



### **Guide Resource - Outdoor Leadership of Rock Outings**

Be on time – fifteen minutes prior to group meeting time. Need more time to prepare, come earlier.

Start on time

End on time

No leaving early

No open toe shoes

Use “trust fall” – suggest to first timers that they climb three feet and take practice fall

Lower everyone all the way to the deck (e.g. not to the lower step at Between the Cracks area)

Utilize helmet zone and enforce it strictly

No bouldering or scrambling including guides and clients

Bring big first aid kit

Bring a complete Trip Kit

Bring roster and blue sheets

Do thorough safety talk (refer to content)

All participants sign-up and pay (guests pay \$5 per day guest fee)

Do helmet to helmet every time – start with your own helmet

No jewelry on fingers, warn of risk to piercings and other jewelry elsewhere

We teach and approve only one tie in method – retraced 8 and ½ a double fisherman’s tied correctly (i.e. no extra wraps, no fewer wraps, just two wraps and no less than four fingers of tail)

Coiling – master three rope management techniques: rope bag, backpack coil and alpine coil and teach each one

Require (allow?) climber (participant) to use signals – don’t tell them what to do but ask / prompt them

IMPORTANT: Go one at a time on the third class section at Lookout Mountain. Watch this very carefully. Do not assume that participants are OK on this (I feel this may be too dangerous to continue regardless of safety practices short of belay or prusik rig or alternative route)

Deliver all the content to the group

Stay on topic

Agree on who presents what and when it is presented

Don't repeat content

Pay attention to your co-instructor – listen

When she/he is speaking, listen and support, don't talk, interrupt, wonder away or otherwise distract the speaker or group. If you have an important task that supports the group (and you have agreed in advance you will do it while your partner teaches) explain that to the group and then go about doing it

Standardize content and teaching techniques

Agree on standards

Follow standards

Don't kid or tease participants

We don't discipline

Exercise expert authority leadership. Use direct leadership style only when required because of safety or to expedite preparation (help with gear) and wrapping up (ending on time)

Never single out a participant as a negative example, real or otherwise. Use yourself if you like – this can be effective at breaking ice and learning.

Offer at least two breaks in the course of the day – time for everyone to take a break without missing anything

Seek feedback

Be aware of group verbal and non-verbal feedback

Invite informal feedback

Get post event evaluation (green sheets)

Unload and park van in its designated spot

Return key to lock box

Inventory and shelve gear on Monday

Complete post trip reports and place them in Bryan's box

**For more info on leading outings, refer to:**

OA Guide Code of Conduct

Trip planning resource

Transportation