* 2

EXS 3790: Fitness Programming for Children, Adolescents and Older Adults* 3

EXS 3841: Comparative Fitness Programs* 2

EXS 4680: Advanced Exercise Assessment and Exercise Prescription* 4

HPS 3990: Field Experience 1-3

NUT 2040: Introduction to Nutrition 3

EXS Electives (select based on need) 1-3

MINIMUM MINOR CREDIT HOURS: 18

*See University catalog for prerequisite and other requirements

**See University catalog for co-requisite requirements

Effective Fall 2012, a grade of "C" in all major/prerequisite courses is required in order to receive credit