

Metropolitan State University of Denver
Recreation Professions Major, B.A.: Therapeutic Recreation Concentration
Minor (not required):
Fall 2014 catalog year

First Year	Suggested Course Plan
Fall: 15 credits	ENG 1010 (3) Composing Arguments (F, S, Su)
	Oral Communication (3) (F, S, Su)
	Quantitative Literacy (3) (F, S, Su)
	Historical (3) (recommended to select course approved for global diversity) (F, S, Su)
	RECR 1870 (3) Introduction to Recreation & Park Services (F, S)
Spring: 17 credits	ENG 1020 (3) Freshman Composition: Analysis, Research, & Documentation (F, S, Su)
	BIO 1080 (3) General Biology I AND
	BIO 1090 (1) General Biology I Laboratory (F, S, Su)
	PSY 1001 (3) Introductory Psychology (F, S, Su)
	RECR 2110 (4) Recreation Leadership Skills & Techniques (F, S)
	Social & Behavioral Science I (3) (recommended to select course approved for multicultural) (F, S, Su)

Second Year	Suggested Course Plan
Fall: 14 credits	PSY 2210 (3) Psychology of Human Growth & Development
	Arts & Humanities (3) (F, S, Su)
	Elective (3) (F, S, Su)
	Natural & Physical Science (3) (F, S, Su)
	Elective (2)
Spring: 16 credits	RECR 3330 (3) Introduction to Therapeutic Recreation (S)
	RECR 3840 (4) Design & Maintenance of Recreation & Park Services (S)
	HCM, HSP, ITP, PSY, or SOC (3) See RECR advisor
	Arts & Humanities (3) (F, S, Su)
	Elective (3) (F, S, Su)
Summer: 3 credit hours	RECR 3970 (3) Practicum in Recreation, Parks, or Therapeutic Recreation (Su)

Third Year	Suggested Course Plan
Fall: 15 credits	RECR 3430 (3) Program Development in Therapeutic Recreation (F)
	RECR 3530 (4) Techniques in Therapeutic Recreation (F)
	RECR 4130 (3) Administration of Recreation & Park Services (S)
	BIO 3230 (5) Principles of Human Anatomy & Physiology for Secondary Education (F)
	Spring: 15 credits
Spring: 15 credits	RECR 3870 (2) Internship Seminar for Recreation & Park Professions (S)
	RECR 4030 (3) Issues & Trends in Therapeutic Recreation (S)
	RECR 4150 (4) Advanced Techniques in Therapeutic Recreation (S)
	RECR 4850 (3) Advanced Administration and Evaluation (S-every other year)
	PSY 3620 (3) Abnormal Psychology (F, S)

Fourth Year	Suggested Course Plan
Fall: 11-15 credits	RECR 4110 (3) Program Development in Recreation Services (F)
	HCM, ITP, HSP, PSY, SOC (3) see RECR advisor
	Elective (3) (F, S, Su)
	Elective (2-3) (F, S, Su) **Depends on credits enrolled for internship.
	Elective (0-3) (F, S, Su) **Students who enroll in 10 credits for internship will need 3 extra hours of electives to have 120-credits for graduation.
	Spring: 10-14 credits
Spring: 10-14 credits	RECR 4890 (10-14) Internship in Recreation, Parks or Therapeutic Recreation (Students must see RECR advisor) (F, S)
	*CPR certification

*Current Adult, Infant, & Child CPR with First Aid certification or First Aid Basics & Community CPR certifications are required and can be obtained through the American Red Cross. Student who would like more advanced training may substitute "Emergency Response" and "CPR for the Professional Rescuer" certification which are satisfied through completion of HPS 2060 (3-credits).