



Upcoming Events

October 15

Employer Visit Days- Lockheed Martin
10 AM to 3PM Tivoli Tavern

October 19-23

Employer Visit Days
10 AM to 3 PM Tivoli Tavern

October 29

Careers in Business Fair
10:30 AM to 2:30 PM Tivoli Turnhalle

November 3

STEM Careers Program
1 to 2:30 PM SSB 400

November 5

Start Smart Salary Negotiation Workshops
11 AM to 12:30 PM Tivoli 440

November 6

Arrow Forward
9 AM to 3 PM Arrow Corporate Headquarters

November 10

Trending Topics
"Transitioning from Military to Civilian Careers"
11:30 AM to 12:45 PM Tivoli 320

November 10

Interviewing Workshop
3 to 4:30 PM Tivoli 440

November 16-20

Employer Visit Days
10 AM to 3 PM Tivoli Tavern

Dear MSU Denver Faculty & Staff,

The Office of Career Services has launched a career planning strategy designed to remind students that career planning is a process. This strategy is embedded into all of our operations, programs and services. There are three stages included in the strategy which include:

Explore

Students learn about self and how that corresponds to career choice. They also begin to explore occupations. The programs and services we offer at this stage are: Career Counseling Appointments (career exploration, graduate school advising, occupational research, selecting majors), Career Assessments (MBTI, SII), Career & Industry Panels, Career Programs & Presentations.

Experience

Time for students to develop a career strategy, gain hands-on experience, develop skills and learn from experts in career of interest. This is the time for students to use the Applied Learning Center (Internships, Service Learning, Undergraduate Research), Student Activities (Leadership programs, student organizations) and Study Abroad. Career Services offers: Mock Interviews, student employment and networking programs.

Execute

Students begin to prepare their job search materials, learn about professional image, and launch a professional job search. We offer job search, resume writing, interviewing, professionalism and networking services. Students can participate in Employment Workshops, Job Search Meet-Ups, Campus Recruiting (campus interviews, employer visit days, job postings) and Career Fairs.

We encourage faculty and staff to consider the stages of career planning when helping students with their career decisions. Remember, the Office of Career Services offers a variety of resources. Visit our website www.msudenver.edu/career for more information.

We look forward to an exciting year ahead!

Sincerely,
The Office of Career Services

Did You Know?

Internships provide real work experience for students that will prepare them for their future career. **Internships** provide an opportunity for students to learn more about their profession.

51% of employers focus on relevant internship experience.

81% of employers have found that new hires with relevant internship experience are better prepared than those without.

-Internships: A Win-Win For Employers and Students (2015)

Career Services Receives TRiO Award

- Career Services and the TRiO program partnered last year to encourage students to begin career planning early. We facilitated career exploration activities with TRiO students based on the Career Mosaic interest assessment. As a result, Career Services has been written into TRiO's federal grant request and awarded the MSU Denver TRiO's 2015 Patricia Trotman Recognition Award for outstanding service to students.
- Career Mosaic is ideal for underclassmen and undeclared students. If you are interested in bringing this resource to your group or class, please contact **April Peterson at 303.556.3664**



Alumni Spotlight

Naiely Miranda (BS '15) Human Resources Recruiter, FirstBank

When Naiely Miranda graduated with a bachelor's degree in Corporate Social Responsibility in May 2015, she wasn't concerned about having to find a job after graduation- she had already accepted an offer as a human resources recruiter from First Bank three months prior.

"It was amazing to have a job lined up after graduation! I was able to focus on school my last semester and not stress out about finding a job. It was a huge relief knowing where I would be when I wrapped up my degree," said Miranda.

EXPLORE

Miranda's journey to a professional career track job did not come easily; it required years of preparation, strategic career mapping, and utilizing the plethora of services provided by the MSU Denver Office of Career Services.

"Students should begin thinking about career preparation as early as freshman year! Career Services is a great resource for students. Not only can they review your resume, but they can suggest creative ways to navigate the job search process," she said.

EXPERIENCE

To prepare for her professional career job, Miranda interned at Northwestern Mutual for two years, attended several on and off-campus networking events, and regularly volunteered at Habitat for Humanity.

Participating in Northwestern Mutual's top-ranked internship program as a Recruiting Coordinator gave Miranda the edge she needed. Recognized by career web site Vault and cited by Forbes, Northwestern Mutual's nationally- ranked internship program placed high in 2015, earning the No. 1 position for Best Financial Services Internship and the No. 5 spot for Best Overall Internship.

Working side-by-side with her mentors, she assisted with recruiting interns and full-time financial representatives, interviewing potential interns, and attending career fairs and professional recruiting events- real world experience that she could not have attained in a classroom.

"It is important to begin looking at internships in the field that you are interested in to 'test drive' your potential career. By doing an internship, you are able to gauge whether or not you will enjoy a career in that industry after graduation," advised Miranda.

Her experience as a Northwestern Mutual intern not only gave Miranda an opportunity to gain valuable work experience, but enabled her to forge relationships with hiring managers whose experience and mentorship helped her gain entrance into the finance industry.

EXECUTE

According to Miranda, in addition to taking advantage of resume reviews, practice interviews, and interning, making connections with employers was crucial in helping her to establish a career path.

"I advise students to network as much as you can throughout your college career. This makes landing a job less difficult because you can hear about job opportunities that others might not have heard of, and recruiters become familiar with you and can help you make a connection in a company that you want to work for," she maintained.

Furthermore, she recommended that students who have difficulty making the initial connections with employers consider Career Services as a resource. "Career Services not only brings recruiters to campus, but their knowledgeable staff can introduce you to recruiters in companies that you are interested in," she added.

To learn more about the professional career planning resources offered by the **MSU Denver Office of Career Services**, please visit:

www.msudenver.edu/career, stop by the office located in **Tivoli 215**, or call us at **303.556.3664**



**METROPOLITAN
STATE UNIVERSITY**SM
OF DENVER
Office of Career Services