

# Transgender and Non-Binary Resource List

## CAMPUS RESOURCES

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### Health Center at Auraria

Primary and mental health care including hormone replacement therapy.  
Plaza 150 | 303-615-9999

### CCD Counseling Center

Counseling appointments for CCD Students.  
Tivoli 343 | 303-352-3205

### MSU Denver Counseling Center

Counseling appointments for MSU Denver Students.  
Tivoli 651 | 303-615-9988

### CU Denver Counseling Center

Counseling appointments for CU Denver Students.  
Tivoli 454 | 303-315-7270

### 24/7 Crisis Line

Available for all students, faculty and staff on campus.  
303-615-9911

### LGBTQ Student Resource Center

Support and advocacy center available for all students on campus.  
Tivoli 213 | 303-615-0515

## LOCAL RESOURCES

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### SUPPORT

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#### Gender Identity Center

Offers counseling (sliding scale); drop-in center, groups, outreach, education, advocacy.

#### GLBT Colorado (The Center)

Advocacy, planning, events.

#### Out Boulder County

Support, local programming/events, and resources.

#### Colorado Name Change Project

Information/forms on how to update name and gender marker in Colorado.

#### It Takes a Village

TransAction Program provides support, outreach, help finding resources, groups and HIV prevention/care.

#### One Colorado

Advocacy organization dedicated to advancing equality for lesbian, gay, bisexual, transgender, and queer (LGBTQ) Coloradans and their families.

### MEDICAL

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#### Boulder Valley Women's Health

Gender affirming health services and medical providers who prescribe hormones.

#### Denver Health LGBT Center of Excellence

Transgender medical care including some surgeries.

#### Trans Health Boulder County

Resource list and provider search.

#### Hey Denver

A non-profit community-based organization that provides free sexual health services and sexually transmitted infection (STI) testing.

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### HOUSING INSECURITY

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#### Urban Peak

Overnight shelter, drop-in center, education and employment programming, supportive housing for 15-24 years old.

#### The Gathering Place

Daytime drop-in center serving individuals who are experiencing poverty, many of whom are also experiencing homelessness.

## NATIONAL RESOURCES

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### SUPPORT

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#### **Gay and Straight Alliance**

Advocacy, education and resources with local organizations.

#### **LGBT National Help Center**

Searchable list of resources.

#### **PFLAG**

Promotes unity within LGBTQ community and aims to strengthen bonds with LGBTQ individuals and their families and communities.

#### **It Gets Better Project**

Communication to lesbian, gay, bisexual and transgender youth that it gets better, and inspire the changes needed to make it better for them.

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### HEALTH

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#### **AASECT (American Association of Sexuality Educators, Counselors, and Therapists)**

Search option to find local certified therapists who are AASECT certified.

#### **National Coalition for Sexual Freedom**

Mostly aimed at those who participate in alternative lifestyles such as BDSM, polyamory and kink. They host a "listing of professionals who have stated that they are knowledgeable about and sensitive to diverse expressions of sexuality".

#### **Psychology Today**

Search option for local therapists. (When seeking a therapist, consider finding one that is certified through AASECT).

#### **TransHealth**

Extensive collection of articles, links and resources.

### SUPPORT LINES

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#### **LGBT National Youth Talkline**

Provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

1-800-246-PRIDE (1-800-245-7743)

help@LGBThotline.org

#### **National Suicide Prevention Lifeline**

Free and confidential emotional support to people in suicidal crisis or emotional distress.

1-800-273-8255

#### **Trans Lifeline**

Support hotline "staffed by transgender people for transgender people."

1-877-565-8860

#### **The Trevor Project**

National crisis intervention and suicide prevention hotline for LGBTQ youth ages 13-24.

1-866-488-7386 (866-4-U-TREVOR)

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#### **Disclaimer**

*This information is offered as a public service and the Health Center at Auraria does not recommend or endorse any specific provider or service. The resource list is provided for informational purposes only and not intended to be a substitute for professional advice, diagnosis or treatment.*